

CURRICULUM VITAE

Jamie M. Zelazny, PhD, MPH, RN, CIP
Assistant Professor
University of Pittsburgh
School of Nursing

BIOGRAPHICAL

Name: Jamie Michele Zelazny

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EDUCATION and TRAINING

UNDERGRADUATE

1982-1986	University of Pittsburgh Pittsburgh, PA	BSN (1986), Nursing
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GRADUATE

2002-2007	University of Pittsburgh Pittsburgh, PA	MPH (2007), Epidemiology
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2009-2016	University of Pittsburgh Pittsburgh, PA	PhD (2016), Nursing
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POSTGRADUATE

2017-2018	University of Pittsburgh Department of Psychiatry Pittsburgh, PA	Postdoctoral Scholar (Mentor, David Brent, MD)
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APPOINTMENTS and POSITIONS

Academic

2018 - current	University of Pittsburgh School of Nursing Pittsburgh, PA	Assistant Professor
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2018 – current	University of Pittsburgh Institutional Review Board	Vice Chair
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Non-Academic

2014-2018	Western Psychiatric Institute & Clinic Pittsburgh PA	Research Project Clinician
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2009-2014	Heritage Valley Health System Mental Health Inpatient Unit Sewickley, PA	Casual Psychiatric Nurse
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2007-2017	University of Pittsburgh Institutional Review Board Pittsburgh, PA	Regulatory Affairs Specialist
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1997-2007	Western Psychiatric Institute & Clinic Department of Child Psychiatry Pittsburgh, PA	Sr. Program Coordinator
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1996-1997	Mercy Home Health Pittsburgh, PA	Clinical Supervisor
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1992-1996	First American Home Care Beaver, PA	Clinical Supervisor
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1990-1992	Western Psychiatric Institute and Clinic Child and Adolescent Outpatient Pittsburgh, PA	Clinical Specialist
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1986-1992	Western Psychiatric Institute and Clinic Adolescent Inpatient Units Pittsburgh, PA	Inpatient RN
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CERTIFICATION and LICENSURE

SPECIALTY CERTIFICATION

Certified IRB Professional (CIP), Council of CIPs (2091692) 2009-present

LICENSURE

Registered Nurse, Commonwealth of Pennsylvania (282075L) 1986-present

MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

2018-current American Psychiatric Nurses Association
2009-2017 International Society of Nurses in Genetics (ISONG)
2007-2017 Public Responsibility in Medicine and Research (PRIMR)

HONORS and AWARDS

2011-current Sigma Theta Tau International, Eta Chapter
2011 Rose Constantino Scholarship recipient
2012 Rose Constantino Scholarship recipient
2013 Rose Constantino Scholarship recipient
2014 Cameos of Caring Endowed Nursing Scholarship recipient
2015 Ruth & Bill Fincke, PhD, Student Scholarship Award
2016 Jennifer Thurheimer-Cacciotti, PhD Student Award

PUBLICATIONS

Refereed Articles

1. Brent, D.A., Oquendo, M., Birmaher, B., Greenhill, L., Kolko, D., Stanley, B., **Zelazny, J.**, Brodsky, B., Bridge, J., Ellis, S.P., Salazar, J.O., Mann, J.J. (2002). Familial pathways to early-onset suicide attempt: risk for suicidal behavior in offspring of mood-disordered suicide attempters. *Archives of General Psychiatry*, 59, 801-807.
2. Brent, D.A., Oquendo, M., Birmaher, B., Greenhill, L., Kolko, D., Stanley, B., **Zelazny, J.**, Brodsky, B., Firinciogullari, S., Ellis, S.P., Mann, J.J. (2003). Peripubertal suicide attempts in offspring of suicide attempters with siblings concordant for suicidal behavior. *American Journal of Psychiatry*, 160, 1486-1493.
3. Brent, D.A., Oquendo, M., Birmaher, B., Greenhill, L., Kolko, D., Stanley, B., **Zelazny, J.**, Brodsky, B., Melhem, N., Ellis, S.P., Mann, J.J. (2004). Familial Transmission of

Mood Disorders: Convergence and Divergence with Transmission of Suicidal Behavior. *Journal of the American Academy of Child and Adolescent Psychiatry*, 43(10), 1259-1266.

4. Oquendo, M., Brent, D.A., Birmaher, B., Greenhill, L., Kolko, D., Stanley, B., **Zelazny, J.**, Burke, A.K., Firinciogullari, S., Ellis, S.P., Mann, J.J. (2005). Posttraumatic Stress Disorder Comorbid With Major Depression: Factors Mediating the Association with Suicidal Behavior. *American Journal of Psychiatry*, 162(3), 560-566.
5. Melhem, N.M., Brent, D.A., Ziegler, M., Iyengar, S., Kolko, D., Oquendo, M., Birmaher, B., Burke, A., **Zelazny, J.**, Stanley, B., Mann, J.J. (2007). Familial Pathways to Early Onset Suicidal Behavior: Familial and Individual Antecedents of Suicidal Behavior. *American Journal of Psychiatry*, 164(9), 1364-70.
6. Brent, D.A., Emslie, G., Clarke, G., Wagner, K.D., Asarnow, J.R., Keller, M., Vitiello, B., Ritz, L., Iyengar, S., Abebe, K., Birmaher, B., Ryan, N., Kennard, B., Hughes, C., DeBar, L., McCracken, J., Strober, M., Suddath, R., Spirito, A., Leonard, H., Melhem, N., Porta, G., Onorato, M., **Zelazny, J.** (2008). Switching To Another SSRI Or To Venlafaxine With Or Without Cognitive Behavioral Therapy For Adolescents With SSRI-Resistant Depression: The TORDIA Randomized Controlled Trial. *Journal of the American Medical Association*, 299(8), 901-13.
7. Brodsky, B.S., Mann, J.J., Stanley, B., Tin, A., Oquendo, M., Birmaher, B., Greenhill, L., Kolko, D., **Zelazny, J.**, Burke, A.K., Melhem, N.M., Brent, D.A. (2008). Familial Transmission of Suicidal Behavior: Factors Mediating the Relationship Between Childhood Abuse and Offspring Suicide Attempts. *Journal of Clinical Psychiatry*, 69(4), 584-96.
8. Brent DA, Emslie GJ, Clarke GN, Asarnow J, Spirito A, Ritz L, Vitiello B, Iyengar S, Birmaher B, Ryan ND, **Zelazny J**, Onorato M, Kennard B, Mayes TL, Debar LL, McCracken JT, Strober M, Suddath R, Leonard H, Porta G, Keller MB. (2009). Predictors of spontaneous and systematically assessed suicidal adverse events in the treatment of SSRI-resistant depression in adolescents (TORDIA) study. *American Journal of Psychiatry*, 166(4), 418-26.
9. Brent DA, Greenhill LL, Compton S, Emslie G, Wells K, Walkup JT, Vitiello B, Bukstein O, Stanley B, Posner K, Kennard B, Cwik M, Wagner A, Coffey B, March JS, Riddle M, Goldstein T, Curry J, Barnett S, Capasso L, **Zelazny J**, Hughes J, Shen S, Gugga SS, Turner JB. (2009) The Treatment of Adolescent Suicide Attempters Study (TASA): predictors of suicidal events in an open treatment trial. *Journal of the American Academy of Child and Adolescent Psychiatry*. 48(10), 987-96.
10. Vitiello B, Brent DA, Greenhill LL, Emslie G, Wells K, Walkup JT, Stanley B, Bukstein O, Kennard BD, Compton S, Coffey B, Cwik MF, Posner K, Wagner A, March JS, Riddle M, Goldstein T, Curry J, Capasso L, Mayes T, Shen S, Gugga SS, Turner JB, Barnett S, **Zelazny J.** (2009) Depressive symptoms and clinical status during the Treatment of Adolescent Suicide Attempters (TASA) Study. *Journal of the American Academy of Child and Adolescent Psychiatry*. 48(10), 997-1004.

11. Brent D, Melhem N, Ferrell R, Emslie G, Wagner KD, Ryan N, Vitiello B, Birmaher B, Mayes T, **Zelazny J**, Onorato M, Devlin B, Clarke G, DeBar L, Keller M. (2010). Association of FKBP5 polymorphisms with suicidal events in the Treatment of Resistant Depression in Adolescents (TORDIA) study. *American Journal of Psychiatry*. 167(2), 190-7.
12. Emslie GJ, Mayes T, Porta G, Vitiello B, Clarke G, Wagner KD, Asarnow KD, Spirito A, Birmaher B, Ryan N, Kennard B, DeBar, L, McCracken J, Strober M, Onorato M, **Zelazny J**, Keller M, Iyengar S, Brent D. (2010). Treatment of Resistant Depression in Adolescents (TORDIA): week 24 outcomes. *American Journal of Psychiatry*, 167(7), 782-91.
13. Oquendo MA, Feldman S, Silverman E, Currier D, Brown GK, Chen D, Chiapella P, Fischbach R, Gould M, Stanley B, Strauss D, **Zelazny J**, Pearson J. (2011). Variability in the definition and reporting of adverse events in suicide prevention trials: an examination of the issues and a proposed solution. *Archives of Suicide Research*. 15(1), 29-42.
14. Lynch FL, Dickerson JF, Clarke G, Vitiello B, Porta G, Wagner KD, Emslie G, Asarnow JR, Keller MB, Birmaher B, Ryan ND, Kennard B, Mayes T, DeBar L, McCracken JT, Strober M, Suddath RL, Spirito A, Onorato M, **Zelazny J**, Iyengar S, Brent D. (2011). Incremental cost-effectiveness of combined therapy vs medication only for youth with selective serotonin reuptake inhibitor-resistant depression: treatment of SSRI-resistant depression in adolescents trial findings. *Archives of General Psychiatry*. 68(3), 253-62.
15. Vitiello B, Emslie G, Clarke G, Wagner KD, Asarnow JR, Keller MB, Birmaher B, Ryan ND, Kennard B, Mayes TL, DeBar L, Lynch F, Dickerson J, Strober M, Suddath R, McCracken JT, Spirito A, Onorato M, **Zelazny J**, Porta G, Iyengar S, Brent DA. (2011). Long-term outcome of adolescent depression initially resistant to selective serotonin reuptake inhibitor treatment: a follow-up study of the TORDIA sample. *Journal of Clinical Psychiatry*, 72(3), 388-96.
16. Goldstein BI, Shamseddeen W, Spirito A, Emslie G, Clarke G, Wagner KD, Asarnow JR, Vitiello B, Ryan N, Birmaher B, Mayes T, Onorato M, **Zelazny J**, Brent DA. (2009). Substance use and the treatment of resistant depression in adolescents. *Journal of the American Academy of Child & Adolescent Psychiatry*. 48(12), 1182-92.
17. Burke AK, Galfalvy H, Everett B, Currier D, **Zelazny J**, Oquendo MA, Melhem NM, Kolko D, Harkavy-Friedman JM, Birmaher B, Stanley B, Mann JJ, Brent DA. (2010). Effect of exposure to suicidal behavior on suicide attempt in a high-risk sample of offspring of depressed parents. *Journal of the American Academy of Child and Adolescent Psychiatry*. 49(2), 114-21.
18. Baumgartel K, **Zelazny J**, Timcheck T, Snyder C, Bell M, Conley YP. (2011). Molecular genomic research designs. *Annual Review of Nursing Research*, 29, 1-26.

19. Cox, LJ, Stanley, BH, Melhem, NM, Oquendo, MA, Birmaher, B, Burke, A, Kolko, DJ, **Zelazny, J**, Mann, JJ, Porta, G, Brent, DA. (2012). A longitudinal study of nonsuicidal self-injury in offspring at high risk for mood disorder. *Journal of Clinical Psychiatry*. 73(6), 821-8.
20. Cox, LJ, Stanley, BH, Melhem, NM, Oquendo, MA, Birmaher, B, Burke, A, Kolko, DJ, **Zelazny, J**, Mann, JJ, Porta, G, Brent, DA. (2012). Familial and individual correlates of nonsuicidal self-injury in the offspring of mood-disordered parents. *Journal of Clinical Psychiatry*. 73(6), 813-20.
21. Oquendo MA, Ellis SP, Chesin MS, Birmaher B, **Zelazny, J**, Tin A, Melhem N, Burke AK, Kolko D, Greenhill L, Stanley B, Brodsky B, Mann JJ, Brent DA (2013). Familial Transmission of Parental Mood Disorders: Unipolar and bipolar disorder in offspring. *Bipolar Disord*. 15(7), 764-773.
22. Kennard, BD, Biernesser, C, Wolfe, KL., Foxwell, AA, Craddock Lee, SJ, Rial, KV, Patel S, Cheng C, Goldstein T, McMakin D, Blastos B, Douaihy A, **Zelazny J**, Brent, D. A. (2015). Developing a Brief Suicide Prevention Intervention and Mobile Phone Application: A Qualitative Report. *Journal of Technology in Human Services*, 33(4), 345–357.
23. Mann JJ, Ellis SP, Currier D, **Zelazny J**, Birmaher B, Oquendo MA, Kolko DJ, Stanley B, Melhem M, Burke AK, Brent DA. (2016). Self-rated depression severity relative to clinician rated depression severity: Trait stability and potential role in familial transmission of suicidal behavior. *Archives of Suicide Research*, 20(3), 412-425.
24. Osier ND, Imes CC, Khalil H, **Zelazny J**, Johansson AE, Conley YP (2016). Symptom Science: Repurposing existing omics data. *Biological Research for Nursing*, 19(1), 18-27.
25. Melhem NM, Hamdan S, Klei L, Wood S, **Zelazny J**, Frisch A, Weizman A, Carmel M, Michaelovsky E, Farbstein I, Wasserman D, El-Heib M, Ferrell R, Apter A, Devlin B, Brent DA (2017). Runs of homozygosity, copy number variation, and risk for depression and suicidal behavior in an Arab Bedouin kindred. *Psychiatric Genetics*, 27(5), 169-177.
26. Mann JJ, Metts AV, Ogden RT, Mathis CA, Rubin-Falcone H, Gong Z, Drevets WC, **Zelazny J**, Brent DA. (2017). Quantification of 5-HT1A and 5-HT2A receptor binding in depressed suicide attempters and non-attempters. *Archives of Suicide Research*, published online 12/27/2017. doi: <https://doi.org/10.1080/13811118.2017.1417185>
27. Kennard, BD, Goldstein, T, Foxwell, A, McMakin, D, Wolfe, K, Biernesser, C, Moorehead, A, Douaihy, A, Zullo, L, Wentroble, E, Owen, V, **Zelazny, J**, Iyengar, S, Porta, G, Brent, DA (2017) As Safe As Possible (ASAP): Establishing efficacy of a manualized intervention and Associated Phone app for Psychiatrically hospitalized Suicidal Adolescents (Accepted by American Journal of Psychiatry, in press)

Unpublished Products

Zelazny J. (2007) Is emergency referral for suicidal ideation an appropriate proxy for actual suicide attempt? Unpublished Master's essay. University of Pittsburgh, Pittsburgh, PA.

Zelazny J. (2016) The effects of childhood maltreatment and genomic variation in the hypothalamic-pituitary-adrenal (HPA) axis on neuropsychological functioning in offspring of depressed parents. Unpublished doctoral dissertation. University of Pittsburgh, Pittsburgh PA.

Zelazny J, Melhem NM, Porta G, Keilp J, Mann, JJ, Brent DA. Maltreatment, Neurocognitive Function, and Suicidal Behavior (Manuscript in preparation)

National And Regional Lectures

“Suicide Assessment: Bridging the Gap from Science to Service”. Presented at the American Academy of Child and Adolescent Psychiatry Annual Meeting, October 21, 2004, Washington, D.C.

“A Case Study on Research Involving Suicidal Patients”. Annual Human Research Protection Programs (HRPP) Conference, December 6, 2005, Boston, MA.

“Research Woes and Worries...Defining and Reporting Unanticipated Problems and Adverse Events”. Association of Clinical Research Professionals, Greater Pittsburgh Chapter, June 21, 2011, Pittsburgh, PA.

“Social Media Use in Teens: Ethical Considerations for Research Design”. 2018 Carol Carfang Nursing & Healthcare Ethics Conference, March 2, 2018, Clearwater FL.

Institutional Lectures/Presentations

“Reporting of Unanticipated Problems and Adverse Events”. University of Pittsburgh, Education and Compliance Office Educational Program, February 13, 2008, Pittsburgh, PA.

“Research Woes and Worries...Defining and Reporting Unanticipated Problems and Adverse Events”. University of Pittsburgh, Education and Compliance Office Educational Program, January 12, 2010, Pittsburgh, PA.

“Research Methodology Series: Data and Safety Monitoring and the IRB”. University of Pittsburgh School of Nursing, May 21, 2012, Pittsburgh, PA.

“Ethical Considerations for Research Involving Adolescent Social Media Usage”. University of Pittsburgh Center for Bioethics and Health Law, February 16, 2018, Pittsburgh PA.

“Brite: A Smartphone Application Delivered with a Brief Intervention to Prevent Suicidal Behavior in Adolescents”. University of Pittsburgh, 4th Integrative Conference on Technology, Social Media and Behavioral Health, November 5, 2018, Pittsburgh, PA.

PROFESSIONAL ACTIVITIES: TEACHING

Lecturer / Guest Lecturer

Term/Year	Course Number & Title	No. of Students	Level	Topic of Lecture
Fall 2012	NUR 1680 Introduction to Genetics and Molecular Therapeutics	80	Under-graduate Seniors	GINA and ELSI Lecture
Summer 2013	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	40	Under-graduate Juniors	Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2013	NUR 1680 Introduction to Genetics and Molecular Therapeutics	80	Under-graduate Seniors	GINA and ELSI lecture
Summer 2014	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	40	Under-graduate Juniors	Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2014	NURNP 2340 Management of Acute Health Problems of Psychiatric Patients	2	Graduate DNP	3 lectures covering Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2014	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	40	Under-graduate Juniors	Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2015	NURNP 2340 Management of Acute Health Problems of Psychiatric Patients	2	Graduate DNP	3 lectures covering Psychiatric Disorders Diagnosed in Childhood and Adolescence
Spring 2015	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	40	Under-graduate Juniors	Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2017	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	40	Under-graduate Juniors	Psychiatric Disorders Diagnosed in Childhood and Adolescence
Fall 2018	NUR 1060 Nursing Care of Clients with Psychiatric Mental Health Problems	67	Under-graduate Juniors	Didactic Course Covering Psychiatric Mental Health Disorders Across the Lifespan
Fall 2018	NUR1134C Transition into Professional Nursing Clinical	2	Under-graduate Seniors	Oversee Clinical Experience

PROFESSIONAL ACTIVITIES: RESEARCH

NIMH T-32 (MH018951) David Brent, PI 07/2017 – 04/2018
 Innovative Methods in Pathogenesis and Child Treatment (IMPACT)
 Role: Postdoctoral Scholar

NIMH 1- U01 (MH116923) David Brent, PI 9/1/2018-8/31/2022
 Mobile Assessment for the Prediction of Suicide (MAPS)
 Role: Co-Investigator

Pilot study (seed funding) 6/1/2018-current
Voice and Facial Behavioral Indicators of Suicidal Behavior in Adolescents
Role: Principal Investigator

Pilot study (Once Upon A Time Foundation) 4/1/2018-current
Social Media Assessment of Risk in Teens (SMART)
Role: Co Principal Investigator

Journal Reviews:

2017 *Journal of Empirical Research on Human Research Ethics*

Current Research Interests:

- Use of Technology for Assessing Suicidal Risk
- Risk and Protective Factors for Suicidal Behavior
- Ethical Issues in Research with Suicidal Individuals

PROFESSIONAL ACTIVITIES: SERVICE

Service at the University of Pittsburgh and School of Nursing

2012-13	Vice President	Pitt Doctoral Nursing Student Organization
2012-14	Leadership Succession Committee	Sigma Theta Tau, Eta Chapter
2013-14	President	Pitt Doctoral Nursing Student Organization
2014	PhD Student Representative	Dean's Distinguished Teaching Award Selection Committee
2014-16	Doctoral Nursing Student Representative	University of Pittsburgh Graduate Professional Student Government
2015-17	Leadership Succession Committee	Sigma Theta Tau, Eta Chapter
2018-current	BSN Council	University of Pittsburgh School of Nursing

Community Activities

2015-Present	Board of Directors	Allegheny County Health Choices, Inc
2015-Present	Quality Improvement Committee/Chair	Allegheny County Health Choices, Inc
2015-Present	Executive Committee/Secretary/Treasurer	Allegheny County Health Choices, Inc