Curriculum Vitae

Name:	LUCILLE ANN SOWKO,	PhD, MEd, MSN, RN	
Business Address:	University of Pittsburgh School of Nursing 3500 Victoria Street 336 Victoria Building Pittsburgh, PA 15261	Business Email: las9@pitt.edu	
Business Phone:	(412) 624-7936	Business Fax: (412) 383-7227	
	Education and Traini	ng	
Graduate 2007- 2013	University of Pittsburgh School of Education Pittsburgh, PA 15261	PhD Exercise Physiology	
2009 -2011	University of Pittsburgh School of Nursing Pittsburgh, PA 15261	MSN Education	
1991-1995	Pennsylvania State University University Park, PA 16807	MEd Health Education	
Undergraduate 1978-1982	University of Pittsburgh School of Nursing Pittsburgh, PA 15261 <u>Appointments and Posi</u> t	BSN Nursing <u>tions</u>	
Academic 2014-Present	University of Pittsburgh School of Nursing Pittsburgh, PA	Primary Teacher NUR1134	
2014-2015	School of Nursing Pittsburgh, PA	Lead Instructor NUR 0082c	
2014-Present	University of Pittsburgh School of Nursing Pittsburgh, PA	Assistant Professor	
2002-2013	University of Pittsburgh School of Nursing Pittsburgh, PA	Instructor/ Student Advisor	

Non-Academic 1989 - 2013	University of Pittsburgh Medical Center Pittsburgh, PA	Senior Professional Nurse
1985-1989	Visiting Nurse of Allegheny County Pittsburgh, PA	Visiting Nurse Coordinator
1982-1985	Presbyterian University Hospital Pittsburgh, PA	Clinical Nurse II

Licensure and Certification

2023	CHSE Certification	SSH
1982 - present	RN-252672-L	Pennsylvania
2004 - 2013	Advanced Cardiovascular Life Support	National
1982 - present	BLS (CPR & AED)	American Heart Association
2005- present	UPMC Mandatory Module and Nursing Practice Requirements	
2021	VAH mandatory modules and Nursing Clinic requirements	

CEU

2023	Lecture Best Practices	1.0 UOP
2023	Test Item Analysis	1.0 UOP
2023	CHSE Review Course	7.0 SSH
2023	Bile Acid Diarrhea	1.3 AMNS
2023	Child Abuse: Mandatory Reporting	2.0 Elite
2023	An Overview of Melanoma	1.3 AMNS
2023	Pt. Perspective Missed Hygiene Care	1.3AMNS
2023	Minority Stress effects on CV health AF. AM.	1.3AMNS
2023	Breaking chain of infection :UV light use To Disinfect Hospital Keyboards	1.3 AMNS
2023	Best Practices Checklist for Preventing	1.3AMNS

Infusion Errors

2023	Part 1 NCLEX next Gen what faculty Need to Know	1.0 STT
2023	Video Ed :For Hospitalized Acute Stroke PT	1.3 AMNS
2023	Intervention to Manage Post-OP Delirium	1.3 AMNS
2023	Impact of a Standardized D/C process on LOS	1.3 AMNS
2023	Impact of Oral Care Intervention on MS Pt.	1.3AMNS
2023	Implementing TEAM STEPPS on Teamwork	1.3 AMNS
2022	Optimizing Preop Procees- Bariatric Surgery	1.30 AMSN
2022	Degree of comfort in caring for Palliative & Hospice patient	1.30 AMSN
2021	STT International Conf	8.75 STT
2021	EVALI: New Pulmonary Disorder	1.0 AMSN
2021	Violence at the bedside	1.06 AMSN
2021	Pfizer Vaccinator training	1.0 VA
2021	Moderna Vaccinator Training	1.0 VA
2021	PA License Renewal packet	30 ELITE
2021	Dir, Acting Oral Anticoagulants	1.3 AMSN
2020	9 th Annual Scholarly Poster Symp.	1.5 UOP
2020	Gender Inclusive Theory and Prac.	1.5 UOP
2019	More Help With Clin. Judgement Test Questions	1.0 UOP
2019	Clinical Judgement Creating Test Questions	1.0 UOP
2019	Wat Does the Evidence Say About Health Promotion	1.0 UOP
2019	QSEN Learning Module: Safety	0.9 AACN

2019	Quality MS Care Update Conf.	6.5 UPMC
2019	Geriatric Trauma Case Review	1.0 UPMC
2019 2019	Nursing leadership- What's Your Superpower?	4.0 UOP
2019	Impact of LGBTQ Cultural Competence	1.18 AMSN
2019	Education for RNS Innovation Igniter	0 UOP (Innov. Inst.)
2019	Recognizing and reporting Child Abuse Mandated and permissive reporting - PA	3.0 UOP
2019	Teaching Clinical Judgement: Putting It altogether	1.5 UOP
2018	Recruitment Attributes Important to GN	1.1 AMSN
2018	Management of the Aggressive Patient	1.3 AMSN
2018	Recognizing and Reporting Child Abuse	3 UOP SW
2018	"PNEG: Forging Revitalization: Eliminating Gaps between Nursing Science and Patient Care"	3.5 UOP
2018	"Clinical Judgement framework as An assessment model for educational Progression"	1.5 UOP
2018	"Enhancing Clinical Teaching & Clinical Judgement Competency"	1.5 UOP
2018	"Clinical Judgement Development & Evaluation: A Bridge Not Far Enough"	2.0 UOP
2018	"How learning Works:EBT Strategies"	2.0 UOP
2018	"UPMC Hamot Nursing Syposium"	8.0 UPMC
2018	"Drugs That Should Not Be Discontinued Abruptly"	1.83 AMSN
2017	"Faculty Forum: Gaming Tool for the Classes"	1.5 UOP
2017	"Sigma Theta Tau Scholars Night 2017"	1.5 STT
2017	"Child Abuse: An Overview for Mandated	2.0 PSNA

	Reporting"	
2017	"USPSTF Releases Final Recs for Genital Herpes Screening"	0.25 Medscape
2016	"Academic Service Partnership Council Spring Summit: Innovations in Education"	4.0 UPMC
2016	Treat the Risk, Not Just the Numbers, For Hypertension"	0.25 Medscape
2016	"Guidance for Prescribing Opioids"	.25 Medscape
2016	International Conf. Nursing and HC	21 Nursing 2016
2016	"Research Design & Writing Work"	1.5 UOP
2016	"Are You Providing EB Diabetes Care"	0.9 AMSN
2016	"11th Annual Medical-Legal Partnership Summit"	8.25 Boston Univ.
2015	"Faculty Forum: The Future of Nursing Simulation Education and Research. Why it matters to you and your Patients"	1.5 Univ. of Pitt
2015	"Quality Improvement: Design Implications"	1.5 Univ. of Pitt
2015	"Leadership and management for Every Nurse"	30 Western Schools (AACN approved)

Membership in Professional and Scientific Societies		
2015 - present	MSNS – national and local	
2014 - present	Sigma Theta Tau Nursing Society	
2008-2014	Pi Lambda Theta	
1979-1983	Sigma Theta Tau Nursing Society	

Honors

2017	Innovation in Education Award- "TWICE - Teaching Workplace Interprofessional Communication Effectively - Innovative Strategies to Improve Professional Communication in the Workplace."	
1984	Nurse of the Year Award (for unit 9G) Presbyt Hospital, Pittsburgh, PA	erian University
2007	Candidate for Outstanding Doctoral Student A Education, University of Pittsburgh, Pittsburgh	
2012	Dean's Distinguished Teaching Award Award Univ. of Pittsburgh School of Nursing	
2013	Faculty Honors Award	
	Other Scholarly Activities	
2019	"TWICE - Teaching Workplace Inter- professional Communication Effectively to undergraduate Nursing students" doi:103928/014 84838	Journal of NUR Ed.
2019	"Assessing the Impact of Embedding Students in BioE Senior Design Projects: Students Perceptions of Interprofessional Teams Benefits and Challenges"	ASEE
2018 -23	PAR 16-108- "Team-Based Design In Biomedical Engineering Education"	NIH
2016	Baccalaureate Student Nurses Know- ledge, Self-Efficacy, Beliefs and Practices Engaging in Physical Activity Counseling.	Journal of Nurs Care
2016	"Using Interactive Video-based Teaching to Improve Nursing Students' Ability to Provide Patient-Centered Discharge Teaching"	Publication Journal of Nursing Ed

2016	"Structured Medication Teaching And Patient Satisfaction with Medication Communication"	Capstone
	Presentations	
<u>International</u> 2016	"Baccalaureate Student Nurses Heal Knowledge, Self-Efficacy, Beliefs, and Practice in Engaging in Physical Activity Counseling"	hcare & Nursing
<u>National</u>		
2018	"Addressing Health Disparities in the Pediatric Population through an Innovative Legal-Healthcare Team Education Initiative"	PNEG
2016	"MLP – Building Capacity for HLC"	MLP Summit
Local, Pittsburgh, PA		
2020	" Interdisciplianry Opportunities- BioE and Nur	UOP
2016	"Addressing Health Disparities in the Pediatric Population through an Innovative Legal-Healthcare Team Education Initiative"	UPMC
	Posters	
Local, Pittsburgh, PA		
20022	"Exposing Nursing students to Care	SWPONL
	Management during the pandemic"	
2019	"TWICE- Teaching Workplace Interprofessional Communication Effectively"	UOP Assess- ment and Teaching Conf.
2015	"Baccalaureate Student Nurses GPN Knowledge, Self-Efficacy, Beliefs, and Practice in Engaging in Physical Activity Counseling"	RC- poster

2009- present	"Disorders of the Gastrointestinal Tract"	- NUR 0082 &1282: Acute/Chronic Health Care Problems
2012- present	"Peripheral Vascular Diseases"	- NUR 0082 &1282: Acute/Chronic Health Care Problems
2012	" Acute & Chronic Illness"	- NUR 0082 &1282: Acute/Chronic Health Care Problems
2011	"Development of a Clinical Prepatory W	orksheet"
2007- present	"Preceptor Project for UPMC"	
2006	"Student Nurse Satisfaction"- Research I	Project
2004, 2005	"Medication and Poison Safety" – Girls	Scouts
2002	"Obesity review of the research for 2002	2"
1995	"Smoking Cessation for the Elderly" (no	n-published) paper
1987	"Hospice Care program by VNA" to One	cology Nursing Society

Teaching

Primary Teacher /Clinical Instruction

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
		Students		0
Spring 2024	NUR 1061 Indep. Study: Team based	2	Senior	Interprof.
	Design			
Spring 2024	Nur 1135	76	Senior	Clinical
Spring 2024	NUR 1134	76	Senior	Didactic
G		=0		
Spring 2024	NUR 1081	70	Soph	Lab
Fall 2023	NUR 1061 Indep. Study: Team based Design	8	Senior	Interprof.
Fall 2023	NUR 1234C	9	ABSN	Clinical
			3rd	
			term	
Fall 2023	NUR 1135	78	senior	Clinic
Fall 2023	NUR 1134	87	Senior	Didactic
			And	

Fall 2023	NUD 1001-	7	ABNS 3rd term	Clinical
Fall 2023	NUR 1221c		ABSN 3 rd term	Clinical
Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
Spring	NUR 1061 Indep. Study: Team based Design	2	Senior	Interprof.
Spring 2023	Nur 1135	81	Senior	Clinical
Spring	Nur 1234C	8	ABSN 3 rd term	Clinical
Spring 2023	NUR 1134	97	Seior and ABSN 3 rd term	Didactic
Spring 2023	NUR 1020	8	Junior	Clinical
Fall 2022	NUR 1234C	28	ABSN 3 rd term	Clinical
Fall 2022	NUR 1135	81	senior	Clinic
Fall 2022	NUR 1134	117	Senior And ABNS 3 rd term	Didactic
Fall 2022	NUR 0080	6	soph	Clinical
2021-22 Fall and Spring	NUR 1135	171	Senior traditio nal	
2021-22 Fall and Spring	NUR 1234C	36	ABSN	
Spring 2022	NUR 0081	48	sopho more	Lab (teaching)
Fall 2021	NUR 0080	48	sopho more	Lab (teaching)
Spring 2022	NUR 1281	Testing (4- 6)	ABSN	lab
Spring 2022	Nur 1061 Team design	3		
2020-21 Fall and Spring	NUR 1135	140	Senior traditio nal	
2020-21 Fall and Spring	NUR 1234C	48	ABSN	
Fall 2020	NUR 0080	24	sopho more	Lab (teaching)
Spring 2021	NUR 1281	4	ABSN	lab
Fall 2020-	NUR 1061-Indep. Study Nursing and	10	Senior	

Spring 2021	Biomedical Eng. Team –Based design			
2019-20 Fall	NUR 1061-Indep. Study Nursing and	11	Senior	Didactic And
and Spring	Biomedical Eng. Team –Based design			clinic
term				
2014 - present	NUR 1134	191	Senior	Didactic
Fall and Spring				Fall and
				Spring
2016 - present	NUR 1134c	127	Senior	Primary/Clini
Fall and Spring				cal
				Fall and
				Spring
2016 present	NUR1234c	64		Primary –
Fall and Spring				clinical Fall
				and Spring
2016 – present	NUR 1121c/1221c	8	Senior	Clinic
				Fall
2018	NUR 0081	24		Spring
2005 - 2016	NURS 0082 - Nursing Mgt of the Adult	8	sopho	Clinical and
	with Acute/Chronic Health Problems		more	didactic
2005 - present	NURS 0080 - Fundamentals of Nursing	8	sopho	clinical
_			more	
2005-2016	NURS 1281/1282, 0082 Nursing Mgt of	8	2 nd	Clinical and
	the Adult with Acute/Chronic Health		Degree	didactic
	Problems			
2009, 2014,	NUR 1120, 1220 Advanced Nurs.	8	junior	Clinical
2015	Management of Acute and Complex			
	Disorders			
2011- present	Fast Track Back Nursing	4	RN's	Clinical
2008-present	NUR 1134: Transition into Professional	4 - 6	Senior	Clinical
-	Nursing			
2012		1	Master	Clinical
2012	NUR1106 Independent Study	1	PhD	Clinic
2013	NUR:1120: Advanced Management of	1	Junior	Clinical
	Acute and Chronic Health Problems			

DNP Capstones

Project Title

Student

Derry, Ellen

2020-21 "Implementation of the Discovery Program Hire Derry Option as a Recruitment and Retention Strategy for New Graduate Nurses for Adult Medical/Surgical Units"

Other Mentoring Activities

Nicola, Meghan – 2006-2008 Chui, Cullen – 2006-2008 Mauro, Janelle- 2007 to present Maxwell, Megan- 2007- present Mathews, Marissa- 2007-present Macinica, Emily-2007-present Williamson, Alesandra-2007-present

Mentor

2023 - OT mentor - "Transferability of IV Poles" - Catherine Grabowski & Natalie Perry

2023 – Bio E team without Nursing – "Transferability of IV Poles" Al-Bahrani, Kareem R Subbaraman, Ashwat ; Chowdhury, Zaiad; Jackson, Natalie C ; Hangey, Christian N

- **2018-23** Undergraduate faculty Mentor for a Team Based Biomedical-Nursing Engineering 15 undergraduate senior nursing students
- **2018-22** Undergraduate faculty Mentor for a Team Based Biomedical-Nursing Engineering 14 undergraduate senior nursing students

2019 - Undergraduate IRB faculty Mentor for a Team Based Biomedical-Nursing Engineering student Nowa Bronner

2018

Undergraduate IRB faculty Mentor for a Team Based Biomedical Nursing Design Group: Maddy Fritch Azante Griffith Hannah Fischer Aiden Reuter Andja Potkonjak Ryan Dubowy (Nursing)

2013

NURSP 2093-2293 – Education and Mentoring In the Clinical Setting Preceptor for Kelly Davis

2022 Dec.	<u>Service</u> Graduation/Pinning
2021-ongoing	International Delegate STT
2021- ongoing	Treasurer -STT Eta chapter
2021	Graduation and Pinning (dec)

2022 STT Induction ceremony

University of Pittsburgh School of Nursing

2023	ATI Testing Guideline Committee
2023	Preceptor Gratitude Committee
2022	Univ. Academic Integrity Committee
2022	ATI proctor
2021	Covid vaccine clinic -VAH
2020	2020 IP Forum UOP Facilitator
2020 - 2021	NUR 1134c new curriculum development
2020 -21	Developed Preceptor Communication Module
2021	Interprofessional Case Study Conference (UOP)
2019 - 2022	NUR 1061- Curriculum development – Indep. Study – Design Teams
2018-2022	Univ. Academic Integrity Committee
2019 -2020	Transitions 1134c course development
2019-20	Transitions Competency Based development
2019 -20	Preceptor Module development Committee
2007	Typhon Committee
2006 - 2019	Ad Hoc Evaluation Forms Committee
2007-2019	Spring nursing Graduation Ceremony
2007- present	Convocation
2010 - 2013	Nursing Sophomore Tag ceremony
2012 -2014	End of Program Committee
2013 - present	Development of Split Courses Committee
2014- present	Academic Integrity Committee
2015	NCLEX Committee
2015	Refreshing the Curriculum – Task Force 2

2016-2017	Student Advisor IHI student interprofessional group
2016	ATC Interview – participated in Interviews
2017-18	NCLEX Task Force Commitee
2018	Preceptor Certificate Class Revision Committee
2017-18	Gwen's Girls: Youth Diabetes Prevention Program
2018	PCP Case Study Facilitator
2017-18	C0-Creator of Maker's Space Room at the SON
2018	Created first Nursing and Biomedical Engineering Team- Based Design Expo

University of Pittsburgh Medical Center

2017	Flu Shot Clinic
2016	Flu Shot Clinic
2014	Flu Shot Clinic
2004 - 2007	Nurse Council Committee
2006	Pitt Panther Health Fair
2009	Flu vaccine administration on Pitt campus
2010	I month preceptor for Master's Student from China
2011	Hosted Nursing Admin. Guests from China
2013	Hosted guests from China in clinic
a u	
<u>Community</u>	

<u>2019-present</u>	BWEF scholarship review Committee
2004 - present	Parish Nurse at the Ascension of Our Lord Parish, Clairton, PA

2004 - 2008Band Nurse for the Elizabeth-Forward High School, Elizabeth, PA2008, 2011, 2013
2014, 2016-17Flu vaccine administration UPMC