

TRACY O'BRIEN

EDUCATION

DNP	Carlow University, Nursing Practice & Education	<i>December 2023</i>
MSN	Waynesburg University, Nursing Education	<i>August 2010</i>
BSN	Waynesburg University, Nursing	<i>August 2008</i>
ADN	Community College of Allegheny County	<i>December 2002</i>

HONORS AND AWARDS

Nursing Excellence Award Nursing Education and Professional Practice	<i>2019</i>
Press Ganey Nominated for Team of the Year	<i>2019</i>

TEACHING EXPERIENCE

University of Pittsburgh <i>Assistant Professor, Traditional and Accelerated Nursing Programs</i>	Pittsburgh, PA <i>January 2024</i>
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Instructs pre-licensure sophomores, juniors, and seniors, second-degree students on the clinical unit with transitioning to nursing practice in the first year of Fundamentals.

- Clinical Judgement Model
- Nursing Clinical Skills
- Communication Skills
- Evidence-Based Practice Activity Selection from Clinical Unit
- Cultural Awareness in Healthcare
- Simulation

University of Pittsburgh*Part-Time Clinical Instructor, ABSN Nursing Program*

Pittsburgh, PA

August 2023- December 2023

Instructs pre-licensure/ second-degree students on the clinical unit with transitioning to nursing practice in the first year of Fundamentals.

- Clinical Judgement Model
- Nursing Clinical Skills
- Communication Skills
- Evidence-Based Practice Activity Selection from Clinical Unit
- Cultural Awareness in Healthcare

Carlow University*Part-Time Clinical Instructor, Traditional*

Pittsburgh, PA

August 2023- December 2023

Instructs pre-licensure nursing students in the first year consisting of the Fundamentals nursing course.

- Vital Signs Instruction and Competency
- All Clinical Skills in laboratory setting
- Physical Assessment Instruction and Competency
- Simulation Scenarios

Allegheny Health Network*Nursing Instructor, West Penn Hospital School of Nursing*

Pittsburgh, PA

March 2020 – August 2023

Instructs pre-licensure nursing students in the first year consisting of Fundamentals and Medical-Surgical nursing courses.

- Classroom instruction for key concepts of safety, physical assessment, and communication.
- Skills delivery to assess basic health care needs of patients.
- Vital signs instruction and competency.
- Created an in-class activity for obtaining vital signs.
- Communication Skills activities with role-playing.
- Clinical experience incorporating application of nursing skills.
- Development of medical terminology quizzes, nursing exams, and clinical homework.
- Laboratory coordinator for all open labs for skills practice and competencies.
- Introduction to the nursing process and incorporation of critical thinking.
- Encourages the development of critical thinking and clinical judgement through fostering clinical experiences.
- Actively engaging students in clinical reasoning.
- Introduced students to a holistic approach by designing a plan of care for the patient.

- Classroom Instruction of Pharmacodynamics and Medication Administration.
- Classroom Instruction for Introduction to Physical Assessment including Neurological, Abdominal, Bowel and Bladder.
- Classroom Instruction for Pain Management in multiple levels.
- Prepared students for medication math with drug calculations.
- Created a calculation packet for studying and quizzes for practice.
- Discussed ethical principles in nursing.
- Participates as an active member of the following committees: Faculty Organization, Program Evaluation, and Student Support & Affairs Committees
- Participates in scholarly activities and faculty development in-services/seminars.
- Classroom Instruction of Perioperative Services.
- Course Chair during Medical-Surgical Nursing II.
- One-on-One Simulation Scenarios with students.
- Identifying End of life decision-making options including Advanced Directives, Palliative and Hospice Care.
- Classroom Instruction for Neurological Disorders such as Multiple Sclerosis, Seizures, Meningitis, Epilepsy, Parkinson's Disease, Dementia, Delirium and Alzheimer's-Type Dementia.
- Classroom Instruction for Immune Response/Connective Tissue Disorders such as Rheumatoid Arthritis, Lupus Erythematosus, Lyme Disease, Gout, HIV, and Hypersensitivity.

Allegheny Health Network

Pittsburgh, PA

Clinical Education Specialist, Allegheny General Hospital February 2017 – March 2020

- Researched Evidenced-Based Practice to implement policy and procedure changes.
- Stroke certification, Heart Failure and Trauma certification requirements per The Joint Commission.
- Serves as educational consultant for leadership, management, and staff in areas of program development, clinical practice, regulatory compliance, and professional development.
- Classroom and direct instruction with new nurses and nursing assistants as well as existing unit staff.
- Curriculum design for new Complex Medicine Care Unit course.
- Education tracking of required competencies and regulatory requirements.
- CPR instructor for Allegheny General Hospital.
- Competencies for all clinical staff throughout Allegheny General Hospital.
- Assisted with creation and facilitation of a system course for transition to the Complex Medical Care Unit. This included scheduling, room/equipment assignments, relevant material, printing, lecturing, skills etc. This was needed to prepare staff for changes to the patient population that would relocate to the new units.
- One of the collaboration leaders for the new CMCU. Duties are but not limited to weekly meetings with physicians including medical director for CMCU, case managers, patient placement, unit manager and supervisory staff, CNO. Discussing further educational needs and/or tracking of educational events, any unit issues etc.

- Assisted with standardization of nursing assistant tasks throughout AGH. Simplifying duties and educating on the need for evidence-based hourly rounding and bedside reporting.
- Assisted with Bedside Report Education for all supervisors and managers through AGH. Creation of the “Cue Card” for BSR reference.
- Collaborated with pharmacy and IT to integrate a medication safety cart to help reduce errors.

Golden Living

Director of Clinical Education

Mt. Lebanon & Monroeville, PA

October 2015 – January 2017

- New hire orientation for RN’s, LPN’s, and CNA’s.
- Clinical competencies for all new and current RN’s, LPN’s, and CNA’s.
- Monthly communication training.
- Quarterly tracking of competencies for QAPI.
- Monthly tracking of education and training for QAPI.
- Served as educational consultant for leadership, management, and staff in areas of program development, clinical practice, regulatory compliance, and professional development.
- Psychotropic monitoring education to charge nurses for all anti-depressants, antipsychotics, anxiolytics, and hypnotics.
- 1:1 Education with clinical staff as needed for additional training.
- Plan of Correction as needed based on annual survey.
- Resource for the Administrator and Director of Nursing.

Robert Morris University

Adjunct Nursing Instructor, Clinical and Lab

Coraopolis, PA

August 2018 – March 2020

- Evidence Based Practice for clinical instruction on local hospital units, Medication administration with students, Detailed explanation of pharmacology, disease process and assessment techniques, Review of all patient results and current admission details with students, Review, and recommendations on student’s clinical report forms.
- Instructed pre-licensure nursing students through the clinical experience in a medical-surgical course.
- Encouraged the development of critical thinking and clinical judgement through fostering clinical experiences and actively engaging students in clinical reasoning.

Waynesburg University

Nursing Facilitator, Adjunct Didactic Faculty

Canonsburg, PA

September 2010 – October 2016

- Facilitator for Nursing in the Community RN-BSN Program.
- Facilitator for Advanced Physical Assessment RN-BSN Program.
- Accelerated classes at 5 week-intervals.
- Review of scholarly papers and presentations.

- Online Instruction and dialog on assigned discussion board topics.

Community College of Allegheny County (CCAC)
Adjunct Nursing Instructor, Didactic, Clinical and Lab

Pittsburgh, PA
 August 2008 – January 2020

- Assessment course curriculum preparation with faculty.
- Lecture, skills, and assessment laboratory instruction.
- Simulation demonstrations on all phases of assessment.
- Detailed explanation of pharmacology, disease process and assessment techniques.
- Medication administration training.
- Creating plans of care, and proper documentation.
- Clinical instruction of undergraduate nursing students in a hospital setting.

Friendship Village of South Hills
Assistant Director of Nursing

Upper St. Clair, PA
 November 2010 – April 2013

- Manager of Long-term/Skilled Nursing Facility including care of 89 residents and over 50 staff members.
- Infection Control Designee for Act 52 for infection prevention, trending and reporting of symptoms.
- Monthly Grand Rounds include multidisciplinary reviews of Residents plan of care.
- Psychotropic monitoring for all anti-depressants, antipsychotics, anxiolytics, and hypnotics. Worked 1:1 with social worker and psychiatrist to eliminate and reduce medications.
- Proficient in documentation and accurate record keeping for every aspect of care.
- Confidentiality and HIPPA training for staff.
- Elder Abuse and Neglect Presenter Monthly.
- Dementia Presenter Monthly.
- Re-certifying HMO coverage for skilled therapies weekly.

University of Pittsburgh Medical Center (UPMC)
Health Unit Coordinator, Professional Registered Nurse

Pittsburgh, PA
 August 1999 – October 2010

- Began employment with the company as a unit secretary on the Inpatient Cardiology Units while I was attending nursing school. Roles also included CNA. Once an RN, my experience ranged from Inpatient Physical Medicine and Rehabilitation, Skilled Nursing at a Long-term Care Facility as a Nursing Supervisor, Operating Room with circulating and scrubbing duties and multiple other duties.
- Duties range from patient care, ADL's, surgical procedure scheduling, surgical scrubbing and circulating for a range of procedures and other duties as assigned.
- Infection Control Liaison for Inpatient Rehabilitation Unit.
- Trained new graduate nurses/registered nurses in all positions.
- Trained students that were shadowing and obtaining clinical hours.
- Trained staff as *Train the Trainer* for a new Electronic Medical Record-Cerner.

PUBLICATIONS/PRESENTATIONS

Podium Presentation

Upcoming Nursing World Conference in Baltimore, MD October 2024
“The Peaks and Troughs of Vancomycin Compliance”

Journal Papers Accepted but not published.

O’Brien, T. (corresponding author), Cobaugh, S., Lidey, K., Prabhakaran, S., Soeder, V., and Steis, C., “Complex Medical Care Unit: Impact of Geographic Alignment of the Medicine Teaching Service” To be published in: Critical Care Nursing Quarterly

Podium Presentation

Joseph and Joan Pranis Kenney Endowed Conference for Excellence in Nursing Education:
“Building Nursing School Diversity: A Partnership with Neighborhood Learning Alliance”
Presenter: Linda Burke MSN RN TCRN, West Penn Hospital School of Nursing,
Co Presenters: Karlie Bailey MSN RN, Eric Dietrick MSN RN, Tracy O’Brien MSN RN,
Taylor Vincent Student Nurse Virtual Format Friday, March 11, 2022

Symposium Presentation

Nursing Symposium: “Behind the Scenes: Looking at the Innovation of the Complex Medical Care Unit”. Presenter: Tracy O’Brien MSN, RN Clinical Education Specialist CMCU, Co Presenters: Cole Steis BSN, RN Staff Nurse CMCU and James J. Reilly MD Vice Chair AHN Medicine Institute Allegheny General Hospital October 18, 2018.

PATENTS

O’Brien, T., “Feeding Tube Cleaning and Unclogging Tool,”- Provisional Patent

PROFESSIONAL AFFILIATIONS

Southwestern Pennsylvania Partnership for Aging, 2023-Present

National League of Nurses, 2020- Present

American Association of Legal Nurse Consultants, 2019- Present

COMMUNITY SERVICE

Allegheny Health Network

[RN/Vaccinator/ COVID-19 Clinic], [Pittsburgh Mills], 4/20/21 and 5/11/21

Allegheny Health Network

[RN/Vaccinator/ COVID-19 Clinic], [West Penn Hospital], 12/21/2020, 12/29-30/ 2020

COMPUTER SKILLS

Applications: Proficient in Microsoft Office, EPIC, Cerner, Surginet, LCR, Opitimus EMR, Meditech, Point Click Care, Schoology, ATI, D2L.

OTHER

Legal Nurse Consultant January 2015- Present
Owner of Nurse-In-Law Consulting, LLC

- Provides medical records information by completing initial review, Organizing, and chronologically summarizing, analyzing, and indexing medical records, preparing a timeline of events, ensure all federal, state, and local nursing standards and regulations are in place, ensure all JCAHO standards are upheld, Review individual state specific guidelines for long term care, Expert Witness.

Basic Life Support Instructor September 2017-2021

- CPR Instruction for initial certification and renewals.

Neighborhood Learning Alliance July 2021- August 2023

- Assisted and developed a summer learning program in partnership with a nonprofit organization focused on the improvement of education and opportunity for lower income families.
- Youth were exposed to foundational nursing topics such as hand hygiene, infection prevention, and vital signs.

Student Government Faculty Advisor July 2022- August 2023

- Coordinates and supervises operations including meetings, training, leadership development, policy initiatives, events, and activities.
- Coordinates student elections in collaboration with Student Government Assembly.

Nursing Student Association Faculty Advisor January 2021 – July 2022

- Coordinates and supervises operations including meetings, training, leadership development, policy initiatives, events, and activities including community service opportunities for students.