

University of Pittsburgh
School of Nursing
CURRICULUM VITAE

BIOGRAPHICAL

Name:	Jonna L. Morris PhD, RN	Business Address:	University of Pittsburgh School of Nursing 3500 Victoria Street, Room 420 Victoria Building Pittsburgh PA 15261
Home Address:	[REDACTED]	E-mail:	jlm356@pitt.edu
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EDUCATION and TRAINING

UNDERGRADUATE

1999	Millersville University, Millersville PA	BA	Philosophy, English
2007	Pennsylvania College of Health Sciences, Lancaster, PA	ASN	Nursing
2012	Penn State Harrisburg, Middletown, PA	BSN	Nursing

GRADUATE

2018	University of Pittsburgh, Pittsburgh, PA	PhD	Nursing
	University of Pittsburgh, Pittsburgh, PA	PhD Certificate	Gender, Sexuality, & Women's Studies

POSTGRADUATE

2018- 2019	University of Pittsburgh, Pittsburgh PA	Postdoctoral Scholar	Translational Research and Training in Sleep Medicine, Director: Daniel J. Buysse MD
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APPOINTMENTS and POSITIONS

ACADEMIC

2019 to present	Department of Nursing University of Pittsburgh, Pittsburgh PA	Assistant Professor
2014-2018	Department of Nursing University of Pittsburgh, Pittsburgh PA	Graduate Student Researcher
2016-2017	Department of Nursing University of Pittsburgh, Pittsburgh, PA	Teaching Assistant
2023-	Department of Psychiatry Center for Sleep and Circadian Science University of Pittsburgh Pittsburgh PA	Faculty, non appointment

NON-ACADEMIC

2007-2010	Geisinger, Holy Spirit Hospital, Camp Hill, PA	Registered Nurse <i>Cardiovascular & Telemetry</i>
2010 -2014	Geisinger, Holy Spirit Hospital, Camp Hill, PA	Assistant Nurse Manager <i>Cardiovascular & Telemetry</i>

CERTIFICATION and LICENSURE

State Board of Nursing, Pennsylvania	2007-present
American Association of Critical Care Nurses, Progressive Care Certified Nurse	2010-2015

MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

American Nurses Association
Sleep Research Society
Sigma Theta Tau International, Eta Chapter
American Thoracic Society

HONORS & AWARDS

Jonas Veterans Healthcare Program Scholar: American Association of Colleges of Nursing	2014-2016
Cameos of Caring Endowed Nursing Scholarship: University of Pittsburgh	2014-2016
Sigma Theta Tau Rising Star Award: Sigma Theta Tau	2016
Trainee Merit Award: Sleep Research Society Annual Meeting	2017
Bootcamp for New Faculty, American Thoracic Society	2020
Pittsburgh Magazine Excellence in Nursing Honorable Mention <i>Pandemic Response Hero</i>	2021

PUBLICATIONS

PEER REVIEWED REFEREED ARTICLES

1. Chasens, E.R., **Morris**, J., Stollo, P. J., Sereika, S. M., Burke, L. E. Korytkowski, M. (2015). Gender differences in the response to impaired sleep in adults with diabetes. Behavioral Sleep Medicine. 14(4):457-66. DOI:10.1080/15402002.2015.1017100 PMID: 26406786 PMCID: PMC4808489

2. **Morris, J. L.**, Sereika, S. M., Houze, M., Chasens, E. R. (2016). The Effect of Nocturia on Next-Day Sedentary Activity in Adults with Self-Reported Sleep Problems and Type 2 Diabetes. Applied Nursing Research. 32:44-46. DOI: 10.1016/j.apnr.2016.04.006. PMID: 27969050 PMCID: PMC5159449
3. **Morris, J. L.**, Chasens, E. R. (2017). Financial Difficulty- A Barrier to Self-Care in Patients with Diabetes. Diabetes Educator. 43(3):247-248. DOI.org/10.1177/0145721717703486 PMID: 28415918 PMCID: PMC5493040
4. Dean, G., da Rosa Silva, C., **Morris, J. L.**, Chasens, E. R. (2017). Impaired Sleep: A Multifaceted Geriatric Syndrome. Nursing Clinics of North America. 52(3):387-404. DOI: 10.1016/j.cnur.2017.04.009 PMID: 28779821
5. **Morris, J. L.**, Rohay, J. M., Chasens, E. R (2017). Sex Differences in the Psychometric Properties of the Pittsburgh Sleep Quality Index. Journal of Women's Health. 27(3):278-282. DOI: 10.1089/jwh.2017.6447 PMID: 29154713 PMCID: PMC5865255
6. Imes, C.C., Baniak, L.M., Choi, J., Luyster, F. S., **Morris, J. L.**, Ren, D, Chasens, E. R. (2018). Correlates of Endothelial Function in Older Adults with Untreated Obstructive Sleep Apnea and Cardiovascular Disease. Journal of Cardiovascular Nursing. In press.
7. Lingler, J. H., Roberts, J. S., Kim, H., **Morris, J.L.**, Lu, H., Mattos, M., McDade, E., & Lopez, O. L. (2018). Amyloid PET Candidates May Focus More on Benefits than Risks of Results Disclosure. Alzheimer's & Dementia: Diagnosis, Assessment & Disease Monitoring. 10:413-420. DOI: 10.1016%2Fj.dadm.2018.05.003 PMID: 30094328 PMCID: PMC6072672
8. **Morris, J.L.**, Hu, L., Hunsaker, A., Liptak, A., Seaman, J.M., Lingler, J.H. (2018). Patients' and Family Members' Subjective Experiences of a Diagnostic Evaluation of Mild Cognitive Impairment. Journal of Patient Experience. DOI: 10.1186/s12913-016-1423, PMCID: PMC4943498.
9. **Morris, J.L.**, Sereika, S.M., Chasens, E.R. (2020). Sex Differences in Subjectively Reported Symptoms of Obstructive Sleep Apnea in Community-dwelling Adults with Type 2 Diabetes. Sleep and Breathing. doi: 10.1007/s11325-020-02074-5, PMID: 32303968
10. Luyster, F.S., Shi, X., Baniak, L. M., **Morris, J. L.**, Chasens, E. R. (2020). Associations of Sleep Duration with Patient-reported Outcomes and Healthcare use in U.S. Adults with Asthma. Annals of Allergy, Asthma & Immunology. doi: 10.1016/j.anai.2020.04.035, PMID: 32389780
11. Chasens, E. R., Dinardo, M., Imes, C. C., **Morris, J. L.**, Braxter, B., Yang, K. (2020). Citizenship and health insurance status predict glycemic management: NHANES data 2007-2016. Preventive Medicine. <https://doi.org/10.1016/j.ypmed.2020.106180>.
12. **Morris, J.L.**, Chasens, E. R., Brush, L.D. (2020). Gender as a Principle of the Organization of Clinical Sleep Research. Nursing Outlook. doi :10.1016/j.outlook.2020.06.006

13. Luyster F.S, Shi, X., Baniak LM., **Morris J.L.**, Yang K, Chasens E.R. (2021) Insomnia and Daily Function in Older Adults With Asthma. J Gerontol Nurs. 46(11):28-36.
doi:10.3928/00989134-20201012-04
14. Chasens, E.R., Imes, C.C, Kariuki, J., Luyster, F.S., **Morris, J.L.** DiNardo, M., Godzik, C., Jeon, B., Yang, K. (2021). Sleep and Metabolic Syndrome. J. Nursing Clinics of North America. doi.org/10.1016/j.cnur.2020.10.012.
15. **Morris, J.L.**, Mazzotti, D.R., Gottlieb, D.J., Hall, M.H. (2021). Sex Differences within Symptom Subtypes of Mild Obstructive Sleep Apnea. J. Sleep Medicine.
<https://doi.org/10.1016/j.sleep.2021.06.001>
16. Imes CC, Bizhanova Z, Sereika SM, Korytkowski MT, Atwood CW Jr, Burke LE, Kariuki J, **Morris JL**, Stansbury R, Strollo PJ Jr, Chasens ER. (2021). Metabolic outcomes in adults with type 2 diabetes and sleep disorders. J. Sleep and Breathing. PMID: 34105104 DOI: 10.1007/s11325-021-02408-x
17. **Morris, J. L.**, Belcher, S.M., Jeon, B., Godzik, C.M., Imes, C.C., Luyster, F., Sereika, S.R., Scott, S.W., Chasens, E.R. (2021). Financial Hardship Predicts Sleep Quality in Participants with Type 2 Diabetes and Obstructive Sleep Apnea. J. Chronic Illness.
<https://doi.org/10.1177/17423953211065002>
18. **Morris, J.L.**, Luyster, F.S., Baniak, L.M., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. Nursing Outlook. doi:10.1016/j.outlook.2021.10.010
19. **Morris, J. L.**, Orbell, S., Scott, P.W., Imes, C. C., Jeon, B., Baniak, L.M. Burke, L.E., Chasens, E. R. (2022) Risk Stratification by Sex and Menopausal Status in the Multivariable Apnea Prediction Index. J. Sleep & Breathing. doi: 10.1007/s11325-022-02766-0
20. Wilckens, K.A., Jeon B., **Morris, J. L.**, Buysse D. J., Chasens, E.R. (2022). Effects of CPAP Treatment on Sleep Architecture in Adults with Obstructive Sleep Apnea and Type 2 Diabetes. Frontiers in Human Neuroscience. doi: 10.3389/fnhum.2022.924069
21. **Jonna L. Morris**, Paul W. Scott, Ulysses Magalang, Brendan T Keenan, Sanjay R. Patel, Allan I. Pack, Diego R. Mazzotti. (2023). Five-year Transitions of Symptom Subtypes in Untreated Obstructive Sleep Apnea. medRxiv 2023.05.18.23290191; doi: <https://doi.org/10.1101/2023.05.18.23290191>. Under review at J. Clinical Sleep Medicine.
22. Greer, O., Cheng, R., Tamres, L. K., Mattos, M., **Morris, J.L.**, Knox, M., Lingler, J.H. (2023) Descriptive Analysis of Nurse-Led Pre-Test Counseling for Alzheimer's Disease Biomarker Testing. doi.org/10.1016/j.gerinurse.2023.07.007. J. Geriatric Nursing.
23. Orbell, S.L., Scott, P.W., Baniak L., Chasens, E. R., Godzik, C., Jeon, B., **Morris, J.L.**, Luyster, F.S. (2023). Patient-Level Factors Associated with the Self-Report of Trouble Sleeping to Healthcare Providers in Adults at High Risk for Obstructive Sleep Apnea. DOI <https://doi.org/10.1016/j.sleh.2023.07.010> :J. Sleep Health.

24. Luyster, FS., Baniak, L.M., Imes, C., Jeon, B., **Morris, J.L.**, Orbell, S., Scott, P. (2023). Association of Comorbid Obstructive Sleep Apnea and Insomnia with Risk of Major Adverse Cardiovascular Events. Under review J. Sleep Health.

ABSTRACTS

Published

1. **Morris, J. L.**, Sereika, S. M., Burke, L. E., Stollo, P. J., Houze, M., Chasens, E. R. (2015). Nocturia and next-day physical activity in adults with type 2 diabetes. Sleep: 38: Abstract Supplement, A 299. Poster presentation *Sleep 2015*. Seattle, WA.
2. Baniak, L. M., Kline, C. E., **Morris, J. L.**, & Chasens, E. R. (2015). Sleep and activity as predictors of subjective health status in middle-aged women. Am J Respir Crit Care Med. Abstract Supplement 193; A5546. Poster Presentation. ATS 2016, San Francisco.
3. **Morris, J. L.**, Kregg-Byers, C., Chasens, E. R. (2016). Financial Insecurity and Attitude toward Self-Care in People with Diabetes. Henderson Repository. Sigma Theta Tau International (STTI) Leadership Connection Conference. Indianapolis, IN. September 2016.
4. **Morris, J. L.**, Chasens, E. R. (2016). Financial difficulty, sleep quality, and functional outcomes in adults with diabetes. Sleep: 39: Abstract Supplement, A 345. Poster presentation to Sleep 2016 Conference. Denver.
5. **Morris, J. L.**, Atwood, C. W., Baniak, L. M., Burke, L. E., Korytkowski, M., Sereika, S. M., Chasens, E. R., (2017). Effect of sleep quality on intimate relationships and sexual activity in men and women with type 2 diabetes. Sleep: Abstract Supplement 40: 344. Poster presentation Sleep 2017. Boston, MA.
6. Chasens, E. R., Atwood, C. W., Baniak, J. M., Burke, L. E., Korytkowski, M., **Morris, J. L.**, Sereika, S. M. (2017). Insomnia and glucose control in adults with type 2 diabetes. Sleep: Abstract Supplement 40: 377. Paper presentation. Sleep 2017. Boston, MA.
7. Graves, L. Y., Imes, C.C., Williams, E., Yang, K., **Morris, J. L.**, Chasens, E. R. (2018). Sleep Duration in Older Adult Men Predictive of Depression. Sleep: Abstract Supplement 41: A359. Poster presentation at Sleep 2018. Baltimore, MD. June 2018.
8. **Morris, J. L.**, Atwood, C. W, Korytkowski, M., Sereika, S. M., Chasens, E. R (2018). The Role of Insomnia on Depressed Mood in Women at High Risk for Obstructive Sleep Apnea. [abstract/poster presentation] Women's Health 2018: Translating Research into Clinical Practice. May 4-6, 2018. Washington, DC. Journal for Women's Health. DOI:10.1089/jwh.2018.29017.abstracts.
9. **Morris, J. L.**, Buysse, D. J., Zmuta, M., Butters, M., Hall, M. (2019). Associations of mild to moderate obstructive sleep apnea on cognitive function in older adults. SLEEP, Volume 42, Abstract Supplement, 2020Poster presentation to Sleep 2019 Meeting. San Antonio, Tx.

10. **Morris, J. L.** Baniak, L. M., Belcher, S.M., Imes, C. C., Luyster, F. S., Serieka, Scott, P. W., Chasens, E. R. Perceived Financial Difficulty Predicts Sleep Quality in Participants with Type 2 Diabetes and Obstructive Sleep Apnea. SLEEP, Volume 43, Abstract Supplement, 2020.
11. Yang, K., Dinardo, M., Imes, C.C., Braxter B., Chasens, E., & **Morris, J.L.** (2020). Citizenship and health insurance status as predictors of glycemic control from NHANES 2007-2016 data. *Nursing Research*, 69(3), E62. <https://doi.org/10.1097/NNR.0000000000000430>. Senior-Author
12. Chasens, E., Sereika, S., Imes, C.C., **Morris, JL**, Stansbury, R., & Atwood, C. (2020). Metabolic Outcomes in Adults with type 2 diabetes and OSA, Insomnia, or Co-morbid OSA and Insomnia. Chest, 157(6), A435.
13. **Morris, J.L.**, Imes C.C., Scott, P.W., Chasens E.R. (2021) Sensitivity of the Multivariable Apnea Prediction Index in Screening Pre- and Post-Menopausal Women for Obstructive Sleep Apnea. Poster presentation. ATS International conference 2021. Virtual meeting. doi.org/10.1164/ajrccmconference.2021.203.1_MeetingAbstracts.A4701
14. Chasens, E. R., Jeon, B., Orbell, S., **Morris, J. L.**, Luyster, F. (2022, July). Functional outcomes and daytime sleepiness in adults with type 2 diabetes and sleep disorders. Oral presentation at Sigma Theta Tau's 33rd International Nursing Research Conference, Edinburgh, Scotland.
15. Lamboy-Hernandez, Ilean., Scott, P.W., Patel, S. R., **Morris, J.L.** (2023). Excessive Mask Leak is Associated with Poor PAP Adherence in Women: A Secondary Analysis of the AWARE study. Accepted for a poster presentation. SLEEP meeting, Indianapolis IN., June 3-7, 2023. Senior-Author
16. Orbell, S.L. Scott P. W., Baniak, L. M., Chasens E. R., Godzik C., Jeon, B., **Morris, J.L.**, and Luyster F. S. Patient-Level Factors Associated with the Self-Report of Trouble Sleeping to Providers in Adults at High-Risk for Obstructive Sleep Apnea. Accepted for a poster presentation. SLEEP meeting, Indianapolis IN., June 3-7, 2023.
17. Junejo S, Gratton MKP, Shippy D, Stewart N, Stevens D, **Morris J.L.**, Mazzotti DR. Sex Differences in Moderate-Severe Obstructive Sleep Apnea Diagnosis using Different Sleep Study Modalities. Poster Presentation at SLEEP, June 2023.

Poster discussion presentation

1. **Morris, J.L.**, Mazzotti, D. R., Gottlieb, D. J., Hall, M.H. (2020). Sex Differences Within Symptom Sub-types Of Mild Obstructive Sleep Apnea. American Journal of Respiratory and Critical Care Medicine; 201:A6155. doi: 10.1164/ajrccm-conference.2020.201.1_Meeting Abstracts.A6155

Podium presentations

1. **Morris, J. L.** (2015). Nocturia as a Predictor of Falls [abstract/oral presentation]. In proceedings of South Central PA Evidence-Based Practice Consortium. Harrisburg, PA. June 12, 2015.
2. Lingler, J.H., Mulvaney, B., Jacobs, C., Berrios-Thomas, S., **Morris, J.L.** (2018) Interprofessional Team Training for Early Identification of Alzheimer's Disease and Related Disorders. *Alzheimer's and Dementia: The Journal of the Alzheimer's Association*. Oral presentation at Alzheimer's Association International Conference, July, 2018.
3. Baniak, L.M., Sereika, S., Bizhanova, Z., Atwood, C., Korytkowski, M., **Morris, J.L.**, Stansbury, R., Strollo, P. J., Chasens, E. R. (2019). The Effect of CPAP Use on Insomnia Among Persons with Type 2 Diabetes and Obstructive Sleep Apnea. Oral presentation at the 2019 ATS International Conference, May 2019
4. Yang, K., Dinardo, M., Imes, C. C., **Morris, J. L.**, Braxter, B., Chasens, E. R. (2020). Citizenship and Health Insurance Status as Predictors of Glycemic Control from NHANES 2007-2016 Data. *Nursing Research*. 68. Podium presentation. 32nd Annual Eastern Nursing Research Society. March 2020. Boston, MA.
5. **Morris, J.L.**, Mazzotti, D. R., Gottlieb, D. J., Hall, M.H. (2019). Sex Differences Within Symptom Sub-types Of Mild Obstructive Sleep Apnea. The 5th Annual Sleep and Circadian Science Research Day. Datablitz presentation. University of Pittsburgh, November 19, 2019.
6. **Morris, J.L.**, Luyster, F.S., Baniak, L.M., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. (2021) American Public Health Association Annual Meeting. Oral presentation. October 24, 2021, Denver CO.
7. Chasens, E. R., Jeon, B., Orbell, S., **Morris, J. L.**, Luyster, F. (2022). Functional Outcomes and Daytime Sleepiness in Adults with Type 2 Diabetes and Sleep Disorders. Oral presentation at Sigma Theta Tau's 33rd International Nursing Research Conference. July 2022. Edinburgh, Scotland.
8. **Morris, J. L.**, Scott, P. W., Mazzotti, D.R. (2022). Five-year Transitions of Symptom Subtypes in Untreated Obstructive Sleep Apnea. *Sleep 2022 Annual Meeting*. Oral Presentation, June 6, 2022. Charlotte, N.C.
9. Orbell, S., Chasens, E. R., Scott P. W., Luyster F.S., & **Morris J.L.** (2022). Validation of the Predictive Utility of the Multivariable Apnea Prediction Index for Obstructive Sleep Apnea in Women. *Sleep 2022 Annual Meeting*. Oral Presentation, June 6, 2022. Charlotte, N.C.
10. **Morris, J. L.**, Scott, P. W., Mazzotti, D.R. (2022). Obstructive Sleep Apnea Symptom Subtype Transitions over Five Years are Associated with Increased Cardiovascular Disease Incidence Risk. *Sleep 2022 Annual Meeting*. Oral Presentation, June 8, 2022. Charlotte, N.C.

11. **Morris, J.L.**, Scott, P.W., Patel, S.R. (2024). Continuous Positive Airway Pressure (CPAP) Adherence in Women: Associations With Insomnia, Fatigue, Depression, And Excessive Daytime Sleepiness. American Thoracic Society Annual Meeting May 2024.

Poster presentations

1. Burke, L. E., Mancino, J.M., Zheng, Y., **Morris, J.L.**, Ran, S, Danford, C, Ma, Q, Ewing, LJ, Goode, R, Imes, C, & Sereika, S. M. (2015). A Pilot Study of Tailored Feedback Messages Delivered Daily to Enhance Weight Loss. Obesity Society's Annual Scientific Meeting, Los Angeles, CA, November 4, 2015.
2. **Morris, J. L.**, Sereika, S.M., Chasens, E. R. (2016). Does Sex Moderate the Relation between Mood and Diabetes-related Distress in Adults with Impaired Sleep? Organization for the Study of Sex Differences, 2016 Meeting, Philadelphia PA.
3. Imes, C. C., Baniak, L.M., Choi, J., Luyster, F.S., **Morris, J. L.**, Park, M. & Chasens, E. R. (2016). Body Mass Index is the Best Adiposity Correlate of Endothelial Function in Adults with Untreated Obstructive Sleep Apnea. [abstract/poster presentation]. In proceedings of University of Pittsburgh 2016 Sleep Medicine Institute Research Day November 10, 2015.
4. **Morris, J. L.** Rohay, J. M., Chasens, E.R (2017). Sex Differences in the Psychometric Properties of the Pittsburgh Sleep Quality Index. Organization for the Study of Sex Differences, 2017 Meeting. Montreal, Canada. May 14-18, 2017.
5. Lingler, J. H., Hu, L., Kim, H., Mattos, M., & **Morris, J. L.** (2017, July). How do Patients with Mild Cognitive Impairment and Their Care Partners Perceive the Potential Utility of PET Amyloid Imaging? 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, CA.
6. **Morris, J. L.**, Thomas, T. H., Chasens, E. R., Lingler, J. H. (2018). Gender Roles Influence Perceptions of Sleep Quality in Women and Men. [abstract/poster presentation] 2018 Research Conference on Sleep and the Health of Women. National Heart, Lung, and Blood Institute, Washington DC, October 16 & 17.
7. Chasens, E. R., **Morris, J. L.**, Baniak, L. M. (2018). Social Determinants and Diet Choices in Type 2 Diabetes. Poster presentation at the American Academy of Nursing 2018 Transforming Health, Driving Policy Conference. Washington, DC. November 2018.
8. **Morris, J.L.**, Sereika, S. M., Chasens E. R. (2019). Sex Differences in Symptoms of Obstructive Sleep Apnea (OSA) in Community-dwelling Adults with Type 2 Diabetes (T2D). Poster presentation at the Organization for the Study of Sex Differences, 2019 Meeting. Washington DC. May 5-8, 2019.
9. **Morris, J.L.**, Baniak., L.M, Luyster, F.S., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. Accepted abstract American Public Health Association.
10. Ma, T., Scott, P.W., **Morris, J.L.** (2023). Associations of Obstructive Sleep Apnea (OSA) Severity and Excessive Daytime Sleepiness (EDS), Insomnia, and Fatigue in Women.

National Conference on Undergraduate Research. Eau Claire, WI. April 13-15, 2023 Senior-Author

OTHER NON-PEER REVIEWED PUBLICATIONS

Book chapters

1. Dean, G. Klimpt, M., **Morris, J. L.** & Chasens, E. R. (2016). *Excessive Sleepiness*. In Boltz, M., Capezuti, E., Fulmer, T., Zwicker, D. (Eds.), *Evidence-Based Geriatric Nursing Protocols for Best Practice* (5th ed), pp. 431-442. New York: Springer.
2. **Morris, J. L.**, Baniak, L., Klimpt M., Chasens, E. R. Dean, G. (2020). *Disorders of Sleep in the Older Adult*. In Boltz, M., Capezuti, E., Fulmer, T., Zwicker, D. (Eds.), *Evidence-Based Geriatric Nursing Protocols for Best Practice* (6th ed), pp. 431-442. New York: Springer.
3. Baniak, L., Jeon, B. Weiss, C, **Morris, J.L. G.** (2023). *Disorders of Sleep in the Older Adult*. In Boltz, M., Capezuti, E., Fulmer, T., Zwicker, D. (Eds.), *Evidence-Based Geriatric Nursing Protocols for Best Practice* (7th ed), in press.
4. Luyster, F.S, Baniak, L.M, Chasens, E.R., Feeley, C.A., Imes, C.C., & **Morris, J.L.** Sleep among working adults. D. T. Duncan, I. Kawachi, & S.Redline (Eds). *Social Determinants of Sleep*. (pp. 119-138 Oxford, UK: Oxford University Press.

INVITED PRESENTATION

1. Women with OSA: Symptom Subtype Transitions & Exploring Psychosocial Barriers to CPAP adherence. The 7th Annual Sleep & Circadian Science Research Day. November 10, 2022. Pittsburgh, PA.
2. Implementation science in care of persons with sleep disorders/sleep disordered breathing. Nursing Year in Review. American Thoracic Society 2924 Annual conference. May 25, 2024.

SYMPOSIUM PRESENTATION

1. **Morris, J.L.**, Bender, A., Lechat, B., Mazzotti, D. (2023). Symposium presentation: Novel Technologies for Assessing Night-to-Night Variability in Normal Sleep and Sleep Disorders: An overview of night-to-night variability and how it can be measured. Canadian Sleep Society. Ottawa, Canada. April 2023.

PROFESSIONAL ACTIVITIES

TEACHING

Student Teaching:

1. Course: Nursing Care of the Older Adult (NUR 1054).
Name: Legal and Ethical Issues for Older Adults
Description: Discussion of living wills & do not resuscitate (DNR) orders
Role: Guest Lecturer

- Years: 2016
 No. of Times: 1
 To Whom: Undergraduate Nursing Students
 No. of Students: 35
2. Course: Nursing Care of the Older Adult (NUR 1054).
 Name: The Frail Hospitalized Older Adult & Comprehensive Assessment and Management of the Critically Ill
 Description: Lecture on evidence-based nursing care of older adults in an ICU setting
 Role: Guest Lecturer
 Years: 2016
 No. of Times: 1
 To Whom: Undergraduate Nursing Students
 No. of Students: 150
3. Course: Introduction to Professional Nursing (NURS 0051).
 Name: History of the University of Pittsburgh School of Nursing
 Description: Lecture on school milestones including leadership and curriculum
 Role: Guest Lecturer
 Years: 2016 & 2017
 No. of Times: 2
 To Whom: Undergraduate Nursing Students
 No. of Student: 150
4. Course: Responsibilities and Activities of Scientists (NUR 3291)
 Name: Addressing Sex and Gender Differences in Nursing Research.
 Description: Discussion of my research and dissertation with a focus on sex and gender in research
 Role: Guest Discussant
 Years: 2018, 2019, 2020
 No. of Times: 5
 To Whom: PhD students
 No. of Students: 8-10
5. Course: Community Health Nursing (NURS 1128)
 Description: Faculty Liaison to students placed in community clinical sites
 Role: Clinical Instructor
 No. of Times: 1
 To Whom: Undergraduate nursing students
 No. of Students: 4
6. Course: Community Health Nursing (NURS 1128)
 Description: Broad introduction to population health and community health and the role of nursing within this context.
 Role: Primary Instructor
 No. of Times: 10
 To Whom: Undergraduate nursing students
 No. of Students: 71-130

7. Course: Sleep & Circadian Rhythms
 Name: Addressing Sex and Gender in Sleep Research.
 Role: Guest Discussant
 Date: October 5, 2020
 No. of Times: 1
 To Whom: Psychology graduate students and post-doctoral researchers
 No. of Students 8
8. Course: Community Health Nursing (NURS 1140 – RN Options)
 Description: Online course that provides a broad introduction to population & community health and the role of nursing within this context.
 Role: Primary Instructor
 No. of Times: 1
 To Whom: Undergraduate nursing students
 No. of Students 4
9. Course: Transitions into Professional Nursing (NURS 1134)
 Description: Clinical liaison between student & primary faculty instructor
 Role: Clinical Instructor
 No. of Times: 1
 To Whom: Undergraduate nursing students
 No. of Students 5
10. Course: Gerontology in Nursing
 Description: Sleep in Older Adults
 Role: Guest lecturer
 No. of Times: 5
 To Whom: Undergraduate nursing students
 No. of Students 90
11. Course: Research in Nursing
 Description: Qualitative research
 Role: Guest lecturer
 No. of Times: 2
 To Whom: Undergraduate nursing students
 No. of Students 90
12. Course: NUR 3075 State of the Science in Women’s Health
 through a Gender-Inclusive and Reproductive Health Equity Lens
 Description: Seminar in Women’s Health Research
 Role: Secondary instructor
 No. of Times: 1 (to start Summer 2023)
 To Whom: PhD Nursing Students
 No. of Students 4
13. Course: Independent study: Foundational Feminist Theories
 Description: A review of foundation feminist texts
 Role: Primary instructor
 To Whom: PhD Students
 No. of Students 1

Course Development

Fall 2020: Community Health Nursing, BSN course module for Nazarbayev University, Kazakhstan

Spring 2024. Sleep and Aging. Teaching in the Nursing Home. Design of course module.

Mentoring:

1. Dates: 2015/2016 & 2017/2018 school years
Mentor Role: Undergraduate Research
Name of Mentee: Carolyn McCune
Context: Literature searches, transcription
2. Dates: Fall 2018
Mentor Role: Undergraduate Research
Name of Mentee: Adam Jasper
Context: Training in poster creation and presentation
3. Dates: Fall 2019 to present
Mentor Role: Undergraduate Research
Name of Mentee: Taylor Kerstetter
Context: Transcription of interviews
4. Dates: Spring 2020 to present
Mentor Role: Undergraduate Research
Name of Mentee: Sara Kelly
Context: Transcription of interviews
5. Dates: Fall 2021 to Spring 2022
Mentor role: PhD Doctoral Co-Mentor
Rebecca Burkart, BSN, RN
Context: Doctoral committee member
6. Dates: Summer 2022 to Present
Mentor role: Undergraduate Research
Name of Mentee: TianHao Ma
Context: AWARE research assistant
7. Dates: Fall 2022 to Present
Mentor role: Undergraduate Research
Name of Mentee: Campbell Speakman
Context: N2N Variability research assistant
8. Dates: Summer 2022-2023
Mentor role: Fellow
Name of Mentee: Ilean Lamboy-Hernandez MD
Context: The University of Pittsburgh Sleep Medicine Fellowship
9. Dates: Spring 2024
Mentor Role: Apprenticeship mentor
Name of mentee: Coco Dong, RN
Context: Data analyst

Theses, Capstones, and Dissertations

PhD Doctoral Dissertation Committee member.

Staci Orbell MSN, RN, CPAN. Factors Associated with Obstructive Sleep Apnea Evaluation in At-Risk Patients Generally and in the Perianesthesia Setting Specifically. Defense July, 26,2023

PhD Doctoral Dissertation Committee member

Xueying Pei MSN, RN. Body Image in Women with Breast Cancer. Defense TBD.

Clinical Sleep Training:

Rotation in Behavioral Sleep Medicine (Brief Behavioral Treatment for Insomnia and chronotherapeutic approaches): Western Psychiatric Hospital, University of Pittsburgh Medical Center, Pittsburgh, PA. Training director: Brant Hasler PhD, DBSM. Completed 200 hours of intensive training.

RESEARCH

Prior Grant Support:

Grant	Grant Title	Role in Project	Years Inclusive	Source, Amount
NIH F31 NR017336- 01	Sex Differences in the Perceptions and Symptom Presentations of Impaired Sleep	Principal Investigator	2017-2019	Ruth Kirschstein National Research Service Award \$88,088.00
University of Pittsburgh, School of Nursing	Sex Differences in the Perceptions and Symptom Presentations of Impaired Sleep	Principal Investigator	2017-2018	Margaret E. Wilkes Scholarship Fund Award, \$3,200.00
Foundation: Breathe PA	Facilitators and Barriers to Positive Airway Pressure Treatment Adherence in Women with Obstructive Sleep Apnea	Principal Investigator	2021-2023	\$29,240.00
University of Pittsburgh, School of Nursing, Center for Research and Evaluation	Women's Acceptance and Receptiveness to a Formalized Peer Support Intervention to Promote CPAP Adherence	Principal Investigator	2023	\$15,000

Pilot study: University of Pittsburgh Seed Money Funds

OSA Symptoms in Women Study (OSWS)

Role: Principal Investigator

Interviews of men and women recently diagnosed with OSA to gain an understanding of their experiences of diagnosis and symptomology.

Night-to-Night Variability in Sleep Disordered Breathing: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity

Role: Principal Investigator

Pilot data collection for R01 submission.

Current Grant Support

Foundation: American Academy of Sleep Medicine	A Formalized Patient-to-Patient Peer Support Program to Promote CPAP Adherence in Women	Principal Investigator	2023-2025	\$99,998.00
University of Pittsburgh School of Nursing, Research Catalyst Award	Night-to-Night Variability in Cardiopulmonary Coupling: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity January 1, 2024- December 31, 2024	Principal Investigator	2024	\$15,000

Additional awarded support:

American Thoracic Society Workshop (workgroup member)

Priorities for Healthcare Systems Emergency Preparedness: Lessons Learned from COVID-19
1/1/2023-12/31/2024

\$11,575

Sleep Research Society & Sleep Image: Call for Research Proposals. Co-Principal Investigator
Night-to-Night Variability in Sleep Disordered Breathing: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity.

6/1/2023-6/1/2024

25 Sleep Image Rings

American Academy of Medicine. Lead Collaboration Team Member.

Pitt BEAT (Bridging Education And Team-based Care) for Blood Pressure Measurement
7/1/23-7/1/24

\$20,000

University of Pittsburgh, School of Nursing, AGE Hub (Aging and Gerontological Research Hub). Principal Investigator: Night-to-Night Variability in Cardiopulmonary Coupling: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity
January 1, 2024-June 30, 2024
\$5,000

University of Pittsburgh, School of Nursing, Sleep and Circadian Science Hub. Principal Investigator: Night-to-Night Variability in Cardiopulmonary Coupling: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity
January 1, 2024-June 30, 2024
\$5,000

Pending Grant Support:

NIH 1R01HL170675-01
Night-to-Night Variability in Sleep Disordered Breathing: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity
\$2,135,956.00

NIH 1R01HL170675-01A1 (resubmission)
Night-to-Night Variability in Sleep Disordered Breathing: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity
\$2,123,623.00

Macy Foundation
Development of a Community-based Clinical Exchange Model to Harmonize Interprofessional Education: A Nurse-Led Community Health Promotion Initiative
\$25,000

Other research related activities:

Research Experience

Graduate Student Researcher:
University of Pittsburgh, School of Nursing
RESULT study (R01 AG046906-01)
Principal Investigator: Jennifer H. Lingler, PhD, CRNP
Conduct pre-test counseling sessions
Assist with qualitative analysis and training

Graduate Student Researcher:
University of Pittsburgh, School of Nursing
Diabetes and Sleep Treatment Trial (R01 DK096028)
Principal Investigator – Eileen R. Chasens, PhD, RN, FAAN
Screen potential participants, consent and conduct initial assessments
recruitment activities

Journal Reviewer

Applied Nursing Research
Diabetes Educator
Journal of Women's Health
Journal of Patient Experience
Psychological Reports
Journal of Clinical Nursing Research
Western Journal of Nursing
Journal of Advanced Nursing
Sleep Advances
Lancet Healthy Longevity
Frontiers in Sleep
Sleep Medicine

Abstract Reviewer

American Public Health Association 2020 Annual Meeting – Women's Health section

Scholarship Application Reviewer

Sigma Theta Tau Eta Chapter (2020)

SEMINARS AND LECTURESHIPS

- June 19, 2015. Lecture. "Common Problems of Sleep: Implications for Nursing Practice." Holy Spirit Hospital, Camp Hill, PA.
- Nov 4th, 2017. Session Leader. Representing Women in Health Research. Symposium: "Gender Equity in Pittsburgh: Making Intersectional Change Happen." Chatham University Women's Institute.
- March 7, 2019 Journal Club Presentation: Sleep Grand Rounds. "Sleep-Disordered Breathing and the Menopausal Transition among Participants in the Sleep in Midlife Women Study" University of Pittsburgh, Center for Sleep and Circadian Science.

SERVICE

Academic Service

National Service:

- 2018: Selected volunteer. Sleep Research Society, Trainee Symposia Series Sub-committee.
- 2020-2021: Recording Secretary -Nursing Executive Committee, American Thoracic Society

- 2022-2023: Member -ATS Board of Directors Task Force on Governance for restructuring the Board and Leadership.
- 2021-2022 Co-Chair: Early Career Professionals Working Group, Nursing Assembly, American Thoracic Society
- 2022-present Chair: Early Career Professionals Working Group, Nursing Assembly, American Thoracic Society
- 2023 -present: Member- American Thoracic Society Nursing Planning committee

University of Pittsburgh Service

- 2015– 2016 Board Member: Doctoral Nursing Student Organization.
- 2016 –2018 Graduate Nurse Student Association (GNSA) Liaison to the University Pittsburgh School of Nursing
- 2017-2018 Graduate Professional Student Government, University of Pittsburgh. School of Nursing Assembly Board Representative.
- 2017-2018 Provost's Advisory Committee on Women's Concerns, University of Pittsburgh. Member.
- 2020 Member: Task Force on Reimagining Pitt Education during COVID-19; Working group for Housing and Health.
- 2021-2022 Nursing Coordinator: University of Pittsburgh, Covid-19 Medical Response Office: Vaccine Infrastructure and Operations
- 2022-present Member: Faculty Assembly University Senate
- 2023-present Member: Senate Council University Senate
- 2022-present Leadership (Nursing): Pitt Vaccination and Health Connections Hub
- 2022-present Member: Center for Sleep and Circadian Science Research Day Planning Committee
- 2024 Chair, Center for Sleep and Circadian Science Research Day Planning Committee

University of Pittsburgh, School of Nursing

- 2019-present BSN Council

2019-2021	Member: Committee for Diversity and Inclusion
2019-present:	Member - Hub for Sleep and Circadian Science, University of Pittsburgh School of Nursing
2021-present	Member: Policies and Bylaws Committee
2022	Member: Task Force, Crosswalking the new AACN Essentials
2022-present	Member: PhD Council