

CURRICULUM VITAE

Name Joshua Edward Palmer, DNP, PMHNP-BC, RN
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 School of Nursing
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EDUCATION

Undergraduate

1999 - 2003	University of Pittsburgh Pittsburgh, PA	BS Psychology, Sociology
2011-2013	Harrisburg Area Community College Harrisburg, PA	Associate in Art in Nursing
2016-2017	University of Pittsburgh Pittsburgh, PA	BSN

Graduate

2017-2020	University of Pittsburgh Pittsburgh, PA	DNP, Psychiatric Mental Health Nurse Practitioner
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LICENSURE AND CERTIFICATION

2013-Present	Registered Nurse	Pennsylvania
2020-Present	Psychiatric Mental Health Nurse Practitioner	Pennsylvania
2020-Present	Certified Registered Nurse Practitioner	Pennsylvania
2020-Present	Prescriptive Authority	Pennsylvania
2020-Present	DEA with X-Waiver	Pennsylvania

ACADEMIC APPOINTMENTS AND POSITIONS

Assistant Professor Program Coordinator: ABSN Program Interim AGNP Program Coordinator August 13, 2020 - Present	University of Pittsburgh School of Nursing Pittsburgh, PA 15216
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ADVANCED PRACTICE PSYCHIATRIC CLINICAL EXPERIENCE

Psychiatric Mental Health Nurse Practitioner

July 08, 2020 - Present

P.K. Mullick and Associates

Pittsburgh, PA 15203

Psychiatric Mental Health Nurse Practitioner

January 01, 2021 – Present

Associates in Family Healthcare

Slickville, PA 15684

Pediatric Dialectic Behavioral Treatment

NP Student

52 hours

January 2018 - April 2018

Holy Family Institute

McKees Rocks, PA 15136

Family Psychotherapy

NP Student

80 hours

May 2018 - August 2018

Squirrel Hill Family Health Center

Pittsburgh, PA 15217

Individual Psychotherapy

NP Student

80 hours

May 2018 - August 2018

Squirrel Hill Family Health Center

Pittsburgh, PA 15217

ADVANCED PRACTICE NON-PSYCHIATRIC CLINICAL EXPERIENCE

Primary Care

NP Student

120 hours

August 2018 - December 2018

Squirrel Hill Family Health Center

Pittsburgh, PA 15217

Pediatric Primary Care

NP Student

120 hours

August 2018 - December 2018

Ronald McDonald Mobile Clinic (Mobile)

Pittsburgh, PA 15219

Primary Care

NP Student

180 hours

January 2019 – May 2019

Associates in Family Healthcare

Slickville, PA 15684

PSYCHIATRIC EXPERIENCE

ACT RN Case Manager April 22, 2014 - August 08, 2016	Pittsburgh Mercy Health System Pittsburgh, PA 15203
Geriatric Psychiatric Nurse July 23, 2013 - April 22, 2014	University of Pittsburgh Medical Center Pittsburgh, PA 15213
ACT Service Coordinator August 6, 2008 - July 15, 2013	Northwestern Human Services Carlisle, PA 17013
Intensive Case Manager August 6, 2007 - August 6, 2008	Northwestern Human Services Carlisle, PA 17013
Intensive Case Manager II / Blended Case Manager II July 18, 2005 - August 6, 2007	University of Pittsburgh Medical Center Pittsburgh, PA 15213
Therapeutic Staff Support December 2004 - August 2006	Community Psychiatric Centers Pittsburgh, PA 15206

MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

2018-present	American Psychiatric Nursing Association
2019-present	Sigma Theta Tau Honor Society
2020-present	Pennsylvania Coalition of Nurse Practitioners

HONORS AND AWARDS

2020	Shirley Negley Kobert Award: Pennsylvania Coalition of Nurse Practitioners
2019	Cameo of Caring Endowment Scholarship 2019-2020
2019	Rising Stars of Research and Scholarship Award: Presentation of DNP Project results representing University of Pittsburgh SON at the Sigma Theta Tau 45th Biennial Convention in Washington, DC, USA.
2018	Margaret M. Dick Quasi-Endowed Scholarship 2018-2019
2016	Cameo of Caring Endowment Scholarship 2016-2017
2015	Mercy Behavioral CSS Award for Collaboration
2013	Adele S. Birx Award for Outstanding Achievement in Nursing Practice (this award was given to the student who had excelled in all parts of the nursing program: clinical, laboratory, and lecture)
2010	Certificate of Recognition for Outstanding and Exemplary Service to Persons with Mental Disabilities, Cumberland-Perry MH-MR Program
2006	“Making a Difference” Nomination, WPIC/SRRSMI Case Management Services
2005	Case Management Award for CCBHO Care Standards

RESEARCH/SCHOLARLY ACTIVITIES

- 2018-2019** Role: PI
DNP project: Buprenorphine Program Evaluation in a Private Psychiatric Office-Based Practice
- 2017-2019** Role: Research Assistant
PI: Ann Mitchell
CDC's SBIRT FASD online educational modules
- 2021-2022** Role: Research Support Faculty
PI: Esther Moon
Prevention of Relapse in Opioid Use Disorder (PROUD): Exploration of the patient experience & perspectives of relapse in opioid use disorder
- 2020-Current** Role: PI
Esketamine in an office-based setting for treatment resistant depression

PUBLICATIONS

Referred Articles *= Data Based

1. **Palmer, J. E.** (2017). Reducing distress and medication use in patients with dementia. *Nursing*, 47(5), 18-21. doi:10.1097/01.nurse.0000515519.92537.5f.
2. *Lee, H., Yang, K., **Palmer, J.**, Kameg, B., Clark, L., & Greene, B. (2019). Substance Use Patterns Among Adolescents: A Latent Class Analysis. *Journal of the American Psychiatric Nurses Association*, 1078390319858658. doi:10.1177/1078390319858658
3. **Palmer, J. E.**, Nativio, D. (2020). Electronic Nicotine Delivery Systems and Screening for Adolescent Use. *Journal of Addictions Nursing*, 31(2), 119-123.
4. *Lee, Y-S., Yang, K., Kameg, B., **Palmer, J.**, Lee, H. (under review). Characteristics of electronic cigarettes users and traditional smokers among adolescents: from 2017 youth risk behavior surveillance system, *the Journal of School Nursing*
5. ***Palmer, J. E.**, Mitchell, A., Schlenk, E., Mullick, P., & Lee, H. Buprenorphine Program Evaluation in a Private Psychiatric Office-Based Practice. *Journal of Addictions Nursing* [Accepted for Publication].
6. Lee, Y. S., Yang, K., Kameg, B., **Palmer, J.**, & Lee, H. (2021). Characteristics of electronic cigarette user and traditional smokers: 2017 Youth risk behavior surveillance system. Public health nursing (Boston, Mass.), 10.1111/phn.12936. Advance online publication. <https://doi.org/10.1111/phn.12936>

7. Hageman, T. M., **Palmer, J.**, Mullick, P., & Lee, H. (2022). A Buprenorphine Program Evaluation Before and During the COVID-19 Pandemic. *The journal for nurse practitioners: JNP*, 10.1016/j.nurpra.2021.12.025. <https://doi.org/10.1016/j.nurpra.2021.12.025>

PRESENTATIONS

1. **Palmer, J.E.** (2016, October). *Reducing distress and medication use in patients with dementia*. Podium presentation at the Greater Pittsburgh Nursing Research Conference.
2. *Lu, L., **Palmer, J.**, Kameg, B., Lee, H. (2018, October). *Adolescent substance-use patterns vis-à-vis gender, grade, and depressive mood*. Paper was presented at the meeting of the American Psychiatric Nurses Association 32th Annual Conference, Columbus, OH.
3. ***Palmer, J.**, Lu, L., Kameg, H., Lee, H. (2018, October). *Substance use among adolescents remains a major public health concern, correlated with mortality*. Poser session was presented at the meeting of the American Psychiatric Nurses Association, 32st Annual Conference, Columbus, OH.
4. *Kameg, B., **Palmer, J.**, Lu, L., Lee, H. (2018, October). *Vaping behavior vis-à-vis the substance use continuum among adolescents*. Poser session was presented at the meeting of the American Psychiatric Nurses Association, 32nd Annual Conference, Columbus, OH.
5. ***Palmer, J.**, Lee, H., Mitchell, A., Schlenk, E., Mullick, P. (2019, November). *Buprenorphine Program Evaluation in a Private Psychiatric Office-Based Practice*. Poser session was presented at the meeting of the Sigma Theta Tau, 45th Biennial Convention, Washington, DC.
6. ***Palmer, J.**, Van Cleve, S. (2020, February). *The Science of Neuropsychiatric Medications and the Application in Pediatric Practice*. Podium Presentation at the 24th Annual Pennsylvania Three Rivers NAPNAP Winter Symposium, Pittsburgh, PA.
7. ***Palmer, J.**, Van Cleve, S. (2021, February). *The Science of Neuropsychiatric Medications and the Application in Pediatric Practice*. Podium Presentation at the NAPNAP 42nd National Conference on Pediatric Health Care.
8. ***Palmer, J.**, Van Cleve, S. (2021, February). *Obsessing Over OCD: Identifying and Treating Obsessive Compulsive Disorder in Children and Adolescents*: Podium Presentation at the NAPNAP 42nd National Conference on Pediatric Health Care.
9. ***Palmer, J.** (2021, May). *Understanding Stages of Change and Best Interventions for Substance Use Disorders*: Webinar Presentation for the National Nurse-Led Care Consortium.
10. ***Palmer, J.** (2021, October). *Obsessing Over OCD: Identifying and Treating Obsessive Compulsive Disorder*: 2021 Annual Education Conference for Pennsylvania Coalition of Nurse Practitioners

11. Pinto, G., ***Palmer, J.** (2021, October). *Utilizing Behavioral Interventions and smart prescribing to mitigate behavioral disturbances in patients with dementia: 2021 Annual Education Conference for Pennsylvania Coalition of Nurse Practitioners*
12. Van Cleve, S., ***Palmer, J.**, (2022, March). *Primary Care Management of the Co-Morbidities Associated with Autism Spectrum Disorder in Children and Adolescents: Podium Presentation at the NAPNAP 43rd National Conference on Pediatric Health Care.*
13. **Palmer, J.** (2022, July). *Starting an Esketamine Program for Patients with Treatment: Podium Presentation at APNA Pennsylvania Chapter Conference – Pittsburgh*
14. **Palmer, J.** (2022, November). *Understanding Stages of Change and Best Interventions for Substance Use Disorders: Podium Presentation: PCNP 2022 Annual Educational Conference*
15. **Palmer, J.** (2022, November). *The Science of Neuropsychiatric Medications and The Application in Practice. Podium Presentation: PCNP 2022 Annual Educational Conference*
16. **Palmer, J.** (2022, December). *Starting an Esketamine Program for Patients with Treatment: Podium Presentation Veterans Association Pittsburgh*
17. **Palmer, J.** (2023, January). *Understanding Ideas and Treatments in Depression: A Review and Update: Podium Presentation NPASP Business Meeting and CE Presentation*

TEACHING

Teaching Assistant/Clinical Instructor

Fall 2018 - present NUR1020 Care Clients PMH Problems Clinical: Core undergraduate clinical course, University of Pittsburgh School of Nursing; Supervise 6-8 students every term; Simulation support

Assistant Professor

**Graduate
Spring 2020 -
present** NURNP 2320 Neurobiology of Psychiatric Disorders: University of Pittsburgh School of Nursing

NURCNS 2352 Family Theory and Therapy Techniques: University of Pittsburgh School of Nursing

NUR2031 Diagnostic Physical Examination Across the Life Span

**Undergraduate
Spring 2020 -
present** NURNP2346 Management Practicum of Chronic Health Problems of Psychiatric Patients: University of Pittsburgh School of Nursing

NUR1060 Nursing Care of Clients with Psychiatric Mental Health Problems

Guest Lecturer: Graduate

Term/Year	Course	Level	Topic	School
July 2020	Pediatric Primary Care with Dr. Susan Van Cleve	Graduate: Pediatric Nurse Practitioners	The Science of Neuropsychiatric Medications and the Application in Pediatric Practice.	University of Iowa
January 2021	Acute and Chronic Health Management	Graduate: Primary Care Nurse Practitioners	Alcohol Use Disorder and Sequela	University of Pittsburgh
December 2021 – Current Every Semester	Community Nursing	Undergrad BSN	Harm Reduction: History and practice	University of Pittsburgh

SERVICE

- 2018** University of Pittsburgh; Support for connecting Mercy Behavioral Health with Pittsburgh School of Nursing for outpatient student clinical resources
- 2021** University of Pittsburgh; Canvas Task Force and Worse Group
- 2021** Sigma Theta Tau, Eta Chapter. Board of Leadership: Counselor
- 2022** Board of Directors: Southwest Area Health Education Center (AHEC)