

**University of Pittsburgh**  
**School of Nursing**  
**CURRICULUM VITAE**

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**BIOGRAPHICAL**

<b>Name:</b>	Jonna L. Morris PhD, RN	<b>Business Address:</b>	University of Pittsburgh School of Nursing 3500 Victoria Street, Room 424 Victoria Building Pittsburgh PA 15261
<b>Home Address:</b>	[REDACTED]	<b>E-mail:</b>	jlm356@pitt.edu
<b>Cellular Phone:</b>	[REDACTED]	<b>Citizenship:</b>	U.S.

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**EDUCATION and TRAINING**

**UNDERGRADUATE**

1999	Millersville University, Millersville PA	BA	Philosophy, English
2007	Pennsylvania College of Health Sciences, Lancaster, PA	ASN	Nursing
2012	Penn State Harrisburg, Middletown, PA	BSN	Nursing

**GRADUATE**

2018	University of Pittsburgh, Pittsburgh, PA	PhD	Nursing
	University of Pittsburgh, Pittsburgh, PA	PhD Certificate	Gender, Sexuality, & Women's Studies

## POSTGRADUATE

2018- 2019	University of Pittsburgh, Pittsburgh PA	Postdoctoral Scholar	Translational Research and Training in Sleep Medicine, Director: Daniel J. Buysse MD
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## APPOINTMENTS and POSITIONS

### ACADEMIC

2019 to present	Department of Nursing University of Pittsburgh, Pittsburgh PA	Assistant Professor
2014-2018	Department of Nursing University of Pittsburgh, Pittsburgh PA	Graduate Student Researcher
2016-2017	Department of Nursing University of Pittsburgh, Pittsburgh, PA	Teaching Assistant

### NON-ACADEMIC

2007-2010	Geisinger, Holy Spirit Hospital, Camp Hill, PA	Registered Nurse <i>Cardiovascular &amp; Telemetry</i>
2010 -2014	Geisinger, Holy Spirit Hospital, Camp Hill, PA	Assistant Nurse Manager <i>Cardiovascular &amp; Telemetry</i>

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## CERTIFICATION and LICENSURE

State Board of Nursing, Pennsylvania	2007-present
American Association of Critical Care Nurses, Progressive Care Certified Nurse	2010-2015

## MEMBERSHIP in PROFESSIONAL and SCIENTIFIC SOCIETIES

American Nurses Association  
Sleep Research Society  
Eastern Nursing Research Society  
Sigma Theta Tau International, Eta Chapter  
American Thoracic Society

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### HONORS & AWARDS

Jonas Veterans Healthcare Program Scholar: American Association of Colleges of Nursing	2014-2016
Cameos of Caring Endowed Nursing Scholarship: University of Pittsburgh	2014-2016
Sigma Theta Tau Rising Star Award: Sigma Theta Tau	2016
Trainee Merit Award: Sleep Research Society Annual Meeting	2017
Bootcamp for New Faculty, American Thoracic Society	2020
Pittsburgh Magazine Excellence in Nursing Honorable Mention <i>Pandemic Response Hero</i>	2021

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### PUBLICATIONS

#### PEER REVIEWED REFEREED ARTICLES

1. Chasens, E.R., **Morris**, J., Stollo, P. J., Sereika, S. M., Burke, L. E. Korytkowski, M. (2015). Gender differences in the response to impaired sleep in adults with diabetes. Behavioral Sleep Medicine. 14(4):457-66. DOI:10.1080/15402002.2015.1017100 PMID: 26406786 PMCID: PMC4808489
2. **Morris, J. L.** Sereika, S. M., Houze, M., Chasens, E. R. (2016). The Effect of Nocturia on Next-Day Sedentary Activity in Adults with Self-Reported Sleep Problems and Type 2 Diabetes. Applied Nursing Research. 32:44-46. DOI: 10.1016/j.apnr.2016.04.006. PMID: 27969050 PMCID: PMC5159449
3. **Morris, J. L.**, Chasens, E. R. (2017). Financial Difficulty- A Barrier to Self-Care in Patients with Diabetes. Diabetes Educator. 43(3):247-248. DOI.org/10.1177/0145721717703486 PMID: 28415918 PMCID: PMC5493040
4. Dean, G., da Rosa Silva, C., **Morris, J. L.**, Chasens, E. R. (2017). Impaired Sleep: A Multifaceted Geriatric Syndrome. Nursing Clinics of North America. 52(3):387-404. DOI: 10.1016/j.cnur.2017.04.009 PMID: 28779821

5. **Morris, J. L.**, Rohay, J. M., Chasens, E. R (2017). Sex Differences in the Psychometric Properties of the Pittsburgh Sleep Quality Index. Journal of Women's Health. 27(3):278-282. DOI: 10.1089/jwh.2017.6447 PMID: 29154713 PMCID: PMC5865255
6. Imes, C.C., Baniak, L.M., Choi, J., Luyster, F. S., **Morris, J. L.**, Ren, D, Chasens, E. R. (2018). Correlates of Endothelial Function in Older Adults with Untreated Obstructive Sleep Apnea and Cardiovascular Disease. Journal of Cardiovascular Nursing. In press.
7. Lingler, J. H., Roberts, J. S., Kim, H., **Morris, J.L.**, Lu, H., Mattos, M., McDade, E., & Lopez, O. L. (2018). Amyloid PET Candidates May Focus More on Benefits than Risks of Results Disclosure. Alzheimer's & Dementia: Diagnosis, Assessment & Disease Monitoring. 10:413-420. DOI: 10.1016%2Fj.dadm.2018.05.003 PMID: 30094328 PMCID: PMC6072672
8. **Morris, J.L.**, Hu, L., Hunsaker, A., Liptak, A., Seaman, J.M., Lingler, J.H. (2018). Patients' and Family Members' Subjective Experiences of a Diagnostic Evaluation of Mild Cognitive Impairment. Journal of Patient Experience. DOI: 10.1186/s12913-016-1423, PMCID: PMC4943498.
9. **Morris, J.L.**, Sereika, S.M., Chasens, E.R. (2020). Sex Differences in Subjectively Reported Symptoms of Obstructive Sleep Apnea in Community-dwelling Adults with Type 2 Diabetes. Sleep and Breathing. doi: 10.1007/s11325-020-02074-5, PMID: 32303968
10. Luyster, F.S., Shi, X., Baniak, L. M., **Morris, J. L.**, Chasens, E. R. (2020). Associations of Sleep Duration with Patient-reported Outcomes and Healthcare use in U.S. Adults with Asthma. Annals of Allergy, Asthma & Immunology. doi: 10.1016/j.anai.2020.04.035, PMID: 32389780
11. Chasens, E. R., Dinardo, M., Imes, C. C., **Morris, J. L.**, Braxter, B., Yang, K. (2020). Citizenship and health insurance status predict glycemic management: NHANES data 2007-2016. Preventive Medicine. <https://doi.org/10.1016/j.ypped.2020.106180>.
12. **Morris, J.L.**, Chasens, E. R., Brush, L.D. (2020). Gender as a Principle of the Organization of Clinical Sleep Research. Nursing Outlook. doi :10.1016/j.outlook.2020.06.006
13. Luyster F.S, Shi, X., Baniak LM., **Morris J.L.**, Yang K, Chasens E..R. (2021) Insomnia and Daily Function in Older Adults With Asthma. J Gerontol Nurs. 46(11):28-36. doi:10.3928/00989134-20201012-04
14. Chasens, E.R., Imes, C.C, Kariuki, J., Luyster, F.S., **Morris, J.L.** DiNardo, M., Godzik, C., Jeon, B., Yang, K. (2021). Sleep and Metabolic Syndrome. J. Nursing Clinics of North America. doi.org/10.1016/j.cnur.2020.10.012.
15. **Morris, J.L.**, Mazzotti, D.R., Gottlieb, D.J., Hall, M.H. (2021). Sex Differences within Symptom Subtypes of Mild Obstructive Sleep Apnea. J. Sleep Medicine. <https://doi.org/10.1016/j.sleep.2021.06.001>
16. Imes CC, Bizhanova Z, Sereika SM, Korytkowski MT, Atwood CW Jr, Burke LE, Kariuki J, **Morris JL**, Stansbury R, Strollo PJ Jr, Chasens ER. (2021). Metabolic outcomes in adults

with type 2 diabetes and sleep disorders. J. Sleep and Breathing. PMID: 34105104 DOI: 10.1007/s11325-021-02408-x

17. **Morris, J. L.**, Belcher, S.M., Jeon, B., Godzik, C.M., Imes, C.C., Luyster, F., Serieka, S.R., Scott, S.W., Chasens, E.R. (2021). Financial Hardship Predicts Sleep Quality in Participants with Type 2 Diabetes and Obstructive Sleep Apnea. J. Chronic Illness. <https://doi.org/10.1177/17423953211065002>
18. **Morris, J.L.**, Luyster, F.S., Baniak, L.M., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. Nursing Outlook. doi:10.1016/j.outlook.2021.10.010
19. **Morris, J. L.**, Orbell, S., Scott, P.W., Imes, C. C., Jeon, B., Baniak, L.M. Burke, L.E., Chasens, E. R. (2022) Risk Stratification by Sex and Menopausal Status in the Multivariable Apnea Prediction Index. J. Sleep & Breathing. doi: 10.1007/s11325-022-02766-0
20. Wilckens, K.A., Jeon B., **Morris, J. L.**, Buysse D. J., Chasens, E.R. (2022). Effects of CPAP Treatment on Sleep Architecture in Adults with Obstructive Sleep Apnea and Type 2 Diabetes. Frontiers in Human Neuroscience. doi: 10.3389/fnhum.2022.924069

## ABSTRACTS

### Published

1. **Morris, J. L.**, Sereika, S. M., Burke, L. E., Strollo, P. J., Houze, M., Chasens, E. R. (2015). Nocturia and next-day physical activity in adults with type 2 diabetes. Sleep: 38: Abstract Supplement, A 299. Poster presentation *Sleep 2015*. Seattle, WA.
2. Baniak, L. M., Kline, C. E., **Morris, J. L.**, & Chasens, E. R. (2015). Sleep and activity as predictors of subjective health status in middle-aged women. Am J Respir Crit Care Med. Abstract Supplement 193; A5546. Poster Presentation. ATS 2016, San Francisco.
3. **Morris, J. L.**, Kregg-Byers, C., Chasens, E. R. (2016). Financial Insecurity and Attitude toward Self-Care in People with Diabetes. Henderson Repository. Sigma Theta Tau International (STTI) Leadership Connection Conference. Indianapolis, IN. September 2016.
4. **Morris, J. L.**, Chasens, E. R. (2016). Financial difficulty, sleep quality, and functional outcomes in adults with diabetes. Sleep: 39: Abstract Supplement, A 345. Poster presentation to Sleep 2016 Conference. Denver.
5. **Morris, J. L.**, Atwood, C. W., Baniak, L. M., Burke, L. E., Korytkowski, M., Sereika, S. M., Chasens, E. R., (2017). Effect of sleep quality on intimate relationships and sexual activity in men and women with type 2 diabetes. Sleep: Abstract Supplement 40: 344. Poster presentation Sleep 2017. Boston, MA.
6. Chasens, E. R., Atwood, C. W., Baniak, J. M., Burke, L. E., Korytkowski, M., **Morris, J. L.**, Sereika, S. M. (2017). Insomnia and glucose control in adults with type 2

diabetes. Sleep: Abstract Supplement 40: 377. Paper presentation. Sleep 2017. Boston, MA.

7. Graves, L. Y., Imes, C.C., Williams, E., Yang, K., **Morris, J. L.**, Chasens, E. R. (2018). Sleep Duration in Older Adult Men Predictive of Depression. Sleep: Abstract Supplement 41: A359. Poster presentation at Sleep 2018. Baltimore, MD. June 2018.
8. **Morris, J. L.**, Atwood, C. W, Korytkowski, M., Sereika, S. M., Chasens, E. R (2018). The Role of Insomnia on Depressed Mood in Women at High Risk for Obstructive Sleep Apnea. [abstract/poster presentation] Women's Health 2018: Translating Research into Clinical Practice. May 4-6, 2018. Washington, DC. Journal for Women's Health. DOI:10.1089/jwh.2018.29017.abstracts.
9. **Morris, J. L.**, Buysse, D. J., Zmuta, M., Butters, M., Hall, M. (2019). Associations of mild to moderate obstructive sleep apnea on cognitive function in older adults. SLEEP, Volume 42, Abstract Supplement, 2020Poster presentation to Sleep 2019 Meeting. San Antonio, Tx.
10. **Morris, J. L.** Baniak, L. M., Belcher, S.M., Imes, C. C., Luyster, F. S., Sereika, Scott, P. W., Chasens, E. R. Perceived Financial Difficulty Predicts Sleep Quality in Participants with Type 2 Diabetes and Obstructive Sleep Apnea. SLEEP, Volume 43, Abstract Supplement, 2020.
11. Yang, K., Dinardo, M., Imes, C.C., Braxter B., Chasens, E., & **Morris, J.L.** (2020). Citizenship and health insurance status as predictors of glycemic control from NHANES 2007-2016 data. *Nursing Research*, 69(3), E62. <https://doi.org/10.1097/NNR.0000000000000430>. Senior-Author
12. Chasens, E., Sereika, S., Imes, C.C., **Morris, JL**, Stansbury, R., & Atwood, C. (2020). Metabolic Outcomes in Adults with type 2 diabetes and OSA, Insomnia, or Co-morbid OSA and Insomnia. Chest, 157(6), A435.
13. **Morris, J.L.**, Imes C.C., Scott, P.W., Chasens E.R. (2021) Sensitivity of the Multivariable Apnea Prediction Index in Screening Pre- and Post-Menopausal Women for Obstructive Sleep Apnea. Poster presentation. ATS International conference 2021. Virtual meeting. doi.org/10.1164/ajrccmconference.2021.203.1\_MeetingAbstracts.A4701
14. Chasens, E. R., Jeon, B., Orbell, S., **Morris, J. L.**, Luyster, F. (2022, July). Functional outcomes and daytime sleepiness in adults with type 2 diabetes and sleep disorders. Oral presentation at Sigma Theta Tau's 33rd International Nursing Research Conference, Edinburgh, Scotland.

#### Poster discussion presentation

1. **Morris, J.L.**, Mazzotti, D. R., Gottlieb, D. J., Hall, M.H. (2020). Sex Differences Within Symptom Sub-types Of Mild Obstructive Sleep Apnea. American Journal of Respiratory and Critical Care Medicine; 201:A6155. doi:10.1164/ajrccm-conference.2020.201.1\_Meeting Abstracts.A6155

## Podium presentations

1. **Morris, J. L.** (2015). Nocturia as a Predictor of Falls [abstract/oral presentation]. In proceedings of South Central PA Evidence-Based Practice Consortium. Harrisburg, PA. June 12, 2015.
2. Lingler, J.H., Mulvaney, B., Jacobs, C., Berrios-Thomas, S., **Morris, J.L.** (2018) Interprofessional Team Training for Early Identification of Alzheimer's Disease and Related Disorders. *Alzheimer's and Dementia: The Journal of the Alzheimer's Association*. Oral presentation at Alzheimer's Association International Conference, July, 2018.
3. Baniak, L.M., Sereika, S., Bizhanova, Z., Atwood, C., Korytkowski, M., **Morris, J.L.**, Stansbury, R., Strollo, P. J., Chasens, E. R. (2019). The Effect of CPAP Use on Insomnia Among Persons with Type 2 Diabetes and Obstructive Sleep Apnea. Oral presentation at the 2019 ATS International Conference, May 2019
4. Yang, K., Dinardo, M., Imes, C. C., **Morris, J. L.**, Braxter, B., Chasens, E. R. (2020). Citizenship and Health Insurance Status as Predictors of Glycemic Control from NHANES 2007-2016 Data. *Nursing Research*. 68. Podium presentation. 32nd Annual Eastern Nursing Research Society. March 2020. Boston, MA.
5. **Morris, J.L.**, Mazzotti, D. R., Gottlieb, D. J., Hall, M.H. (2019). Sex Differences Within Symptom Sub-types Of Mild Obstructive Sleep Apnea. The 5<sup>th</sup> Annual Sleep and Circadian Science Research Day. Datablitz presentation. University of Pittsburgh, November 19, 2019.
6. **Morris, J.L.**, Luyster, F.S., Baniak, L.M., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. (2021) American Public Health Association Annual Meeting. Oral presentation. October 24, 2021, Denver CO.
7. Chasens, E. R., Jeon, B., Orbell, S., **Morris, J. L.**, Luyster, F. (2022). Functional Outcomes and Daytime Sleepiness in Adults with Type 2 Diabetes and Sleep Disorders. Oral presentation at Sigma Theta Tau's 33rd International Nursing Research Conference. July 2022. Edinburgh, Scotland.
8. **Morris, J. L.**, Scott, P. W., Mazzotti, D.R. (2022). Five-year Transitions of Symptom Subtypes in Untreated Obstructive Sleep Apnea. *Sleep 2022 Annual Meeting*. Oral Presentation, June 6, 2022. Charlotte, N.C.
9. Orbell, S., Chasens, E. R., Scott P. W., Luyster F.S., & **Morris J.L.** (2022). Validation of the Predictive Utility of the Multivariable Apnea Prediction Index for Obstructive Sleep Apnea in Women. *Sleep 2022 Annual Meeting*. Oral Presentation, June 6, 2022. Charlotte, N.C.
10. **Morris, J. L.**, Scott, P. W., Mazzotti, D.R. (2022). Obstructive Sleep Apnea Symptom Subtype Transitions over Five Years are Associated with Increased Cardiovascular Disease Incidence Risk. *Sleep 2022 Annual Meeting*. Oral Presentation, June 8, 2022. Charlotte, N.C.

## Poster presentations

1. Burke, L. E., Mancino, J.M., Zheng, Y., **Morris, J.L.**, Ran, S, Danford, C, Ma, Q, Ewing, LJ, Goode, R, Imes, C, & Sereika, S. M. (2015). A Pilot Study of Tailored Feedback Messages Delivered Daily to Enhance Weight Loss. Obesity Society's Annual Scientific Meeting, Los Angeles, CA, November 4, 2015.
2. **Morris, J. L.**, Sereika, S.M., Chasens, E. R. (2016). Does Sex Moderate the Relation between Mood and Diabetes-related Distress in Adults with Impaired Sleep? Organization for the Study of Sex Differences, 2016 Meeting, Philadelphia PA.
3. Imes, C. C., Baniak, L.M., Choi, J., Luyster, F.S., **Morris, J. L.**, Park, M. & Chasens, E. R. (2016). Body Mass Index is the Best Adiposity Correlate of Endothelial Function in Adults with Untreated Obstructive Sleep Apnea. [abstract/poster presentation]. In proceedings of University of Pittsburgh 2016 Sleep Medicine Institute Research Day November 10, 2015.
4. **Morris, J. L.** Rohay, J. M., Chasens, E.R (2017). Sex Differences in the Psychometric Properties of the Pittsburgh Sleep Quality Index. Organization for the Study of Sex Differences, 2017 Meeting. Montreal, Canada. May 14-18, 2017.
5. Lingler, J. H., Hu, L., Kim, H., Mattos, M., & **Morris, J. L.** (2017, July). How do Patients with Mild Cognitive Impairment and Their Care Partners Perceive the Potential Utility of PET Amyloid Imaging? 21st International Association of Gerontology and Geriatrics World Congress, San Francisco, CA.
6. **Morris, J. L.**, Thomas, T. H., Chasens, E. R., Lingler, J. H. (2018). Gender Roles Influence Perceptions of Sleep Quality in Women and Men. [abstract/poster presentation] 2018 Research Conference on Sleep and the Health of Women. National Heart, Lung, and Blood Institute, Washington DC, October 16 & 17.
7. Chasens, E. R., **Morris, J. L.**, Baniak, L. M. (2018). Social Determinants and Diet Choices in Type 2 Diabetes. Poster presentation at the American Academy of Nursing 2018 Transforming Health, Driving Policy Conference. Washington, DC. November 2018.
8. **Morris, J.L.**, Sereika, S. M., Chasens E. R. (2019). Sex Differences in Symptoms of Obstructive Sleep Apnea (OSA) in Community-dwelling Adults with Type 2 Diabetes (T2D). Poster presentation at the Organization for the Study of Sex Differences, 2019 Meeting. Washington DC. May 5-8, 2019.
9. **Morris, J.L.**, Baniak., L.M, Luyster, F.S., Dunbar-Jacob, J. (2021). Covid-19 Vaccine Confidence and Hesitancy in Nursing Students and Faculty at a Large Academic Medical Center. Accepted abstract American Public Health Association.

## OTHER NON-PEER REVIEWED PUBLICATIONS

### Book chapters

1. Dean, G. Klimpt, M., **Morris, J. L.** & Chasens, E. R. (2016). *Excessive Sleepiness*. In Boltz, M., Capezuti, E., Fulmer, T., Zwicker, D. (Eds.), *Evidence-Based Geriatric Nursing Protocols for Best Practice* (5<sup>th</sup> ed), pp. 431-442. New York: Springer.



2. **Morris, J. L.**, Baniak, L., Klimpt M., Chasens, E. R. Dean, G. (2020). *Disorders of Sleep in the Older Adult*. In Boltz, M., Capezuti, E., Fulmer, T., Zwicker, D. (Eds.), *Evidence-Based Geriatric Nursing Protocols for Best Practice* (6<sup>th</sup> ed), pp. 431-442. New York: Springer.
3. Luyster, F.S, Baniak, L.M, Chasens, E.R., Feeley, C.A., Imes, C.C., & **Morris, J.L.** Sleep among working adults. D. T. Duncan, I. Kawachi, & S.Redline (Eds). *Social Determinants of Sleep*. (pp. 119-138 Oxford, UK: Oxford University Press. Senior-Author

### INVITED PRESENTATIONS

1. Women with OSA: Symptom Subtype Transitions & Exploring Psychosocial Barriers to CPAP adherence. The 7th Annual Sleep & Circadian Science Research Day. November 10, 2022. Pittsburgh, PA.

### SYMPOSIUMS & WORKSHOPS

1. **Morris, J.L.**, Bender, A., Lechat, B., Mazzotti, D. (2023). Symposium presentation: Novel Technologies for Assessing Night-to-Night Variability in Normal Sleep and Sleep Disorders: An overview of night-to-night variability and how it can be measured. Canadian Sleep Society. Ottawa, Canada. April 2023.
2. Baniak, L. M., Guttormson, J., McSparron, J., **Morris, J.L.**, Seaman J., Lyons, M.M., Costa, D. (2023). Workshop: Priorities for Healthcare Systems Emergency Preparedness in Inpatient Settings: Lessons Learned from COVID-19. 2023 American Thoracic Society Annual Meeting.

## PROFESSIONAL ACTIVITIES

### TEACHING

#### Student Teaching:

1. Course: Nursing Care of the Older Adult (NUR 1054).  
 Name: Legal and Ethical Issues for Older Adults  
 Description: Discussion of living wills & do not resuscitate (DNR) orders  
 Role: Guest Lecturer  
 Years: 2016  
 No. of Times: 1  
 To Whom: Undergraduate Nursing Students  
 No. of Students: 35
2. Course: Nursing Care of the Older Adult (NUR 1054).  
 Name: The Frail Hospitalized Older Adult & Comprehensive Assessment and Management of the Critically Ill  
 Description: Lecture on evidence-based nursing care of older adults in an ICU setting  
 Role: Guest Lecturer  
 Years: 2016  
 No. of Times: 1  
 To Whom: Undergraduate Nursing Students  
 No. of Students: 150

3. Course: Introduction to Professional Nursing (NURS 0051).  
Name: History of the University of Pittsburgh School of Nursing  
Description: Lecture on school milestones including leadership and curriculum  
Role: Guest Lecturer  
Years: 2016 & 2017  
No. of Times: 2  
To Whom: Undergraduate Nursing Students  
No. of Student 150
  
4. Course: Responsibilities and Activities of Scientists (NUR 3291)  
Name: Addressing Sex and Gender Differences in Nursing Research.  
Description: Discussion of my research and dissertation with a focus on sex and gender in research  
Role: Guest Discussant  
Years: 2018, 2019, 2020  
No. of Times: 5  
To Whom: PhD students  
No. of Students 8-10
  
5. Course: Community Health Nursing (NURS 1128)  
Description: Faculty Liaison to students placed in community clinical sites  
Role: Clinical Instructor  
No. of Times 1  
To Whom: Undergraduate nursing students  
No. of Students 4
  
6. Course: Community Health Nursing (NURS 1128)  
Description: Broad introduction to population health and community health and the role of nursing within this context.  
Role: Primary Instructor  
No. of Times: 7  
To Whom: Undergraduate nursing students  
No. of Students 71-130
  
7. Course: Sleep & Circadian Rhythms  
Name: Addressing Sex and Gender in Sleep Research.  
Role: Guest Discussant  
Date: October 5, 2020  
No. of Times: 1  
To Whom: Psychology graduate students and post-doctoral researchers  
No. of Students 8
  
8. Course: Community Health Nursing (NURS 1140 – RN Options)  
Description: Online course that provides a broad introduction to population & community health and the role of nursing within this context.  
Role: Primary Instructor  
No. of Times: 1  
To Whom: Undergraduate nursing students  
No. of Students 4

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| 9. Course:      | Transitions into Professional Nursing (NURS 1134)   |
| Description:    | Clinical liaison between student & primary faculty instructor   |
| Role:           | Clinical Instructor   |
| No. of Times:   | 1   |
| To Whom:        | Undergraduate nursing students  |
| No. of Students | 5   |
|                 |   |
| 10. Course:     | Gerontology in Nursing  |
| Description:    | Sleep in Older Adults   |
| Role:           | Guest lecturer  |
| No. of Times:   | 2   |
| To Whom:        | Undergraduate nursing students  |
| No. of Students | 90  |
|                 |   |
| 11. Course:     | NUR 3075 State of the Science in Women's Health<br>through a Gender-Inclusive and Reproductive Health Equity Lens |
| Description:    | Seminar in Women's Health Research  |
| Role:           | Primary instructor  |
| No. of Times:   | 0 (to start Summer 2023)  |
| To Whom:        | PhD Nursing Students  |
| No. of Students | 5   |

### **Course Development**

Fall 2020: Community Health Nursing, BSN course module for Nazarbayev University, Kazakhstan

### **Mentoring:**

1. Dates: 2015/2016 & 2017/2018 school years  
Mentor Role: Undergraduate Research  
Name of Mentee: Carolyn McCune  
Context: Literature searches, transcription
2. Dates: Fall 2018  
Mentor Role: Undergraduate Research  
Name of Mentee: Adam Jasper  
Context: Training in poster creation and presentation
3. Dates: Fall 2019 to present  
Mentor Role: Undergraduate Research  
Name of Mentee: Taylor Kerstetter  
Context: Transcription of interviews
4. Dates: Spring 2020 to present  
Mentor Role: Undergraduate Research  
Name of Mentee: Sara Kelly  
Context: Transcription of interviews
5. Dates: Fall 2021 to Spring 2022  
Mentor role: PhD Doctoral Co-Mentor  
Rebecca Burkart, BSN, RN  
Context: Doctoral committee member

- 6. Dates: Summer 2022 to Present  
Mentor role: Undergraduate Research  
Name of Mentee: TianHao Ma  
Context: AWARE research assistant
  
- 7. Dates: Fall 2022 to Present  
Mentor role: Undergraduate Research  
Name of Mentee: Campbell Speakman  
Context: N2N Variability research assistant

**Theses, Capstones and Dissertations**

PhD Doctoral Dissertation Committee member.

Staci Orbell MSN, RN, CPAN. Factors Associated with Obstructive Sleep Apnea Evaluation in At-Risk Patients Generally and in the Perianesthesia Setting Specifically. Date TBD.

**Clinical Sleep Training:**

Rotation in Behavioral Sleep Medicine (Brief Behavioral Treatment for Insomnia and chronotherapeutic approaches): Western Psychiatric Hospital, University of Pittsburgh Medical Center, Pittsburgh, PA. Training director: Brant Hasler PhD, DBSM. Completed 200 hours of intensive training.

**RESEARCH**

**Prior Grant Support:**

Grant	Grant Title	Role in Project	Years Inclusive	Source, Amount
NIH F31 NR017336-01	Sex Differences in the Perceptions and Symptom Presentations of Impaired Sleep	Principal Investigator	2017-2019 *completed in 2018	Ruth Kirschstein National Research Service Award \$88,088.00
University of Pittsburgh, School of Nursing	Sex Differences in the Perceptions and Symptom Presentations of Impaired Sleep	Principal Investigator	2017-2018	Margaret E. Wilkes Scholarship Fund Award, \$3,200.00

Pilot study: University of Pittsburgh Seed Money Funds

OSA Symptoms in Women Study (OSWS)

Role: Principal Investigator

*Interviews of men and women recently diagnosed with OSA to gain an understanding of their experiences of diagnosis and symptomology.*

## Current Grant Support

Foundation: Breathe PA	Facilitators and Barriers to Positive Airway Pressure Treatment Adherence in Women with Obstructive Sleep Apnea	Principal Investigator	2021-2023	\$29,240.00
University of Pittsburgh School of Nursing	Women's Acceptance and Receptiveness to a Formalized Peer Support Intervention to Promote CPAP Adherence	Principal Investigator	2022	\$15,000.00

Pending Grant Support: NIH R01 \$2,135,956.00

Night-to-Night Variability in Sleep Disordered Breathing: Sex and Gender-Related Predictors and Impact on Obstructive Sleep Apnea Clinical Heterogeneity

### Other research related activities:

#### Research Experience

Graduate Student Researcher:

University of Pittsburgh, School of Nursing  
RESULT study (R01 AG046906-01)

Principal Investigator: Jennifer H. Lingler, PhD, CRNP

*Conduct pre-test counseling sessions*

*Assist with qualitative analysis and training*

Graduate Student Researcher:

University of Pittsburgh, School of Nursing  
Diabetes and Sleep Treatment Trial (R01 DK096028)

Principal Investigator – Eileen R. Chasens, PhD, RN, FAAN

*Screen potential participants, consent and conduct initial assessments  
recruitment activities*

#### Journal Reviewer

Applied Nursing Research

Diabetes Educator

Journal of Women's Health

Journal of Patient Experience

Psychological Reports

Journal of Clinical Nursing Research

Western Journal of Nursing

Journal of Advanced Nursing

Sleep Advances

Lancet Healthy Longevity

### Abstract Reviewer

American Public Health Association 2020 Annual Meeting – Women’s Health section

### Scholarship Application Reviewer

Sigma Theta Tau Eta Chapter (2020)

### **SEMINARS AND LECTURESHIPS**

- June 19, 2015. Lecture. “Common Problems of Sleep: Implications for Nursing Practice.” Holy Spirit Hospital, Camp Hill, PA.
- Nov 4th, 2017. Session Leader. Representing Women in Health Research. Symposium: “Gender Equity in Pittsburgh: Making Intersectional Change Happen.” Chatham University Women’s Institute.
- March 7, 2019 Journal Club Presentation: Sleep Grand Rounds. “Sleep-Disordered Breathing and the Menopausal Transition among Participants in the Sleep in Midlife Women Study” University of Pittsburgh, Center for Sleep and Circadian Science.

### **SERVICE**

#### Academic Service

- 2015– 2016 Board Member: Doctoral Nursing Student Organization. University of Pittsburgh.
- 2016 –2018 Graduate Nurse Student Association (GNSA) Liaison to the University Pittsburgh School of Nursing
- 2018 Selected volunteer. Sleep Research Society, Trainee Symposia Series Sub-committee.
- 2017-2018 Graduate Professional Student Government, University of Pittsburgh. School of Nursing Assembly Board Representative.
- 2017-2018 Provost's Advisory Committee on Women's Concerns, University of Pittsburgh. Member.
- 2019-present BSN Council, University of Pittsburgh School of Nursing.
- 2019-2021 Committee for Diversity and Inclusion, University of Pittsburgh School of Nursing

2019-present	Hub for Sleep and Circadian Science, University of Pittsburgh School of Nursing
2020	Task Force on Reimagining Pitt Education during COVID-19; Working group for Housing and Health.
2020-2021	Recording Secretary: Nursing Executive Committee, American Thoracic Society
2021-2022	Co-Chair: Early Career Professionals Working Group, Nursing Assembly, American Thoracic Society
2021-present	Nursing Coordinator: University of Pittsburgh, Covid-19 Medical Response Office: Vaccine Infrastructure and Operations
2021-present	Member: University of Pittsburgh, School of Nursing, Policies and Bylaws Committee
2022-present	Member: Task Force, Crosswalking the new AACN Essentials
2022-present	Member: ATS Board of Directors Task Force on Governance
2022-present	Chair: Early Career Professionals Working Group, Nursing Assembly, American Thoracic Society
2022-present	University of Pittsburgh, Center for Sleep and Circadian Science Research Day Planning Committee
2022-present	PhD Council: University of Pittsburgh School of Nursing