

Curriculum Vitae

Name: ALICE JANE HAINES, DNP, RN, CMSRN

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Education and Training

Undergraduate

1978-1982 West Virginia Wesleyan College BSN
Department of Nursing
Buckhannon, WV

Graduate

1985-1989 University of Pittsburgh MSN
School of Nursing Nursing Education
Pittsburgh, PA

Post-Graduate

2007-2012 University of Pittsburgh DNP
School of Nursing Clinical Nurse Specialist
Pittsburgh, PA

2018 to present Indiana University of PA PhD in Nursing Education
School of Nursing (anticipated graduation 12/23)
Indiana, PA

Appointments and Positions

Academic

9/12-current University of Pittsburgh Assistant Professor
School of Nursing Clinical, Skills Lab, &
Pittsburgh, PA Didactic

8/07-9/12 University of Pittsburgh Instructor
School of Nursing Clinical, Skills Lab &
Pittsburgh, PA Didactic

4/08 – 11/09 Shadyside School of Nursing Clinical instructor
Pittsburgh, PA

2001-2007	St. Margaret Hospital School of Nursing Pittsburgh, PA	Clinical & Didactic
1991-2001	Jameson Hospital School of Nursing New Castle, PA	Clinical & Didactic
Non-Academic		
2009-2014	UPMC Presbyterian Hospital Pittsburgh, PA	Staff Nurse
1987-1992	Forbes Metropolitan Health Center Wilkinsburg, PA	Staff, Charge Nurse, & Staff Development Instructor
1983-1987	Veteran's Administration Medical Center, Pittsburgh University Drive C Pittsburgh, PA	Staff Nurse, Head Nurse, Nursing House Supervisor
1982-1983	Presbyterian University Hospital Pittsburgh, PA	Staff Nurse

Licensure and Certification

1982-present	RN License 252645L PA
2005-present	Medical Surgical Nurse Certification
1989-2003	Oncology Certified Nurse (OCN)
2016 to present	Certified Nurse Leader (CNL)

Membership in Professional and Scientific Societies

2012-2019	Member, International Society of Heart and Lung Transplantation
2012-present	Member, Pennsylvania State Nurses Association
2015-2018	Member, International Transplant Nursing Society
2007-present	Member, Delta Kappa Gamma, Women Educator Honor Society, Alpha Sigma Chapter
1988-present	Member, Sigma Theta Tau, Eta Chapter

Honors

- 2013 Received Best Oral Research Presentation Award at the International Society for Heart and Lung Transplantation Conference in Montreal, Canada.
- 2013 Received the 2013 Nursing, Health Sciences and Allied Health Research Grant Award
- 2008 Selected for induction into Pi Lambda Theta, International Education Honor Society
- 1990-1992 Selected to be an Item Writer & Reviewer for NCLEX-RN Exam

Publications

Editorials

1. Haines, J. (2015). Caring for the caregivers – does gender matter? *Journal of Nursing & Health Sciences*, 1(1) April-May, 1-2.

Articles

1. Haines, A. J. (1987). Relieving nausea and vomiting. *Nursing*, 19(9), 82-83.
2. Haines, A.J. (1997). After the tears: Surviving a nursing student's suicide. *Nurse Educator*, 22(5), 4.
3. Haines, J., Spadaro, K., Choi, J., Hoffman, L., & Blazeck, A. (2014). Stress and anxiety in caregivers of lung transplant patients: Benefits of Mindfulness Meditation. *International Journal of Organ Transplantation Medicine*, 5(2), 50-57.
4. Kaltenbaugh, D.J., Klem, M. L., Hu, L., Turi, E., Haines, A.J., & Lingler, J. H. (2015). Using web-based interventions to support caregivers of patients with cancer: A systematic Review. *Oncology Nursing Forum*, 42(2), 1-9.
5. Drahnak, D., Hravnak, M., Ren, D., Haines, A. J., & Tuite, P. (2016). Instruction for evidence-based guidelines and scripting to support acute care nurses in sepsis recognition, reporting, and treatment. *MEDSURG Nursing*, June-July, 25(4), 233-239.
6. Heil, J., Blazeck, B., & Haines, J. (2017). Which lab test is best to monitor heparin therapy? What the evidence says. *MEDSURG Nursing*, May-June, 26(3), 193-197.
7. Blazeck, A., Faett, B., Hromadik, L., Miller, S., Kelly, L., & Haines, J. (2020). WARRIORS for patient safety: Supporting structured clinical judgment in medication administration. *Journal of Nursing Education*, 59(4), 231-234. doi: 10.3928/01484834

Abstracts

1. Haines, J., Blazeck, A., Hoffman, L., Choi, J. Y., & Spadaro, K. (2013). Stress and anxiety in caregivers of lung transplant patients: Effect of mindfulness meditation. *Journal of Heart and Lung Transplantation*, 32(4), supplement, S45.
2. Haines, J, Blazeck A Hoffman, L., Choi, J., & Spadaro, K . (2015). A randomized controlled trial to assess the effect of mindfulness-based stress reduction (mbsr) on stress and anxiety levels of caregivers of lung transplant patients. *Journal of Heart and Lung Transplantation*, 34(4S), S239.
3. Haines, A. J., Simon, M., & Giles, A. (2015). Relationship between gender and stress and anxiety experienced by caregivers of lung transplant patients. *Journal of Nursing and Healthcare*, 4(5), 41.
4. Haines, A. J., Simon, M., & Giles, A. (2016) Of roller coaster rides and resilience: Lung transplant caregivers in their own words. *Journal of Heart and Lung Transplantation*, 35(4S), 5346..
5. Haines, A.J. (2016). Tales of roller coaster rides and resilience: Lung transplant caregivers in their own words. *Journal of Nursing Care*, 5(10) Supplement, 36.
6. Haines, A. J., & Blazeck, A. (2017). Which lab test is best to monitor iv heparin therapy: What the evidence says. *Journal of Nursing and Healthcare*, anxiety experienced by caregivers of lung transplant patients. *Journal of Nursing and Healthcare*, 4(5), 41.

Other Publications

Haines, A.J. (1989). "Sexual Knowledge and Attitudes of Oncology Nurses and Selected Demographic Variables." Thesis research. Surveyed 109 members of the Oncology Nursing Society.

Pending publications

Haines, A.J. (2023). Understanding the Phenomenon of Failure to Fail in Unsafe Pre-Licensure Registered Nursing Students in the Clinical Setting: A Grounded Theory Approach. Surveyed 16 clinical nursing faculty from 10 states about why unsafe students are not failed clinically.

Presentations

Local/State

Haines, A. J., Blazeck, A. M., Hoffman, L. A., Choi, J., & Spadaro, K. (2013). Development of a DVD on Mindfulness Based Stress Reduction (MBSR) to Decrease Stress and Anxiety in Caregivers of Lung Transplant Patients. (Poster presentation). Greater Pittsburgh Nursing Research Conference, October 2013.

Simon, M, & Haines, J. (2015). Does gender and time since transplant affect caregiver stress and anxiety?" (Poster presentation), Undergraduate Research Program at the Capitol, March 3, 2015.

Turi, E., Kaltenbaugh, D., Haines, A. J., Hu, L., & Lingler, J. (2015) "Using a web-based intervention to support caregivers of patients with cancer: A systematic review. (Poster presentation), Sigma Theta Tau Scholar's Night, University of Pittsburgh, March 25, 2015.

Haines, AJ, Simon, M, & Choi, J. Does gender and time since lung transplant affect caregiver stress and anxiety? (Podium presentation) Greater Pittsburgh Research Conference, April 24, 2015, Cranberry, PA.

National

Haines, J., Blazeck, A. (2010). Innovative Strategies for Second Degree Students: A Socratic Hybrid for Success. (Poster presentation) AACN Baccalaureate Education Conference, Orlando, Florida, November 19-20, 2010

Simon, M, & Haines, J. (2015). Does gender and time since transplant affect caregiver stress and anxiety?" (Podium presentation), National Council on Undergraduate Research, Spokane, Washington April 16-18, 2015.

International

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2013). Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the use of Mindfulness Meditation. (Podium presentation). International Society of Heart Lung Transplantation, Montreal, Canada, April 2013

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2013). Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the use of Mindfulness Meditation. (Podium presentation), American Thoracic Society, Philadelphia, PA, May, 2013.

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2015). A randomized controlled trial to assess the effect of Mindfulness based stress reduction (mbsr) on stress and anxiety levels of caregivers of lung transplant patients. (Poster presentation), International Society for Heart and Lung Transplantation, Nice, France, April 15-18, 2015.

Haines, J., Simon, M., Giles, A., & Choi, J. (2015). Relationship between gender and stress and anxiety in lung transplant caregivers. Accepted for Oral Presentation at the 4th International Conference on Nursing and Health Care, San Francisco, California, October 5-7, 2015.

Haines, A. J., Giles, A., Simon, M., Spadaro, K., & Blazeck, A. (2016). Of Roller Coaster Rides and Resilience: Lung Transplant Patients in Their Own Words. Accepted for Poster Presentation at the International Society for Heart and Lung Transplantation, April 27-30, 2016, Washington, DC.

Haines, A. J., Giles, A., Simon, M., Spadaro, K., & Blazeck, A. (2016) Of Roller Coaster Rides and Resilience: Lung Transplant Patients in Their Own Words. Accepted for Podium Presentation at the 18th International Conference on Nursing & Healthcare, December 5-7, 2016, Dallas, Texas.

Haines, A. J., & Blazeck, A. Which Lab Test is Best for Monitoring IV Heparin? What the Evidence Says. (2017). Accepted for Keynote Podium Presentation at the 38th International Conference on Nursing and Health Care, October 16-18, 2017, New York City, USA.

Teaching

University of Pittsburgh School of Nursing

Primary Teacher

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
Fall 2007 to present	NUR0081 Foundations of Nursing Practice II	Variable	Soph BSN	Didactic & Skills Lab
Summer 2016 to 2019	NUR 1990 Senior Seminar	Variable	Soph BSN	Didactic
Fall 2019	NUR 0090 Foundations of Nursing Practice I Clinical	Variable	Soph BSN	Clinical
Spring 2020	NUR 0092 Nursing Mgt of the Adult with Acute/Chronic Health Problems	Variable	Soph BSN	Clinical
Fall 2020	NUR 2074 Practicum II in Nursing Education: Education Program Management	Variable	Nursing Education Minor (Graduate)	Didactic and Clinical

Course Instructor

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
Fall 2007 to present	NUR0080 Foundations of Nursing Practice I NUR1281 Nursing Mgt of the Adult with Acute/Chronic Health Problems	Variable	Soph BSN, Second degree	Didactic & Skills Lab
Summer 2014 2147 Fall 2015, Summer 2016, 2018, 2021, 2022, 2023	NUR 1134/1135/1234c Transition Intro into Professional Nursing Practice	Variable	Seniors, Second Degrees	Clinical
Summer 2011 - 2016, 2018	NUR1282c Nursing Mgt of the Adult with Acute/Chronic Health Problems	Variable	Second Degree	Clinical

Mentorship: Served on two DNP capstone committees:

Drahak, D., Tuite, T., Hravnak, M., Haines, J., & Ren D. (2014). “Evidence-based Guidelines and Scripting to Support Acute Care Nurses in Sepsis, Recognition, Reporting, and Treatment” Successfully defended March 25, 2014.

Kaltenbaugh, D., Haines, J., & Lingler, J. “Web –based Interventions to Reduce Caregiver Burden: A Systematic Review and Meta-Analysis” defended April 2015.

Chair: DNP Capstone Committees

Madden, C. R., Magdic, K., Ren, D., & Haines, A. J. (chair) (2019) The Braden-Q Scale: A Superior Skin Risk Assessment Tool in Critically Ill Adults: A Quality Improvement Initiative. Defended April 2019.

Komadino, A, Kreaschko, L., & Haines J. Neonatal abstinence syndrome: A nursing education intervention for nursing staff. Defended 2020

Advisement

Have advised 7 students enrolled in the CNL program, helping them select their classes and prepare for graduation.

UPMC St. Margaret School of Nursing, Pittsburgh, PA

Primary Teacher

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
2001-2007	Critical Care Nursing (Adult II) St. Margaret (Course Chair)	30-40	2 nd year Diploma	Didactic & Clinical

Course Instructor

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
2001-2007	Critical Care Nursing (Adult II) St. Margaret (Course Chair)	30-40	2 nd year Diploma	Didactic & Clinical

Guest Lecturer

Term/Yrs	Course Number & Title	No. of Students	Level	Topic of Lecture
2001-2007	Taught in 5 out of 6 semesters Numerous Med-Surg/Critical Care topics	varied	1 st / 2 nd Diploma	Varied

Service

University of Pittsburgh School of Nursing

2008 –present	Member, BSN Council
2012-2015	Member, BSN Curriculum Committee
2017	Ad Hoc Committee, NCLEX task force
2018	Ad Hoc Committee, Level objectives
2018	Ad Hoc Committee, developing a critical thinking entrance and exit exam
2018	Ad Hoc Committee, Clinical Evaluation tool and objective revision
2019	Ad Hoc Committee, Revising School of Nursing Testing to include critical thinking

UPMC Committees

2018	Nurse Residency Program Facilitator
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Other Events and Recognition

2009-2012	Faculty Associate, selected by students to serve as a mentor for a floor of nursing students in Lothrop Hall – attended numerous monthly activities with these students.
2011-2015, 2017, 2018, 2019, 2023	Chaperone, Nursing Formal
2008-2013, 2015	Selected by students to serve as a Floor Marshall for the April School of Nursing Graduation.
2018(April, August)	Selected as a pinner for Graduation
2013	Nominated for the <i>Dean's Distinguished Teaching Award</i>
2013	Participated in a number of recruitment activities for potential students and their parents including Hands on Science Academy, “So You Want to Be a Nurse”, Governor’s School, A day for Admitted Students, and FAME.
2013	Participated in the Summer Program held for Faculty Members from other Countries.
2013	Mentored a faculty member from Fudan University, China with Alice Blazeck.
2015	Mentored a master’s degree Student from the University of Phoenix.
2016	Developed two modules for the RN curriculum at Nazabayev University, Kazakhstan.
2007-2017	Conducted Hands-on Science Academy, a recruiting program for 9 th graders interested in science and math
2017	Developed three curriculum modules for UPMC Transplant Course for RN Transplant Coordinators in Palermo, Sicily.
2018, 2019	Reviewed scholarship applications for students at Baldwin High School

International

2014-2018	Member, Nursing Education Committee, International Society for Heart and Lung Transplantation.
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Research Support

Principal Investigator- Ongoing Research

Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the Use of Mindfulness Meditation

ATC Department Research Development Funds

2012-2013

\$1,275

Role: PI

Decreasing Stress and Anxiety in Caregivers of Lung Transplant Patients Through the Use of Mindfulness Meditation

International Society of Heart Lung Transplantation (ISHLT)

\$13,000

Role: PI

Continuing Education

<u>2022</u>	<u>Name of Program</u>	<u>CEUs provided</u>
August 2022	Emerging Infectious Diseases	6
August 2022	Nursing Management of Sepsis	7
August 2022	Population Health for Nurses	4
August 2022	Challenges in Maintaining Good Nutrition	7
August 2022	Child Abuse Recognition	2
August 2022	Fundamentals of Telehealth	<u>4</u>
		30
<u>2020</u>	<u>Name of Program</u>	<u>CEUs provided</u>
February 3, 2020	Faculty Reflective Writing	1.5
January 13, 2020	Gender Inclusive Theory & Practice	1.5
<u>2019</u>	<u>Name of Program</u>	<u>CEUs provided</u>
October 23, 2019	Interactive Lecturing	1
October 10, 2019	Improving Clinical Teaching	1
Sept. 23-25, 2019	Teaching Clinical Judgment	1
Sept. 18, 2019	Understanding the Accreditation Process	1
April 28, 2019	Assessment of Pain at the End of Life	2
April 28, 2019	PA Child Abuse Identification & Reporting	3
April 28, 2019	Gastroesophageal Reflux Disease in Adults	10
April 28, 2019	Pathophysiology: The Central Nervous System	15
April, 3, 2019	Healthy Work Environment	1.5
February 25, 2019	Test Development including Clinical Judgment	<u>1.5</u>
		37
<u>2018</u>	<u>Name of Program</u>	<u>CEUS provided</u>
August 2018	Low Back Pain	15
August 2018	Irritable Bowel Syndrome	10
August 2018	Mental Health Issues for Veterans	5
August 2018	Optimize Opioid Safety and Efficacy	15

August 2018	Child Abuse	3
April 2018	UPMC Hamot Nursing Symposium	8
April 23, 2018	How Learning Works	1.5
March 12, 2018	Faculty Forum: Best Practices in Teaching online	1.5
March 2018	Faculty Forum: Clinical Judgment	<u>1.5</u>
		60.5