

Kate Heatherington Endres, DNP, FNP-BC, RNC-OB, C-EFM**Education**

DNP, Family Nurse Practitioner, George Mason University, 05/ 2020

DNP Project: Creating a Comprehensive Women's Reproductive Health Program in the Primary Care Setting

BSN, George Mason University School of Nursing, 08/2006

BA, Political Science, University of Pittsburgh, 05/1992

ANEW Population Health Grant Recipient 2018, 2019, 2020

Inova Fairfax Hospital Collaborative Nursing Pilot Program 2005, 2006

Sigma Theta Tau International Honor Society

Phi Kappa Phi Honor Society

Certifications: FNP-BC, RNC-OB, C-EFM, BLS

Affiliations: American Association of Nurse Practitioners, Pennsylvania Coalition of Nurse Practitioners, Association of Women's Health, Obstetrics, and Neonatal Nurses, American Association of Colleges of Nursing

Publication

Maternal and Newborn Nursing Across the Lifespan, Chapter 22, Pharmacologic Pain Management, 2020, Pearson (ISBN-13: 978-0135206881)

Nursing Experience

Nurse Practitioner, Allegheny County Jail, Pittsburgh 12/2022-present

- Provide urgent care and primary care support to individuals who are incarcerated
- Research clinical history and document to ensure continuity of care among rotating providers

Assistant Professor, Maternal Nursing, University of Pittsburgh 8/2021-Present

- Didactic teaching of maternal health and obstetrics nursing curriculum
- Clinical instruction in Maternal/Newborn nursing at Magee Women's Hospital

Nurse Practitioner, Mount Vernon Internal Medicine 10/2020-8/2021

- Provide preventative, proactive health care for adults across the lifespan
- Provide support and treatment plan for chronic conditions including mental health, diabetes, obesity, and hypertension

Adjunct Faculty, George Mason University 12/2019-7/2021

- Teaching maternal newborn nursing and clinical instruction at Inova Fairfax Hospital

FNP Clinical Rotations 05/2018-05/2020

- *Burke Family Practice*, Grace Thapa, DNP, Preceptor
Implementation of DNP Project listed above
- *MidAtlantic Urogynecology*, Fairfax, VA, Nicolette Horbach, MD, Preceptor
Assessment, diagnosis, and treatment for women with urogyn issues

including urinary incontinence, dyspareunia, and pelvic organ prolapse

- *GMU Population Health Center*, Rosemarie Kormanec, DNP, Preceptor
Creating policies and procedures for a new clinic serving uninsured population; creating partnerships with community resources for women's health services including funding
- *Inova Primary Care*, Sterling, VA, Alicia Alden, DNP, Preceptor
Providing direct patient care for walk-in clinic and ongoing care for medically complex patients. Providing preventative health counseling
- *Mason and Partners Clinics*, George Mason University, Various Sites

OB/GYN RN, Kaiser Permanente, Alexandria, VA 04/2018-10/2020

- Direct patient care related to women's health including: phone triage; office visits; patient education; preventative care; and implementing wellness measures to meet HEDIS recommended goals. Opened new OB/GYN clinic in Alexandria.

RN, Labor and Delivery, Inova Hospital System 08/2006–08/2010, 05/2013-10/2018

- Provide labor management support for vaginal and C-Section births
- Provide nursing care for high-risk obstetrical patients
- Review delivery records and charts for Inova Alexandria Hospital and prepare report of deliveries for review by Perinatal Safety Committee

Experience Prior to Nursing

Vice President, The Washington Network Computer Consulting 05/1996 – 05/2001

- Manage 25 employees
- Manage finances for firm with over 2 million dollars in revenue
- Designed and developed a contact management database solution for lobbying firms

Chief Administrative Officer, Davis O'Connell, LLC 08/1994 -05/1996

- Lobbied US Congress for various health, education, and national defense issues

Projects Director, United States Senator Jim Sasser 05/1992 – 08/1994

- Advocate for state organizations and groups before departments and agencies of the federal government

Community Service

Virginia Department of Health Contraceptive Workgroup	2019-2021
Fairfax County Medical Reserve Corps	2019-2021
Remote Access Medical Volunteer Corps	2019-Present
Board Member, Inova Alexandria Hospital Foundation	2000 – 2003

Computer Skills

Epic, Athena, Microsoft Office Suite