

Curriculum Vitae

Name: Nancy A. Niemczyk, CNM, PhD, FACNM

Business Address: 440 Victoria Building
3500 Victoria Street
Pittsburgh, PA 15261

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Education and Training

Undergraduate

1984-1988

Swarthmore College
Swarthmore, PA

BA
Religion, Biology,
Women's Studies
High Honors

1990-1992

University of Pennsylvania
School of Nursing
Philadelphia, PA

BSN
Nursing
Summa cum Laude

Graduate

1993-1994

University of Pennsylvania
School of Nursing
Philadelphia, PA

MSN
Midwifery

2010-2014

University of Pittsburgh
Graduate School of Public Health
Pittsburgh, PA

PhD
Epidemiology

Appointments and Positions

Academic

2016 - Present

University of Pittsburgh, School of Nursing
Pittsburgh, PA

Assistant Professor
Nurse-Midwifery Program
Director

2016 – 2017

Midwifery Institute at Philadelphia
University
Philadelphia, PA

Adjunct Professor

2014 – 2016	Midwifery Institute at Philadelphia University Philadelphia, PA	Assistant Professor
2013 – 2014	Midwifery Institute at Philadelphia University Philadelphia, PA	Adjunct Professor
2004 – 2010	Yale University, School of Nursing New Haven, CT	Assistant Clinical Professor, Courtesy Appointment
1999 - 2010	University of Pennsylvania School of Nursing	Clinical Faculty
1995 – 2010	Frontier Nursing University Hayden, KY	Clinical Faculty
Non-Academic		
2003 - 2010	The Midwife Center for Birth and Women’s Health Pittsburgh, PA	Clinical Director
1996 – 2003	The Midwife Center for Birth and Women’s Health Pittsburgh, PA	Staff Nurse-Midwife
1995 – 1996	BirthPlace, Midwifery Services of Western Pennsylvania Hospital Pittsburgh, PA	Staff Nurse-Midwife
1993 – 1995	Elizabeth Blackwell Health Center for Women Philadelphia, PA	Registered Nurse
1993	Hospital of the University of Pennsylvania Philadelphia, PA	Registered Nurse

Licensure and Certification

1995	MW008392L	PA
1993	RN328231L	PA
1995	American Midwifery Certification Board	Nurse-Midwifery

Membership in Professional and Scientific Societies

- 2016 - Present American Association of Birth Centers
2016 – Present, Member, Research Committee
2017 – 2019, Member, ad hoc committee to develop new position statement and clinical bulletin on trials of labor after cesarean in birth centers
- 2012 – 2014 American Heart Association Epidemiology Council
- 1993 – Present American College of Nurse-Midwives
2011 – Present, Member, Division of Research
- 1993 – Present PA Association of Certified Nurse-Midwives
2012 – 2013 – Chair, Nominating Committee
2011 – 2012 – Member, Steering Committee
1996 – 2011 – Secretary
- 1993 – 2003 Pittsburgh OB/GYN Society

Honors

- 2021 Elected Fellow of the American College of Nurse-Midwives
2020 Honored as “Keystone Midwife” by PA Association of Certified Nurse-Midwives
2015 Delta Omega
2003 Named one of “A Dozen Making a Difference,” Pittsburgh Post-Gazette
1994 Health Promotion and Disease Prevention Grantee
American Medical Students’ Association
1994 Award for Scholarship and Leadership
Sigma Theta Tau
1993 Department of Health and Human Services Leadership Grant
University of Pennsylvania
1992 Sigma Theta Tau
1992 Award for Scholarship and Leadership
Sigma Theta Tau
1988 Phi Beta Kappa
1984 Eugene Lang Scholar for Social Change
Swarthmore College
1984 National Merit Scholar
National Merit Scholarship Corporation

Publications

Refereed Articles * = Data Based

1. Beldecos, A., Bailey, S., Gilbert, S., Hicks, K., Kenschaft, L., **Niemczyk, N.**, Rosenberg, R., Schaertel, S., & Wedel, A. (1988). The importance of feminist critique for contemporary cell biology. *Hypatia*, 3(1), 61-76.
2. *Hughes, T. M., Althouse, A. D., **Niemczyk, N. A.**, Hawkins, M. S., Kuipers, A. L., & Sutton-Tyrrell, K. (2012). Effects of weight loss and insulin reduction on arterial stiffness in the SAVE trial. *Cardiovasc Diabetol*, 11, 114. doi:10.1186/1475-2840-11-114
3. ***Niemczyk, N. A.**, Catov, J. M., Barinas-Mitchell, E., McClure, C. K., Roberts, J. M., Tepper, P. G., & Sutton-Tyrrell, K. (2015). Nulliparity is associated with less healthy markers of subclinical cardiovascular disease in young women with overweight and obesity. *Obesity (Silver Spring, Md.)*, 23(5), 1085-1091. doi:10.1002/oby.21044 [doi]
4. ***Niemczyk, N. A.**, Cutts, A., & Perlman, D. B. (2018). Prior work and educational experience are not associated with successful completion of a midwifery education program. *J Midwifery Womens Health*, 63(2), 161-167.
5. ***Niemczyk, N. A.**, Bertolet, M., Catov, J. M., Desai, M. M., McClure, C. K., Roberts, J. M., Sekikawa, A., Tepper, P. G., & Barinas-Mitchell, E. (2018). Common carotid artery intima-media thickness increases throughout the pregnancy cycle. *BMC Pregnancy and Childbirth*, 18:195.
6. ***Niemczyk, N. A.**, Catov, J. M., Desai, M. M., McClure, C. K., Roberts, J. M., Sekikawa, A., Tepper, P. G., & Barinas-Mitchell, E. (2018). Brachial artery stiffening in healthy primigravidas is associated with weight gain and increased cardiac output. *Hypertension in Pregnancy*, 37:4, 204-211.
7. *Snapp, C., Stapleton, S.R., **Niemczyk, N.A.**, Jolles, D. (2020). The experience of land and water birth within the American Association of Birth Centers Perinatal Data Registry). *Journal of Perinatal and Neonatal Nursing*, 34(1), 16-26.
8. *Faulk, K. A. & **Niemczyk, N. A.** (2020). Key indicators influencing management of prolonged second stage labour by midwives in freestanding birth centres: Results from an ethnographic interview study. *Women & Birth*. 2020 May 18;S1871-5192(20)30233-X. doi: 10.1016/j.wombi.2020.04.004.
9. *Holmquist, J. S., Fischl A. F. R. & **Niemczyk, N. A.** (2021). A program evaluation of behavioral health integration in a freestanding birth center. *Journal of Perinatal and Neonatal Nursing*. 35(1), 29-36.
10. *Sanders, S.A., **Niemczyk, N.A.**, Burke, J., McCarthy, A. & Terry, M.A. (2021). Exploring why birth center clients choose hospitalization for labor and birth. *Nursing for Women's Health*. Jan 13:S1751-4851(20)30212-9.
11. ***Niemczyk, N.A.**, Ren, D., & Stapleton, S.R. (2022). Associations between prolonged second stage of labor and maternal and neonatal outcomes in freestanding birth centers: A retrospective analysis. *BMC Pregnancy and Childbirth*. 22(1):99.

Published Abstracts

Reviews, Invited Published Papers, Proceedings, Monographs

1. **Niemczyk, N. A.** (2012). Dilation occurs more slowly in induced labor. *J Midwifery Womens Health*, 57(6), 638-639. doi:10.1111/j.1542-2011.2012.00244_3.x
2. **Niemczyk, N. A.** (2012). Most women use less-effective contraceptive methods. *J Midwifery Womens Health*, 57(6), 636-637. doi:10.1111/j.1542-2011.2012.00244_1.x
3. **Niemczyk, N. A.** (2012). Women with short cervix may benefit from pessary use to prevent preterm birth. *J Midwifery Womens Health*, 57(6), 637-638. doi:10.1111/j.1542-2011.2012.00244_2.x
4. **Niemczyk, N. A.** (2013). Can synthetic oxytocin be turned off in active labor? *J Midwifery Womens Health*, 58(3), 348-349. doi:10.1111/jmwh.12056_3
5. **Niemczyk, N. A.** (2013). Nurse practitioners, certified nurse-midwives, and physician assistants can safely perform first-trimester aspiration abortions. *J Midwifery Womens Health*, 58(3), 346-347. doi:10.1111/jmwh.12056_1
6. **Niemczyk, N. A.** (2013). Postpartum hemorrhages are more common in planned hospital births compared with planned home births. *J Midwifery Womens Health*, 58(3), 347-348. doi:10.1111/jmwh.12056_2
7. **Niemczyk, N. A.** (2014). Life stress may be related to racial disparities in stillbirth. *J Midwifery Womens Health*, 59(4), 467-468.
8. **Niemczyk, N. A.** (2014). Maternal positioning to rotate fetuses in occiput posterior position in labor. *J Midwifery Womens Health*, 59(3), 362-363. doi:10.1111/jmwh.12188
9. **Niemczyk, N. A.** (2014). Most women think their cesarean birth was necessary. *J Midwifery Womens Health*, 59(3), 363-364.
10. **Niemczyk, N. A.** (2014). Screening mammography may be less effective than thought. *J Midwifery Womens Health*, 59(4), 465-467.
11. **Niemczyk, N. A.** (2014). Some women with elevated body mass index are at low risk for complications in labor. *J Midwifery Womens Health*, 59(3), 361-362. doi:10.1111/jmwh.12214
12. **Niemczyk, N. A.** (2015). Antibiotic use in Pregnancy may be Associated with Childhood Obesity. *J Midwifery Womens Health*, 60(4), 471-472.
13. **Niemczyk, N. A.** (2015). Exercise Reduces Gestational Diabetes Risk. *J Midwifery Womens Health*, 60(4), 472.
14. **Niemczyk, N. A.** (2015). Omega-3 Fatty Acids do not Appear to Prevent Preterm Birth. *J Midwifery Womens Health*, 60(4), 472.
15. **Niemczyk, N. A.** (2015). Low carbohydrate versus low fat diets: A randomized clinical trial. *J Midwifery Womens Health*, 60(1): 104-105.
16. **Niemczyk, N. A.** (2015). Regular exercise in pregnancy decreases risk of cesarean births. *J Midwifery Womens Health*, 60(1): 105.
17. **Niemczyk, N. A.** (2015). Adhesive glue is as effective as suture for repairing first-degree perineal tears. *J Midwifery Womens Health*, 60(1): 106.

18. **Niemczyk, N. A.** (2015). Low-molecular-weight heparin not effective at preventing pregnancy complications in women with thrombophilias. *J Midwifery Womens Health*, 60(1): 104-105.
19. **Niemczyk, N. A.** (2015). Midwife laborists provide high quality care. *J Midwifery Womens Health*, 60(4): 470-471.
20. **Niemczyk, N. A.** (2015). Antibiotic use in pregnancy may be associated with childhood obesity. *J Midwifery Womens Health*, 60(4): 471-472.
21. **Niemczyk, N. A.** (2015). Exercise reduces gestational diabetes risk. *J Midwifery Womens Health*, 60(4): 472.
22. **Niemczyk, N. A.** (2015). Omega-3 fatty acids do not appear to prevent preterm birth. *J Midwifery Womens Health*, 60(4):
23. **Niemczyk, N. A.** (2015) Supine sleeping and suspected fetal growth restriction associated with stillbirth. *J Midwifery Womens Health*, 60(5): 624-625.
24. **Niemczyk, N. A.** (2015) More than half of pregnancy wheel applications are inaccurate. *J Midwifery Womens Health*, 60(5): 625.
25. **Niemczyk, N. A.** (2015) Trial results in small decrease in cesarean birth. *J Midwifery Womens Health*, 60(5): 625.
26. **Niemczyk, N. A.** (2015) Human papillomavirus vaccination not associated with increased sexual activity or sexually transmitted infections. *J Midwifery Womens Health*, 60(5): 625.
27. **Niemczyk, N. A.** (2015) Causes of pregnancy-related mortality change, but racial disparities remain. *J Midwifery Womens Health*, 60(5): 623-624.
28. **Niemczyk, N. A.** (2016). Diet therapy may be as effective as glyburide for treatment of mild gestational diabetes. *J Midwifery Womens Health*, 61(2), 277-278.
29. **Niemczyk, N. A.** (2016). Early and exclusive breastfeeding may protect against neonatal mortality. *J Midwifery Womens Health*, 61(2), 278-279.
30. **Niemczyk, N. A.** (2016). Parents desire parenting education during prenatal care. *J Midwifery Womens Health*, 61(2), 278.
31. **Niemczyk, N. A.** (2016). Planned home vaginal birth after cesarean. *J Midwifery Womens Health*, 61(2), 276-277.
32. **Niemczyk, N. A.** (2016). Provider skill influences perinatal outcomes. *J Midwifery Womens Health*, 61(2), 279.
33. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J., & Walker, L.** (2016) Prediction of women at low risk for preeclampsia with SFLT-1:PIGF ratio. *J Midwifery Womens Health*, 61(4), 516-7.
34. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J., & Walker, L.** (2016) Correlation between prolonged pregnancy and second trimester cervical length. *J Midwifery Womens Health*, 61(4), 517-8.
35. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J., & Walker, L.** (2016) Urban adolescents in group prenatal care have better outcomes. *J Midwifery Womens Health*, 61(4), 518.
36. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J., & Walker, L.** (2016) Regular group exercise in pregnant women. *J Midwifery Womens Health*, 61(4), 518-19.
37. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J., & Walker, L.** (2016) Peer counselors identify unique barriers to breastfeeding for black women. *J Midwifery Womens Health*, 61(4), 519.
38. **Niemczyk, N. A., Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J.,**

- Heller, J, & Walker, L. (2016) The effect of antenatal pelvic floor muscle training on labor and birth outcomes: A systematic review and meta-analysis. *J Midwifery Womens Health*, 61(4), 519.
39. **Niemczyk, N. A.**, Allison, K. S., Brody, D. S., Carratu, L., Guernsey, K., Hanbridge, J., Heller, J, & Walker, L. (2016) Birthing in an upright position protects the perineum. *J Midwifery Womens Health*, 61(4), 519-20.
 40. **Niemczyk, N. A.** (2017). Meta-analysis finds group prenatal care may have slightly better outcomes than traditional care. *J Midwifery Womens Health*, 62(2), 227-8. doi:10.1111/jmwh.12614
 41. **Niemczyk, N. A.** (2017). The kaleidoscopic midwife. *J Midwifery Womens Health*, 62(2), 228-30. doi:10.1111/jmwh.12614
 42. **Niemczyk, N. A.** (2017). Black lives matter in obstetrics and gynecology. *J Midwifery Womens Health*, 62(2), 230. doi:10.1111/jmwh.12614
 43. **Niemczyk, N. A.** (2017). Adult immunization update. *J Midwifery Womens Health*, 62(2), 230. doi:10.1111/jmwh.12614
 44. **Niemczyk, N. A.** (2017). Later hospital rounds increased women's satisfaction postpartum. *J Midwifery Womens Health*, 62(2), 227-231. doi:10.1111/jmwh.12614
 45. **Niemczyk, N. A.**, & Kupiec, N. (2017). Misoprostol with concurrent foley catheter placement results in fastest labor inductions. *J Midwifery Womens Health*, 62(4), 484-487.
 46. **Niemczyk, N. A.**, & Kupiec, N. (2017). An innovative model for maternal-fetal medicine consultation. *J Midwifery Womens Health*, 62(4), 484-487.
 47. **Niemczyk, N. A.**, & Kupiec, N. (2017). Many women receive opioid prescriptions after uncomplicated vaginal birth. *J Midwifery Womens Health*, 62(4), 484-487.
 48. **Niemczyk, N. A.**, & Kupiec, N. (2017). A call to improve the health of night shift nurses. *J Midwifery Womens Health*, 62(4), 484-487.
 49. **Niemczyk, N. A.**, & Kupiec, N. (2017). More certified nurse-midwives and fewer intravenous lines associated with fewer cesarean births. *J Midwifery Womens Health*, 62(4), 484-487.
 50. **Niemczyk, N. A.** (2018). Updates from the literature. *J Midwifery Womens Health*, 63(2), 227-230.
 51. **Niemczyk, N. A.** (2018). Updates from the literature. *J Midwifery Womens Health*, 63(4), 483-486.
 52. **Niemczyk, N. A.** (2019). Updates from the literature. *J Midwifery Womens Health*, 64(1), 118-122.
 53. **Niemczyk, N. A.** (2019). Updates from the literature. *J Midwifery Womens Health*, 64(5), 664-667.
 54. **Niemczyk, N. A.**, & Osborne, C. (2020). Updates from the literature. *J Midwifery Womens Health*, 65(1), 160-164.
 55. **Niemczyk, N. A.**, & Osborne, C. (2020). Updates from the literature. *J Midwifery Womens Health*, 65(4), 574-577.
 56. **Niemczyk, N. A.**, & Osborne, C. (2021). Updates from the literature. *J Midwifery Womens Health*, 66(2):270-273.
 57. **Niemczyk, N. A.** (2021). Updates from the literature. *J Midwifery Womens Health*, 66(5):671-675

Book Chapters and Books

1. Beldecos, A., Bailey, S., Gilbert, S., Hicks, K., Kenschaft, L., **Niemczyk, N.A.**, Rosenberg, R., Schaertel, S., & Wedel, A. (1989). The importance of feminist critique for contemporary cell biology. In Tuana, ed. *Feminism and Science*. Indiana University Press, Indianapolis, IN.

Other Publications

Research

Principal Investigator

1. University of Pittsburgh, Graduate School of Public Health, Epidemiology Small Grant
Maternal Vascular Adaptation to Healthy Pregnancy
2010-2014
2. American Association of Birth Centers Foundation
Associations between length of second stage labor and maternal and newborn outcomes
in freestanding birth centers.
2017-2018
\$5,000
3. Center for Research and Evaluation Pilot/Feasibility Study Program, University of
Pittsburgh, School of Nursing
Group-Based Trajectory Analysis to Describe the First Stage of Labor – A Pilot Study
2019-2020
\$12,472
4. American Association of Birth Centers Foundation
Evaluation of *Consensus Guidelines for Safe Prevention of the Primary Cesarean
Delivery* in Birth Centers
2020-2021
\$5,000
5. Health Resources and Services Administration
Group-Based Trajectory Analysis of the First Stage of Labor
2021-2022
\$99,999

Co- Investigator

1. Kimberly Sutton-Tyrell
NHLBI R01 HL077525-01A2
Clinical Trial to Reverse Early Arterial Stiffening
2010-2013
\$832,581

2. Mansi Desai
University of Pittsburgh, Graduate School of Public Health, Epidemiology
Maternal Vascular Adaptation to Healthy Pregnancy 2
2014-2016
3. Sarah Sanders
AABC Foundation
Understanding of Risk and Safety in Out-of-Hospital Birth
2018-2019
\$5,000

Consultant

Other Scholarly Activities

Educational or Training Grants

Site Visitor

2002 - 2014 Commission for the Accreditation of Birth Centers

Grant Reviewer

Years Inclusive Agency

Manuscript Reviewer

2019 Birth: Issues in Perinatal Care
2017 BMC Pregnancy and Childbirth
2016 - Present Journal of Midwifery & Women's Health
2014 European Heart Journal

Editorial Boards

2014 – Present Contributing Editor, Journal of Midwifery & Women's Health

Advisory Boards

2014 – 2016	Midwifery Advisory Committee	University of Pittsburgh, School of Nursing
2010 – Present	Member Medical Advisory Committee	Midwife Center for Birth & Women's Health
2006 – 2010	Member Quality Standards Committee	Adagio Health
2002 – 2008	Member Region I Community Consortium	Healthy Start

Consultation

2015 - 2016 Development of Midwifery Education Program at the University of

Pittsburgh, School of Nursing

Unpublished Presentations

International

1. **Niemczyk, N. A.** (2018, June). *Factors associated with prolonged second stage labor in freestanding birth centers.* Paper presented at International Normal Labor and Birth Research Conference, Ann Arbor, MI.

National

1. **Niemczyk, N. A.,** Barinas-Mitchell, E., Catov, J. M., McClure, C. K., Roberts, J. M., Tepper, P. G., & Sutton-Tyrrell, K. (2013, March). *Nulliparity is associated with greater common carotid artery intima media thickness and adventitial diameter in overweight and obese young women.* Paper presented at NHLBI Cardiovascular Epidemiology, Biostatistics and Prevention Trainee Session, New Orleans, LA.
2. **Niemczyk, N. A.,** Barinas-Mitchell, E., Catov, J. M., McClure, C. K., Roberts, J. M., Tepper, P. G., & Sutton-Tyrrell, K. (2013, March). *Nulliparity is associated with greater common carotid artery intima media thickness and adventitial diameter in overweight and obese young women.* Poster session presented at Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2013 Scientific Session, New Orleans, LA.
3. **Niemczyk, N. A.,** Barinas-Mitchell, E., Catov, J. M., McClure, C. K., Roberts, J. M., Sekikawa, A., & Tepper, P. G. (2014, March). *Maternal vascular changes during pregnancy may persist postpartum.* Poster session presented at Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2014 Scientific Session, San Francisco, CA.
4. Desai, M., **Niemczyk, N. A.,** Bertolet, M., Catov, J. M., Columbus, M., & Barinas-Mitchell, E. (2016, March). *Structural and functional arterial changes in healthy women during and following pregnancy.* Poster presentation at Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism 2016 Scientific Session, Phoenix, AZ.
5. **Niemczyk, N. A.,** Cutts, A., & Perlman, D. B. (2017, May). *Prior work and educational experience are not associated with successful completion of a midwifery education program.* Poster presentation at American College of Nurse-Midwives Annual Meeting, Chicago, IL.
6. **Niemczyk, N. A.** (2107, October). *Associations between prolonged second stage labor and maternal and newborn birth outcomes in freestanding birth centers.* Podium presentation at 11th Annual AABC Birth Institute, Anchorage, AK.
7. **Niemczyk, N. A.,** Ren, D., Park, S., & Stapleton, S. (2018, May). *How long is too long to push in a birth center?* Poster presentation at American College of Nurse-Midwives Annual Meeting, Savannah, GA.
8. Park, S., Stapleton, S., & **Niemczyk, N. A.** (2018, May). *How do midwives in freestanding birth centers determine the onset of the second stage of labor?* Poster presentation at American College of Nurse-Midwives Annual Meeting, Savannah, GA.
9. Jolles, D. R, **Niemczyk, N. A.,** Stapleton, S. & Wright, J. (2018, October). *ARRIVING at*

- best practice: induction of labor at term among low risk nulliparas.* Poster presentation at 12th Annual AABC Birth Institute, Fort Worth, TX.
10. Sanders, S., Terry, M., **Niemczyk, N. A.**, & Burke, J. (2018, October). *Perceived safety and support for low-risk pregnancies in the birth center context.* Poster presentation at 12th Annual AABC Birth Institute, Fort Worth, TX.
 11. **Niemczyk, N.A.** & Faulk, K.A. (2019, May). *Decision-making and management of second stage of labor in freestanding birth centers.* Podium presentation at American College of Nurse-Midwives Annual Meeting, Washington, DC.
 12. Jolles, D., Rouse, D., Howard, E., Stapleton, S., & **Niemczyk, N.A.** (2019, May). *Arriving at best practice: The quagmire of shared decision-making and elective induction of labor.* Podium presentation at American College of Nurse-Midwives Annual Meeting, Washington, DC.
 13. Holmquist, J., Ren, D., & **Niemczyk, N.A.** (2019, May). *A Program Evaluation of Behavioral Health Integration in a Freestanding Birth Center.* Poster presentation at American College of Nurse-Midwives Annual Meeting, Washington, DC.
 14. Sanders, S, & **Niemczyk, N.A.** (2019, September). *Group Concept Mapping with birth center clients confirms the importance of psychological safety throughout the perinatal period.* Poster presentation at 13th Annual AABC Birth Institute, Orlando, FL.
 15. **Niemczyk, N.A.** (2020, June). *Friedman and Zhang can both be right: A pilot study of group based trajectory analysis of the first stage of labor.* [Session canceled.] Podium presentation at American College of Nurse-Midwives Annual Meeting, Austin, TX.
 16. Gilbert, M., **Niemczyk, N.A.**, & Cassidy, B. (2020, June). *Evaluating vaccination rates and hesitancy after a pilot web-based prenatal immunization education program with vaccine hesitant parents at an urban midwifery practice.* Poster presentation at American College of Nurse-Midwives Annual Meeting, Austin, TX.
 17. **Niemczyk, N.A.** (2020, October). *When Should We Transfer for Arrest of Dilatation? Evaluation of Consensus Guidelines for Safe Prevention of the Primary Cesarean Delivery in Birth Centers.* Podium presentation at 14th Annual AABC Birth Institute, San Diego, CA.
 18. **Niemczyk, N.A.** (2021, May). *Six is the new four - but does it matter?* Podium presentation at American College of Nurse-Midwives Annual Meeting.
 19. **Niemczyk, N.A.** (2021, October). *Advanced Maternal Age.* Podium presentation at 15th Annual AABC Birth Institute, San Diego, CA.

Regional

Local

Other Presentations (e.g., workshops)

1. **Niemczyk, N. A.** (1997, October). *Intermittent auscultation of fetal heart tones in labor.*

- Presented at Women’s Health: Building on the Foundations of Family Practice. The 16th Annual Northeast Regional Conference of the Society of Teachers of Family Medicine, Pittsburgh, PA.
2. **Niemczyk, N. A.**, Evans-Palmisano, K., McKain, K. S., Chiappelli, L. (1997, October). *Effective Communication in the Maternity Cycle*. Presented at Women’s Health: Building on the Foundations of Family Practice. The 16th Annual Northeast Regional Conference of the Society of Teachers of Family Medicine, Pittsburgh, PA.
 3. **Niemczyk, N. A.**, & McKain, K. S. (2000, February). *Intermittent auscultation: Can we put away the monitors?* Presented at Family Centered Maternity Care: A Collaborative Approach, Pittsburgh, PA.
 4. **Niemczyk, N. A.** (2001, May) *Breastfeeding and osteoporosis*. Presented at La Leche League of Western Pennsylvania Regional Conference, Pittsburgh, PA.
 5. **Niemczyk, N. A.**, & McKain, K. S. (2003, September). *It ain’t over til it’s over – overcoming adversity*. Presented at National Association of Childbearing Centers 19th Annual Meeting, Orlando, FL.
 6. **Niemczyk, N. A.** (2013, April). *What do pregnancy complications tell us about future chronic disease risk?* Presented at Second Annual Spring Fling, UPMC, Pittsburgh, PA.
 7. **Niemczyk, N. A.** (2013, May). *What do pregnancy complications tell us about future chronic disease risk?* Presented at Midwife Center for Birth and Women’s Health Staff Meeting, Pittsburgh, PA.
 8. **Niemczyk, N. A.** (2013, April). *What do pregnancy complications tell us about future chronic disease risk?* Presented at American College of Nurse-Midwives 58th Annual Meeting & Exhibition, Nashville, TN.
 9. **Niemczyk, N. A.** (2107, October). *Associations between prolonged second stage labor and maternal and newborn birth outcomes in freestanding birth centers*. Presented at Midwife Center for Birth and Women’s Health Staff Meeting, Pittsburgh, PA.
 10. Griggs, J., **Niemczyk, N.A.**, & Tannenbaum, M. (2019, July). *Review of the New AABC Position Statement on VBAC*. AABC Webinar Wednesday.
 11. **Niemczyk, N.A.** (2020, January). *Friedman and Zhang can both be right: A pilot study of group based trajectory analysis of the first stage of labor*. Works in Progress Seminar, Magee Women’s Research Institute, Pittsburgh, PA.

Teaching

Primary Teacher

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
Fall 2013	MMW-730: Theoretical Foundations of Midwifery	16	MS	Didactic
Spring 2014	MMW-731: Evidence-based Care: Evaluating the Research	16	MS	Didactic
Summer 2014	MMW-731: Evidence-based Care:	3	MS	Didactic

	Evaluating the Research			
Summer 2014	MMW-723: Advanced Clinical Practice	1	MS	Didactic
Fall 2014	MMW-730: Theoretical Foundations of Midwifery	10	MS	Didactic
Fall 2014	CMW-646: Midwifery Nexus Project	2	MS	Didactic
Spring 2015	MMW-731: Evidence-based Care: Evaluating the Research	9	MS	Didactic
Spring 2015	MMW-730: Theoretical Foundations of Midwifery	8	MS	Didactic
Summer 2015	MMW-731: Evidence-based Care: Evaluating the Research	9	MS	Didactic
Summer 2015	CMW-646: Midwifery Nexus Project	4	MS	Didactic
Fall 2015	MMW-730: Theoretical Foundations of Midwifery	14	MS	Didactic
Fall 2015	CMW-646: Midwifery Nexus Project	3	MS	Didactic
Spring 2016	MMW-731: Evidence-based Care: Evaluating the Research	10	MS	Didactic
Spring 2016	MMW-730: Theoretical Foundations of Midwifery	8	MS	Didactic
Summer 2017	NUR 2031: Diagnostic Physical Exam across the Lifespan	16	DNP	Clinical
Fall 2017	NUR 2032: Differential Diagnosis Clinical		DNP	Clinical
Summer 2018	NURNM 3505: Management of the Fetus and Neonate in Dyad	2	DNP	Didactic
Fall 2018	NURNM 3511: Normal Childbearing Family	2	DNP	Didactic
Fall 2018	NUR 3036: DNP Capstone Project	2	DNP	Didactic
Spring 2019	NURNM 3502: High Risk Childbearing Family	2	DNP	Didactic
Spring 2019	NUR 3037: Capstone Clinical	2	DNP	Clinical
Summer 2019	NURNM 3505: Management of the Fetus and Neonate in Dyad	2	DNP	Didactic
Fall 2019	NURNM 3511: Normal Childbearing Family	2	DNP	Didactic
Spring 2020	NURNM 3502: High Risk Childbearing Family	2	DNP	Didactic
Spring 2020	NUR 1050: Nursing Care of Mothers, Newborns, & Families	64	BSN	Didactic
Summer 2020	NURNM 3505: Management of the Fetus and Neonate in Dyad	2	DNP	Didactic
Summer 2020	NURNM 3503: Integration Role Practicum	2	DNP	Clinical
Summer 2020	NURNM 3507: Neonatal Role Practicum	2	DNP	Clinical
Summer 2020	NUR 3060: Independent Study	1	DNP	Didactic

Fall 2020	NURNM 3511: Normal Childbearing Family	2	DNP	Didactic
Fall 2020	NUR 1057: Nursing Care of Mothers, Newborns, & Families Clinical	48	BSN	Clinical
Fall 2020	NUR 3060: Independent Study	2	BSN	Didactic
Fall 2020	NUR 3060: Independent Study	1	DNP	Didactic
Spring 2021	NUR 1057: Nursing Care of Mothers, Newborns, & Families Clinical	48	BSN	Clinical
Spring 2021	NURNM 3502: High Risk Childbearing Family	2	DNP	Didactic
Summer 2021	NURNM 3506: Management of Women's Complex Health Issues	1	DNP	Didactic
Summer 2021	NURNM 3513: Women's Health Role Practicum	1	DNP	Clinical
Summer 2021	NURNM 3510: Nurse-Midwife Role Practicum 2	1	DNP	Didactic
Fall 2021	NURNP 2523: Management of Women's Health	8	DNP	Didactic
Fall 2021	NURNM 3509: Nurse-Midwife Role Seminar 1	1	DNP	Didactic

Lecturer / Guest Lecturer

Term/Years	Course Number & Title	No. of Students	Level	Topic of Lecture
Fall 2016	NURNM 3509, Nurse-Midwifery Role Seminar 1	3	DNP	History of Midwifery
Fall 2016	NUR 2032, Differential Diagnosis Clinical	8	MSN/DNP	Pelvic Examination Lab
Fall 2016	NUR 1050, Nursing Care of Mothers, Newborns and Families	50	BSN	Overview of Nurse-Midwifery
Spring 2017	NUR 1050, Nursing Care of Mothers, Newborns and Families	50	BSN	Overview of Nurse-Midwifery
Fall 2017	NURNM 3509, Nurse-Midwifery Role Seminar 1	2	DNP	History of Midwifery
Spring 2018	NUR 1050, Nursing Care of Mothers, Newborns and Families	50	BSN	Overview of Nurse-Midwifery
Fall 2018	NUR 2032, Differential Diagnosis Clinical	20	DNP	Microscopy Lab
Fall 2018	NUR 2032, Differential Diagnosis Clinical	10	DNP	Pelvic Examination Lab
Fall 2018	NUR 0001, Freshman Seminar	20	BSN	Overview of Nurse-Midwifery
Spring 2019	NUR 1050, Nursing Care of Mothers, Newborns and Families	20	BSN	Overview of Nurse-Midwifery

Summer 2019	NURNM 3510, Role Seminar 2	2	DNP	Getting a Job
Summer 2019	NUR 1050, Nursing Care of Mothers, Newborns and Families	20	BSN	Overview of Nurse-Midwifery
Fall 2019	NUR 2032, Differential Diagnosis Clinical	4	DNP	Pelvic Examination Lab
Fall 2019	NUR 2032, Differential Diagnosis Clinical	20	DNP	Microscopy Lab
Fall 2019	NUR 0001, Freshman Seminar	20	BSN	Overview of Nurse-Midwifery
Fall 2019	NUR 0001, Freshman Seminar	40	BSN	Overview of Nurse-Midwifery
Summer 2020	NURNM 3510, Role Seminar 2	2	DNP	Getting a Job
Fall 2021	NUR 2032, Differential Diagnosis Clinical	5	DNP	Pelvic Examination Lab

Master's Theses

1. Sarah Sanders, *Perceived safety and support for low-risk pregnancies in the birth center context*. Committee member. 2018.
2. Deena Blumenfeld, MPH. Committee member. Expected 2022.

PhD Dissertations

1. Sarah Sanders

Other Mentoring Activities

1. **Nora Kupiec**: URMP student, 2016 – 2018
2. **Stephanie Park**: URMP student, 2017 – 2018
3. **Jessie Holmquist**: DNP student, chair DNP committee, 2017 - 2019
4. **Alyssa Oakes**: URMP student, 2018
5. **Noelle Jordan**: DNP student, chair DNP committee, 2018 – present
6. **Caroline Osborne**: URMP student, 2018 – 2021
7. **Morgan Gilbert**: DNP student, member DNP committee, 2018 – 2020
8. **Evgenia Komar**: DNP student, chair DNP committee, 2018 – present
9. **Kayla Siegel**: URMP student, 2021 - present

Service

University Committees

2016 – 2019 University of Pittsburgh
Provost's Advisory Committee on Women's Concerns Member

School Committees

Aug. – Oct. 2016 Search Committee: Assistant Director Marketing & Member

	Communications	
2019	MSN/DNP Comprehensive Exam Committee	Member
2016 – present	DNP Council	
2021 – present	Ad Hoc Committee on DNP Holistic Admissions	Member

Other Professional Activities

2018 – Present	PA Maternal Mortality Review Committee	Member
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