### CURRICULUM VITAE

February 2024

Name:	Lora E. Burke, Ph	D, MPH, FAHA, FAAN
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Business Addr	ess: Department of Health & Community Systems University of Pittsburgh School of Nursing 415 Victoria Building Pittsburgh, PA 15261	E-Mail Address:	lbu100@pitt.edu
Faculty Phone	: 412-624-2305	Business Fax:	412-383-7293
	Education and	<u>Fraining</u>	
Undergraduat		DOM	
1961-1966	Loyola University Chicago, IL	BSN Nursing	
		Tursing	
<b>Graduate</b> 1976-1978	University of California Los Angeles, CA	MN Cardiovascular Nurs Graduated "Thesis w	
1990-1997	University of Pittsburgh School of Nursing Pittsburgh, PA	PhD Nursing	
1992-1998	University of Pittsburgh ` Graduate School of Public Health Pittsburgh, PA	MPH Epidemiology	
<b>Post-Graduate</b> 1997-99	University of Pittsburgh School of Medicine, Department of Psychiatry Pittsburgh, PA	Postdoctoral Fellow, Cardiovascular Beha NIH T32 Fellowship	vioral Medicine,
2000, June	University of Pittsburgh Pittsburgh, PA	Fellow, Chancellor's (2 weeks)	Diversity Seminar

**Appointments and Positions** 

Academic Primary appointments	<u>Appointments and Positions</u>	
2008-2009	Department of Health & Community Systems, University of Pittsburgh School of Nursing Pittsburgh, PA	Interim Vice Chairperson
2006-present	Department of Health & Community Systems, University of Pittsburgh School of Nursing Pittsburgh, PA	Full Tenured Professor
1999-2006	Department of Health & Community Systems, University of Pittsburgh School of Nursing Pittsburgh, PA	Associate Professor Graduate Faculty – taught master's and doctoral level research courses
1993-1997	University of Pittsburgh School of Nursing Pittsburgh, PA	Graduate Student Researcher, Project Director NHLBI-funded trial
1990-1993	University of Pittsburgh School of Nursing Pittsburgh, PA	Graduate Student Researcher, Project and Data Manager NINR-funded trial
1976-1977	UCLA, Cardiology and School of Nursing Los Angeles, CA	Research Associate I AHA-funded trial (part-time)
Adjunct/Secondary Appoin	ntments	
2018-present	Dept of Biobehavioral Nursing and I University of Washington Seattle, WA	Informatics, Affiliate Professor
2009-present	Clinical & Translational Sciences Institute, University of Pittsburgh	Professor
2006-present	Department of Epidemiology University of Pittsburgh Graduate School of Public Health Pittsburgh, PA	Professor
2003-2006	Department of Epidemiology University of Pittsburgh Graduate School of Public Health Pittsburgh, PA	Associate Professor
1982-1990	University of California, LA School of Nursing	Assistant Clinical Professor (graduate student preceptor,

	Los Angeles, CA	lecturer)
1986-1988	University of Southern California, Dept of Nursing, Los Angeles, CA	Clinical Assistant Professor of Nursing
1983-1991	California Medical Center Los Angeles, CA	Staff Privileges
1984-1986	Southern California Center for Medical Fitness (Phase IV Cardiac Rehabilitation Program) Los Angeles, CA	Program Director (part-time)
1976-1980	YMCardiac Therapy Program Westside YMCA (Phase IV Cardiac Rehabilitation) Los Angeles, CA	Supervisor I (part-time)
<b>Non-Academic</b> 1982-1990	Collaborative Practice in Cardiology, Los Angeles Associate: M. J. Wong, MD	Cardiovascular Clinical Specialist
1978-1982	St. Vincent Medical Center Los Angeles, CA	Department Manager, Program Director Cardiac Rehabilitation
1975-1978	UCLA Medical Center Los Angeles, CA	Clinical Nurse III CCU Charge Nurse
1974-1975	Emory University Hospital Atlanta, GA	Staff Nurse, Coronary Care Unit
1970-1974	University Hospital University of Washington Seattle, WA	Cardiovascular Staff Nurse Specialist
1969-1970	Kittitas Valley Community Hospital Ellensburg, WA	Staff Nurse, ICU, CCU, ER Med-Surg Pediatric Unit
1966-1968	Bureau of Health and Medical Services, Board of Education Chicago, IL	Teacher-Nurse

# **Licensure and Certification**

# Membership in Professional and Scientific Societies

1970-present	American Heart Association (AHA)
1976-present	Scientific Council on Cardiovascular Nursing, AHA
1980	Assembly Delegate, Council on Cardiovascular Nursing, Miami
1981	Alternate Delegate, Council on Cardiovascular Nursing, Assembly, Dallas, TX
1981-1983	Member-At-Large, Executive Committee, Council on Cardiovascular Nursing
1983-1986	Member, Program Committee Council on Cardiovascular Nursing
1986-1988	Chair, Program Committee, Council on Cardiovascular Nursing
1986-1988	Member, Executive Committee, Council on Cardiovascular Nursing
1986-1988	Member, Committee on Scientific Sessions Program
1985-1988	Member, Subcommittee on Exhibits, Scientific Sessions Program
1987-1988	Membership Committee, Council on Cardiovascular Nursing
1987-1990	Affiliate Representative, Council on Cardiovascular Nursing
1989	Member, Task Force, National Cholesterol Education Program for Nurses, AHA & NHLBI
1989	Chair, Committee to Write Handbook, Cholesterol Education
	Program for Nurses, AHA and NHLBI
1989-1990	Member, Primary Faculty, Nurses Cholesterol Education Program
1992-1996	Member, Working Group & Advisory Panel, Cardiovascular
	Disease Risk Factor Education Program for Health Care
	Professionals
1994-1995	Member, Hyperlipidemia Counseling Task Force
1996-1997	Member, Planning Committee, Scientific Conference on Obesity and Cardiovascular Disease, Scientific Councils, AHA
1997-1999	Co-Chair, Planning Committee, AHA Sponsored Scientific
	Conference on Compliance in Healthcare and Research, Boston
1998-2001, 01-	03 AHA Representative to the Board of Directors, National Council
	on Patient Information and Education (two terms)
1998-2003	Member, Pharmaceutical Roundtable of AHA
1998-2002, 02-	04 Member, Prevention Subcommittee, Council on Cardiovascular
2006-2008	Nursing (3 terms)
1998	Member, Compliance Tools Task Force
2000-2002, 02-	04 Member, Nominating & Awards Committee, Council on
	Cardiovascular Nursing (2 terms)
2001-2002	Member, Health Education System, Steering Committee Task Force
2001-2002	Chair, Committee to Plan Second Scientific Conference on Compliance in Healthcare & Research; Conference May 17-19, 2004, Washington, DC.

2003-2004	Member, Concurrent Session Planning Committee, 5th Annual Scientific Conference on Outcomes Research, May 15-17, 2004, Washington, DC
1990-present Member, Scie 2000-present	entific Council on Epidemiology & Prevention, AHA Member, Scientific Council on Nutrition, Physical Activity, and Metabolism, AHA; renamed Council on Lifestyle and Cardiometabolic Health in 2013
2003-2005	Member, Obesity Committee, Scientific Council on Nutrition, Physical Activity, and Metabolism (NPAM)
2004-2005 2003	Chair-elect, Obesity Committee, NPAM Council Represented AHA at the USDHHS, Food and Drug Administration, FDA Public Meeting on Obesity, NIH, Bethesda, MD, October 23, 2003.
2004-2005	Member, Program Planning Committee, Scientific Conference on Food Intake, Obesity, and Heart Disease
2003	Member, Expert Panel on Strategic Plan for Obesity
2005-2007	Chair, Obesity Committee, NPAM
2005-present	Member, Leadership Committee, NPAM Council
2005-2007	Liaison to the Council on Cardiovascular Nursing, from the
	Obesity Committee, NPAM Council
2005-2007	Liaison, Evidence-based Behavioral Medicine Council of Society of Behavioral Medicine to the Council on Cardiovascular Nursing, AHA
2007-2011	Co-Chair, Steering Committee for Manuscript Writing Group for AHA Scientific Statement, <i>Interventions to Promote Physical</i> <i>Activity and Dietary Lifestyle Changes for Cardiovascular Risk</i> <i>Reduction in Adults.</i>
2007-2009	Immediate Past Chair, Obesity Committee, NPAM Council
2008-2010	Vice-Chair and Chair-Elect, NPAM Council
2008-2009	Member, Spring Conference Program Committee, NPAM Council, Chair, Behavioral Program Sub-Committee
2008-2010	Member, Leadership Committee, Council of Epidemiology and Prevention (Liaison from NPAM)
2008-2010, 2010-2012 2009-2010	Member, Manuscript Oversight Committee, AHA Member, Manuscript Writing Group for AHA Statements: Parents as Agents of Change (childhood obesity); New and Emerging Strategies for the Management of Adult Obesity in Ambulatory Settings: Value of Primordial and Primary Prevention
2010-2012, 2013	Member, Council Operations Committee, AHA
2010-2012	Member, Scientific Advisory and Coordinating Committee
2010-2012	Chair, NPAM Council, renamed Council on Lifestyle & Cardiometabolic Health in 2013
2010-2014	Mentor/Sponsor, Early Career Committee –established committee
2011-2012	Chair, Young Investigator Award Review Committee
2012-2014	Immediate Past Chair, NPAM Council
2012-2014	Chair, NPAM Council Nominating Committee
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2012-2014	Vice-Chair, Committee on the Science of Behavior Change, NPAM and EPI/Prevention Councils, Chair 2014-2016 (established committee while Council Vice-Chair)
2010-1013	Chair, Task Force to Change NPAM Council Name – mission accomplished after 2-yr extensive vetting process, approved by the Scientific Advisory and Coordinating Committee of AHA. New council name launched Oct 1, 2013; <i>Council on Lifestyle and</i> <i>Cardiometabolic Health.</i>
2011-present	<ul> <li>Member, Manuscript Writing Groups for AHA Scientific Statements:</li> <li>Prevention of Cardiovascular Disease in People with Type 2 Diabetes in Light of New Evidence, in progress</li> <li>Behavioral Change for CVD Risk Reduction: A Call to Action, published September 2013, Circulation</li> <li>Better Population Health Through Behavior Change, in progress, published 2013, Circulation</li> <li>Preventing and Experiencing Heart Disease as a Woman: State of the Science, published in 2016, Circulation</li> <li>Obesity and Cardiovascular Disease, 2019-2020</li> </ul>
2013-2014	Chair of Writing Group, Scientific Statement on <i>Consumer Use of Technology for CVD Prevention</i> , EPI/Prevention Council, AHA, published 2015 in <i>Circulation</i>
2014-2016 2014-2016 2014-2016	Chair, Council Operations Committee, AHA Member, Science Advisory and Coordinating Committee Member, National Advocacy Committee
2014	Member, Program Planning Committee, Global Congress on Big Data, AHA Scientific Sessions, November 2014, Chicago
2014-2016	Chair, Science of Behavior Change Committee for Councils on Lifestyle & Cardiometabolic Health and EPI/Prevention
2016-2018,2018-2020	Immediate Past Chair, Council Operations Committee, AHA, re- appointed to 2 <sup>nd</sup> term, 2018-2020
2016-2018	Immediate Past Chair, Science of Behavior Change Committee for Councils on Lifestyle & Cardiometabolic Health and EPI/Prevention, AHA
2016-2018, 2018-2020 2018-2020 2019-2020	Senior Advisor to National Early Career Committee, AHA Senior Advisor, Lifestyle Council Early Career Committee, AHA Invited member, Writing Group to revise Scientific Statement on "Obesity and Cardiovascular Disease"

# AHA national level appointments, 2017-present

2017-2018, 2018-2022	Member, Center for Health Technology & Innovation, AHA
2016-2018, 2018-23	Member, Health Tech Advisory Group (HTAG)
2017-	Member, Program Committee, AHA Health Tech & Information
	for Annual Meeting, October 2017, Boston, MA Forum

2018-2020	Member, CarePlan/AHA Inside Initiative Committee (monthly meetings)
1978-present	Gamma Tau Chapter, Sigma Theta Tau Eta Chapter, Sigma Theta Tau (National Honor Society of Nursing)
1991-present	Eta Chapter, Sigma Theta Tau (National Honor Society of Nursing)
1990-present	Society of Behavioral Medicine (SBM)
1993-1997	Member, Student Membership Committee
2001-2002	Member, Program Planning Committee
2001-2003	Chair, Adherence in Chronic Disorders Track
2005	Chair-Elect, Membership Council
2004	Member, Board of Directors (appointed July 2005)
2001, 2004	Chair, Adherence Track for Abstract Reviews, Annual Meeting
2005-2007	Chair, Prevention Track for Abstract Reviews, Annual Meeting
2006-2009	Chair, Membership Council
2009-2012 2014-2015	Immediate Past Chair, Membership Council ExOfficio member, Program Committee to facilitate joint
2014-2013	programs for SBM and AHA at the 2015 meetings
	programs for 5DW and ATTA at the 2015 meetings
1998-present	North American Society for the Study of Obesity, The Obesity Society
1999-2005 1975-1995	Preventive Cardiovascular Nurses Association (PCNA)
2012-present	Invited member, Steering Committee for the Development of
I	Healthy Lifestyle Toolkit
2003-present	American Nurses Association (ANA)
1978-1980	National Liaison Representative, American Nurses Association to the
	Council on Cardiovascular Nursing of the American Heart Association
1979-1980	Member, Program Committee, 1980 National Convention
2006-present	American Academy of Nursing
2007-2008	National Committee for Quality Assurance, Member of Cardiovascular and Obesity Risk Workgroups
	<u>Honors</u>

1965	USPHS Nurses Traineeship	
1966	Dean's Key for Outstanding Achievements in Leadership, Loyola Univ., Chicago	
1976	Professional Nurse Traineeship	
1977	Who's Who Among Students in American Universities and Colleges Program	
1977	Reynolds Estate Scholarship	
1978	Sigma Theta Tau, National Nursing Honor Society	
1978	Award for Academic Distinction, UCLA, Los Angeles Alumni Association	
1978	Outstanding Student Award, Graduate Students in Nursing, UCLA	
1978	Graduate Student Speaker, UCLA, Nursing, Pre-Commencement Ceremony	
1979	Honorable Mention for Master's Thesis Research National Competition for	
Outstanding Research in Services to the Handicapped, UCLA, Los Angeles, CA		

Association           1999         Second Place, Research Presentation, Eastern Nursing Research Society           2004         Leadership in Research Award, Sigma Theta Tau, Eta Chapter           2006         Nominated for Dean's Distinguished Teaching Award           2006         Fellow, American Academy of Nursing (FAAN)           2008         Recognized for Outstanding Achievements by Women Faculty in Medicine and Science, University of Pittsburgh Health Science Schools           2009         Fellow, Society of Behavior Medicine           2009         Recipient, Distinguished Service Award, Society of Behavior Medicine           2009         Recognized by UCLA SON as one of 60 Notable Graduates in 60 <sup>th</sup> Anniversary Program           2010         Appointed Member, Clinical and Integrative Diabetes and Obesity Study Section for Scientific Review, NIH           2010         Recipient, K. Lembright Award for recognition of contribution through eardiovascular research, American Heart Association, Scientific Council on Cardiovascular Nursing           2012         Recipient, Distinguished Alumni Award, University of Pittsburgh School of Nursing           2013-14         Nominated by SON for University of Pittsburgh Chancellor's Research Award           2016         Recipient, Pioneer Award for Excellence in eHealth/mHealth Research, The Obesity Society mHealth Interest Group           2016         Recipient, Distinguished Achievement Award, AHA Scientific Council on Lifestyle and Cardiometabolic Heath, Americ	1984 1986 1989 1990, 1991 1990 1995 1998	Excellence in Clinical Practice, Gamma Tau Chapter, Sigma Theta Tau Honorary Nursing Practice Award, American Nurses Association Award of Meritorious Achievement, American Heart Association California Nurses Association, Region 6, Gannon Nursing Education Scholarship Fellow, Council on Cardiovascular Nursing, American Heart Association (FAHA) Eta Chapter, Sigma Theta Tau, Ruth Perkins Kuehn Award New Investigator Award, Council on Cardiovascular Nursing, American Heart
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<ul> <li>for Scientific Review, NIH</li> <li>2010 Recipient, K. Lembright Award for recognition of contribution through cardiovascular research, American Heart Association, Scientific Council on Cardiovascular Nursing</li> <li>2012 Recipient, Distinguished Alumni Award, University of Pittsburgh School of Nursing</li> <li>2013-14 Nominated by SON for University of Pittsburgh Chancellor's Research Award</li> <li>2015 Recipient, Pennsylvania Nightingale Research Award</li> <li>2016 Recipient, Pioneer Award for Excellence in eHealth/mHealth Research, The Obesity Society mHealth Interest Group</li> <li>2016 Recipient, Distinguished Achievement Award, AHA Scientific Council on Lifestyle and Cardiometabolic Heath, American Heart Association</li> <li>2019 Nominated for Healthcare Professional of the Year, America Heart Association National Award, re-nominated for 2020</li> <li>2022 Recognized as Highly Cited Researcher, Expertscape PubMed-based algorithm, placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>2022 Recipient, University of Pittsburgh School of Nursing Distinguished Alumni Achievement Award for Research</li> <li>2022 Nominated for the Welch/Woerner Path Paver Award, Friends of the National Institute of Nursing Research (FNINR), 2022</li> <li>2023 Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>	2010	Appointed by Vice-Chancellor, Health Sciences Ambassadors Program
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<ul> <li>Cardiovascular Nursing</li> <li>2012 Recipient, Distinguished Alumni Award, University of Pittsburgh School of Nursing</li> <li>2013-14 Nominated by SON for University of Pittsburgh Chancellor's Research Award</li> <li>2015 Recipient, Pennsylvania Nightingale Research Award</li> <li>2016 Recipient, Pioneer Award for Excellence in eHealth/mHealth Research, The Obesity Society mHealth Interest Group</li> <li>2016 Recipient, Distinguished Achievement Award, AHA Scientific Council on Lifestyle and Cardiometabolic Heath, American Heart Association</li> <li>2019 Nominated for Healthcare Professional of the Year, America Heart Association National Award, re-nominated for 2020</li> <li>2022 Recognized as Highly Cited Researcher, Expertscape PubMed-based algorithm, placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>2022 Recipient, University of Pittsburgh School of Nursing Distinguished Alumni Achievement Award for Research</li> <li>2022 Nominated for the Welch/Woerner Path Paver Award, Friends of the National Institute of Nursing Research (FNINR), 2022</li> <li>2023 Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>	2010	Recipient, K. Lembright Award for recognition of contribution through
<ul> <li>2012 Recipient, Distinguished Alumni Award, University of Pittsburgh School of Nursing</li> <li>2013-14 Nominated by SON for University of Pittsburgh Chancellor's Research Award</li> <li>2015 Recipient, Pennsylvania Nightingale Research Award</li> <li>2016 Recipient, Pioneer Award for Excellence in eHealth/mHealth Research, The Obesity Society mHealth Interest Group</li> <li>2016 Recipient, Distinguished Achievement Award, AHA Scientific Council on Lifestyle and Cardiometabolic Heath, American Heart Association</li> <li>2019 Nominated for Healthcare Professional of the Year, America Heart Association National Award, re-nominated for 2020</li> <li>2022 Recognized as Highly Cited Researcher, Expertscape PubMed-based algorithm, placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>2022 Recipient, University of Pittsburgh School of Nursing Distinguished Alumni Achievement Award for Research</li> <li>2022 Nominated for the Welch/Woerner Path Paver Award, Friends of the National Institute of Nursing Research (FNINR), 2022</li> <li>2023 Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>		
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<ul> <li>Lifestyle and Cardiometabolic Heath, American Heart Association</li> <li>Nominated for Healthcare Professional of the Year, America Heart Association National Award, re-nominated for 2020</li> <li>Recognized as Highly Cited Researcher, Expertscape PubMed-based algorithm, placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>Recipient, University of Pittsburgh School of Nursing Distinguished Alumni Achievement Award for Research</li> <li>Nominated for the Welch/Woerner Path Paver Award, Friends of the National Institute of Nursing Research (FNINR), 2022</li> <li>Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>	2016	
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<ul> <li>placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>Recipient, University of Pittsburgh School of Nursing Distinguished Alumni</li> <li>Achievement Award for Research</li> <li>Nominated for the Welch/Woerner Path Paver Award, Friends of the National</li> <li>Institute of Nursing Research (FNINR), 2022</li> <li>Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>		National Award, re-nominated for 2020
<ul> <li>placed in the top 1% of scholars writing about Obesity over the past 10 years.</li> <li>Recipient, University of Pittsburgh School of Nursing Distinguished Alumni</li> <li>Achievement Award for Research</li> <li>Nominated for the Welch/Woerner Path Paver Award, Friends of the National</li> <li>Institute of Nursing Research (FNINR), 2022</li> <li>Inducted into the Sigma Theta Tau International Honor Society, International</li> </ul>	2022	Recognized as Highly Cited Researcher, Expertscape PubMed-based algorithm,
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<ul><li>Institute of Nursing Research (FNINR), 2022</li><li>Inducted into the Sigma Theta Tau International Honor Society, International</li></ul>	2022	Nominated for the Welch/Woerner Path Paver Award, Friends of the National
2023 Inducted into the Sigma Theta Tau International Honor Society, International		
Nurse Researchers' Hall of Fame	2023	Inducted into the Sigma Theta Tau International Honor Society, International
		Nurse Researchers' Hall of Fame

### **Publications**

# Refereed Articles (\*=data based, §=senior author), h-index 62 (2024)

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*Medicine*, 51(Suppl 1). (March, 2017). Poster presentation at the 38<sup>th</sup> Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Diego, California.

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- 161. Zheng, Y., Winger, K., Gregas, M.C., Greenberg, J., Li, Z., Burke, L.E., Qi, C., Slyne, C., Greaves, T., & Munshi, M. (June 2018) Acceptability of a Self-Regulation Theory-Based mHealth Behavior Intervention for Older Adults with Type 2 Diabetes and Obesity. *Diabetes*, 67(Suppl 1). Poster presented at the 78th Annual Meeting & Scientific Sessions of the American Diabetes Association, Orlando, Florida.
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- 164. Kariuki, J., Rockette-Wagner, B, Cheng, J, Burke, LE Erickson, K, Mendez, D, Sereika, S M, & Barone Gibbs, B. (March 2020). Abstract MP18: Vicarious Experience Trumps Neighborhood Characteristics in Predicting Leisure-time Physical Activity in the Multi-ethnic Study of Atherosclerosis Dataset. Poster presented at the AHA EPI/LIFESTYLE 2019 Scientific Sessions, Phoeniz, AZ. Circulation, 141(Suppl\_1).
- 165. Kline, CE, Bizhanova, ZH, Sereika, SM, Buysse, DJ, Imes, CS, Kariuki, JK, Mendez, DD, Chasens, ER, **Burke, LE**. (April 2020) Better Sleep Health is Associated with Greater

Weight Loss during a 12-month Behavioral Weight Loss Intervention. Poster presented at the AHA EPI/LIFESTYLE 2019 Scientific Sessions, Phoeniz, AZ *Circulation*, *141*(Suppl\_1) AMP21-AMP21. doi:doi:10.1161/circ.141.suppl\_1.MP21.

- 166. Kariuki, JK, Sereika, S. M., Kirk I. Erickson, Gibbs BB, **Burke LE**. (April 2020): The Active You: Technology Pilot Study Design. Presented at the NHLBI Programs to Increase Diversity among Individuals Engaged in Health-Related Research (PRIDE-CVD) webinar.
- 167. Chasens, E. R., Sereika, S. M., Kortykowski, M., Stansbury, R., Burke, L.E., Strollo, P. J., Bizhanova, Z., Atwood, C. W. (2020) Diabetes Sleep Treatment Trial: The effect Of treatment of OSA with CPAP on glycemic control in type 2 diabetes, *Sleep*, 43, Supplement\_1, A261–A262,https://doi.org/10.1093/sleep/zsaa056.682. <u>Virtual Sleep 2020</u> <u>Conference.</u>
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- 175. Burke, L. E., Bizhanova, Z., Conroy, M. B., Parmanto, B., Kariuki, J. K., Cheng, J.,... Sereika, S. M. (2022). Paper presented at AHA Spring Meeting and as a poster at the Nov Scientific Sessions: Effect of Personalized Feedback Messages on Adherence to the Dietary, Physical Activity And Weight Loss Goals- The Smarter RCT. Circulation, 145(Suppl\_1), A041-A041. doi:doi:10.1161/circ.145.suppl\_1.041
- 176. Cheng, J, Costacou, T., Sereika, SM, Rockette-Wagner, B., Kriska, A., Klem, M.L, Burke, L.E. Effect Of a Mobile Health Weight Loss Intervention On Healthy Eating Index Diet Quality: The Smarter Randomized Controlled Trial, poster presented at the AHA Epidemiology Prevention/Lifestyle Councils, March 2022, Chicago, IL Originally published7 Apr 2022, <u>https://doi.org/10.1161/circ.145.suppl\_1.P211</u>Circulation. 2022;145:AP21
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- 178. Burke. L.E., Bizhanova, Z. Conroy, M.B. Cheng, J., Beatrice, B. Sereika, S.M. (2022) Effect of Daily, Personalized Feedback to Messages on Adherence to Diet, Physical Activity and Weight Self-Monitoring in a mHealth Weight Loss Intervention: The SMARTER Randomized Clinical Trial. Poster presented at the Annual Meeting of Society of Behavioral Medicine, April 2022, Baltimore, MD, published in Ann of Behav Med Supplement.
- 179. Burke L.E, Convoy M. B., Bizhanova Z., Kariuki J. K., Cheng J., Beatrice B., Sereika S.M. (2022) The SMARTER Trial: Is Engagement with mHealth Better with Daily Feedback to Self-Monitoring Compared to No Feedback Poster presented at the AHA Scientific Sessions, Nov 2022. Originally published30 Oct 2022 Circulation. 2022;146:A12260
- 180. Bizhanova Z., Sereika S.M, Brooks M.M., Rockette-Wagner B., Kariuki J.K., Burke L.E. (2022) Associations between Adherence to the Physical Activity Goal and Changes in Percent Body Fat and Sex-Specific Waist Circumference over 12 Months in a mHealth Weight Loss Trial, poster presented at the AHA Scientistic Sessions, Nov 2022, Chicago, IL. Originally published30 Oct 2022 Circulation. 2022;146:A12260
- 181. Cheng, J, Sereika, SM, Costacou, T., Conroy, MB, Parmanto, B., Rockette-Wagner, B., Kriska, A., Conroy, M.B., Parmanto, B., Burke, L.E. Abstract 10130: Relationship Between Perceived and Measured Diet Quality Improvements in a Randomized Weight Loss Trial, poster presented at AHA Scientific Sessions, Chicago, IL. Originally published 30 Oct 2022 Circulation. 2022;146:A10130

## **Group Authored Papers**

- 1. Specialization in Nursing Practice Statement. (1984). Task Force on Specialization in Nursing Practice, California Nurses Association.
- 2. Nurses' Cholesterol Education Handbook. (1990). American Heart Association and National Heart, Lung & Blood Institute. (Chaired committee to write handbook.)
- 3. Allen, J.K., **Burke, L.E.**, McBride, P., et al. (1996). Cardiovascular Risk Factor Education Program for Health Care Professionals [lecture slide/text]. Volunteer Advisory and Working Group, American Heart Association, and National Heart, Lung, & Blood Institute.
- Report of the 33rd Bethesda Consensus Conference. (2002, August). Preventive Cardiology: How Can We Do Better? American College of Cardiology, Bethesda, MD. Member of Panel on Compliance Issues and Behavior Changes: Achieving a Long-term Solution, 2001. (Reviewer and contributor to published manuscript). *Journal of the American College of Cardiology*, 40(4), 579-651.

# **Other Publications**

- 1. Burke, L.E. (1984). Nursing's role in health promotion and CHD prevention. *California Nurse*, 79.
- 2. **Burke, L.E.** (1978). Master's Thesis: Anticipatory Grief in Spouses of the Critically Ill. University of California at Los Angeles (UCLA), Los Angeles, CA
- 3. **Burke, L.E.** (1997). Doctoral Dissertation: Randomized Clinical Trial of a Telephone Delivered Intervention to Improve Compliance to a Cholesterol-Lowering Diet, University of Pittsburgh, Pittsburgh, PA
- 4. **Burke, L.E.** (1998). MPH Thesis in Epidemiology: Factors Associated with Adherence to a Cholesterol- Lowering Diet
- 5. Burke, L.E. (1999). A report from the AHA Conference on Compliance in Healthcare and Research Conference. *The Lipid Nurse Task Force Bulletin*, 5(3), 6-7.
- 6. **Burke, L.E.** (2001). Report on the XXIII Congress of the European Society of Cardiology, Stockholm, Sweden. *Progress in Cardiovascular Nursing*, 16(4), 170-171.
- Dunbar-Jacob, J., & Burke, L.E. (2002). A practical guide to improving adherence to lipidlowering therapy. webn.net, Medical Education Broadcast Network, A Division of CEU-Online, Inc.
- 8. **Burke, L.E.**, & Turk, M.T. (2017). Addressing a major health problem from an array of perspectives. Western Journal of Nursing Research. Editorial, 1-5.

# **Book Chapters and Books**

- Scalzi, C.C., & Burke, L.E. (1982). Myocardial infarction: Behavioral responses of patient and spouse. In S. Underhill, S.L. Woods, E.S. Sivarajan, & C.L. Halpenny (Eds.), *Cardiac nursing* (pp.571-581). Philadelphia: Lippincott.
- Scalzi, C.C., & Burke, L.E. (1982). Education of the patient and family. In S.Underhill, S.L. Woods, E.S. Sivarajan, & C.L. Halpenny (Eds.), *Cardiac nursing* (pp.582-590). Philadelphia: Lippincott.
- Burke, L.E. (1982). Learning and retention in the acute care setting. In C.L. Pollack-Latham & M. Canobbio (Eds.), *Current concepts in cardiac care* (pp. 215-221). Rockville, MD: Aspen.
- 4. Burke, L.E. (1982). Nitrates. In S. Underhill, S.L. Woods, E.S. Sivarajan, & C.L. Halpenny (Eds.), *Cardiac nursing* (pp. 478-483). Philadelphia: Lippincott.
- Burke, L.E. (1982). Common noncardiac drugs used in the cardiac care unit. In S. Underhill, S.L. Woods, E.S. Sivarajan, & C.L. Halpenny (Eds.), *Cardiac nursing* (pp. 431-441). Philadelphia: Lippincott.
- 6. **Burke**, L.E. (1983). Education and rehabilitation of the client with CHF. In C. Michaelson (Ed.), *Care of the client with CHF* (pp. 360-377). St. Louis, MO: Mosby.
- 7. Burke, L.E., & Frein, J. (1983). Oxygen therapy in CHF. In C. Michaelson (Ed.), *Care of the client with CHF* (pp. 299-325). St. Louis, MO: Mosby.
- Burke, L.E. (1984). The clinical nurse specialist in private collaborative practice. In P. Sparacino & D. Cooper (Eds.), *Clinical nurse specialist: Impact and evaluation* (pp. 261-276). Englewood Cliffs, NJ: Prentice Hall.
- 9. Kadato, L.T., & **Burke, L.E**. (1989). The nitrates. In S. Underhill, S.L. Woods, E.S.S. Froelicher, C.J. Halpenny (Eds.), *Cardiac nursing* (2nd ed., pp.624). Philadelphia: Lippincott.
- Burke, L.E., & Scalzi, C.C. (1989). Behavioral response of the patient and family: Myocardial infarction and coronary artery bypass surgery. In S. Underhill, S.L. Woods, E.S.S. Froelicher, C.J. Halpenny (Eds.), *Cardiac nursing* (2nd ed., pp. 692-703). Philadelphia, PA: Lippincott.
- Scalzi, C.C., & Burke, L.E. (1989). Sexual counseling. In S. Underhill, S.L. Woods, E.S.S. Froelicher, C.J. Halpenny (Eds.), *Cardiac nursing* (2nd ed., pp. 757-763). Philadelphia: Lippincott.
- 12. Burke, L.E. (1990). *Cardiopulmonary policy & procedure guideline manual*. Torrance, CA: Academy Medical Systems. (430 pages).
- 13. Burke, L.E. (1990). Cardiovascular disturbances and sexuality. In C.I. Fogel & D. Lauver (Eds.), *Sexual health promotion* (pp. 360-371). Philadelphia: Saunders.
- 14. Burke, L.E. (1990). Routine drugs in the management of the patient with myocardial infarction. In S. Underhill, S.L. Woods, E.S.S. Froelicher, & C.J, Halpenny (Eds.), *Cardiovascular medications for cardiac nursing* (pp. 1-27). Philadelphia: Lippincott.

- 15. Burke, L.E., & Ockene, I. (Eds.). (2001). *Compliance in healthcare and research*. Armonk, NY: Futura. (354 pages).
- Oka, R.K., Burke, L.E., & Sivarajan Froelicher, E.S. (1995). Emotional responses and inpatient education. In S. Woods, E.S.S. Froelicher, C.J. Halpenny, & S. Underhill Motzer (Eds.), *Cardiac nursing* (3rd ed., pp. 672-679). Philadelphia: Lippincott.
- Oka, R.K., Sivarajan Froelicher, E.S., & Burke, L.E. (1995). Health promotion and behavior interventions. In S. Woods, E.S.S. Froelicher, C.J. Halpenny, & S. Underhill Motzer (Eds.), *Cardiac nursing* (3rd ed., pp. 690-707). Philadelphia: Lippincott.
- Fair, J., & Burke, L.E. (1995). Cholesterol education. In E.S. Froelicher, S. Woods, J. Halpenny, & S. Underhill Motzer (Eds.), *Cardiac nursing* (3rd ed., pp. 735-747). Philadelphia: Lippincott.
- Dunbar-Jacob, J., Burke, L.E., & Puczynski, S. (1995). Clinical assessment and management of adherence to medical regimens. In P.M. Nicassio & T.W. Smith (Eds.), *Psychological management of chronic illness* (pp. 313-349). Washington, DC: American Psychological Association.
- Dunbar-Jacob, J., Schlenk, E.A., Burke, L.E., & Matthews, J.T. (1998). Predictors of patient adherence: Patient characteristics. In S.A. Shumaker, E. Schron, J. Ockene, & W.L. McBee (Eds.), *Handbook of health behavior change* (2nd ed., pp. 491-514). New York: Springer.
- Dunbar-Jacob, J., Sereika, S., Rohay, J., & Burke, L.E. (1998). Methods in ambulatory monitoring: Assessing adherence to medical regimens. In D.S. Krantz (Ed.), *Perspectives in behavioral medicine: Technological and methodological innovations* (pp. 95-113). Mahwah, NJ: Erlbaum.
- 22. Burke, L.E. (1999). Adherence to a heart healthy lifestyle: What makes the difference? In N. Wenger, K. Smith, E.S. Froelicher, & P. Cosmoss (Eds.), *Cardiac rehabilitation: A guide for the 21<sup>st</sup> century* (pp. 385-393). New York: Marcel Dekker.
- Burke, L.E. (1999). Strategies to enhance compliance to weight loss treatment. In G. Fletcher, S. Grundy, & L. Hayman (Eds.), *Obesity: its impact on cardiovascular disease* (pp. 327-343). Armonk, NY: Futura.
- Burke, L.E. (1999). Adherence to cardiovascular treatment regimens. In S. Woods, E.S.S. Froelicher, & S. Underhill Motzer (Eds.), *Cardiac nursing* (4th ed., pp. 880-891). Philadelphia: Lippincott.
- 25. Burke, L.E. (1999). Obesity: Overview of assessment and treatment. In S. Woods, E.S.S. Froelicher, & S. Underhill Motzer (Eds.), *Cardiac nursing* (4th ed., pp. 860-868). Philadelphia: Lippincott.
- 26. Burke, L.E. (2001). Electronic measurement. In L.E. Burke & I. Ockene (Eds.), *Compliance in healthcare and research* (pp 117-138). Armonk, NY: Futura.

- Schlenk, E., Burke, L.E., & Rand, C. (2001). Behavioral strategies to improve medicationtaking compliance. In L.E. Burke & I. Ockene (Eds.), *Compliance in healthcare and research* (pp. 57-70). Armonk, NY: Futura.
- 28. **Burke**, L.E. (2003). Primary prevention of cardiovascular disease. In J. Trofton (Ed.), *Best practices of behavioral medicine in the management of chronic disease* (pp. 1-14). Palo Alto, CA: Institute for Disease Management.
- 29. Burke, L. E., & Cartwright, M. A. (2004). Obesity. In S. Woods, E.S.S. Froelicher, & S. Underhill Motzer (Eds.), <u>Cardiac nursing</u> (5th ed., pp. 961-973). Philadelphia: Lippincott.
- Burke, L.E., Tschirpke, D., & Polakoski, T. (2004). Adherence to cardiovascular treatment regimens. In S. Woods, E.S.S. Froelicher, & S. Underhill Motzer (Eds.), <u>Cardiac nursing</u> (5th ed., pp. 937-947). Philadelphia: Lippincott.
- §Warziski, M., Yang, K.Choo, J., Novak, J., & Burke, L.E. (2007). Obesity. In D. Moser & B. Riegel (Eds.), *Cardiac nursing: A companion to Braunwald's heart disease*, St. Louis: Saunders, an imprint of Elsevier, Inc.; pp 446-462.
- 32. Burke, L. E., Tuite, P Warziski Turk, M. (August 2009). Obesity. In S. Woods, E.S.S. Froelicher, S. Underhill Motzer and E.J. Bridges (Eds.), *Cardiac nursing* (6th Ed.) Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, 861-875.
- 33. Burke, L.E., Yang, K. and Acharya, S. (2009). Adherence to cardiovascular treatment regimens. In S. Woods, E.S.S. Froelicher, S. Underhill Motzer, and E.J. Bridges (Eds.), *Cardiac nursing* (6th ed.). Philadelphia: Wolters Kluwer Health/Lippincott Williams & Wilkins, 889-905.
- 34. Glanz, K., **Burke, L.E.,** & Rimer, B.K. (2012). Health Behavior Theories. In J.B. Butts and K.L. Rich (Eds), *Philosophies and Theories in Advanced Practice Nursing*.
- Burke, L.E., Froehlich, R., Zheng, Y, and Glanz, K. (2012). Current Theoretical Basis for Nutrition Intervention and Their Uses. In A.M. Coulson and C.J. Boushey, Eds. <u>Nutrition in the Prevention and Treatment of Disease</u>, 3<sup>rd</sup> edition. Elsevier, 141-155.
- Acharya, S.D., Beatrice, B., and Burke, L.E. (2013) Diet Quality and Use of a Personal Digital Assistant - Transitioning from the Standard Paper Diary to Electronic Diaries. In V. R. Preedy, L-A Hunter and V.B. Patel (Eds.) <u>Diet Quality-An Evidence Based Approach</u>. Springer Vol. 2, p.353-363.
- Burke, L.E. and Turk, M. W. (2013) *Obesity* in S.A. Shumaker, E. Schron, J. Ockene, & W.L. McBee (Eds.), *Handbook of Health Behavior Change* (4th Ed.). New York: Springer, 363-378.
- Zheng, Y, Mancino, J, Burke, LE, and Glanz, K. (2017). Current Theoretical Basis for Nutrition Intervention and Their Uses. In A.M. Coulson and C.J. Boushey, Eds. <u>Nutrition in</u> the Prevention and Treatment of Disease, 4th edition. Elsevier, pp 185-201.

- Burke, L.E, Zheng, Y. and Wang, J. (2018) *Adherence* in Eds A. Christensen and E. Fisher. <u>Principles and Concepts of Behavioral Medicine: A Global Handbook.</u> New York: Springer, 565-593.
- Goode, R, Yu, Yang, and Burke, L.E. (2018) *Obesity* in S.A. Shumaker, E. Schron, J. Ockene, & W.L. McBee (Eds.), <u>Handbook of Health Behavior Change</u> (5th Ed.). New York: Springer: 381-404.

## **Other Publications**

- 1. **Burke, L.E.,** Scalzi, C, & et al. (1977). *As the beat goes on*. [Patient education] University of California, Los Angeles; published later by The American Heart Association, Dallas, TX.
- 2. Burke, L.E. (1980). Script writing and film editing of two pre-operative and post-operative cardiac surgery films for Stacey Keach Productions, Los Angeles, CA. Film titles: *Living Proof* and *Back in Action*.
- 3. **Burke, L.E.** (1983). *Collaborative Practice*. Filmed interview for continuing education series, Hospital Satellite Network, Los Angeles, CA.
- 4. **Burke, L.E.**, Wong, M.J., & Michaelson, E.L. (1984). *Collaborative Practice in Cardiology*. Audiocassettes for The American College of Cardiology Extended Learning (ACCEL).
- 5. Jasperson, L.W., & **Burke**, L.E. (1990). *Let's talk about your open heart surgery*. [Patient education book] Philadelphia: Lippincott.
- 6. **Burke, L.E.** (2004). *Strategies to Improve Patient Compliance*. Audiocassette for The American College of Cardiology, ACCEL tape program.
- 7. **Burke, L.E.** (2011). *Using Electronic Diaries to Improve Adherence to Self-Monitoring*. Audiocassette for The American College of Cardiology, ACCEL tape program.

# **RESEARCH**

### **Research Traineeships Received**

- 1992-1995 **Principal Investigator**, National Research Service Award, NIH, National Institute of Nursing Research, *Enhancing Self-Efficacy to Improve Dietary Adherence*. 5 F31 NR06793-03
- 1995-1997 **Principal Investigator**, Research Traineeship, American Heart Association, Pennsylvania Affiliate, *A Randomized Clinical Trial of an Intervention to Improve Adherence with a Cholesterol-Lowering Diet.*
- 1997-1999 **Recipient**, Postdoctoral Research Training Award in Cardiovascular Behavioral Medicine, University of Pittsburgh, Department of Psychiatry, NIH, NHLBI HL07560. Institutional Training Grant, PI: Karen Mathews, PhD

### Grants

#### **Principal Investigator**

Eta Chapter, Sigma Theta Tau, Enid Goldberg Research Award (Intramural funding: small grant for a pilot study) Title: *Assessing Dietary Adherence and Self-Efficacy among Patients with Hyperlipidemia*, Period: 1992-1994 Amount: \$700

#### **Principal Investigator**

Gamma Tau Chapter, Sigma Theta Tau, University of California, Los Angeles (Small Research Grant Award)
Title: A Randomized Trial of a Nursing Intervention to Improve Dietary Adherence.
Period: 1995-1996
Amount: \$2,200

#### **Principal Investigator**

NIH, Agency for Health Care Policy and Research R03HS08891, Dissertation Award Title: *Improving Adherence with a Cholesterol-Lowering Diet* Period: 1995-1997 Amount: \$21,515

#### **Principal Investigator**

American Nurses Foundation Grant, Eastern Nursing Research Society Scholar, (Small extramural grant) Title: *Enhancing Self-Efficacy to Improve Dietary Adherence* Period: 1995-1996 Amount: \$2,700

#### **Principal Investigator**

Eta Chapter, Sigma Theta Tau, Enid Goldberg Research Award (Intramural grant) Title: *A Behavioral Intervention to Improve Dietary Adherence* Period: 1997 Amount: \$1350

#### **Principal Investigator**

University of Pittsburgh Obesity/Nutrition Research Center (NIH, NIDDK funded center, DK46204) Pilot/Feasibility Funding Program Title: *Behavioral Strategies for Reducing Caloric and Fat Intake: Comparison of Three Approaches* Period: 1998-1999 Amount: \$15,000

#### **Principal Investigator**

University of Pittsburgh Office of Research, Central Research Development Fund (Intramural funding) Title: *Treatment Preference and Adherence in Weight Loss Programs* Period: 2000-2002 Amount: \$16,000

#### **Principal Investigator**

NIH, NIDDK 1R01 DK58631 Title: *Preference and Vegetarian Diet in Weight Loss Treatment (PREFER trial)* Period: 2001-2006 (50% effort 2001-2004, effort reduced in subsequent years) Amount: \$1,125,000 (Direct costs only)

### **Principal Investigator**

NIH, NINR CRCD P30 NR03924
Type: Center for Research in Chronic Disorders Small Grant Funding
Title: *Pilot Study to Determine Feasibility of Using Instrumented Paper Diary in a Weight Loss Treatment Study*Period: 2004-2005
Amount: \$9500

#### **Principal Investigator**

NIH, NIDDK R01-DK058631-04S1 Type: Competitive Administrative Supplement, Innovative Methodology in Behavior Research Title: *Descriptive Study of Patterns of Self-Monitoring among Weight Loss Study Participants*, Ancillary study to Treatment Preference and Vegetarian Diet in Weight Loss (PREFER) Period: 2004-2006, Effort concurrent with PREFER Amount: \$100,000 (Direct costs only)

#### **Principal Investigator**

Ruth E. Perkins Kuehn Award, School of Nursing, University of Pittsburgh (Intramural Grant) Title: *Weight Cycling and Inflammation: Effect on Insulin Resistance and Atherosclerosis* Period: 2005-2006 Amount: \$16,500

#### **Principal Investigator**

NIH, NIDDK 1 R01 DK071817 Title: *Improving Self-Monitoring in Weight Loss with Technology (SMART trial)*, Period: 2005–2010 (45% effort 2005-2007, 35% effort 2007- present) Amount: \$1,747,319 (Direct costs only)

Administrative Supplement to grant R01 DK071817-04 Recovery Act Funds for Administrative Supplements Providing Summer Research Experience for Students and Science Educators Amount: \$8250 Period: June-August 2009 (students continuing work and presenting findings in fall 2009)

Administrative Supplement to grant R01 DK071817-04 Recovery Act Funds requested to support Postdoctoral Fellow in Biostatistics Amount: \$50,798 Period: Jan – Dec 2010

### **Principal Investigator**

NIH, NINR K24 NR010742-02 Title: Long-Term Changes in Weight and Adipokines and the Associations with Genetic Variants Period: 2008–2011, 50% effort Amount: \$363,660 (Direct costs only)

## **Principal Investigator**

NIH, NINR R01 P01 NR010949-01
Title: Self-Efficacy Based Treatment for Long-Term Weight Loss (SELF trial)
Period: 2008-2013, 20% effort
Principal Investigator of P01: J. Dunbar-Jacob, University of Pittsburgh School of Nursing
P01 title: Adherence and HRQoL: Translation of Interventions
Amount: \$468,299 (Direct costs only)

# Principal Investigator: L.E. Burke, Co-PI: S. Rathbun, U of Georgia

NIH, NHLBI R01HL107370
Title: Advancing real-time data collection with adaptive sampling and innovative technologies
Period: 2011-2015
Amount: \$1,962,537 (Direct costs only)
ApneaLink Plus Equipment grant for assessing sleep apnea in 150 participants in the above R01 study (EMPOWER) at 3 time points, ResMed Foundation, 2012-2015.

**Type:** R01 HL107370-01 Research Supplements to Promote Diversity in Health-Related Research

Title: *Advancing real-time data collection with adaptive sampling and innovative technologies (EMPOWER study)* 

**Period:** 2013-2015

Role: Primary mentor: L.E. Burke; H. Karimi, PhD is a co-mentor (Information Sciences) Mentee and PI of Supplement: Dara Mendez, PhD, Assistant Professor, Dept of Epidemiology

**Type:** Claude B Pepper Center for Aging, University of Pittsburgh Title: *Pilot Feasibility Study of Using eButton to Measure Gait and Falls among Older Adults*. PI's: Mingui Sun, PhD, Lora E. Burke, PhD, Janice C. Zgibor, PhD Agency: NIH P30 AG024827 Claude B Pepper Center for Aging, University of Pittsburgh NIH P30 AG024827 September 2013. Funded Oct 2013 – Oct 2014. \$25,000.

Type: Internally funded Hub to promote development of core researchers for eventual center status Title: *Hub for Excellence in eHealth Research* PI: Lora E. Burke, Director Agency: School of Nursing Dean's Fund Period: July 2013- 2016

### **Principal Investigator**

NIH, R01 HL131583-01A1 **Title:** *Promoting Lifestyle Change via Tailored mHealth to Improve Health (SMARTER Trial)* **Period:** 2017-2021, 25% effort

**Type:** R01 HL131583-01A1S Research Supplements to Promote Diversity in Health-Related Research **Title**: *Promoting Lifestyle Change via Tailored mHealth to Improve Health (SMARTER Trial)* **Period:** 2019-2021

Role: Primary mentor: L.E. Burke, **Mentee and PI** of Supplement: J Kariuki, PhD, Assistant Professor, Dept of Health & Community Systems, School of Nursing

**Co-Principal Investigators:** Jeff Inman, PhD, Katz Graduate School of Business, Lora E. Burke PhD, MPH, School of Nursing, Michael Spring, PhD School of Information Sciences and Bruce Rollman, MD, School of Medicine Provost Integrative Social Science Initiative: *A Novel Interdisciplinary Initiative to Promote the Innovative Uses of Social Media and Mobile Technologies for Health at the University of Pittsburgh* Period: 2015-2016 Amount: \$44,000

# **Co-Investigator:**

Principal Investigator: Mary Ann Sevick, ScD, RN, University of Pittsburgh School of Medicine NIH, NINR R01-NR008792 **Title:** *Enhancing Adherence in Type 2 Diabetes* Period: 2005-2010

Principal Investigator: Mary Ann Sevick, ScD, RN, University of Pittsburgh School of Medicine NIH, NIDDK R21-DK067181 Title: *Dietary Adherence Enhancement in Peritoneal Dialysis* Period: 2006-2009, 5% effort Amount: \$200,000 (Direct costs only)

Principal Investigator: Mary Ann Sevick, ScD, RN, University of Pittsburgh School of Medicine Dialysis Clinics, Inc. (Teschun Award) Title: *Impact of PDA-based Dietary Adherence Intervention on Interdialytic Weight Gain and Blood Pressure* Period: 2006-2008, Contributed effort Amount: \$150,000

Principal Investigator: C. Smith, University of Pittsburgh School of Medicine University of Pittsburgh Obesity/Nutrition Research Center (NIH, NIDDK funded center, DK46204) Pilot/Feasibility Funding Program Title: *Physical Appearance and Health-Related Motivations for Weight Loss: Can Enhancement of Motivations Improve Treatment Outcomes* Period: 1998-2000, Contributed effort Amount: \$15,000

Principal Investigator: M.L. Klem, University of Pittsburgh School of Medicine NIH, NIDDK 1R01DK58387
Title: Weight Loss Motivations and Long-Term Weight Loss
Period: 2000-2005, 10% effort
Amount: \$575,000 (Direct costs only)

Principal Investigator: J. Kaufman, University of Pittsburgh School of Nursing University of Pittsburgh Office of Research, Central Research Development Fund (Intramural funding) Title: Developmental Differences in Adherence to the ABCD Program for Pediatric Weight Management Period: 2005-2007, Contributed effort. Amount: \$16,000

Principal Investigator: S. Sereika, University of Pittsburgh School of Nursing
University of Pittsburgh School of Nursing Center for Research and Evaluation; Department of
Health Community Systems (Intramural funding)
Title: *Managing Medications with an Electronic Diary*Period: 2005-2006, Contributed effort.
Amount: \$9013

Principal Investigator: Julie Cha EunSeok, Chung-Ang University, Seoul, Korea Korean Government Grant (KRF), Korean equivalent of NIH R21 Title: *A Theory Based Intervention on Caloried-Reduced Diet and Exercise Among Overweight and Obese Students Attending Universities in Korea: A One-Year Longitudinal Study* (HEAL-C Project) Duration: 2007-2009, Contributed effort.

Principal Investigator: K. Yang, University of Pittsburgh School of Nursing University of Pittsburgh Office of Research, Central Research Development Fund (Intramural funding)

Principal Investigator: E. Chasens, University of Pittsburgh School of Nursing NIH R21
Title: Obstructive Sleep Apnea Severity, Daytime Sleepiness, and Physical Activity in Adults with Type 2 Diabetes
Period: 04/01/2009-3/31/2011, 2.5%
Title: Effects of Yoga Intervention for Adults at High Risk for Type 2 Diabetes: A Pilot Study Period: 2006-2008, Contributed effort.

Amount: \$15,243

Principal Investigator: K. Yang, University of Pittsburgh School of Nursing University of Pittsburgh, Center for Research and Evaluation (Intramural grant) Title: *Utilization of Yoga among People with Type 2 Diabetes: A Pilot Study* Period: 2006-2008, Contributed effort. Amount: \$ 4,412.00

Principal Investigator: E. Chasens, University of Pittsburgh School of Nursing NIH R21 Title: Obstructive Sleep Apnea Severity, Daytime Sleepiness, and Physical Activity in Adults with Type 2 Diabetes Period: 04/01/2009-3/31/2011, 2.5%

Principal Investigator: Mingui Sun, PhD, U. of Pittsburgh, School of Medicine
NCI R01 CA165255
Title: Wearable eButton for Evaluation of Energy Balance with Environmental Context and Behavior
Period: 2012-2015, 2.5% effort

Principal Investigator: Jennifer Steel, PhD, U. of Pittsburgh, School of Medicine NIH, R01 CA176809-01 Title: *Biobehavioral Pathways Linking Stress and Cancer Progression* **Period:** 2012-2015; 5% effort

Principal Investigator: Anne Newman, PhD, GSPH, Dept. of Epidemiology U48 DP005001-01 Centers for Disease Control and Prevention Title: *Health Promotion and Disease Prevention Research Center* The purpose of this center is to continue the Center for Healthy Aging, a CDC Prevention Research Center. This renewal grant will translate the Look AHEAD intervention to older, overweight adults in the community. Period: 09/01/14- 08/28/19, 5% effort, annual direct sots \$750,000.

Principal Investigator: E. Chasens, University of Pittsburgh School of Nursing NIH NHLBI R01
Title: Obstructive Sleep Apnea Severity and Self-management in Adults with Type 2 DM: RCT
Period: 2013-2018, 2%

Principal Investigator: D.D. Mendez, University of Pittsburgh School of Public Health NIH R01

Title: *Postpartum weight retention and cardiometabolic disparities: The effects of contextual, psychosocial, and behavioral factors* **Period:** 2016-2021, 5% (\$2,957,570)

Principal Investigator: Eileen Chasens, U of Pittsburgh School of Nursing
NIH R01
Title: *The Effect of Treatment of OSA on Diabetes Self-Management and Glycemia Control*Period: 2013-2018, 5% (\$2,907,336), 2019 in NCE

Principal Investigator: A Dabbs, U of Pittsburgh School of Nursing NIH, NINR, R01 NR017196-01 Title: Lung Transplant Go (LTGO): Improving Self-Management of Exercise after Lung Transplantation **Period:** 2018-2022, Co-I changed to consultant

Principal Investigator: Mingui Sun, U of Pittsburgh School of Medicine NIH Grant R56 DK113819-01A1

*Title: Automatic Recognition of Diet, Physical Activity and Sedentary Behavior Using a Smart Wearable Device* 

Period: 7/1/2018-12/31/2020

This application aims to develop human activity recognition algorithms and implement these algorithms using electronic hardware within a wearable device for the assessment of diet, physical activity and sedentary behavior.

Principal Investigator: LaPrincess Brewer, MD, Assistant Professor of Medicine, Mayo School of Graduate Medical Education, Rochester, MN Title : Cardiovascular health promotion by FAITH! (Fostering African-American Improvement in Total Health): Engaging the community through mobile technology-assisted education, NIH R21 1R21MD013490-01. Co-Investigator: 5% effort **Period**: 2019-2021 Principal Investigator: Janna Stephens, PhD, Assistant Professor, Ohio State University College of Nursing NIH R01 NR016710-01A1 Title: ADAPT for Late Adolescents: A Randomized Controlled Trial **Period:** 2020-2024, **Effort:** 6.5%

Principal Investigator: Mingui Sun, PhD, School of Medicine, University of Pittsburgh NIH Grant 1R01DK127310-01 Title: A Human-Mimetic AI System for Automatic, Passive and Objective Dietary Assessment **Period**: 1/1/2021-12/31/2024, **Effort**: 5%

## **Consultant**

Principal Investigator: Chao Hsing, Hopkins University School of Nursing NIH R01 NIA 1 R01 AG056587-01A1.
Title: *Management of Chronic Low Back Pain in Older Adults Using Auricular Point Acupressure.*Period: 2017-2021, Consultant on EMA, Role: Consultant

Consultant and Mentor to Jacob Kariuki:

**CTSI's Research Initiative for Special Populations (CRISP) Pilot Program**, Kariuki (PI) **Title:** The feasibility and acceptability of a web-based physical activity for the heart (PATH) intervention designed to reduce the risk of heart disease among inactive African Americans Funding Agency: University of Pittsburgh Clinical and Translational Science Institute Period: Jan 1, 2020 – Dec 31, 2020, Award: \$25,000

### Ruth Perkins Kuhn Grant, Kariuki (PI)

**Title:** Feasibility and preliminary efficacy of a novel YouTube based physical activity intervention in overweight and obese adults with prediabetes Funding Agency: University of Pittsburgh Center for Research and Evaluation Period: Nov 1, 2019 – Nov 30, 2020, Award: \$33,286

### NHLBI Small Research Projects, Kariuki (PI)

**Title:** Pilot testing the functionality and usability of a web-based Physical Activity for the Heart (PATH) intervention Funding Agency: NHLBI Programs to Increase Diversity among Individuals Engaged in Health-Related Research (PRIDE) Small Research Grants Program Period: Nov 1, 2019 – August 30, 2020, Award: \$11,125

Consultant/mentor to Yaguang Zheng Principal Investigator: Yaguang Zheng, Boston College NIH R21 NHLBI Title: *Patterns of Technology-Based Self-monitoring Behaviors related to Cardiovascular Health.* **Status:** Submitted Feb 2017, not funded **Period:** 2018-2020, Consultant/mentor This application was first submitted to AHA in Oct 2016 and was within 1 point of receiving grant; revised for R21 2017, not funded Principal Investigator: Yaguang Zheng, Boston College NIH R15 DK112207-01 Title: *Promoting Lifestyle Changes with Mobile Health Technologies for Overweight or Obese Older Adults with Type 2 Diabetes* **Status:** Submitted October 2016, Resubmitted Feb 2017, not funded **Period:** 2018-2020, Consultant/mentor

Principal Investigator: Yaguang Zheng, University of Pittsburgh **Project title**: Detecting Behavioral Phenotypes of Home Blood Pressure Monitoring that Predict Cardiovascular Health **Agency**: AHA **Type** of Grant: Transformational Project Award **Period**: 07/2020-07/2023 **Amount**: \$300,000 Pending review June 2020

### **Mentor**

Principal Investigator: P. Tuitte, University of Pittsburgh School of Nursing
Eta Chapter, Sigma Theta Tau (Intramural grant)
Title: *The Relationship between Exercise and Inflammatory Markers in Sedentary Overweight Women*Period: 2007-2012, Contributed effort.
Amount: \$2500

#### Mentor

Principal Investigator: Y. Yang, University of Pittsburgh School of Nursing
Eta Chapter, Sigma Theta Tau
Title: Associations between Post-operative Psychosocial and Behavior Factors on Weight
Change among Patients who have Undergone Sleeve Gastrectomy in China
Period: 2018-2019, Contributed effort.
Amount: \$2500

#### Mentor

Principal Investigator: S. Acharya, Doctoral student, University of Pittsburgh Graduate School of Public Health Type: Dept. of Epidemiology Small Grants Program Title: *The Effects of a Standard Weight-Reducing Diet vs. a Lacto-Ovo-Vegetarian Diet on Adiponectin* 

Period: 2007-2008, Contributed effort.

### **Faculty Sponsor**

Principal Investigator: M. Warziski Turk, Doctoral student, University of Pittsburgh School of Nursing
NIH, NINR F31 NR009750, National Research Service Award (NRSA)
Title: Weight Loss Maintenance: Exploring Racial Differences
Period: 2006-2008

### **Faculty Sponsor**

Principal Investigator: S. Acharya, Doctoral Student in Epidemiology, Graduate School of Public Health American Heart Association Pre-doctoral Fellowship Title: *Effects of Dietary Factors on Adiponectin among Overweight/Obese Adults*  Period: 2009-2010 Amount: \$23,000

#### **Faculty Sponsor/Mentor**

Principal Investigator: M. Warziski Turk, Assistant Professor, School of Nursing, Duquesne University Faculty Development Award (\$5000)

Title: Weight Loss Maintenance: Exploring Racial Differences (replication of dissertation) Period: 2010-2011

#### **Faculty Sponsor/Mentor**

Principal Investigator: Meghan Mattos, PhD student in nursing NRSA: F31 NINR Title: *Mild Cognitive Impairment in Older Rural Dwelling Adults* Period: 2014-2017

#### **Faculty Sponsor/Mentor**

Principal Investigator: Rachel Goode, MSW; PhD student in Social Work Program NRSA Diversity Program: F31 DK100055
Title: A Feasibility Study to Reduce Binge Eating in Overweight AA Women Awarded Period: 2015-2018;
Also awarded Amy Roberts Health Promotion Research Award, Magee Women's Research Institute, May 2015

#### Faculty Sponsored F31 Diversity NRSA, Mentor

**PI: Jessica Cheng**, *Do Changes in Diet Quality in a Weight Loss Trial Affect Cardiometabolic Risk?* (PhD student in Epidemiology, 2018-present) Period: April 2021 - 2022.

#### Member, Core Faculty

Principal Investigators: J. Erlen and L. Hoffman, University of Pittsburgh School of Nursing NIH, NINR T31 Pre-Doctoral Training Program
Title: *Technology: Research in Chronic and Critical Illness*,
Period: 2005-2010, 2011-2016, 2017-2022
Primary mentor to two postdoctoral scholars: M Cajita 2018-2019; Y Zheng 2018-2020

#### Member, Core Faculty

Principal Investigators: J. Dorman and Y. Conley, University of Pittsburgh School of Nursing NIH, NINR T32 Pre-Post-Doctoral Training Program Title: *Targeted Research and Academic Training for Nurses in Genomics* Period: 2006-present, ongoing with renewal

#### Member, Core Faculty

Principal Investigators: Cathy Bender, University of Pittsburgh School of Nursing NIH, NINR T32 Pre-Post-Doctoral Training Program Title: Cancer Survivorship Period: 2006-2011

#### Member, Core Faculty

Principal Investigators: Anne Newman, University of Pittsburgh Graduate School of Public Health Epidemiology of Aging Training Program (T32 AG000181), continuously funded since 1989 Joined faculty of this T32 in 2015

### Member, Core Faculty

### Principal Investigator: Dan Buysse, Psychiatry

Translational Research Training in Sleep Medicine Training Grant, T32 NIH 2016-2021, renewed 2021-2026

### **Faculty Sponsor/Mentor**

Member, Common Core Committee for the Clinical Translational Science Award, Educational and Career Development Component Faculty for the University of Pittsburgh Principal Investigator: W. Kapoor, University of Pittsburgh School of Medicine NIH Interdisciplinary Pre-Doctoral Clinical Research Training Program, Health Science Schools

### Consultant on behavioral treatment for weight loss

Principal Investigator: E. Nagle, PhD, Assistant Professor and Assistant Director of the Center for Health and Fitness Research in the Department of Health and Physical Education University of Pittsburgh Obesity/Nutrition Research Center (NIH, NIDDK funded center, DK46204) Pilot/Feasibility Funding Program

Title: *The Effects of a Combined Aquatic Exercise and Walking Program on Selected Variables in a Sedentary Obese Female Sample Undergoing a Standard Behavioral Wt Loss Intervention.* Period: 2001-2002 Amount: \$16,000

**Consultant** for assessment of dietary compliance and behavioral dietary management. Principal Investigator: W. Riley, PhD, Director of Research, PICS, Inc. (PICS, Inc is a health behavior & research company that designs, develops, evaluates, and markets computer-assisted assessment and intervention programs for smoking cessation, dietary management, exercise adherence, and other health behavior issues.)

NIH, Small Business Innovative Research, (Phase I) Title: *Dietary Research Management System – Development of Palm to PC Dietary Intake Research Software* Period: 2001-2002

Consultant for dietary adherence intervention and measurement Principal Investigator: M. A. Sevick, PhD, U. of Pittsburgh School of Nursing and Wake Forest University School of Medicine University of Pittsburgh Obesity/Nutrition Research Center (NIH, NIDDK funded center, DK46204) Pilot/Feasibility Funding Program Title: *Dietary Adherence Enhancement Program* Period: 2002-2003 Amount: \$16,000

**Consultant** for final phase of dietary software (DietMate Pro) development for Palm pilot, beta testing of software on Palm pilot and web sit Principal Investigator: Bill Riley, PhD, Director of Research, PICS, Inc. NIH, Small Business Innovative Research, (Phase I) Title: Dietary Research Monitoring System – Development of Palm to PC Dietary Intake Research Software Period: 2003-2004

**Consultant on SBIR grant funded by NHLBI, 2012-2013,** SBIR Phase I Contract Title: *Computer Generated Diet and Exercise Reminders Promoting Cardiovascular Health.* ISA Associates, Inc., Alexandria, VA. PI: Diane Deitz, PhD

**Chair, Advisory and Data Safety Monitoring Committee**, R01 study to test innovative solutions to problems with medication access and adherence for low-income Johns Hopkins and Bayview patients discharged with coronary heart disease. Principal Investigator: D. Becker, Johns Hopkins School of Medicine, 2007-2012.

### Invited Member, Steering Committee for Healthy Lifestyles Toolkit

Preventive Cardiovascular Nurses Association, 2012-13

## Grants pending (January 2021):

### **Co-Principal Investigator** (PI: C Imes)

NIH, NHLBI R66R33 (5 years) Title: Improving Sleep Health to Optimize Weight Loss: A Randomized Controlled Trial Period: Submitted February 2021-not scored, 20% effort, being revised and will resubmit July 2022.

**Co-I:** LE Burke, PI: J Kariuki Title: *Efficacy of a novel web-based physical activity intervention designed to promote adherence to physical activity guidelines in adults with obesity* NIH NHLBI, submitted Oct 2021, 5% effort, being reviewed March 2022

**Consultant R01, PI: Elizabeth Mack,** *Wellbeing and Aging in the Digital Era: Smartphone Use and Indicators of Strain in Midlife Adults.* Michigan State University, Submitted May 2020, not funded. Withdrew from project, 2021.

### **Other Scholarly Activities**

### **Grant Reviewer**

2000	Organization: Katholieke Universteit Leuven, Leuven, Belgium
1996, 2000,	Eta Chapter, Sigma Theta Tau
& 2003	Eta Chapter, Sigma Theta Tau
2000	Member, NIH Special Emphasis Panel – Adherence/chronic disorders
2002, 2004	Grant Reviewer, Center for Research in Chronic Disorders, U. of Pittsburgh
2004	Grant Reviewer, The Netherlands Organization for Health Research and
	Development, The Netherlands
2004	Grant Reviewer: Health Research Board of Ireland, Health Services Research
	Fellowships 2004
2005	Reviewer and judge: New Investigator Award, American Heart Association
	Scientific Council on Cardiovascular Nursing
2006, 07, 08	Reviewer and judge: Young Investigator Award, American Heart Association
	Scientific Council on Nutrition, Physical Activity and Metabolism

2007	Ad hoc member, Clinical Integration of Diabetes and Obesity (CIDO) Study Section
2007	Ad hoc reviewer for NHLBI multi-site grant on behavioral treatment for weight loss
2008, May	Ad hoc reviewer for NIDDK, Clinical Research Grants in Diabetes, Endocrine and Metabolic Disease
2008, Oct.	Ad hoc reviewer for NIDDK, Clinical Research Grants in Diabetes, Endocrine and Metabolic Disease
2009	ZonMw Subsidieaanvraagformulier, Netherlands
2009	Ad hoc reviewer for NHLBI multi-site grant on behavioral treatment for weight loss
2009, July	Ad hoc reviewer, Diabetes, Obesity and Endocrine Disorders
2009	Internal grant reviewer, Center for Research on Health Care, R18 application, SOM
2009	Internal grant reviewer and member of mock review panel, Center for Research on Health Care, K01 application, GSPH
2009-present	Internal grant reviewer, SON, SOM, GSPH
2009	Reviewer for Psychosocial Risk & Disease Prevention Study Section for Challenge grants (RC1)
2010, June	Special Emphasis Panel, Science of Behavior Change
2010-2013	Appointed standing member, Clinical and Integrative Diabetes and Obesity (CIDO) Study Section, 3-year term
2015	Ad hoc member, Board of Scientific Counselors, NHLBI, Cardiovascular and Pulmonary Branch
2016	Guest Editor, Western Journal of Nursing Research, special issue on obesity.
2018	Grant reviewer, PI at University of Indiana
2019, June	Member, Mock Review Group, Ohio State University School of Nursing
2020	American Heart Association, Pre-doctoral Fellowship, Member, Study Section

# **Editorial Boards and Reviews**

1986-present	Progress in Cardiovascular Nursing	Editorial Board
1989-1996 2007-present	Journal of Cardiovascular Nursing Journal of Cardiovascular Nursing	Editorial Board Editorial Board
2001	Sage Publication Book proposal (compliance)	Reviewer
2002	Sage Publications Book manuscript (focus on compliance)	Reviewer
2011-2013 2020-present	Circulation Contemporary Clinical Trials	Regional Guest Editor Editorial Board

# Ad hoc Reviewer

Heart & Lung Journal of Cardiopulmonary Rehabilitation Journal of Cardiovascular Nursing,

Annals of Behavioral Medicine Medicine & Science in Sports & Exercise American Journal of Critical Care Genetics in Medicine Patient Education and Counseling Preventive Medicine Circulation Health Education Research Theory and Practice Health Psychology Journal of Consulting and Clinical Psychology International Journal of Cardiology International Journal of Obesity Social Behavior and Personality – An International Journal Nutrition, Metabolism & Cardiovascular Diseases Journal of Psychosomatic Research **Clinical Cardiology** Journal of Behavioral Medicine Perspectives in Agriculture, Veterinary Science, Nutrition and Natural Resources Journal of Managed Care Appetite Social Behavior and Personality – An International Journal JAMA Obesity **Contemporary Clinical Trials Translational Behavior Medicine** British Medical Journal Nutrients Nutrition and Diabetes American Journal of Preventive Medicine Journal of Medical Internet and Research **Contemporary Clinical Trials** 

#### **Abstract Reviewer**

1986-1989 1999, 2004 2006-2014	American Heart Association Scientific Sessions
2001, 2004	Society of Behavioral Medicine Annual Meeting, Adherence Track
2005-2007	Society of Behavioral Medicine Annual Meeting Prevention Track
2008-2009	Society of Behavioral Medicine Annual Meeting Prevention Track
2009-2010	Society of Behavioral Medicine Annual Meeting, Translation Track
2010-2014	Society of Behavioral Medicine Annual Meeting, Translation Track
2006	eHealth Conference, National Cancer Institute, NIH
2005	Reviewer, New Investigator Award, Council on Cardiovascular Nursing, American Heart Association
2006, 2007,	

2008, 2011-13	Reviewer, Young Investigator Award, Council on Nutrition, Physical Activity, and Metabolism, American Heart Association
2008-2019	Reviewer, AHA, Councils of Physical Activity, Nutrition & Metabolism and Epidemiology and Prevention, Fall review for Spring Meeting
2012, 2013 2012-2022	The Obesity Society American Heart Association, Lifestyle & EPI Councils Annual Meeting
Consultation	
1979-1980	Consultant, Professional Standards and Review Organization (P.S.R.O.) for Review of Cardiac Rehabilitation Program, Los Angeles, CA
1984	Consultant to Stacey Keach Productions regarding development of cassette tape program, <i>Approved Exercises for the Heart Patient</i> , Los Angeles
1985	Clinical Study Tour Leader & Lecturer, Kenya, Africa Professional Seminar Consultants, Inc., co-sponsored by the California Nurses Association.
2000	Volunteer advisor to development of layperson book, <u>To Your Health</u> , New York: Clarkson Potter/Publishers, 2001.
2001-2002	Content and editorial reviewer of online health education modules being developed by Nexcura, Inc for the American Heart Association. (Topics: coronary artery disease and heart failure)
2001	National Coalition for Stroke and Heart Disease Prevention, projects focused on improving treatment adherence. Consultant for adherence enhancing projects
2004	Universitae of Basel in Basel, Switzerland, served as consultant regarding adherence to treatment regimens and to research study protocols, cardiologist and graduate students
2006	Personal Computer Improvement, Inc., review of Pictorial Diet History Questionnaire and portion size educational program
2009, 2010	Consultant on behavioral interventions for treatment of obesity, speaker at Advisory Board meeting, Novo Nordisk
2012-2013	SBIR Phase I Contract Application to the National Health Lung and Blood Institute - Topic #065 Computer Generated Diet and Exercise Reminders Promoting Cardiovascular Health, ISA Associates, Inc
2019	Grant reviewer, Pre and post-doctoral fellowship grants, American Heart Association, Sept 2019
2020-present	AHA Tech Group to provide consultation to Fitbit working group at Google, ongoing.

# **Unpublished Presentations (invited talks)**

## International

- 1. **Burke, L.E.** (1979, Nov.). *How to Organize a Cardiac Rehabilitation Program*. Invited presentation at the 49<sup>th</sup> Annual Scientific Session, American Heart Association, Anaheim, CA.
- 2. **Burke, L.E.** (1983, Nov.). Establishing *Collaborative Practice*. Invited presentation at the 56th Annual Scientific Sessions, American Heart Association, Anaheim, CA.
- 3. **Burke, L.E.** (1985, June). *Patient management by the cardiovascular clinical nurse specialist in a collaborative cardiology practice*. Paper presented at the InterAmerican Congress of Cardiology Scientific Sessions, Vancouver, BC.
- 4. **Burke, L.E.** (1989, Nov.). *Dietary Treatment of Hypercholesterolemia*, Invited presentation at the 62nd Annual Scientific Sessions, American Heart Association, New Orleans, LA.
- 5. **Burke, L.E.** (1992, May). *Enhanced self-efficacy to improve dietary compliance*. Poster presented at the Sigma Theta Tau International Nursing Research Conference, Columbus, OH.
- Dunbar-Jacob, J., Sereika, S., Dwyer, K., Kwoh, K., Burke, L.E., McCall, M., Glaister, C., & Starz, T.W. (1992, May). *Psychometric evaluation of the self-administered Jette Functional Status Inventory*. Poster presented at the Sigma Theta Tau International Nursing Research Conference, Columbus, OH.
- Burke, L.E., Dunbar-Jacob, J., Glaister, C., McCall, M., Sereika, S., Dwyer, K., Kwoh, C.K., & Starz, T.W. (1992, May). *Influence of question type on self-reported medication compliance in Rheumatoid Arthritis patients*. Paper presented at the Sigma Theta Tau International Nursing Research Conference, Columbus, OH.
- 8. Dwyer, K. Dunbar-Jacob, J., Kwoh, C.K., Sereika, S., **Burke, L.E.**, Glaister, C., McCall, M., & Starz, T.W. (1992, May). *Depression in Rheumatoid Arthritis*. Paper presented at the Sigma Theta Tau International Nursing Research Conference, Columbus, OH.
- 9. Sereika, S., Dwyer, K., **Burke, L.E.**, Dunbar-Jacob, J., McCall, M., Glaister, C., Kwoh, C.K., & Starz, T.W. (1992, May). *Data management in longitudinal research*. Paper presented at the Sigma Theta Tau International Nursing Research Conference, Columbus, OH.
- Dunbar-Jacob, J., Kwoh, C.K., Starz, T.W., Sereika, S., McCall, M., Glaister, C., Burke, L.E., Dwyer, K., Rosella, J., & Holmes, J. (1992, July). *Adherence to arthritis medication*. Poster presented at the International Congress of Behavioral Medicine, Hamburg, Germany.
- 11. **Burke, L.E.** (1994, Nov.). *How to Implement & Promote Adherence to a Cholesterol-Lowering Diet.* Invited presentation at the 67th Annual Scientific Sessions, American Heart Association, Dallas, TX.

- Dunbar-Jacob, J., Sereika, S., Burke, L.E., & Kwoh, C.K. (1997, June). *The relationship of depression and adherence to functional status in patients with Rheumatoid Arthritis*. Paper presented at the International Research Conference for Sigma Theta Tau, Vancouver, B.C.
- Dunbar-Jacob, J., Sereika, S., Burke, L.E., & Kwoh, C.K. (1997, June). *The relationship of depression and adherence to functional status in patients with Rheumatoid Arthritis.* Paper presented at the International Research Conference for Sigma Theta Tau, Vancouver, B.C.
- 14. **Burke, L.E.** (1997, Nov.). *Pharmacological and Non-Pharmacological Treatment of Obesity*. Invited presentation at the 70<sup>th</sup> Scientific Sessions of the American Heart Association, Orlando, FL.
- 15. Dunbar-Jacob, J, Sereika, S., & **Burke, L.E.** (1998, Aug.). *Use of daily diaries in assessing compliance*. Paper presented in symposium: Enhancing Self-Report Assessment of Adherence in Immunologic Conditions. Fifth International Congress of Behavioral Medicine, Copenhagen, Denmark.
- Burke, L.E. (1998, Nov.). Psychological Barriers and Strategies to Improve Exercise Adherence, Invited presentation at the 71<sup>st</sup> Scientific Sessions, American Heart Association, Dallas, TX
- 17. **Burke, L.E.** (1999, Nov.). *Dietary Modifications: Theory-Based Interventions*. Invited presentation at the 72<sup>nd</sup> Scientific Sessions, American Heart Association, Atlanta, GA
- Burke, L.E. (2000, Feb). Adherence to a Heart Healthy Lifestyle: What Makes the Difference? Invited presentation at the 7<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention, Manilla, Philippines.
- Burke, L.E. (2000, Feb). Is Compliance to a Proper Exercise Regimen Realistic? Invited presentation at the 7<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention, Manilla, Philippines.
- 20. **Burke, L.E.** (2000, Feb). *Long-Term Compliance Issues in the Treatment of Obesity* Invited presentation at the 7<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention, Manilla, Philippines.
- 21. **Burke, L.E.** (2000, Feb). Methods *of Delivering Education*. Invited presentation at the 7<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention, Manilla, Philippines.
- 22. **Burke, L.E.** (2000, March). *Behavioral Strategies to Improve Treatment Adherence*. Invited presentation at the University of Thailand, School of Nursing, Chaing Mai, Thailand.
- 23. **Burke**, L.E. (2000, March). *Behavioral Strategies to Improve Treatment Adherence*. Invited presentation at the University of Thailand, School of Nursing, Bangkok, Thailand.
- 24. **Burke, L.E.** (2000, June). *Behavioral Intervention to Improve Dietary Compliance*. Invited presentation at the Doctoral Student Seminar, Catholic University of Leuvin, Belgium.

- 25. **Burke, L.E.** (2000, Oct.). *Adherence Issues in Cardiac Rehabilitation: What Can We Do?* Invited presentation at the Annual Meeting of the Irish Association of Cardiac Rehabilitation, Dublin, Ireland.
- 26. **Burke, L.E.** (2001, Sept.). *The Role of Specialist Nurses in Prevention*. Invited presentation at the European Society of Cardiology, Stockholm, Sweden.
- 27. **Burke**, L.E. (2001, Sept.). Moderator: Patie*nt Education*: Invited presentation at the From paper to CD-ROM's Symposium, The European Society of Cardiology, XXIII Congress, (Sept., 2001) Stockholm, Sweden.
- 28. **Burke, L.E.** (2003, Oct.). *Adherence to Medications: How to Improve It*. Invited presentation at the 2<sup>nd</sup> International Conference of the Royal Jordanian Medical Services, Amman, Jordan
- 29. **Burke, L.E.** (2003, Oct.). *Obesity: Medical Management*. Invited presentation at the 2<sup>nd</sup> International Conference of the Royal Jordanian Medical Services, Amman, Jordan
- Burke, L.E. (2003, Oct.). Application of Behavioral Theories to Clinical Interventions. Invited presentation at the 2<sup>nd</sup> International Conference of the Royal Jordanian Medical Services, Amman, Jordan
- Starrett, T.J., Sevick, M.A., Burke, L.E., Piraino, B., Bernardini, J., Sereika, S., Stilley, C., & Bender, C. (2003, Nov.). *Dietary Adherence Enhancement Intervention. The BalanceWise Study: Design and baseline results*. Poster presented at the Sigma Theta Tau 37<sup>th</sup> Biennial Conference. Toronto, Canada.
- Burke, L.E. (2004, May.). Strategies to Improve Treatment Adherence. Invited presentation at the 8<sup>th</sup> World Congress of Cardiac Rehabilitation and Secondary Prevention, Dublin, Ireland.
- 33. **Burke, L.E.** (2004, Nov.). *Social and Behavioral Barriers to Physical Activity*. Invited presentation at the Scientific Sessions of the American Heart Association, New Orleans, LA.
- 34. **Burke, L.E.** (2005, Sept.). *Application Procedures for International Projects*. Invited presentation at the the Third International and Tenth National Nursing Congress, Izmir, Turkey (affiliated with Ege University)
- 35. **Burke, L.E.** (2005, Sept.). *Obesity Management*. Invited presentation at the Third International and Tenth National Nursing Congress, Izmir, Turkey (affiliated with Ege University)
- 36. **Burke, L.E.**, & Sereika, S. (2005, Sept.). *Research Methods and Statistics*. Co-taught 4-hour mini-course at the Third International and Tenth National Nursing Congress, Izmir, Turkey (affiliated with Ege University)
- 37. Dunbar-Jacob, J., **Burke, L.E.**, Schlenk, E.A., & Sereika, S. (2006, July). *The Perceived Therapeutic Efficacy Scale*. Paper presented at Sigma Theta Tau International Honor

Society of Nursing 17<sup>th</sup> International Nursing Research Congress, Montreal, Quebec, Canada.

- Erlen, J.A., Caruthers, D., & Burke, L.E. (2006, July). Development and Testing of an Appropriate Behavior-Specific Self-Efficacy Instrument. Paper presented at Sigma Theta Tau International Honor Society of Nursing 17<sup>th</sup> International Nursing Research Congress, Montreal, Quebec, Canada.
- 39. **Burke, L.E.** (2006, Sept.). *Measurement of Adherence*. Invited presentation at the European Society of Cardiology, Barcelona, Spain
- 40. **Burke, L.E.** (2006, Nov.). *Strategies for Enhancing Adherence*. Invited presentation at the American Heart Association Scientific Sessions, Chicago, IL.
- 41. **Burke, L.E**. (2008, Nov). *Behavioral Modification for Improvement of Insulin Resistance*. Invited presentation at the American Heart Association Scientific Sessions, New Orleans
- 42. **Burke, L.E.** (2008, Nov). *How to Encourage Compliance to Physical Activity and Dietary Regimens.* Invited presentation at the American Heart Association Scientific Sessions, New Orleans
- 43. Burke, L.E. (2009, Nov). Lifestyle Risk Factors for CVD: State of the Science Interventions Targeting Diet Modification. Presentation at the American Heart Association 2009 Scientific Sessions, Orlando, Fl
- 44. **Burke, L.E.** (2009, Nov). *How to Manage the Obese Patient*, Presentation at the American Heart Association 2009 Scientific Sessions, Orlando, Fl.
- 45. **Burke, L.E**. (2010). *Building a Diverse Research Team Team Science*. Early Career Day Program, American Heart Association Scientific Sessions, Chicago, IL.
- 46. **Burke, L.E**. (2010). *Behavioral Interventions for Cardiovascular Risk Reduction A Focus on Adherence*. The Kay Lembright Lecture, American Heart Association Scientific Sessions, Chicago, IL.
- 47. **Burke, L.E**. (2010). *Strategies for Enhancing Adherence*, Cardiovascular Seminar, American Heart Association Scientific Sessions, Chicago, IL.
- 48. **Burke, L.E.** (2011). *Adherence to Lifestyle Guidelines: Barriers to Reaching the 2020 Goals*. Chairman's Opening Address, AHA EPID/Prevention and NPAM Councils Spring Meeting, Atlanta, GA.
- 49. Burke, L.E. (2011). *Nutrition in Management of Health and Chronic Disorders*, Lecture delivered to graduate students at Nursing Institute, Basel Switzerland.
- 50. Burke, L.E. (April 2012). *Essentials of Behavior Change: Making it Happen and Making it Last*, World Congress of Cardiology, Dubai, UAE.

- 51. Burke, L.E. (August, 2012). Management of Obesity with Diet, Exercise, Behavior Change for Adults, and A New Concept of Health: The American Heart Association's 2020 Strategic Goals; Invited presentation for the China Heart Congress 2012, Beijing, China.
- 52. Burke, L.E. (March 2013). *Reaching the AHA's 2020 Goals: Barriers and Opportunities* Opening Session Panel, AHA Epidemiology and Prevention and NPAM Councils Spring Meeting. New Orleans, LA.
- 53. **Burke, L.E.** (June 2013). *Using Mobile Health to Prevent Diabetes and Cardiovascular Disease*, American Diabetes Association Scientific Sessions, Chicago, IL.
- 54. **Burke, L.E.** (September 2013). *Self-Monitoring: Is Technology Improving Behavior?* European Society of Cardiology Congress, Amsterdam, Netherlands.
- 55. **Burke, L.E.** (Nov 2013). *Promoting Adherence to Dietary Guidelines*, American Heart Association Scientific Sessions, Dallas TX.
- 56. **Burke, L.E.** (May, 2014). *Role of Nurse Case Management: From Individual to Population*, World Congress of Cardiology & the World Heart Federation, Melbourne, AU.
- 57. **Burke, L.E.** (June 2014). Using Mobile Health to Prevent Diabetes and Cardiovascular Disease, American Diabetes Association, Chicago, IL.
- 58. **Burke, L.E.** (2015, Nov). *Real Time Data Collection with Adaptive Sampling and Innovative Technologies*. Invited presentation at the American Heart Association Scientific Sessions, Orlando, FL.
- 59. **Burke, L.E.** (2015, Nov). *mHealth in Practice: Reality or Pipe Dream*. American Heart Association. Invited presentation at the American Heart Association Scientific Sessions, Orlando, FL.
- 60. **Burke, L.E.** (2015, Nov). *Overview of Effective Traditional Strategies and Mobile Technologies to Promote Heart Health*. American Heart Association. Invited presentation at the American Heart Association Scientific Sessions, Orlando, FL.
- 61. **Burke, L.E.** (2015, Nov). *Role of Technology in Tracking Engagement and Outcomes*. American Heart Association. Invited presentation at the American Heart Association Scientific Sessions, Orlando, FL.
- 62. **Burke, L.E.**, Zheng, Y., Ma, Q., Ye, L., Ewing, L.J., Imes, C., Danford, C.A., Juliet M Mancino, Ran, S., & Sereika, S.M. (2015, Nov) *Dietary Self-Monitoring Adherence is Greater with Smartphone-Based Diaries vs. PDA-Based and Paper Diaries*. Poster presented at the American Heart Association Scientific Sessions, Orlando, FL.
- 63. **Burke, L.E.** (2016). *Self-Monitoring and Dietary Adherence in Treatment and Management of Obesity.* Invited presentation at the Cardiovascular Outcomes Research Workshop/Retreat, Departments of Epidemiology and Medicine, University of Pittsburgh. Pittsburgh, PA.

- 64. Sun, R., Imes, C., Yu, Y., Danford, C.A., Goode, R., Hu, L., Ma, Q., Loar, I., Mendez, D. D., Sereika, S.M., Zheng, Y., & Burke, L.E. (2016, April). Is there an Association between Comorbid Conditions and Self-Efficacy for Weight Loss among Participants in Weight Loss Intervention Study? Poster presented at the Eastern Nursing Research Society 28th Annual Scientific Sessions, Pittsburgh, PA.
- 65. **Burke, L.E.** (2016). *Do We Know Enough about Mobile Health: The State of the Evidence?* Invited presentation, Scientific Sessions of the American Heart Association, New Orleans, LA. November 14, 2016.
- 66. **Burke, L.E.** (2016). *Why is Adherence so Difficult for Convalescing CVD Patients?* Invited presentation, Scientific Sessions of the American Heart Association, New Orleans, LA. November 14, 2016.
- 67. **Burke, L.E.** (2016). *Engaging Patients to Self-manage: Can Technology Help?* Invited presentation, European Society of Cardiology, Rome, Italy. August 28, 2016.
- 68. Burke, L.E. (2017). *EMPOWERing Population Changes: Improving Cardiovascular Health*, AHA Scientific Sessions, Anaheim, California. November 12, 2017.
- 69. **Burke, L.E.** (2017). *Mobile Applications (Apps) for Nutrition and Weight Loss*, AHA Scientific Sessions, Anaheim, California. November 12, 2017.
- 70. **Burke, LE** (2019) *Health Literacy in Digital Health*, AHA Scientific Sessions, Chicago, IL November 12, 2018.
- 71. **Burke, LE** (2019) *Use of Digital Health in Cardiovascular Risk Reduction*, Consumer Electronics Show, Medical Component, Las Vegas, NV, January 10, 2019
- 72. Burke, LE (2019) Healthcare without Walls: Nutrition and weight loss An app a day keeps the doctor away. Electronic dietary assessment apps, websites and patient outcomes. European Society of Cardiology and the World Health Federation Joint Scientific Session, Paris, France, August 31, 2019
- 73. **Burke**, LE (2019) *Best Practices for mHealth Research Targeting Behavior Change*, American Heart Association Scientific Sessions, Philadelphia, PA, Nov 10, 2019

# National

- 1. **Burke, L.E.** (1978, Oct.). *Cardiovascular Education*. Invited presentation for the National Symposium on Patient Education, University of California, San Francisco, CA.
- 2. **Burke, L.E.** (1979, Jan.). *How to Teach, and How to Set Up an Educational Program.* Invited presentation at the Annual Nurses' Symposium, American Heart Association, Minnesota Affiliate, Minneapolis, MN.
- 3. **Burke, L.E.** (1980, June). *Rehabilitation of the Client with Chronic Cardiac or Pulmonary Disorder*. Invited presentation at the Biennial Meeting and Clinical Conference, American Nurses' Association, Houston, TX.).

- 4. **Burke, L.E.** (1981, April). *The Emotional Response of the Patient and Family to CAD* and *Treatment Modalities*, and *Cardiac Rehabilitation Program Planning and Implementation*. Invited presentation at the Conference on Cardiac Rehabilitation, University of CA, San Diego, CA.
- 5. **Burke, L.E.** (1982, March). *Counseling for the Spouse of the Critically-Ill, and Evaluation of In-Hospital Patients and Family Education*. Workshop leader: Future Directions for Rehabilitation, Planning and Implementing a Cardiac Rehabilitation Program, 2nd Annual Cardiac Rehabilitation Symposium, University of California, San Diego, CA.
- 6. **Burke, L.E.** (1984, Feb.). *Exploring Issues in Role Development*. Workshop leader at the Clinical Nurse Specialists-Economic Realities Conference, University of California, San Francisco, San Francisco, CA.
- 7. **Burke, L.E.** (1986, April). *Joint Practice*. Invited presentation at the Clinical Nurse Specialist: Process, Promise & Controversy II Conference, Tucson, AZ.
- 8. **Burke, L.E.** (1986, Feb). *Collaborative Practice: Economic and Professional Considerations*. Invited presentation at the First Annual Nursing Symposium, Cedars Sinai Medical Center, Los Angeles, CA.
- 9. **Burke, L.E.** (1989, Feb). *Collaboration Model*. Invited presentation at the Annual Clinical Nurse Specialist Conference, University of California, San Francisco, San Francisco, CA.
- 10. **Burke, L.E.** (1990, June). *Dietary Treatment of Hyperlipidemia*. Invited presentation at the Annual Meeting, American Association of Occupational Health Nurses, Houston, TX.
- 11. **Burke, L.E.** (1990, Sept.). *Dietary Treatment of Hyperlipidemia*. Invited presentation at the National Nurses' Cholesterol Education Program, American Heart Association & National Heart, Lung & Blood Institute, Kansas City, KA.
- 12. Dunbar-Jacob, J., Dunning, J., Dwyer, K., **Burke, L.E.**, & Snetselaar, L. (1991, March). *Influence of question type on self-reported compliance with dietary regimen*. Paper presented at the Society of Behavioral Medicine Annual Conference, Washington, DC.
- 13. **Burke, L.E.** (1991, April). Symposium: Promoting Adherence in the Clinical Setting, *Educational Strategies to Improve Patient Adherence*, National Conference on Cholesterol and High Blood Pressure Control, Washington, DC.
- Dunbar-Jacob, J., Kwoh, C. K., Sereika, S., Dwyer, K., Burke, L E., McCall, M., Glaister, C., Rosella, J., & Starz, T.W. (1992, March). *Recruitment of minorities in clinical research*. Poster presented at the Society of Behavioral Medicine 13th Annual Meeting, New York, NY.
- 15. Dunbar-Jacob, J., Sereika, S., Burke, L.E., Kwoh, C.K., Rosella, J., McCall, M., Locke, C., Holmes, J. Bondi, K. Canty, T., Starz, T. (1993, March). *Perceived treatment efficacy: assessment in Rheumatoid Arthritis*. Poster presented at the Society of Behavioral Medicine 14th Annual Scientific Sessions, San Francisco, CA.

- 16. Dunbar-Jacob, J., Sereika, S., **Burke, L.E.**, Kwoh, C.K. (1993, Nov.). *Do Patients Do What They Say They Do?* Invited presentation at the Friends of the National Institute of Nursing Research Conference, Washington, DC.
- Holmes, J.L., Rosella, J., Dunbar-Jacob, J., Sereika, S., Burke, L.E., Kwoh, C.K. (1994, Oct.). *Factors associated with attrition of blacks during recruitment for a study examining adherence among RA subjects*. Poster presented at the 29th National Scientific Meeting of the Association of Rheumatology Health Professionals and American College of Rheumatology, Minneapolis, MN.
- Hill, M.N., Burke, L.E., & Dunbar-Jacob, J. (1994, Dec.). Advancing the Nurse's Contribution to Enhancing Prescription Medicine Compliance. Invited presentation at the National Council on Patient Information and Education Conference on Advancing Prescription Medication Compliance: New Paradigms, New Practice, Washington, DC.
- Burke, L.E. (1995, Sept.). Improving Adherence with Cardiovascular Risk Modification. Invited presentation at the National Conference on Cardiovascular Disease Management, Workshop on Risk Factor Modification Counseling, American Heart Association, Houston, TX.
- 20. **Burke, L.E.** (1995, Oct.). *Update: Management of the Patient with Hyperlipidemia.* Invited presentation at the American Association of Office Nurses, Reston, VA.
- 21. Dunbar-Jacob, J., **Burke, L.E.** (1996, Sept.). *Readiness for Change: Putting the Adherence Research into Clinical Practice*. Invited presentation at the American Association of Cardiovascular and Pulmonary Rehabilitation Annual Meeting, Baltimore, MD.
- Dunbar-Jacob, J., Muldoon, M., Burke, L.E. (presenter), Schlenk, E., Rohay, J., & Sereika, S. (1996, Nov.). Sociodemographic factors and quality of life in a healthy adult population. Paper presented at the 4<sup>th</sup> National Nursing Research Conference, Greenbrier, WV.
- 23. **Burke**, L.E. (1998, May). *Strategies to Improve Compliance to Weight Loss Treatment*. Invited presentation at the Futura/AHA Sponsored Scientific Conference, Obesity: Impact on Cardiovascular Disease, Amelia Island Plantation, FL.
- 24. **Burke, L.E.** (1999, April). *Electronic Measurement*. Invited presentation at the American Heart Association sponsored Scientific Conference on Compliance in Healthcare and Research, Boston, MA.
- 25. **Burke, L.E.** (2001, May). *Getting to the Heart of Compliance: Cardiovascular Medicine Compliance*. Invited presentation at the National Council on Patient Education & Information Bi-Annual Conference, Washington, DC.
- 26. **Burke, L.E.** (2002, April). *Application of Technology in the Contextual Measurement, Prediction and Improvement of Adherence*. Invited presentation at the Innovative Adherence Research Priorities Meeting, Sponsored by the NIH Network for Adherence Research, Bethesda, MD

- 27. **Burke, L.E.** (2003, March). *The Prevention Clinic Model: Adherence Issues for Prevention.* Invited presentation at the American College of Cardiology 52<sup>nd</sup> Annual Scientific Session, Chicago, IL.
- Burke, L.E. (2003, March). A Prevention Primer: The Ideal Solution Can We Do It? Invited presentation at the American College of Cardiology 52<sup>nd</sup> Annual Scientific Session, Chicago, IL.
- 29. Burke, L.E. (2003, Sept.). *Modifying Harmful Behavior Patterns: Affecting Long-term Change*. Invited presentation at the Medical Management Track, Annual Conference for Cardiovascular Invasive Professionals, The Cardiovascular Research Institute, Washington, DC.
- Burke, L.E. (2004, March). Strategies to Improve Long-Term Adherence to Treatment. Invited presentation at the American College of Cardiology 53rd Annual Scientific Session, New Orleans, LA
- 31. **Burke, L.E.** (2004, April). *Adherence in Clinical Trials: Strategies for Improvement*. Invited presentation at the National Meeting of the Clinical Trial Coordinators for the international trial, BARI 2D, Pittsburgh, PA.
- 32. Burke, L.E. (2006, Aug.). *The Use of Technology in Studying Patterns of Self-Monitoring Among Participants in a Weight Loss Study*. Invited presentation at the NIH Roadmap Interdisciplinary Methodology and Technology Summit, Bethesda, MD.
- 33. Burke, L.E., Kim, Y., Ergun, F.S., Choo, J., Sereika, S., Music, E. & Dunbar-Jacob, J. (2004, Oct.). *Measurement of self-efficacy for adherence to a cholesterol-lowering diet in patients with hypercholesterolemia*. National Congress on the State of the Science in Nursing Research. Washington, DC
- Burke, L.E., Sereika, S., Choo, J., Warziski, M., Novak, J., Music, E. & Cartwright, M. (2004, Oct.). Using technology to document actual patterns of self-monitoring among subjects in a weight loss study. National Congress on the State of the Science in Nursing Research. Washington, DC
- 35. Sevick, M.A., **Burke, L.E.**, Starrett, T., Korytkowski, M., Paraine, B., Sereika, S., Gold, B., Sakraida, T., Waszak, L., & Mihalko, S. (2005, June). *Use of a PDA-based Balance Log* <sup>™</sup>*for self-monitoring dieatary intake among individuals with type 2 diabetes: The experience of the ENHANCE Study.* Poster presented at the Critical Issues in eHealth Research Conference, Bethesda, MD.
- 36. Sereika, S., Erlen, J. A., **Burke, L.E.**, Colbert, A.M., & Caruthers, D. (2005, June). *Feasibility of an electronic diary for medication monitoring in HIV/AIDS patients*. Poster presented at the Critical Issues in eHealth Research Conference, Bethesda, MD.
- 37. **Burke**, L.E. (2006, Sept.). *Strategies to Improve Adherence to a Sodium Restricted Diet*. Invited presentation at the American College of Nutrition Annual Scientific Sessions, Reno, NV.

- Warziski, M., Styn, M., Choo, J., Music, E., Steenkiste, A.R., & Burke, L.E. (2006, Oct.). Self-efficacy and weight loss in a behavioral intervention study. Poster presented at the Congress for the Advancement of Nursing Science, State of the Science in Nursing Research, Washington, D.C.
- 39. Burke, L.E., Swigart, V., Warziski, M., Derro, N., & Styn, M. (2006, Oct.). Weight loss study participants' perceptions about self-monitoring dietary intake and physical activity. Paper presented at the Congress for the Advancement of Nursing Science, State of the Science in Nursing Research, Washington, D.C.
- 40. **Burke, L.E.**, Styn, M., Music, E., Warziski, M., Choo, J., & Sereika, S. (2006, Oct.). *Electronically documented patterns of self-monitoring in a weight loss trial.* Paper presented at the Congress for the Advancement of Nursing Science, State of the Science in Nursing Research, Washington, D.C.
- 41. **Burke, L.E.**, Styn, M., Steenkiste, A.R., Music, E., Warziski, M., & Choo, J. (2006, Oct.). *A. preliminary report of the impact of adding a lacto-ovo-vegetarian diet to standard behavioral treatment for weight loss.* Paper presented at the Congress for the Advancement of Nursing Science, State of the Science in Nursing Research, Washington, D.C.
- 42. Sereika, S., Colbert, A., Erlen, J., **Burke, L.E.**, & Caruthers, D. (2006, Oct.). *The feasibility of a PDA-based electronic diary for monitoring medication-taking behavior in HIV patients*. Paper presented at the National State of the Science Congress in Nursing Research. Washington, DC, USA.
- Yang, K., Bernardo, L., M., Conroy, M.B., Sereika, S.M., Balk, J., & Burke, L.E. (2008, March). *Effects of yoga program for sedentary adults with a family history of diabetes*. Poster presented at the Society of Behavioral Medicine, Annual Meeting and Scientific Session, San Diego, CA, March 26 – 29, 2008
- 44. Warziski, M., Sereika, S.M., Styn, M.A., Elci, O.U., & **Burke, L.E.** (2008, Oct.). *Does weight loss maintenance differ for minorities compared to non-minorities*? Poster presented at the Congress for the Advancement of Nursing Science, State of the Science in Nursing Research, Washington, D.C.
- 45. Imes, C.C., Dougherty, C., Austin, M.A., Burke, L.E., & Lewis, F.M. (2013). Threegeneration pedigrees increase perceived risk in young adults with a family history of coronary heart disease or associated risk factors. Rapid communication poster presentation.34<sup>th</sup> Annual Meeting & Scientific Session of the Society of Behavior Medicine.
- 46. **Burke, L.E.**, Zheng, Y., Mattos, M., Sereika, S.M., & Styn, M.A. (2013, Nov.). *The relationship of comorbidities and self-efficacy in regimen management*. Poster presentation at 42<sup>nd</sup> Biannual Sigma Theta Tau Convention, Cincinnati, OH.
- 47. Zheng, Y., Sereika, S.M., Danford, C., Ewing, L.J., & **Burke, L.E.** (2014). *Mediating Effects of Adherence to Energy Intake and Expenditure Goals on the Association between Self-Weighing and Percent Weight Change in a Behavioral Weight Loss Trial*. Paper presented at Council for the Advancement of Nursing, Washington, DC.

- 48. Imes, C.C., Zheng, Y., Mattos, M., Ye, L., Danford, C., Sereika, S.M., & **Burke, L.E.** (September, 2014). *Healthy eating and exercise self-efficacy among overweight and obese adults: Does a family history of coronary heart disease make a difference*. Podium presentation presented at the meeting of the Council for the Advancement of Nursing, Washington, DC.
- Taraban, M., Haney, A., Shaffer, J., Reese, M., Mancino, J., Zheng, Y., Music, E., Loar, I., & Burke, L.E. (2015). *The Role of Self-Efficacy in a Behavioral Weight Loss Intervention*. Poster presented at NCUR.
- 50. Haney, A., Shaffer, E., Taraban, M., Reese, M., Mancino, J., Ye, L., Music, E., Loar, I., & **Burke, L E.** (2015). *Barriers to Healthy Eating in a Behavioral Weight Loss Intervention Study*. Poster presented at NCUR.
- 51. Burke, L.E., Mancino, J.M., Zheng, Y., Morris, J., Ran, S., Danford, C., Ma, Q., Ewing, L.J., Goode, R., Imes, C., & Sereika, S.M. (2015). *A Pilot Study of Tailored Feedback Messages Delivered Daily to Enhance Weight Loss*. [Poster presented at the Obesity Society's Annual Scientific Meeting, Los Angeles, CA, November 4, 2015.
- 52. **Burke, LE**: Invited Professorship, Arnold School of Public Health, University of South Carolina, *The Evolution of the Use of Technology for Self-Monitoring in the Treatment of Overweight and Obesity*. April 27, 2021

### Regional

- 1. **Burke, L.E.** (1976, Oct.). *The Physiologic and Hemodynamic Principles Key to Understanding the Intra-Aortic Balloon Pump*. Invited presentation at the Critical Care Grand Rounds, Los Angeles, CA.
- 2. **Burke, L.E.,** & Vredevoe, D. (1978, Oct.). *Anticipatory grief in spouses of the criticallyill*. Paper presented at the VA Regional Nursing Research Conference, Los Angeles, CA.
- 3. **Burke, L.E.**, & Vredevoe, D. (1978, Sept.). *An investigation of anticipatory grief in spouse of the critically-ill.* Paper presented at the University of Arizona 6th Annual Nursing Research Conference, Tucson, AZ.
- 4. **Burke, L.E.** (1979, April). *Rehabilitation Toward Prudent Heart Living*. Invited presentation at the American Association of Critical Care Nurses Spring Symposium, San Fernando Valley Chapter, Van Nuys, CA.
- 5. **Burke, L.E.** (1979, July). *Cardiac Rehabilitation in the Acute Hospital*. Invited presentation at the Professional Standards and Review Organization Conference, Los Angeles, CA.
- 6. **Burke, L.E.** (1980, Oct.). *Rehabilitation of the Cardiac Surgical Patient*. Invited presentation at the Los Angeles Heart Institute First Annual Cardiovascular Nursing Symposium, Los Angeles, CA.
- 7. **Burke, L.E.** (1981, Feb). *Risk Factors for Coronary Heart Disease and Ways of Reducing the Risks*. Invited presentation at the Adult Education Association, Los Angeles, CA.

- 8. **Burke, L.E.** (1981, June). *Behavior Modification*. Invited presentation at the Annual American Heart Association, Cardiac Rehabilitation Symposium, Los Angeles, CA.
- 9. **Burke, L.E.** (1981, Aug.). *Sexual Concerns of the Cardiac Patient*. Invited presentation at the Human Sexuality Symposium, Valley Presbyterian Hospital, Van Nuys, CA.
- Burke, L.E. (1981, Oct.). Rehabilitation of the Complicated Post-Operative Patient: A Team Approach. Invited presentation at the Annual Cardiovascular Nursing Symposium, Los Angeles Heart Institute, Los Angeles, CA.
- 11. **Burke, L.E.** (1981, Nov.). Sexual Concerns of the Individual with Heart Disease, Heart to Heart Program for Cardiac Patients. Invited presentation at the Valley Presbyterian Hospital, Van Nuys, CA.
- 12. **Burke, L.E.** (1981, Dec.). *Sexual Counseling of the Cardiac Patient*. Invited presentation at a Medical Staff Conference, Valley Presbyterian Hospital, Van Nuys, CA.
- 13. **Burke, L.E.** (1982, June). *Sexual Counseling of the Cardiac Patient*. Invited presentation at the Cardiac Rehabilitation Seminar, Valley Presbyterian Hospital, Van Nuys, CA.
- 14. **Burke, L.E.** (1982, June). *Education/Counseling of Cardiac Patients and Families*, and *Cardiac Rehabilitation Programs for Post Bypass Patients*. Presentations and workshop leader, Annual Cardiac Rehabilitation Symposium, American Heart Association, Los Angeles Affiliate, Los Angeles, CA.
- 15. **Burke, L.E.** (1983, Feb.). *Sex and the Damaged Ventricle*. Invited presentation at the Cedars-Sinai Medical Center Cardiac Rehabilitation Conference, Los Angeles, CA.
- 16. **Burke, L.E.** (1983, Feb.). *Non-Invasive Diagnostic Approaches to Ischemic Heart Disease*. Invited presentation at the 7th Annual Cardiovascular Nursing Symposium, American Heart Association, Great Los Angeles Affiliate, Los Angeles, CA.
- 17. **Burke, L.E.** (1983, Nov.). *Nontraditional Roles for Nurses*. Invited presentation at the Adult Medical-Surgical Practice UCLA Extension, First Annual Symposium on Nursing in the 80's, Los Angeles, CA.
- 18. **Burke, L.E.** (1986, Sept.). *Non-Invasive Diagnostic Approaches to Ischemic Heart Disease*. Invited presentation at the Future Trends in Cardiovascular Nursing, St. John's Heart Institute, Santa Monica, CA.
- 19. **Burke, L.E.** (1987, Feb). *Nurse Entrepreneur*. Invited presentation at the Sigma Theta Tau California State University, Long Beach, CA.
- 20. Burke, L.E. (1987, March). *Nurse Entrepreneurship*. Invited presentation at the Distinguished Lecture Series at the University of South California, Department of Nursing, Los Angeles, CA.

- 21. **Burke, L.E.** (1987, Sept.). *Health Care at the Worksite*. Invited presentation at the Volunteer Leadership Conference, American Heart Association, Los Angeles Affiliate, Los Angeles, CA.
- 22. Burke, L.E. (1988, Feb). *Hyperlipidemia: Detection and Treatment*. Invited presentation at the California Coalition of Nurse Practitioners, Los Angeles, CA
- 23. **Burke**, L.E. (1990, Feb). *Sexual Counseling of the Cardiac Patient*. Invited presentation at the Annual Nursing Symposium, American Heart Association, Central Coast Chapter, San Luis Obispo, CA.
- 24. **Burke, L.E.** (1990, Sept.). *Cardiac Care Update, Women & Heart Disease, Detection and Treatment of Hyperlipidemia.* Invited presentation at the Annual Meeting, Holston Valley Medical Center, Kingsport, TN
- 25. Burke, L.E. (1991, March). *Dietary Recommendations for Managing Hypercholesterolemia, Compliance to Treatment: How to Get the Patients To Do Their Part.* Invited presentation at the Cholesterol Education Program for Nurses at Cedars-Sinai Medical Center and the American Heart Association, Los Angeles, CA.
- 26. **Burke, L.E.** (1992, Sept.). Dunbar-Jacob, J., **Burke, L.E.** *Facilitating Adherence to Risk Factor Intervention*. Invited presentation at the Stanford University School of Medicine, Center for Research in Disease Prevention, in association with the California Society for Cardiac Rehabilitation, Palo Alto, CA.
- 27. Burke, L.E. (1992, Sept.). Dunbar-Jacob, J., & Burke, L.E. Compliance With Antihypertensive Regimen: A Review of the Research in the 1980s. Invited presentation at the Stanford Center for Research in Disease Prevention and California Society for Cardiac Rehabilitation Conference on Aggressive Management of Risk Factors in Coronary Population. Burlingame, CA.
- Locke, C., McCall, M., Dunbar-Jacob, J., Sereika, S., Burke, L.E., Rosella, J., Canty, T., & Kwoh, C.K. (1992, Oct.). *Perspectives concerning social support from Rheumatoid Arthritic subjects*. Poster presented at the Fourth Annual Research Conference at the Veterans Administration Medical Center, Pittsburgh, PA.
- 29. **Burke, L.E.** (1994, Feb.). *The Role of Behavioral and Psychosocial Factors in Lifelong Health, Women and Heart Disease Conference*. Invited presentation at the Western PA District, American Heart Association, Pittsburgh, PA.
- 30. **Burke, L.E.**, Dunbar-Jacob, J., Sereika, S., Rosella, J., & Kwoh, C.K. (1994, April). *Dietary patterns of adults with a chronic illness: a descriptive study.* Poster presented at the Eastern Nursing Research Society Sixth Annual Scientific Sessions, Binghamton, NY.
- 31. Dunbar-Jacob, J., **Burke, L.E.**, Sereika, S., & Kwoh, C.K. (1995, April). *The association of symptoms and medication adherence among patients with Rheumatoid Arthritis*. Poster presented at the Eastern Nursing Research Society 7th Annual Scientific Sessions, Portland, ME.

- 32. Burke, L.E., Ewart, C.K., Thompson, P.D., Rohay, J.M., Matthews, J.T., Sereika, S., & Dunbar-Jacob, J. (1996, April). *Psychometric evaluation of the cholesterol-lowering diet self-efficacy scale*. Poster presentation at the 8th Annual Eastern Nursing Research Society conference, Pittsburgh, PA. Recipient of the Outstanding Graduate Student Poster Award.
- 33. Dunbar-Jacob, J., Sereika, S., Rohay, J.M., Burke, L.E. (presenter), & Kwoh, C.K. (1996, April). *Predictors of adherence: differences by measurement method*. Paper presented for the Symposium "Issues in Patient Adherence in Nursing Care" at the 8th Annual Eastern Nursing Research Society Conference, Pittsburgh, PA.
- 34. **Burke, L.E.**, Dunbar-Jacob, J., Orchard, T.J., & Sereika, S. (1999, April). *A behavioral intervention to improve adherence to a low fat diet.* Paper presented at the 11<sup>th</sup> Annual Eastern Nursing Research Society Conference, New York, NY.
- 35. **Burke, L.E.** (1999, April). *The Role of Funding in Establishing a Research Program*. Invited presentation at the Symposium on Research Funding, 11<sup>th</sup> Annual Eastern Nursing Research Society Conference, New York, NY.
- 36. Burke, L.E. (1999, Oct.). Adherence to a Heart Healthy Lifestyle: What Makes the Difference. Invited presentation at the 18<sup>th</sup> Annual Postgraduate Update for Outpatient Cardiac Rehabilitation Nurses, Nursing Enrichment Consultants, Inc., Pittsburgh, PA
- Burke, L.E. (2001, June). Compliance to Cardiovascular Therapies. Invited presentation at the Vermont Society of Cardiovascular and Pulmonary Rehabilitation, 7<sup>th</sup> Annual Conference, Burlington, VT.
- 38. **Burke, L. E.** (2001, June). *Strategies to Improve Compliance to Exercise*. Invited presentation at the Vermont Society of Cardiovascular and Pulmonary Rehabilitation, 7<sup>th</sup> Annual Conference, Burlington, VT.
- 39. Burke, L.E. (2007, April). A Research Program of Behavioral and Nutritional Interventions for Weight Loss. Invited presentation at the Center for Health Enhancement Research, VA and RAND Groups' Weekly Research Seminar.
- 40. Ye, L., Youk, A.O., Sereika, S.M., & **Burke, L.E.** (2013). *A Nonparametric Model for Unevenly Sampled Longitudinal Data*.[Poster presentation].Pittsburgh Chapter of the American Statistics Association.
- 41. Zheng, Y., Klem, M.L., Sereika, S.M., Ewing, L.J., Danford, C.A., & Burke, L.E. (2014). *Self-weighing in Weight Management: A Systematic Literature Review.* Presented at 26th ENRS Annual Scientific Sessions, April 9 - 11, 2014, Philadelphia, PA.
- 42. Imes, C.C., Ye, L., Conley, Y., & **Burke, L.E.** (2013). *Leptin, leptin receptor, and ghrelin genes and their association with protein levels and body mass index in a sample of weight cyclers.* Poster presented at the meeting of the International Society of Nurses in Genetics, Bethesda, MD, October 4-6, 2013.
- 43. Ye, L, Youk, AO, Sereika, SM, & **Burke**, LE (2014). *Three-step estimation via local polynomial smoothing for Unevenly Sampled Longitudinal Data*. Oral presentation at ENAR; March 17, 2014, Baltimore, MD.

- 44. Shaffer, J., Mancino, J.M., Music, E., & **Burke, L.E.** (2015). *Experience of weight loss study participants using mHealth technology for weight loss*. Poster presentation, Pennsylvania Academy of Nutrition & Dietetics Annual Meeting, State College, PA.
- 45. Burke, LE (Feb 24, 2020) Self-Monitoring of Diet and Exercise in Behavioral Weight Loss Interventions: From Paper to mHealth Devices, Lean In Speaker Martha S. Pitzer Center for Women, Children, and Youth, Ohio State University, College of Nursing, Columbus, OH

#### Local

- Burke, L.E., Sereika, S., Choo, J., Warziski, M., Novak, J., Music, E. & Cartwright, M. (2004, Dec.). Using technology to document actual patterns of self-monitoring among subjects in a weight loss study. University of Pittsburgh School of Nursing, Visiting Scholars Program, Pittsburgh, PA.
- Sevick, M.A., Piraino, B, Bernardini, J., Bender, C., Burke, L.E., Sereika, S. & Starrett, T.J. (2003, April). *Dietary Adherence Enhancement Intervention-BalanceWise Study*, Nursing Horizons Conference-University of Pittsburgh School of Nursing, Pittsburgh, PA
- Burke, L.E., Styn, M.A., Elci, O.U., Music, E., & Warziski, M. (2007, Oct.). *How do* barriers to healthy eating impact weight loss? Poster presented at the University of Pittsburgh Science 2007 Conference, Pittsburgh, PA.
- 4. Acharya, S., Elci, O.U., Music, E., Warziski, M., Styn, M.A., & **Burke, L.E**. (2007, Oct.). *Patterns of adherence to standard behavioral weight loss treatment*. Poster presented at the University of Pittsburgh Science 2007 Conference, Pittsburgh, PA.
- 5. Warziski, M., Sereika, S.M., Styn, M.A., Music, E., & **Burke, L.E**. (2007, Oct.). *Is weight loss self-efficacy different for study participants randomized to a vegetarian diet?* Poster presented at the University of Pittsburgh Science 2007 Conference, Pittsburgh, PA.
- 6. Burke, L.E. Invited participant, *NIH Career Development Award Workshops, Mock Study* Section, Office of Academic Career Development, University of Pittsburgh, February 2009
- 7. **Burke, L.E.** *Ethical Issues in Obesity Research*, 18<sup>th</sup> Annual Medical Ethics Update, University of Pittsburgh, Center for Bioethics and Health Law, April 2009.
- 8. Beatrice, B.N., McGhee, L.M., Barna, M.M., Styn, M.A., Wang, J., & **Burke, L.E.** (2009, October). *Effect of fiber consumption in weight loss study participants*. Poster presented at University of Pittsburgh Science 2009 Conference, Pittsburgh, PA.
- Barna, M.M., McGhee, L.M., Beatrice, B.N., Burke, L., Styn, M.A., Wang, J., Burke, L.E. (2009, October). *Carbohydrate intake in relation to BMI and waist circumference in weight loss trial participants*. Poster presented at University of Pittsburgh Science 2009 Conference, Pittsburgh, PA.
- 10. McGhee, L.M., Barna, M.M., Beatrice, B.N., Wang, J., Styn, M.A., **Burke, L.E.** (2009, October). *Behavioral weight loss study participants' adherence to energy and fat gram*

goals at 6 months. Poster presented at University of Pittsburgh Science 2009 Conference, Pittsburgh, PA.

- 11. **Burke, L. E.** (2014). Using Mobile Technology to Improve Behavioral Weight Loss Treatment, Obesity, Energetics and Cancer Half Day Retreat on Thursday, March 27, 2014
- 12. Burke, L.E. (2016). Using EMA to Study the Predictors of Relapse, Invited speaker, Integrative Conference on Technology, Social Media, and Behavioral Health, University of Pittsburgh, May 2<sup>nd</sup>, 2016.
- Burke, L.E. (2016). Using Smartphones and Mobile Devices to Collect Real-time Data: Self-Monitoring and Ecological Momentary Assessment (EMA). Invited speaker, NYU HealthTech 2016 – Apps, Gadgets & Gizmos, New York University, May 7, 2016.
- 14. Burke, L.E. (2018). Conducted Seminar forT32 Trainees on Research Program focused on Digital Health, Dept. of Biobehavioral Nursing and Informatics, University of Washington, October 18, 2018.
- 15. Burke, LE (Jan 21, 2020) *Promoting Lifestyle Change via Tailored mHealth Strategies to Improve Healthy: RCT*, Panel presentation for MoSHE Seminar, University of Pittsburgh.

## Workshops or Scientific Conferences

Date: 1999, April

### Title: 1st Scientific Conference on Compliance in Healthcare and Research (2 days) Organization: American Heart Association

Location: Boston, MA

Role: Wrote the scientific conference proposal that was approved by the AHA Education Committee and selected as one of four conferences that would receive AHA support in the planning and execution of the conference. Served as the primary Chair of the Program Planning Committee 1997-1999, chaired a multidisciplinary team of volunteers in finalizing the program, selecting the site, inviting speakers; worked with AHA staff in raising funds to support the conference (approximately \$200,000); over saw the conference. Afterwards, served as primary editor of the monograph of papers that were presented at the conference, the papers were published in a hardbound book by Future Publishers in 2001. Dr. Ira Ockene served as Co-Chair of the conference and Co-Editor on these projects. Attendance: ~150 with representation from three countries.

### Date: 2004, June

## Title: 2<sup>nd</sup> Scientific Conference on Compliance in Healthcare and Research (2 <sup>1</sup>/<sub>2</sub> days) Organization: American Heart Association

Location: Washington, DC

Role: Wrote the scientific conference proposal, which was approved in 2002 by the AHA Education Committee and selected for support by AHA. Was primary Chair of a large multidisciplinary team of volunteers to plan the conference, select topics, select and invite speakers, select the site and hotel, planned a poster session and a call for abstracts, worked with AHA staff in developing and finalizing the logistics of site arrangement and with Development staff in raising approximately \$275,000. Chaired the Abstract Review process. Oversaw the entire process with the Co-Chair, Dr. Ira Ockene and the AHA Conference Staff. Attendance:

approximately 230 with representation from 8 countries; approximately 100 abstracts were included in the poster session, abstracts were published in Circulation.

## **Teaching**

Term/	Course Number & Title	No. of	Level	Didactic or
Years		Students	DOIL	Clinical
Spring 2017	NUR2000 Research for Evidence-Based Practice	20	BSN	Didactic
Spring 2017	NUR 3020: Quantitative Research Methods	3	PhD	Didactic
Summer 2017	NUR 3041 Research Emphasis in Chronic Disorders	5	PhD	Didactic
Fall 2015	NUR3049, Doctoral Research Seminar	8	PhD	Didactic
Summer 2015	NUR3042, Seminar in Chronic Disorders	6	PhD	Didactic
Spring 2016	NUR 3020: Quantitative Research Methods	9	PhD	Didactic
Spring 2016	NUR2000 Research for Evidence-Based Practice	20	BSN	Didactic
Spring 2015	NUR 3020: Quantitative Research Methods	5	PhD	Didactic
Spring 2014	NUR 3020: Quantitative Research Methods	4	PhD	Didactic
Summer 2013	NUR 3041 Research Emphasis in Chronic Disorders	7	PhD	Didactic
Spring 2013	NUR 3020: Quantitative Research Methods	13	PhD	Didactic
Summer 2013	NUR3042, Seminar in Chronic Disorders	8	PhD	Didactic
Spring 2008	NUR 3020: Quantitative Research Methods	5	PhD	Didactic
Spring 2007	NUR 3020: Quantitative Research Methods	7	PhD	Didactic
Spring 2006	NUR 3020: Quantitative Research Methods	9	PhD	Didactic
Spring 2005	NUR 3020: Quantitative Research Methods	14	PhD	Didactic
Fall 2004	NUR 2002: Research Practicum	22	Masters	Didactic
Spring 2004	NUR 2002: Research Practicum	38	Masters	Didactic
Fall 2004	NUR 3020: Quantitative Research Methods	9	PhD	Didactic

# **Primary Teacher**

Due to high percent effort funded, not responsible for a course during academic years 2007-2011

## **Guest Lectures**

Term/	Course Number & Title	No. of	Level	Торіс
Years		Students		

Summer	NUR 3110, Research			Development of a New
2009-14	Instrumentation	5	PhD	Instrument
Spring 2009, 2011	EPID 2151, Physical Activity Epidemiology	12	PhD, MPH	Compliance Technology in Lifestyle Intervention Studies
Fall 2009, 2011	EPID 2525 Nutritional Assessment	4	MPH/ PhD	Assessment of Food Intake, Lecture and Lab (3 classes)
Fall 2009	NUR 3049 Doctoral Seminar	6	PhD	Doctoral Research Seminar
Summer 2008, 11	NUR 3042, Seminar in Chronic Disorders	6	PhD	Weight and Dietary Behaviors in Chronic Disorders
Summer 2008	NUR 3110, Research Instrumentation	5	PhD	Development of a New Instrument
Spring 2008	NUR 3049 Doctoral Seminar	5	PhD	Doctoral Research Seminar
Spring 2008	NUR0067 Research	20	BSN	<i>EBP – An Example of Evidence for Practice</i>
Spring 2008	NUR Student Enrichment Series, NSA & Alumni Society	25	BSN	Member of panel presentation on Undergraduate Research Opportunities in SON
Fall 2007	NUR 3016, Nursing Theory,	8	PhD	Theory Underlying, Intervention Research
Summer 2007	NUR 1128, Community Health	50	BSN	Nutrition and Weight Control
Summer 2007	NUR 3110, Research Instrumentation	8	PhD	Development of a New Instrument
Summer 2006	EPID 2295, Biochemical and Nutritional Factors in Epidemiology	5	MPH/ PhD	Electrolytes and Cardiovascular Health
Fall 2005	NUR 3016, Nursing Theory,	10	PhD	Theory Underlying, Intervention Research
Fall 2005 and Spring 2006	NUR 1128, Community Health	50	BSN	Nutrition and Weight Control
Fall 2008	EPID 2295 Biochemical and Nutritional Factors in Epidemiology	4	PH/ PhD	Dietary intake assessment and Nutrition Data System- Research
Spring 2009	NUR 1900 Global Health Course	26	BSN/ MS	Impact of Global Obesity
Summer 2009	NUR 3110, Research Instrumentation	6	PhD	Development of a New Instrument
Fall 2009	EPID , Epidemiology of Physical Activity	12	MPH/ PhD	<i>Compliance to Electronic</i> <i>Monitoring</i>
Spring 2010	EPID , Behavioral Interventions to Improve Lifestyle	15	MPH/ PhD	Self-monitoring: Theory and Review of Research

Spring 2010	Chronic Disorders course, Nursing Science Institute, University of Basel, Switzerland	15	MS	Nutrition in Chronic Disorders – Assessment, Treatment & Adherence
Spring 2010	NUR 3049 Doctoral Research Seminar	6	PhD	Presentation of research focused on behavioral interventions
Fall 2018	Merged T32 trainee seminar	14	PhD	Program of Research using mHealth
Fall 2018	Epidemiology Seminar	50+	MPH, PhD	<i>mHealth: Its use in weight</i> <i>management and DVD risk</i> <i>reduction</i>
Spring 2020	Behavioral Medicine Interventions, Psy 2252	7	MS, PhD	Mobile health interventions & the promotion of health behavior change
June 2022	Behavioral Medicine	8	MS PhD	Mobile health interventions & the promotion of health behavior change

# **PhD Dissertations**

Student	Dissertation Title	Faculty Role	Training Period	Present professional status
Mary Wojnakowski	Risk Factors Affecting the Occurrence of Postoperative Pulmonary Complications – A Nested Case Control Study	Dissertation Committee Member	1994- 2004	Director and Assistant Professor, Midwest U. Nurse Anesthesia Program
Melissa Taylor	Social Support, Personal Control, and Psychological Functioning Among Individuals with Heart Failure.	Dissertation Committee Chair	1989- 2005	Nursing Research Program Leader, VA Pittsburgh Healthcare System and Core Faculty – Center for Health Equity Research and Practice.
Melanie Warziski Turk	Weight Loss Maintenance: Exploring Racial Differences	Dissertation Committee Chair Sponsor of her NIH F31 Award	2004 - 2008	Assistant Professor, Duquesne University, Pittsburgh, PA

Student	Dissertation Title	Faculty Role	Training Period	Present professional status
Lorraine Resiner			2002 - 2007	Associate Professor, Carlow University
Alison Colbert	Health Literacy, Self- Efficacy and HIV Medications	Member, Dissertation Committee	2005- 2007	Assistant Professor, Duquesne University, Pittsburgh, PA
Kaye Kramer	Kramer Diabetes Prevention and Cardiovascular Risk Reduction in Primary Care Practice		2004- 2007	Director, Diabetes Prevention Support Center University of Pittsburgh Diabetes Institute
Sushama Acharya, MS	Relationships between diet, weight loss and insulin resistance with adiponectin levels among overweight/obese adults	Dissertation Chair, Epidem- iology Program Sponsor of her AHA Pre-doctoral Fellowship	2006- 2010	ORISE Fellow, Office of Surveillance, Epidemiology and Laboratory Services Epidemiology and Analysis Program Office, Centers for Disease Control and Prevention, Atlanta, GA; currently Sodium Research Analyst, Cardiovascular Division, CDC
Related Quality of LifeCommamong Overweight andChair,		Dissertation Committee Chair, Nursing	2008- 2010	Graduate Student Researcher on Dr. Burke's K24 Award; Post-doctoral Fellow 2010-2011 Assistant Professor, University of Texas, Houston, 2012-2018 U TX San Antonio, 2018-2020 Dean Professor at Florida State University College of Nursing, Florida; Editor-in- Chief, JMIR Aging

Student	Dissertation Title	Faculty Role	Training Period	Present professional status
Susan Simms	Age, Gender, Social Support, Medication Adherence, and Health-Related Quality of Life of Adults with Heart Failure	Member, Dissertation Committee	2009- 2011	PhD student, Nursing
Tricia Tuite	The Influence of Exercise Dose, Exercise Intensity, and Weight Loss And Change In C-Reactive Protein in Sedentary Overweight Women	Member, Dissertation Committee	2008- 2012	PhD student, Exercise Physiology Assistant Professor, School of Nursing
Renee J. Rogers	The Comparison of a Technology-Based System And In-Person Behavioral Weight Loss Intervention in the Severely Obese	Member, Dissertation Committee	2011- 2012	PhD student, Exercise Physiology Assistant Professor, School of Education
Maya Clark	Experience of Managing ESRD Dietary Modifications	Member, Dissertation Committee	2010- 2012	PhD student, Nursing Postdoctoral Fellow, University of Pennsylvania
David Garcia	Feasibility of a Campaign Intervention Compared to a Standard Behavioral Weight Loss Intervention in Overweight and Obese Adults	Member, Dissertation Committee	2012- 2013	PhD student, Exercise Physiology Postdoctoral Fellow, Arizona State University

Student	Dissertation Title	Faculty Role	Training Period	Present professional status
Erica Ambeba	Associations Between Weight Loss and Regain, Cytokine Concentration, and Insulin Resistance among Overweight/Obese Adults	Chair, Dissertation Committee	2010- 2013	PhD student, Epidemiology Research Scientist Coordinator, Nationwide Children's Hospital. Cleveland, OH
Yaguang Zheng	Experiences of Daily Weighing during a 12- month Weight Loss Program	Chair, Dissertation Committee Supervisor of GSR	2010- 2015 2020-	Completed PhD Assistant Professor, Boston College. Assistant Professor, NYU Meyers College of Nursing, New York
Rachel Goode	A Feasibility Study to Reduce Binge Eating in Overweight African American Women	Co-Chair, Dissertation Committee, Primary Sponsor of F31	2011- 2017	Completed PhD Assistant Professor, University of North Carolina, School of Social Work
Meghan Mattos	Mild Cognitive Impairment in Older Rural Dwelling Adults	Co-Chair, Dissertation Committee, Primary Sponsor of F31, Supervisor of GSR 2012-2014	2012- 2016	Completed PhD, Assistant Professor, University of Virginia, School of Nursing
Lei Ye	Three-Step Estimation Procedure and Semiparametric Mixed Effects Model Using Local Polynomial Smoothing for Unevenly Sampled Longitudinal Data	Member, Dissertation Committee, Supervisor of GSR 2011-2014	2011- 2014	PhD Candidate, Biostatistics Completed PhD Dec, 2014 Biostatistician in Pharma industry, San Francisco, CA

Student	Dissertation Title	Faculty Role	Training Period	Present professional status
Ran Sun	Patient Use and the Association of the Patient Portal with Clinical Outcomes in Individuals with Type 2 Diabetes	Research Advisor	2014- 2020 2021	Completed PhD. Postdoctoral Fellow in Informatics, Stanford University School of Medicine Scientist, Johnson & Johnson
Yang Yu	Patients' Experiences, Post-operative Psychosocial and Behavioral Factors Related to Weight Change among Patients who have Undergone Sleeve Gastrectomy in China	Research Advisor	2015- 2020 2020-	Completed PhD (2020), Postdoctoral Fellow, University of Rochester School of Nursing Assistant Professor, U of Rochester School of Nursing
Jess Cheng	Do Changes in Diet Quality in a Weight Loss Trial Affect Cardiometabolic Risk?	Research Advisor, Chair Dissertation Committee	2019- Overvie w Feb 2022 Defense Aug 2022	Epidemiology student, F31 recipient, NIH predoctoral fellowship 2021, 1 F31 HL156278-01. Advanced to Candidacy April 2022, defended dissertation Aug 2022 Postdoctoral Scholar T32, Harvard University School of Public Health 2022-24

Student	Disserta	tion Title		Faculty Role		Traini Period	0	Present j status	professional
Zhadyra Bizhanova	in Adults	Activity Goal		Research Advisor, Chair Dissertatio Committe		2017- 2022		3 <sup>rd</sup> year, a transferred became ( Burke's l to candid defended July 2022 Health O Research Institute Health N Data Ana	GSR on Dr. R01. Advanced acy 12/2020; dissertation 2 utcomes er, Cancer at Allegheny
Pre-doctoral	Pre-	Pre-	Pr	e-doctoral	Pos	t-	Pos	st-doctoral	Post-doctoral
Training	doctoral in	doctoral	со	ont'd. in	doct	toral in	con	npleted	cont'd in
Grantee (NIH	Training	Graduated	re	search	Trai	ning	trai	ning	research
or AHA)									
6 of 12	2	11		11		0		5	5

# **Other Mentoring Activities**

## **Preceptor for Internships**

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2002	Undergraduate student in Information Science, Carlow College – developed web
	site for NUR 2002 Research Practicum course.
2003	Undergraduate student in Information Science, University of Pittsburgh –
	developed web site for PREFER clinical trial; initiated analysis of data from
	clinical trial (with a Master's student in NUR2002 Research Practicum) that
	resulted in poster presentation at AHA Scientific Council on Compliance
2004	Masters student in Exercise Physiology, University of Pittsburgh – mentored on
	design and delivery of behavioral interventions
2009	Mentored three dietetic students (2 undergrad & 1 grad) as part of the Summer
	Research Experience for Students; each conducted statistical analysis of food
	recall data to answer a research question related to baseline food intake and
	biological markers or anthropometric indicators
2010	Mentored 2 PhD students in biostatistics as part of a NIH funded postdoc
	(stimulus funds) Okan Elci; since 2011 Lei We – Le used the SMART Trial data
	for her dissertation. Completed Dec 2014. Published findings.
2014-2016	Quianheng Ma - Master's level biostat student, used EMPOWER data for thesis.
	Worked on project as student worker. Defended thesis June 2016, presented
	findings at AHA Scientific Sessions, Nov 2016, When is the Ideal Time to Boost
	Dietary Self-Monitoring in the Prevention of Weight Regain?

2015-present	Jonathan Duval, PhD student in rehabilitation science, University of Pittsburgh (co-sponsor F31, not funded)
2019-	Jessica Cheng, PhD student in epidemiology, Do Changes in Diet Quality in a Weight Loss Trial Affect Cardiometabolic Risk? recipient F31 predoctoral fellowship 2021, NIH 1 F31 HL156278-01, advanced to candidacy April 2022
2020-	Zhadyra Bizhanova, PhD student in epidemiology, transferred from M Brooks as advisor as she is GSR on my grant, advanced to candidacy Dec 2020

## **Preceptor for Research Practicum Courses**

5 master's level students

6 doctoral students (nursing), 1 doctoral student (exercise physiology), 1 doctoral level student (epidemiology)

## **Doctoral and Post-Doctoral Mentorships**

- 2004-2010 M. Warziski Turk, received NRSA as doctoral student; completed PhD in 2008. See publications for her work. She continues to participate in co-authoring databased papers and currently has a 1<sup>st</sup> author paper under review; in 2010 received Faculty Development Award at Duquesne University where is Assistant Professor.
- 2003-2004 C. Huston-Shikh, doctoral student, practicum for grant writing, submitted application to Sigma Theta Tau in May 2005.
- 2003-2004 Fisun S. Ergun, International Post-Doctoral Scholar, (part time) mentored on advanced psychometric analysis of self-efficacy scale; development of poster presentations and manuscript (see refereed articles and published abstracts).
- 2003-2010 Jina Choo, International Post-Doctoral Scholar, submitted four grants that were not funded. A grant submitted to Sigma Theta Tau in May 2005, funded *Psychometric Evaluation of the Cholesterol-Lowering Diet Self-Efficacy Scale Short-Form*. Supervised Dr. Choo in the conduct of this study at the Shadyside Hospital Cardiac Rehabilitation Program. Mentored her on development of manuscripts from her dissertation, and papers (see publications) and presentations (see published abstracts) from my funded studies. Dr. Choo completed her International Scholar Program in August 2005 and her DrPH in epidemiology at the Graduate School of Public Health in July 2008. She is an assistant professor in a school of nursing at Seoul University. I continuing to work with her in development of manuscripts; she is co-author on two current papers.
- 2006 Claudia Kregg-Byers, Doctoral student, Research Practicum for the course, Clinical Trials, mentored on how to close a clinical trial and how to set up, recruit, screen and implement a new clinical trial; also on the delivery of behavioral interventions with a focus on nutrition.
- 2005-present Mentored Sushama Acharya, doctoral student in epidemiology. Obtained grant from Dept. of Epidemiology for first phase of dissertation using data from PREFER study; obtained pre-doctoral grant from AHA for the second phase of dissertation using data from SMART trial. Has first authored 4 papers from

PREFER and SMART data. She continues to participate in co-authoring data based papers and currently has a paper under review.

- 2005-present Mentored Mindi Styn in post PhD development. Submitted grant to AHA-not funded; submitted K Award to NIDDK-scored but not funded. Submitted grant to KL2, CTSI program, scored but not funded. Obtained grant to cover cost of PET imaging from the UPMC Imaging Dept., studying participants from SMART study post completion of trial. Also designated mentee of K24 for genetics study of SMART participants.
- 2008-2010 Jing Wang, doctoral student, independent study to co-author manuscript, several under review currently. Part time GSR on K24 grant since August 2008. Ms. Wang will do dissertation from data of my ongoing clinical trial. Being mentored in grant writing and secondary analyses.
- 2010-2015 Yaguang Zheng, PhD student in nursing advisee, focus on self-weighing in wt. loss Tx (still mentor her remotely, consultant on R15 grant submitted Jan 2016)
- 2011-2013 Erica Ambeba, PhD in epidemiology student, dissertation chair
- 2011-2017 Rachel Goode, PhD student in social work, advisor; Primary Sponsor F31
- 2012-2016 Meghan Mattos, PhD student in nursing, advisor/mentor for F31
- 2014-2020 Ran Sun, PhD student in nursing, advisor, dissertation chair
- 2015-2020 Yang Yu, PhD student in nursing, advisor, dissertation chair
- 2019- Jess Cheng, PhD student in epidemiology, Sponsor NHLBI F31 application March 2020, awarded April 2021
- 2020- Zhadyra Bizhanova, PhD student in epidemiology, PhD Candidate 2020

### Primary Mentorship of T32 trainees:

- 2012-2014 Chris Imes, T32 Genomics Postdoctoral Fellow, primary mentor; continue mentorship since he joined faculty at University of Pittsburgh, ATC Dept.
- 2017-2019 Mia Cajita, T32 Use of technology in the management of chronic disorders, submitted K99R00 grant application October 2018, not funded. August 2019 appointed Assistant Professor, University of Illinois, Chicago, School of Nursing.
- 2018-2020 Yaguang Zheng, postdoctoral fellow, T32 Use of technology in the management of chronic disorders. Submitted AHA Transformational Grant Jan 2020, *Detecting Behavioral Phenotypes of Home Blood Pressure Monitoring that Predict Cardiovascular Health*. Appointed Assistant Professor at NYU June 1, 2020.

### **Mentorship of Junior Faculty**

- 2004-2005 Judy Kaufman, DrPH. Recently completed doctoral program. Grant writing assisted in the process of developing 1 extramural and 2 intramural grants.
- Eileen Chasens, PhD. Mentored in full process of developing and submitting a K23 Award application; revised for an R21, awarded and completed 2010; R01 award rec'd 2013. Using data from the SMART trial; had poster presentation at Obesity Society, Oct. 2008; working on manuscript development.

- 2002-2005 Participated in weekly and monthly mentoring forums in the School of Nursing for grant writing and manuscript preparation and review. Co-chair the Scholarship Group,
- 2005-2008 Co-Chair of the Scholarship Group, a department mentoring forum that meets monthly; developed Faculty Progression Timeline Grid, HCS Dept. In summer 2008 co-lead a group of faculty to develop a manuscript reporting on the Faculty Grid.
- 2005-2005 Served as mentor to three faculty participants in the Grant Writing Workshop, sponsored by the Center for Research in Chronic Disorders (two U. of Pittsburgh faculty and one visiting from West Virginia University)
- 2005-2012 Serve as mentor to junior faculty member, Kyeongra Yang and have assisted her in development and successful funding of internally funded grants (CRDF and CRCD) and in the development and submission of an R01 February 2010 (pending review). Also have co-authored 2 papers; beginning to work on Dr. Burke's data and have co-authored two papers.
- 2006-2010 Julie Cha, Korea (junior faculty, advising on grant development and manuscripts – has received one grant and published two papers; preparing K Award and accepted tenured faculty position as Assistant Professor at Emory U.
- 2006-2008 Carol Condon, Ireland (doctoral student, using the self-efficacy and outcomeefficacy instruments I developed in my dissertation research)
- 2003-2007 Fisun Senutzen, Izmir, Turkey (faculty member, advising on manuscript, collaborating on further testing of self-efficacy scale)
- 2006 Spoke to Pitt Partners Mentoring Program group regarding progression to tenure.
- 2008 Served as mentor to participant in SON Grant Writing Workshop
- 2008-2012 Founded *Obesity Researchers Journal Club*, attended by graduate students and faculty from across the health science schools. Each month one person presents a limited review of literature on a topic; serve as facilitator; this forum has spawned several collaborations.
- 2012-present Primary sponsor/mentor, Dara Mendez, Assistant Professor, Epidemiology, Graduate School of Public Health, had minority supplement on my R01. Advanced to tenure stream faculty appointment, 2019; PI of R01, under tenure review Nov 2021

2015-present Primary research mentor, Chris Imes, Assistant Professor, Dept of Acute Care, SON, attended all data meetings, shared extensive data from previous and present studies for his use in publications/presentations. Mentor and Co-PI (25% effort) on NIH, HLBI R66R33 (5 years) grant submitted Feb 2021, to be revised and resubmitted Feb 2022.

2016-present Primary research mentor, Jacob Kariuki, Assistant Professor, School of Nursing. Primary sponsor, Diversity supplement to current R01funded January 2019. Mentored development/submission of R01 NHLBI in Oct 2021.

#### **Epidemiology Master's Thesis:**

Chairman – one Member – five

**Doctoral Preliminary Examination Committee, Epidemiology**: Member – one (also serving on Comprehensive Examination and Dissertation Committee for same student)

Reviewer/grader – Epidemiology Preliminary Examination, 2007, Master thesis 2019 School of Social Work, Comprehensive Exam 2014

#### **Consultant on Dissertations at Other Universities**

- 2001-present Consultant, assisting with selection of instrumentation to measure nutrition knowledge and self-efficacy for low fat diet; student using the Cholesterol-Lowering Diet Self-Efficacy Scale developed by me. Claire Parise, Rutgers University; in data collection phase.
- 2003-2004 Consultant to dissertation re: medication adherence, Wen-Wen Li, *Cultural Factors of Chinese Immigrants as Predictors of Hypertensive Medication Compliance*, University of California at San Francisco, Defended dissertation May 2004.
- 2007-2009 Consultant on dissertation re: use of PDAs for self-monitoring in weight loss intervention study. Laura Shea at Uniformed Services University; defended dissertation March 2009.
- 2009-2010 External member, Julie Houle, Department of Nursing, Laval University, Quebec, Canada. Optimisation of Physical Activity Behaviour and Cardiovascular Risk Factors Following an Acute Coronary Syndrome through a Home-Based Cardiac Rehabilitation Program: A Randomized Clinical Trial.

#### <u>Service</u>

#### **University of Pittsburgh**

1992-1993 Chancellor Appointee, Search Committee,

- Vice-Chancellor for the Health Sciences
- 2003-2007 Member, General Clinical Research Center Advisory Committee, GCRC Protocol reviewer
- 2004-present Member, Health Sciences Clinical Research Task Force

2006 Member, Clinical Translation Science Award Task Force for Training/Education

- 2006-present Member, Committee to Develop Investigative Science PhD Program
- 2007-2008 Member, Health Action Committee to plan yearly conference
- 2007-2008 Member, Healthy Workforce Task Force, University of Pittsburgh Medical Center
- 2018-2019 Member: Faculty promotion review: Pitt School of Nursing, School of Rehab Sciences; UCLA School of Nursing

## School of Nursing

School of Nursing				
1999-2000	Member, Dean's Task Force for Revision of Master's Research Courses			
2000-2001	Member, Planning and Budget Committee			
2000-2001	Chair, Task Force to Develop Guidelines for Dissertations in Publication Format			
2001-2002	Chair, Planning and Budget Committee			
2002-2003	Chair, Planning and Budget Committee			
2002-present	Member, Financial Advisory Committee, Dept. of Health & Community Systems			
2003-2004	Member, Planning and Budget Committee			
2001-present	Member, MSN Council			
2002-present	Member, PhD Council			
2002-2003	Member, Search Committee, UPMS Health System Chair in Nursing Science			
2002-2003	Member, PhD Curriculum Committee			
2003-2004	Chair, PhD Curriculum Committee			
2004-2006	Member, PhD Curriculum Committee (conducting review of entire curriculum)			
2004-2008	Co-Chair, Scholarship Forum, Department of Health & Community Systems			
2004-2005	Chair (appointed by Dean), Research Curriculum Committee (develop			
	recommendations for implementation of Evidence-Based Practice Curriculum)			
2005-present	Member, Research Task Force for School of Nursing			
2005-2006	Chair (appointed by Dean) Task Force to Develop Critical Appraisal Forms for			
	Evidence-based Curriculum			
2007-2011	Member, Appointment, Reappointment, Promotion and Tenure Committee			
2006	Member, Task Force on Alignment of Student-Faculty Research Interests, PhD			
	Program			
2007-2013	Chair, Mentorship Task Force, SON			
2007	Member, Task Force for Guidelines for Writing a Dissertation in Manuscript			
	Format			
2008-2013	Co-Chair, Faculty Development Seminar Series, sponsored by Mentorship TF and			
	CRE			
2008-2009	Member, International Education Program for Global Health and Nursing			
2010-2011	Member, PhD Curriculum Committee			
2011-2011	Chair, PhD Curriculum Committee			
2011-2013	Chair, PhD Curriculum Committee			
2011-2013	Chair, PhD Program Director Search Committee			
2013-2014	Member, Task Force for Development of PhD Program Student Progression and			
	Faculty Mentor Evaluation			
2015-2016	Member, Planning and Budget Committee			
2015-1016	Member, Planning and Budget Committee			
2015-2016	Member, Task Force on Communication			
2016-2017	Member, PhD Curriculum Committee			

## National Committees and Working Groups

## National Council on Patient Information and Education Board of Directors (NCPIE):

1998-2000	AHA Representative, Board of Directors
2001-2002	AHA Representative, Board of Directors
2002-2004	AHA Representative, Board of Directors
1999-2001	Member, Public Relations Committee
2000-2001	Member, Conference Committee
2000-2001	Chair, Council of Consumer Affairs

## **Regional Committees and Working Groups**

1983-1985	Chairperson, Clinical Nurse Specialist Interest Group, California Nurses Association (CNA), Region 6
1983-1984	Member, Risk Stratification Task Force, Greater Los Angeles Affiliate,
1705 1704	American Heart Association (AHA)
1984-1985	Member, Coordinating Committee, Strategic Planning Task Force,
	Greater Los Angeles Affiliate, AHA
1984-1985	Chair, Cardiovascular Rehabilitation Task Force for Strategic Planning,
	Greater Los Angeles Affiliate, AHA
1985-1986	Chair, Primary Prevention at the Healthsite Task Force, Greater Los
	Angeles Affiliate, AHA
1986-1987	Chairperson, Healthsite and Worksite Task Force, Greater Los Angeles
	Affiliate, AHA
1985-1990	Member, Board of Directors, Greater Los Angeles Affiliate, AHA
1979-1983	Instructor, Cardiopulmonary Resuscitation, AHA
1978-1979	Member, Committee to Establish Criteria for Cardiac Rehabilitation
	Programs, Professional Standards and Review Organization (PSRO)
1978-1982	Member, Technical Review Committee for Professional Education
1050 1000	Programs, Greater Los Angeles Affiliate, AHA
1979-1982	Member, Program Committee, Greater Los Angeles Affiliate,
1987-1990	AHA
1980-1983	Co-Chair, Cardiovascular Nursing Committee, Greater Los Angeles
1000 1004	Affiliate, AHA
1980-1984	Member, Public Education Forum Committee, Greater Los Angeles
1000 1004	Affiliate, Western Division, AHA
1980-1984	Chair, Subcommittee on Exercise, Lifestyle Management Project, Greater Los Angeles Affiliate, Western Division, AHA
1980-1983	Member, Heart Information Service Committee, Greater Los Angeles
1900 1905	Affiliate, AHA
1982-1983	Member, Annual Fund Raising Committee, UCLA, School of Nursing
	Alumni Association
1980-1983	Member, Educational Materials Committee, Greater Los Angeles
	Affiliate, AHA
1983-1984	Member, Governing Board, Greater Los Angeles Affiliate, Western
	Division, AHA
1983-1984	Member, Task Force on Advanced Nursing Practice, CNA
1983-1985	Member, Board of Directors, CNA, Region 6
1983-1984	Chairperson, Lifestyle Management Committee, Greater Los Angeles
	Affiliate, Western Division, AHA
1983-1985	Commissioner (Region 6) (State) Nursing Practice Commission, CNA
1985-1989	Alternate Commissioner, Nursing Practice Commission, CNA
1984-1985	Co-Chairperson, County-wide Coordinating Committee, Lifestyle
	Management Project, Greater Los Angeles Affiliate, Western Division,
	AHA
1989-1990	Member, Nominating Committee, Greater Los Angeles Affiliate, AHA
4.9.9.4	Community
1984	Volunteer, Handicapped Services, Los Angeles Olympic Committee,
	Los Angeles Summer Games
2010-2012	Volunteer, Ten Thousand Villages –fair trade retail store