

## Curriculum Vitae

**Name:** ALICE JANE HAINES, DNP, RN, CMSRN

**Business Address:** University of Pittsburgh      **E-Mail Address:** ajh61@pitt.edu  
School of Nursing  
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### Education and Training

**Undergraduate**  
1978-1982      West Virginia Wesleyan College      BSN  
Department of Nursing  
Buckhannon, WV

**Graduate**  
1985-1989      University of Pittsburgh      MSN  
School of Nursing      Nursing Education  
Pittsburgh, PA

**Post-Graduate**  
2007-2012      University of Pittsburgh      DNP  
School of Nursing      Clinical Nurse Specialist  
Pittsburgh, PA

### Appointments and Positions

**Academic**

9/12-current      University of Pittsburgh      Assistant Professor  
School of Nursing      Clinical, Skills Lab, &  
Pittsburgh, PA      Didactic

8/07-9/12      University of Pittsburgh      Instructor  
School of Nursing      Clinical, Skills Lab &  
Pittsburgh, PA      Didactic

4/08 – 11/09      Shadyside School of Nursing      Clinical instructor  
Pittsburgh, PA

2001-2007      St. Margaret Hospital      Clinical & Didactic  
School of Nursing  
Pittsburgh, PA

1991-2001      Jameson Hospital      Clinical & Didactic  
School of Nursing

New Castle, PA

**Non-Academic**

2009-2014	UPMC Presbyterian Hospital Pittsburgh, PA	Staff Nurse
1987-1992	Forbes Metropolitan Health Center Wilkinsburg, PA	Staff, Charge Nurse, & Staff Development Instructor
1983-1987	Veteran's Administration Medical Center, Pittsburgh University Drive C Pittsburgh, PA	Staff Nurse, Head Nurse, Nursing House Supervisor
1982-1983	Presbyterian University Hospital Pittsburgh, PA	Staff Nurse

**Licensure and Certification**

1982-present	RN License 252645L PA
2005-present	Medical Surgical Nurse Certification
1989-2003	Oncology Certified Nurse (OCN)

**Membership in Professional and Scientific Societies**

2012-present	Member, International Society of Heart and Lung Transplantation
2012-present	Member, Pennsylvania State Nurses Association
2015-present	Member, International Transplant Nursing Society
2007-present	Member, Delta Kappa Gamma, Women Educator Honor Society, Alpha Sigma Chapter
1995-present	Member, University of Pittsburgh, School of Nursing, Alumni Society Post-Baccalaureate Representative
1988-present	Member, Sigma Theta Tau, Eta Chapter

**Honors**

2013	Received Best Oral Research Presentation Award at the International Society for Heart and Lung Transplantation Conference in Montreal, Canada.
2013	Received the 2013 Nursing, Health Sciences and Allied Health Research Grant Award

- 2008 Selected for induction into Pi Lambda Theta, International Education Honor Society
- 1990-1992 Selected to be an Item Writer & Reviewer for NCLEX-RN Exam

### Publications

#### **Editorials**

1. Haines, J. (2015). Caring for the caregivers – does gender matter? *Journal of Nursing & Health Sciences*, 1(1) April-May, 1-2.

#### **Articles**

1. Haines, A. J. (1987). Relieving nausea and vomiting. *Nursing*, 19(9), 82-83.
2. Haines, A.J. (1997). After the tears: Surviving a nursing student's suicide. *Nurse Educator*, 22(5), 4.
3. Haines, J., Spadaro, K., Choi, J., Hoffman, L., & Blazeck, A. (2014). Stress and anxiety in caregivers of lung transplant patients: Benefits of Mindfulness Meditation. *International Journal of Organ Transplantation Medicine*, 5(2), 50-57.
4. Kaltenbaugh, D.J., Klem, M. L., Hu, L., Turi, E., Haines, A.J., & Lingler, J. H. (2015). Using web-based interventions to support caregivers of patients with cancer: A systematic Review. *Oncology Nursing Forum*, 42(2), 1-9.
5. Drahnak, D., Hravnak, M., Ren, D., Haines, A. J., & Tuite, P. (2016). Instruction for evidence-based guidelines and scripting to support acute care nurses in sepsis recognition, reporting, and treatment. *MEDSURG Nursing*, June-July, 25(4), 233-239.
6. Heil, J., Blazeck, B., & Haines, J. (2017). Which lab test is best to monitor heparin therapy? What the evidence says. *MEDSURG Nursing*, May-June, 26(3), 193-197.

#### **Abstracts**

1. Haines, J., Blazeck, A., Hoffman, L., Choi, J. Y., & Spadaro, K. (2013). Stress and anxiety in caregivers of lung transplant patients: Effect of mindfulness meditation. *Journal of Heart and Lung Transplantation*, 32(4), supplement, S45.
2. Haines, J, Blazeck A Hoffman, L., Choi, J., & Spadaro, K . (2015). A randomized controlled trial to assess the effect of mindfulness based stress reduction (mbsr) on stress and anxiety levels of caregivers of lung transplant patients. *Journal of Heart and Lung Transplantation*, 34(4S), S239.
3. Haines, A. J., Simon, M., & Giles, A. (2015). Relationship between gender and stress and anxiety experienced by caregivers of lung transplant patients. *Journal of Nursing and Healthcare*, 4(5), 41.

4. Haines, A. J., Simon, M., & Giles, A. (2016) Of roller coaster rides and resilience: Lung transplant caregivers in their own words. *Journal of Heart and Lung Transplantation*, 35(4S), 5346..
5. Haines, A.J. (2016). Tales of roller coaster rides and resilience: Lung transplant caregivers in their own words. *Journal of Nursing Care*, 5(10) Supplement, 36.
6. Haines, A. J., & Blazeck, A. (2017). Which lab test is best to monitor iv heparin therapy: What the evidence says. *Journal of Nursing and Healthcare*, anxiety experienced by caregivers of lung transplant patients. *Journal of Nursing and Healthcare*, 4(5), 41.

### **Other Publications**

**Haines, A.J.** (1989). "Sexual Knowledge and Attitudes of Oncology Nurses and Selected Demographic Variables." Thesis research. Surveyed 109 members of the Oncology Nursing Society.

### **Presentations**

#### **Local/State**

Haines, A. J., Blazeck, A. M., Hoffman, L. A., Choi, J., & Spadaro, K. (2013). Development of a DVD on Mindfulness Based Stress Reduction (MBSR) to Decrease Stress and Anxiety in Caregivers of Lung Transplant Patients. (Poster presentation). Greater Pittsburgh Nursing Research Conference, October 2013.

Simon, M, & Haines, J. (2015). Does gender and time since transplant affect caregiver stress and anxiety?" (Poster presentation), Undergraduate Research Program at the Capitol, March 3, 2015.

Turi, E., Kaltenbaugh, D., Haines, A. J., Hu, L., & Lingler, J. (2015) "Using a web-based intervention to support caregivers of patients with cancer: A systematic review. (Poster presentation), Sigma Theta Tau Scholar's Night, University of Pittsburgh, March 25, 2015.

Haines, AJ, Simon, M, & Choi, J. Does gender and time since lung transplant affect caregiver stress and anxiety? (podium presentation) Greater Pittsburgh Research Conference, April 24, 2015, Cranberry, PA.

#### **National**

Haines, J., Blazeck, A. (2010). Innovative Strategies for Second Degree Students: A Socratic Hybrid for Success. (poster presentation) AACN Baccalaureate Education Conference, Orlando, Florida, November 19-20, 2010

Simon, M, & Haines, J. (2015). Does gender and time since transplant affect caregiver stress and anxiety?" (Podium presentation), National Council on Undergraduate Research, Spokane, Washington April 16-18, 2015.

**International**

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2013). Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the use of Mindfulness Meditation. (podium presentation). International Society of Heart Lung Transplantation, Montreal, Canada, April, 2013

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2013). Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the use of Mindfulness Meditation. (podium presentation), American Thoracic Society, Philadelphia, PA, May, 2013.

Haines, J., Choi, JY, Spadaro, K., Hoffman, L, Blazeck, A. (2015). A randomized controlled trial to assess the effect of mindfulness based stress reduction (mbsr) on stress and anxiety levels of caregivers of lung transplant patients. (Poster presentation), International Society for Heart and Lung Transplantation, Nice, France, April 15-18, 2015.

Haines, J., Simon, M., Giles, A., & Choi, J. (2015). Relationship between gender and stress and anxiety in lung transplant caregivers. Accepted for Oral Presentation at the 4<sup>th</sup> International Conference on Nursing and Health Care, San Francisco, California, October 5-7, 2015.

Haines, A. J., Giles, A., Simon, M., Spadaro, K., & Blazeck, A. (2016). Of Roller Coaster Rides and Resilience: Lung Transplant Patients in Their Own Words. Accepted for Poster Presentation at the International Society for Heart and Lung Transplantation, April 27-30, 2016, Washington, DC.

Haines, A. J., Giles, A., Simon, M., Spadaro, K., & Blazeck, A. (2016) Of Roller Coaster Rides and Resilience: Lung Transplant Patients in Their Own Words. Accepted for Podium Presentation at the 18<sup>th</sup> International Conference on Nursing & Healthcare, December 5-7, 2016, Dallas, Texas.

Haines, A. J., & Blazeck, A. Which Lab Test is Best for Monitoring IV Heparin? What the Evidence Says. (2017). Accepted for Keynote Podium Presentation at the 38<sup>th</sup> International Conference on Nursing and Health Care, October 16-18, 2017, New York City, USA.

**Teaching**

**University of Pittsburgh School of Nursing**

**Primary Teacher**

<b>Term / Years</b>	<b>Course Number &amp; Title</b>	<b>No. of Students</b>	<b>Level</b>	<b>Didactic or Clinical</b>
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Fall 2007 to present	NUR0081 Foundations of Nursing Practice II	Variable	Soph BSN	Didactic & Skills Lab
Summer 2016 to present	NUR 1990 Senior Seminar	Variable	Soph BSN	Didactic

**Course Instructor**

<b>Term / Years</b>	<b>Course Number &amp; Title</b>	<b>No. of Students</b>	<b>Level</b>	<b>Didactic or Clinical</b>
Fall 2007 to present	NUR0080 Foundations of Nursing Practice I NUR1281 Foundations of Professional Practice NUR1281 Nursing Mgt of the Adult with Acute/Chronic Health Problems	Variable	Soph BSN, Second degree	Didactic & Skills Lab
Summer 2014 2147 Fall 2015, Summer 2016	NUR 1133/1233 Transition Into Professional Nursing Practice	6-8	Seniors, Second Degrees	Clinical
Summer 2011 -2016	NUR1282 Nursing Mgt of the Adult with Acute/Chronic Health Problems	4-5	Second Degree	Clinical

**Mentorship:** On two DNP capstone committees:

Drahak, D., Tuite, T., Hravnak, M., Haines, J., & Ren D. (2014). "Evidence-based Guidelines and Scripting to Support Acute Care Nurses in Sepsis, Recognition, Reporting, and Treatment" Successfully defended March 25, 2014.

Kaltenbaugh, D., Haines, J., & Lingler, J. "Web –based Interventions to Reduce Caregiver Burden: A Systematic Review and Meta-Analysis" defended April 2015.

Currently capstone Chair for Claire Madden whose topic is Preventing HAPU in the CT ICU (she will defend next year)

**UPMC St. Margaret's School of Nursing, Pittsburgh, PA**

**Primary Teacher**

<b>Term / Years</b>	<b>Course Number &amp; Title</b>	<b>No. of Students</b>	<b>Level</b>	<b>Didactic or Clinical</b>
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2001-2007	Critical Care Nursing (Adult II) St. Margaret (Course Chair)	30-40	2 <sup>nd</sup> year Diploma	Didactic & Clinical
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**Course Instructor**

Term / Years	Course Number & Title	No. of Students	Level	Didactic or Clinical
2001-2007	Critical Care Nursing (Adult II) St. Margaret (Course Chair)	30-40	2 <sup>nd</sup> year Diploma	Didactic & Clinical

**Guest Lecturer**

Term/Yrs	Course Number & Title	No. of Students	Level	Topic of Lecture
2001-2007	Taught in 5 out of 6 semesters Numerous Med-Surg/Critical Care topics	varied	1 <sup>st</sup> / 2 <sup>nd</sup> Diploma	Varied

**Service****University of Pittsburgh School of Nursing**

2008 –present	Member, BSN Council
2012-2015	Member, BSN Curriculum Committee
2018	Ad Hoc Committee, Level objectives
2018	Ad Hoc Committee, developing a critical thinking entrance and exit exam
2009-2012	Faculty Associate, Selected by students to serve as a mentor for a floor of nursing students in Lothrop Hall – attended numerous monthly activities with these students.
2011-2015, 2017, 2018	Chaperone, Nursing Formal
2008-2013, 2015	Selected by students to serve as a Floor Marshall for the April School of Nursing Graduation.
2018	Selected as a pinner for April Graduation
2013	Nominated for the <i>Dean's Distinguished Teaching Award</i>
2013	Participated in a number of recruitment activities for potential students and their parents including Hands on Science Academy, "So You Want to Be a Nurse", Governor's School, A day for Admitted Students, and FAME.
2013	Participated in the Summer Program held for Faculty Members from other Countries.
2013	Mentored a faculty member from Fudan University, China with Alice Blazeck.
2015	Mentored a Master's Degree Student from the University of Phoenix.
2016	Developed two modules for the RN curriculum at Nazabayev University, Kazakhstan.

- 2007-present Conducted Hands on Science Academy, a recruiting program for 9<sup>th</sup> graders interested in science and math
- 2017 Developed three curriculum modules for UPMC Transplant Course for RN Transplant Coordinators in Palermo, Sicily.
- 2018 Serve as a facilitator in the UPMC Residency program
- 2018 Reviewed scholarship applications for students at Baldwin High School

**International**

- 2014-present Member, Nursing Education Committee, International Society for Heart and Lung Transplantation.

**Research Support**

**Principal Investigator- Ongoing Research**

Decreasing Anxiety and Stress in Caregivers of Lung Transplant Patients Through the Use of Mindfulness Meditation  
 ATC Department Research Development Funds  
 2012-2013  
 \$1,275  
 Role: PI

Decreasing Stress and Anxiety in Caregivers of Lung Transplant Patients Through the Use of Mindfulness Meditation  
 International Society of Heart Lung Transplantation (ISHLT)  
 \$13,000  
 Role: PI

**Continuing Education**

2018	Name of Program	CEUS provided
April 2018	UPMC Hamot Nursing Symposium	8
April 23, 2018	How Learning Works	1.5
March 12, 2018	Faculty Forum: Best Practices in Teaching online	1.5
March 2018	Faculty Forum: Clinical Judgment	<u>1.5</u>
		12.5

2017	Name of Program	CEUS provided
April 3	Understanding Bias	1.5
March 6-8	Comprehensive Systematic Review Training Program by the Joanna Briggs Institute	
February 6	Faculty Forum: Strategies to Help Chinese Students	1.5
September 11	Reflecting on Writing Assignments and Using Writing Assignment Learning Activity	1.5



October Attended the 38<sup>th</sup> International Conference on Nursing and Health Care in New York City

<u>2016</u>	<u>Name of Program</u>	<u>CEUS provided</u>
December 19	Faculty Forum: Bedside Nurse Reports via Face Time	1.5
December 5-7	18 <sup>th</sup> Annual Conference on Nursing & Health Care, Dallas TX	
October 31	Faculty Forum: Online Teaching Strategies	1.5
October 10	Faculty Forum: Research Design and Writing Workshop: Consistency	1.5
October	Attended International Transplant Nursing Society Conference, Pgh	
September 26	Faculty Forum: Workplace Bullying	1.5
September 19	Faculty Forum: Writing Rubric for all Faculty: Learning Outcomes	1.5
August 11	Net CE Fronto-temporal Degeneration	2
August 11	Net CE Post-traumatic Stress Disorder	15
August 11	Clinical Care of the Transgender Patient	10
August 8	Child Abuse Identification and Reporting	3
May 6 <sup>th</sup> :	Writing NCLEX Style Questions to Student Learning Outcomes & the NCSBN Blueprint	6
April	Attended ISHLT Conference in Washington, DC	Total 43.5

<u>2015</u>	<u>Name of Program</u>	<u>CEUS provided</u>
November 30 <sup>th</sup>	Faculty Forum: The Future of Nursing Simulation, Education, and Research: Why It Matters to You and Your Patients.	1.5
November 16 <sup>th</sup>	Fifth Annual Scholarly Poster Symposium	1.5
November 16 <sup>th</sup>	Research Methodology Series: Systematic Review	1.5
October 19 <sup>th</sup>	Quality Improvement: Design Applications	1.5
October 5-7	4 <sup>th</sup> International Conference on Nursing and Healthcare	20
August 4 <sup>th</sup>	Breast Cancer	15

August 4 <sup>th</sup>	Multiple Sclerosis	10
August 4 <sup>th</sup>	Hypertension: Strategies to Improve Outcomes	5
School year 14-15	Evidence-Based Teaching and Learning in the Health Sciences: Principles of Clinical Teaching Sponsored by an Innovation in Education Award Provost's Advisory Council on Instructional Excellence	None
April	Attended ISHLT conference in Nice, France	
March	Preventing Discrimination and Sexual Violence: Title IX, VAWA, and Clery Act for Faculty and Staff	None

Total CEUS for 2015: 56  
2014

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10/6	Faculty Forum: Education Directions	1.5
9/29	Faculty Forum: Good Care, Good Science: The Value of Nursing	1.5
9/22	Faculty Forum: The Changing Environment of Nursing Amid Health Care Reform	1.5
9/15	Faculty Forum: Changing Health Care	1.5
9/8	Faculty Forum: Globalizing the Curricula	1.5
4/16	Flipping the Classroom	5.75
4/14	Faculty Forum: How to Handle Nursing Student Situations	1.5
4/7	Faculty Forum: Quality, Safety, and Innovation, Qi Projects, & the Beckwith Frontline Innovation Award	1.5
3/31	Faculty Forum: Critical Thinking Assessment	1.5
2/10	Faculty Forum: Best Practices on Security with Exams	1.0
1/13	Faculty Forum: Library Resources and Systematic Reviews	1.0
		19.75
2013		

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12/16	Faculty Forum: Scholarship Activities for Non-tenured Faculty	0.75
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11/25	Faculty Forum: Topic Focused for Faculty in Research, regarding University resources, USCUR resources, and School resources	
		1.0
11/4	Faculty Forum: Writing Questions for Critical Thinking & Conversations On Writing for Critical Thinking	
		1.0
9/30	Faculty Forum: Effective and Efficient Peer Review Strategies	
		1.5
9/23	Faculty Forum: Nursing Education in England: Innovation in Learning Modules	
		<u>1.5</u>
		5.75