#### **Curriculum Vitae**

# Lorraine M. Novosel, PhD, CRNP, AGPCNP-BC

Business Address:E-Mail Address: lmn35@pitt.eduUniversity of PittsburghE-Mail Address: lmn35@pitt.eduSchool of NursingBusiness Phone: (412) 624-3553440 Victoria BuildingBusiness Phone: (412) 624-35533500 Victoria StreetBusiness Fax: (412) 624-8521

# **Education and Training**

#### Undergraduate

1983	Youngstown State University Youngstown, OH,	AAS Nursing
1992	Pennsylvania State University University Park, PA	BSN Nursing
Graduate		
1995	Kent State University Kent, OH	MSN Adult Nurse Practitioner
2007	University of South Florida Tampa, FL	PhD Nursing
Appointments and Positions Academic		
2016-present	University of Pittsburgh School of Nursing Pittsburgh, PA	Coordinator, Adult- Gerontology Primary Care Nurse Practitioner Program
2011-present	University of Pittsburgh	Assistant Professor

2010 University of South Florida Adjunct Faculty College of Nursing Tampa, FL

School of Nursing Pittsburgh, PA

1995-1998 Non-Academic	Kent State University School of Nursing Kent, OH	Instructor / Graduate Faculty
1999-2011	Anchor Health Centers Naples, FL	Advanced Registered Nurse Practitioner
1996-1999	Primary Health Network New Castle, PA	Certified Registered Nurse Practitioner
1989-1992	St. Elizabeth Hospital Medical Center Youngstown, OH	RN, Staff Nurse I RN, Clinical Nurse I RN, Clinical Nurse II
1984-1989	Warren General Hospital Warren, OH	RN, Staff Nurse RN, Charge Nurse
1983	University Hospitals of Cleveland Rainbow Babies & Children's Hospi Cleveland, OH	RN, Staff Nurse tal

# **Licensure and Certification**

### Licensure

1998-present	RN/ARNP	Florida
1997-present	Certificate of Authority /Nurse Practitioner	Ohio
1996-present	Certified Registered Nurse Practitioner	Pennsylvania
1985-present	Registered Nurse	Pennsylvania
1983-present	Registered Nurse	Ohio
Certification		

2015-present	American Nurses Credentialing Center
	Adult-Gerontological Primary Care Nurse Practitioner
2012-2017	American Academy of Nurse Practitioners
	Gerontologic Nurse Practitioner
1995-2015	American Nurses Credentialing Center
	Adult Nurse Practitioner
1995-2015	American Nurses Credentialing Center
	Gerontological Nurse Practitioner

# Membership in Professional and Scientific Societies

# <u>Honors</u>

2015	2015 American Heart Association/ Cardiovascular and Stroke Nursing Early
	Career Research Travel Award
2014	Judith V. Braun Award for Advancing the Practice of Gerontological Nursing
	through Research, National Gerontological Nursing Association 2014 Convention
2012	Scholar, Hartford Institute for Geriatric Nursing Research, New York University
2007	Outstanding Dissertation in the Ph.D. Program, University of South Florida
	College of Nursing
2007	Nurse Practitioner of the Year, Anchor Health Centers, Naples, FL
2005	Dr. Linda E. Moody Doctoral Dissertation Award, University of South Florida
	College of Nursing
2004	Dr. Vivian Ross Scholarship in Gerontology, University of South Florida College
	of Nursing
2003	Imogene King Scholarship in Graduate Education, University of South Florida
	College of Nursing
2002	Superior Presentation Award, University of South Florida Health Sciences Center
	Annual Research Day
2002	Linda Moody Doctoral Dissertation Scholarship, University of South Florida
	College of Nursing
2002	American Academy of Nurse Practitioners Foundation 2002 Doctoral Education
	NP Scholarship
2002	District 20 Evelyn Baxter Memorial Scholarship, Florida Nurses Foundation

- Inducted into Phi Kappa Phi National Honor Society, Chapter 126, University of South Florida
   Linnea Henderson Award for Academic Excellence, Delta Xi Chapter, Sigma
- 1995 Linnea Henderson Award for Academic Excellence, Delta Xi Chapter, Sigma Theta Tau International Honor Society of Nursing
- 1993Inducted into Sigma Theta Tau International Honor Society of Nursing, Beta<br/>Sigma Chapter, Pennsylvania State University

# **Invited Publications**

**Referred Articles \*** = Data Based, <sup>§</sup> = Senior Author

<sup>§</sup> Novosel, L.M., Grant, C., Dornin, L., & Coleman, T. (2017). Obesity and disability in older adults. *The Nurse Practitioner*, 42 (4), 40-47. Doi:10.1097/01.NPR.0000513339.69567.75

# **Select Publications**

**Referred Articles** \* = Data Based, <sup>§</sup> = Senior Author

- \* Mattos, M., Snitz, B., Lingler, J., Burke, L., Novosel, L.M., & Sereika, S. (2016). Older rural and urban-dwelling Appalachian adults with mild cognitive impairment. *Journal of Rural Health.* doi: 10.1111/jrh.12189
- 2. \* Imes, C.C., **Novosel, L.M.,** & Burke, L.E. (2016). Heart disease and self-efficacy in overweight and obese adults. *The Journal for Nurse Practitioners*, *12* (10), 710-716.
- 3. \* Novosel, L.M. and Smialek, S.A. (2015). Nurse practitioners recognize, address depression-cardiovascular disease in older adults. *Circulation*, *132*, A17979.
- 4. \*<sup>§</sup> Mattos, M., Jiang, Y., Seaman, J., Nilsen, M., Chasens, E. & **Novosel, L.M.** (2015). Baccalaureate nursing students' knowledge of and attitudes toward older adults. *Journal of Gerontological Nursing*, *41*(7), 46-56. doi: 10.3928/00989134-20150429-01
- \* Florea, K.S., Novosel, L.M., & Schlenk, E.A. (2015). Improvement in colon cancer screening through use of a multi-level intervention: A QI initiative. *Journal of the American Association of Nurse Practitioners*, 28(7), 362-369. doi: 10.1002/2327-6924.12320
- 6. \*<sup>§</sup> Novosel, L.M., Danford, C.A., and Grant, C.. Missed opportunities to explore depression symptoms during routine primary care visits. [under review]
- 7. Novosel, L.M. (2004). Securing mental health parity: The struggle to become law. *American Journal for Nurse Practitioners*, 8(6), 9-10, 15-18, 21-22.

#### **Published Abstracts**

- 1. Florea, K., **Novosel, L.M.**, & Schlenk, E.A. (2016). Interventions effectively increase colon cancer screening rates. *Clinical Advisor*. Available online at http://www.clinicaladvisor.com/aanp-2016-annual-meeting/patient-education-outreach-can-help-increase-colon-cancer-screening/article/505508/
- 2. Novosel, L.M. and Smialek, S.A. (2015). Nurse practitioners recognize, address depression-cardiovascular disease in older adults. *Circulation*, *132*, A17979.

### **Other Publications**

1. \*Novosel, L.M. (2007). Depressive symptomatology, patient-provider communication, and patient satisfaction: A multilevel analysis (Doctoral dissertation, University of South Florida). Available online at http://scholarcommons.usf.edu/cgi/viewcontent.cgi?article=3302&context=etd

# **Research**

#### **Principal Investigator**

Funding Agency: National Center for Interprofessional Practice and Education Title: *"Interprofessional Education Exchange Program (iPEEP)"* Years Inclusive and Percent Effort: Oct 01, 2016 – Sep. 30, 2018. 10% effort Total Amount of Award: \$100,000

Funding Agency: Center for Research and Evaluation Pilot/Feasibility Study Program, University of Pittsburgh, School of Nursing Title: "*Primary Care Nurse Practitioner Barriers to Older Adult Depression Care*" Years Inclusive and Percent Effort: Dec. 2012 – May 2014. 10% effort. Total Amount of Award: \$13,413.

Funding Agency: Nurse Practitioner Healthcare Foundation / Astellas Promoting Heart health Across the Age Span Award Program (Grant Award #2). Title: "Depression and Cardiovascular Disease in Older Adults: Do Nurse Practitioners Recognize the Association?" Years Inclusive and Percent Effort: January 2013 – December 2014. 10% effort. Total Amount of Award: \$3,500

Funding Agency: American Academy of Nurse Practitioners Foundation, Dempster 2005 NP Doctoral Dissertation Research Grant
Title: "Depressive Symptomatology, Patient-Provider Communication, and Patient Satisfaction: A Multilevel Analysis"
Years Inclusive: July 2005-June 2006. Full-time effort as doctoral student.
Total Amount of Award: \$2,000.

### **Co-Investigator**

Funding Agency: Nurse Practitioner Healthcare Foundation / Astellas Promoting Heart health Across the Age Span Award Program (Grant Award #1).
Title: "Depression and Cardiovascular Disease in Older Adults: Do Nurse Practitioners Recognize the Association?"
Rutherford-Hemming, T. (PI), Novosel, L.M. (Co-I)
Years Inclusive and Percent Effort: January 2013 – December 2014. 10% effort.
Total Amount of Award: \$3,500.

Funding Agency: Sigma Theta Tau International Honor Society of Nursing, Eta Chapter Undergraduate Research Award.
Title: *"Student Nurses' Initial Clinical Experience, Confidence, and Attitudes toward Older Adults"*Smialek, S.A. (P.I.), Novosel, L.M. (Co-I)
Years Inclusive and Percent Effort: April 2014 – March 2016. 5% effort.
Total Amount of Award: \$500.

### **Other Scholarly Activities**

#### **Editorial Board** 2016-present Urologic Nursing (3-year term) **Grant Reviewer** 2014 Sigma Theta Tau International Honor Society of Nursing, Eta Chapter **Research** Awards AANP Network for Research 2014-ongoing 2012 University of Pittsburgh, School of Nursing, Leslie A. Hoffman Endowed Acute Care Research Award **Abstract Reviewer** 2016 American Heart Association 2016 Scientific Sessions (invited) 2014-ongoing AANP Network for Research **Article Editor** 2014 - 2016SAGE Open; Invited Article Editor

#### **Manuscript Reviewer**

2017-present	Journal of Professional Nursing
2016- present	Geriatric Nursing
2015-2016	SAGE Open

#### **Continuing Education Author**

Ũ	
2015	American Association of Nurse Practitioners

### **Invited Presentations**

#### National

- 1. Novosel, L.M. (2016, June) Understanding the Relationship between Depression and Cardiovascular Disease. Presented at the American Association of Nurse Practitioners 2016 National Conference, San Antonio, TX
- 2. Novosel, L.M. (2016, June). Panel presenter, *AANP Network for Research Shark Tank Event*. Presented at the American Association of Nurse Practitioners 2016 National Conference, San Antonio, TX
- **3.** Novosel, L.M. Fundamentals of Grantsmanship for the NP Clinician: Steps to Getting your Project Funded. (2015, June) Presented at the American Association of Nurse Practitioners 2015 National Conference, New Orleans, LA

### **Presentations**

#### International

1. Novosel, L.M. & Smialek, S.A. (2015, November). *Nurse practitioners recognize, address depression-cardiovascular disease in older adults.* Presented at the American Heart Association 2015 Scientific Sessions, Orlando, FL.

#### National

- 1. Vanim, A., **Novosel, L.M.**, & Danford, C.A. (2017, June). Increasing access to colorectal cancer screening with FIT among uninsured adults in an urban free health clinic. Presented at the American Association of Nurse Practitioners 2017 National Conference, Philadelphia, PA
- Florea, K., Novosel, L.M., & Schlenk, E.A. (2016, June). Improvement in Colon Cancer Screening through Use of a Multi-Level Intervention: A QI Initiative. Presented at the American Association of Nurse Practitioners 2016 National Conference, San Antonio, TX
- Mattos, M.K., Snitz, B.E., Lingler, J.H., Burke, L.E., Novosel, L.M., & Sereika, S.M. (2016, May). Older Appalachian adults with mild cognitive impairment. Presented at the 39<sup>th</sup> Annual National Rural Health Association Conference, Minneapolis, MN
- 4. Novosel, L.M. (2014, November) *Nurse practitioner barriers, competencies and educational needs in older adult depression care.* In T. Cortes (Chair), *Highlighting the new generation of geriatric nursing research scholars.* Symposium presented at The Gerontological Society of America 2014 Annual Scientific Meeting, Washington, DC
- **5.** Novosel, L.M. (2014, October). *Primary care nurse practitioner preparedness as de facto mental health provider for the depressed older adult*. Podium presented at the National Gerontological Nursing Association (NGNA) 2014 Annual Convention, San Antonio, TX

- 6. Novosel, L.M. & Smialek, S.A. (2014, June). Provider challenges addressing depression within the multiple competing demands of the older adult primary care visit. Presented at the American Association of Nurse Practitioners 2014 National Conference, Nashville, TN
- 7. **Novosel, L.M.** (2013, October). *2013 Update on Medicare preventive services*. Presented at the National Gerontological Nursing Association (NGNA) 2013 Annual Convention, Clearwater, FL
- Novosel, L.M. & Smialek, S.A. (2013, June). Nurse practitioner and physician verbal communication during the routine primary care office visit. Does depression (even) matter? Poster presented at the American Association of Nurse Practitioners 28<sup>th</sup> National Conference, Las Vegas, NV
- **9.** Novosel, L.M. (2012, June). *Multilevel vs. single level modeling analysis: An illustrated example underscoring the importance of context.* Poster presented at the American Academy of Nurse Practitioners 27<sup>th</sup> National Conference, Orlando, FL
- 10. Novosel, L.M. (2012, June). Once you know hierarchies exist, you see them everywhere. Recognizing and working with nested data. Presented at the American Academy of Nurse Practitioners 27<sup>th</sup> National Conference, Orlando, FL
- 11. **Novosel, L.M.** (2007, June). *Depressive symptomatology, patient-provider communication, and patient satisfaction: A multilevel analysis.* Poster presented at the American Academy of Nurse Practitioners 23<sup>rd</sup> National Conference, Indianapolis, IN.
- 12. Novosel, L.M. (2004, June). *The effect of depressive symptomatology on patientprovider communication during the primary care encounter.* Poster presented at the American Academy of Nurse Practitioners 20<sup>th</sup> National Conference, New Orleans, LA

# **Unpublished Presentations**

# Regional

1. Novosel, L.M. (2002, February). *Depression related to chronic low back pain in the injured worker*. Poster presented at University of South Florida Health Sciences Center Annual Research Day, Tampa, FL.

# Local

- 1. Novosel, L.M. (2017, April). *Depression*. Presentation to community residents attending Mount Washington Senior Center, Pittsburgh, PA.
- 2. Smialek, S.A. & Novosel, L.M. (2016, March). *Student Nurses' Initial Clinical Experience, Confidence, and Attitudes toward Older Adults*. Presented at Sigma Theta Tau International, Eta Chapter 2016 Scholar's Night.
- **3.** Novosel, L.M. & Smialek, S.A. (2013, November). *Nurse practitioner and physician verbal communication during the routine primary care office visit. Does depression (even) matter?* Poster presented at University of Pittsburgh School of Nursing 3<sup>rd</sup> Annual Scholarly Poster Presentation Symposium, Pittsburgh, PA.
- **4.** Novosel, L.M. (2013, May). *Signs & symptoms of depression and how to talk to your doctor*. Invited presentation to older adults enrolled in The Life Study of Physical

Disability Prevention for Older Adults. Conducted by University of Pittsburgh Graduate School of Public Health, Center for Aging and Population Health, Pittsburgh, PA

- **5.** Novosel, L.M. (2010, October). *Looking and feeling good (The physiology of aging).* Community lecture at Vanderbilt Presbyterian Church Wholistic Health Ministry Speaker Series, Naples, FL.
- 6. Novosel, L.M. (2004, November). *The association between depression and medical illness: The importance of non-dichotomized thinking.* Oral presentation at Anchor Health Centers monthly NP/PA dinner meeting, Naples, FL.
- 7. Novosel, L.M. (2000, June). *Depression: A common illness among older Americans*. Community lecture presented at The Glenview at Pelican Bay, Naples, FL.
- 8. Novosel, L.M. (2000, May). *Depression: A common illness among older Americans*. Community lecture presented at Moorings Park Retirement and Life Care Community, Naples, FL.

### **Other Presentations (e.g., workshops)**

- 1. **Novosel, L.M.** *Medicare Preventive Services. Aging Mastery Program, National Council on Aging* (2015, February). Presented to older adult participants of AgeWell Pittsburgh at the Jewish Community Center of Greater Pittsburgh.
- 2. Novosel, L.M. *Medicare Preventive Services*. *Aging Mastery Program, National Council on Aging* (2014, November). Presented to older adult participants of AgeWell Pittsburgh at the Jewish Community Center of Greater Pittsburgh.
- 3. **Novosel, L.M.** & Kaufman, R.R. *Medication Issues in Geriatrics* (2014, June). University of Pittsburgh School of Nursing's 2013-2014 Pharmacology and Clinical Update Series, Pittsburgh, PA
- **4.** Novosel, L.M. (2000, May). *First aid and emergency procedures*. Staff development program lecture at Arden Courts Alzheimer's Assisted Living Facility, Naples, FL.
- 5. Novosel, L.M. (2000, May). *Auscultation, palpation, and percussion*. Nursing staff development lecture at The Chateau at Moorings Park Retirement and Life Care Community, Naples, FL.

# Mentoring

#### PhD Dissertation Mentor (Committee member)

<u>Meghan Mattos</u>, PhD, MSN, RN. Dissertation title, *Mild cognitive impairment in older, rural dwelling adults*. Committee member (2014-2016). Status: PhD graduate (Dec 2016)

- Manuscript published, Journal of Rural Health
- Paper presented, 39<sup>th</sup> Annual National Rural Health Association Conference

# **DNP Project Mentor (Chair)**

Erin Splendore, DNP, FNP, BSN, RN. Project title, *A nurse practitioner-led community* workshop: Increasing adult participation in advance care planning. Status: DNP graduate (Dec 2016).

• Manuscript published, Journal of the American Association of Nurse Practitioners

# **DNP Project Mentor (Chair)**

<u>Audrey Vanim</u>, DNP, FNP, BSN, RN. Project title, *Colorectal Cancer Screening in an Uninsured Population*. Status: DNP graduate (Aug 2017).

- Recipient 2017 NPASP Shirley Negley Kobert Award for academic and clinical excellence
- Poster presented at the AANP National Conference, Philadelphia, June 2017
- •[Manuscript under review]

#### **DNP Project Mentor (Chair)**

Lesley M. Boettcher Jurena, DNP, BSN, RN. Project title, Advance Care Planning Among Older Adults in Primary Care. Status: DNP graduate (Dec 2017).

•[Manuscript under review]

#### **DNP Project Mentor (Chair)**

Jessica Young, BSN, RN. Status: DNP student.

### **DNP Project Mentor (Committee member)**

<u>Kathleen Birck</u>, DNP, FNP, CRNP. Project title, *Increasing colon cancer screening rates with a multi-component intervention in three satellite community health centers: A quality improvement initiative*. Status: DNP graduate (April 2015)

- Project manuscript published in JAANP. doi: 10.1002/2327-6924.12320
- Project presented at the AANP 2016 National Conference, June 2016, San Antonio, TX
- Abstract published in *Clinical Advisor*

#### **Other Mentoring Activities (Student-Related)**

#### **BSN Student Independent Research**

Salina A. Smialek. Undergraduate Research Mentorship Program (URMP) (2012-2016).

- Awarded inaugural STTI-Eta Chapter Undergraduate Research Award for her independent research "Student Nurses' Initial Clinical Experience, Confidence, and Attitudes toward Older Adults" (Smialek, S.A. (P.I.), **Novosel, L.M.** (Co-I)
- Recipient of the Outstanding Undergraduate Research Award at SON 2016 Commencement, April 2016
- Findings presented at STTI-Eta Chapter 2016 Annual Scholar's Night
- Recipient of 2015 Mary Opal Wolanin Scholarship from the National Gerontological Nurses Association for excelling as an undergraduate interested in geriatric nursing
- •Co-presented poster at AANP 28<sup>th</sup> National Conference with mentor
- Abstract (as Co-presenter) presented at AANP 2014 National Conference
- •Co-author of paper presented at American Heart Association 2015 Scientific Sessions

<u>Meghan Mattos</u>, <u>Yun Jiang</u> & <u>Jennifer Seaman</u> (PhD students), and <u>Marci Nilsen</u>, PhD (Postdoctoral scholar), (2013-2015). Led group research project through SON geriatric nurse research interest group. Our study examined baccalaureate nursing student knowledge and attitudes about older adults. Manuscript published in *Journal of Gerontological Nursing, doi*: 10.3928/00989134-20150429-01

# **Service**

# **School Committees**

2016-present	Academic Integrity Slate (Graduate)
2016-present	SON Continuing Education Committee
	Member, Planning Committee PNEG Conference (Nov, 2017)
2012-2016	Admission, Progression & Graduation (APG)
	Chair (2014-2015 and 2015-2016)
	Member (2012-2016)
2011-2013	MSN Council
	Member (2011-2013)
2011-present	DNP Council
	Member (2011-present)
	Chair, Ad hoc committee: developing DNP exam policy
2011-present	HPD NP Faculty Group
	Member (2011-present)
2011-2016	SON Geriatric Nurse Researcher Interest Group
	Facilitator (2012-2014)
	Member (2011-2016)