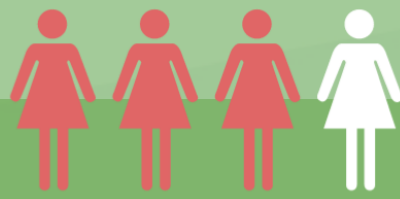


NURSE CHAMPION

FOR ALCOHOL SCREENING AND BRIEF INTERVENTION

KEY POINTS FOR NURSE LEADERS



3 in 4 women wanting to get pregnant as soon as possible report drinking alcohol.



Alcohol use while pregnant can cause permant birth defects called FASDs.



100% of FASDs are preventable.

FASDs

Fetal Alcohol Spectrum Disorders (FASDs) is a term used to describe the range of lifelong effects that may occur in a person whose mother consumed alcohol while pregnant.

Some possible effects are:



Uncommon facial features, small head, and below average height



Hyperactive behavior, difficulty with attention, and poor reasoning



Heart, brain, kidney, and other organ development problems



Learning problems at school, speech and language difficulties

There is no known safe amount, no safe type, and no safe time to consume alcohol while pregnant or trying to become pregnant.

ROLE AS A CHAMPION



EDUCATE

Promote educational materials and trainings on Alcohol Screening and Brief Intervention (SBI) and other evidence-based practices to prevent FASDs.



DISSEMINATE

Facilitate dissemination of Alcohol SBI and FASDs training, practice guidelines, and related resources.



POLICY CHANGE

Advocate for evidence-based trainings and the adoption of USPSTF recommendations to make Alcohol SBI a standard of care in clinical settings.



SURVEY

Survey your membership and/or practice setting to assess need for further training and support for nurses implementing Alcohol SBI as a routine practice.

ABOUT US

WHO :

- University of Pittsburgh
- University of California at San Diego
- University of Alaska Anchorage

WHAT :

- Collaborating on a four-year, CDC-funded initiative

WHY :

- Reduce alcohol-exposed pregnancies

HOW :

- Increase nurses' knowledge and use of Alcohol SBI techniques to address risky alcohol consumption among patients, including women of child-bearing age

LET US HELP YOU:



Develop training and educational materials and toolkit



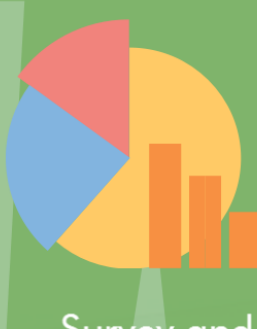
Draft white papers



Present current data and research at conferences



Conduct trainings



Survey and evaluate needs of membership



Get the word out!

Let us know how we can help you!

Contact us at: ammi@pitt.edu