

**Jessica Tillia, MS, RD, LDN**  
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## EDUCATION

Coordinated Masters of Science in Clinical Dietetics and Nutrition School of Health and Rehabilitation Sciences	Graduation Date: April 2011 University of Pittsburgh, Pittsburgh, PA
Bachelors of Science in Clinical Dietetics and Nutrition School of Health and Rehabilitation Sciences	Graduation Date: April 2009 University of Pittsburgh, Pittsburgh, PA

## PROFESSIONAL EXPERIENCE

### Teaching Experience:

August 2015 – Current	Instructor, Undergraduate School of Nursing, University of Pittsburgh, Pittsburgh PA <ul style="list-style-type: none"><li>• <i>NUR 0066: Nutrition for Clinical Practice</i></li><li>• <i>NUR 1061: Independent Study – Nutrition for Clinical Practice</i></li></ul>
August 2014 – Current	Guest Lecturer, Nursing Assistant Program, University of Pittsburgh Medical Center Presbyterian Hospital, Pittsburgh, PA <ul style="list-style-type: none"><li>• <i>Food and Nutrition in the Hospital</i></li></ul>
February 2014	Guest Lecturer, Nutrition in Clinical Practice, Undergraduate School of Nursing, University of Pittsburgh, Pittsburgh, PA <ul style="list-style-type: none"><li>• <i>Common Diets in the Hospital</i></li></ul>
January 2010 – April 2010	Teaching Assistant, Undergraduate Clinical Dietetics and Nutrition, School of Health and Rehabilitation Sciences, University of Pittsburgh, Pittsburgh PA <ul style="list-style-type: none"><li>• <i>Food Science 1 Lab</i></li></ul>

### Supervision Experience

April 2012 – Current	Clinical Preceptor, UPMC Presbyterian and St. Margaret Hospitals, Coordinated Masters in Clinical Dietetics and Nutrition Program, University of Pittsburgh. <ul style="list-style-type: none"><li>• Involves providing shadowing experience and education for interns focusing on nutrition assessment, diagnosing, intervention, and education; supervising and evaluating interns' performance and providing appropriate feedback.</li></ul>
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### Clinical Experience:

## April 2013 – Current

Dietitian Specialist (full-time), Clinical Nutrition Department, UPMC Presbyterian Hospital, Pittsburgh, PA

- Perform duties as the Unit Dietitian on General Medicine units.
  - Provide cross coverage for all units of the hospital including Intensive Care Units and General Units: Transplant, Head and Neck, Rehab, Cardiac, Trauma, Cardiothoracic Surgery.
  - Assess, diagnose, and provide appropriate nutrition interventions for patients.
- Provide diet education in an inpatient setting to patients and/or family members/caregivers.
  - Provide individualized diet education based on past medical history and current diagnosis of patient.
- Implement and complete QI and department projects.
  - Implemented Unit Guidelines for all units in hospital, update yearly.
  - Developed charting guidelines for dietitians and diet technicians.
  - Collected data for multiple QI projects including Meal Time Insulin, Adaptive Feeding, and Diet Delegation Ordering.
  - Developing and implementing Nutrition Focused Physical Assessment initiative.
  - Assisted in development and implementation of new electronic medical record charting: PowerNote 2G.
- Coordinate and provide clinical shadowing experience for college and high school students.

## October 2016 – Current

Hospitality Suite (HS) Team Lead, Clinical Nutrition Department, UPMC Presbyterian Hospital, Pittsburgh PA

- Perform duties as the onsite coordinator of ongoing HS upgrades and functions affecting the Presbyterian campus and system contributions.
- Address problems for the Presbyterian campus Clinical Nutrition end-users and assist Patient Service teams with clinical based HS issues
- Communicate appropriate information with the Computrition System team.
- Assisting with menu builds and restriction assignments for Presbyterian campus.
- Participate in monthly HS System and Patient Service/Production meetings.

## March 2012 – April 2013

Dietitian Generalist (part-time), Clinical Nutrition Department, UPMC St. Margaret Hospital, Pittsburgh, PA

- Performed duties as Dietitian on all units of hospital including General Medicine, Intensive Care Unit, and Rehab.
  - Assessed, diagnosed, and provided appropriate nutrition interventions for patients.

- Provided diet education in inpatient and outpatient settings.
  - Provided individualized diet education to patients and/or family members/caregivers during inpatient admissions based on current diagnosis and past medical history of patient.
  - Provided individualized diet education to patients in community clinics: Bloomfield/Garfield, New Kensington, Lawrenceville.
    - Major focus on nutrition during pregnancy.

June 2012 – April 2013

Dietitian Generalist (temporary), Clinical Nutrition Department, UPMC Magee Women's Hospital, Pittsburgh, PA

- Performed duties as Dietitian on a variety of units in the hospital to a variety of populations including women who are pregnant.
  - Assessed, diagnosed, and provided appropriate nutrition interventions for patients.
- Provided diet education in an inpatient setting to patients and/or family members/caregivers.
  - Provided individualized diet education based on current diagnosis and past medical history of patient.

April 2011

Dietetic Intern, Shadyside Nursing and Rehabilitation Center, Clinical Dietetics and Nutrition Coordinated Masters Program, University of Pittsburgh, Pittsburgh, PA

- Carried out the nutrition care process, diet education, and counseling in a long term care setting.
- Observed and participated in all aspects of the food service department.

August 2010 – April 2011

Dietetic Intern, Veterans Hospital of Pittsburgh, Clinical Dietetics and Nutrition Coordinated Masters Program, University of Pittsburgh, Pittsburgh, PA

- Carried out the nutrition care process, diet education, and counseling on patients in inpatient and outpatient settings.
- Participated in observational experiences in specialty areas including Children's Hospital of Pittsburgh, Magee Hospital of Pittsburgh: Neonatal Unit, Mercy Hospital: Burn Center.
- Organized and planned special events such as National Nutrition Month.

January 2010 – April 2010

Dietetic Intern, The Children's Museum Nutrition Preschool Program, Clinical Dietetics and Nutrition Coordinated Masters Program, University of Pittsburgh, Pittsburgh, PA

- Developed a preschool program and implemented lesson plans to promote healthy eating and lifestyle.
- Supervised dietetic graduate students who assisted with activities during program.

- Collaborated with the staff of the museum to implement the best program for their preschoolers.

### **LICENSURE/CERTIFICATION**

2012 – Current

Registered Dietitian Nutritionist  
1039082  
Commission on Dietetic Registration  
Academy of Nutrition and Dietetics  
Chicago, IL, USA

2012 – Current

Licensed Dietitian/Nutritionist  
DN004891  
Commonwealth of Pennsylvania, Department of State  
Bureau of Professional and Occupational Affairs  
Harrisburg, PA, USA