

CURRICULUM VITAE

BIOGRAPHICAL

Name: Faith S. Luyster, Ph.D.
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EDUCATION AND TRAINING

UNDERGRADUATE:

September 1998- May 2002	Muskingum College New Concord, OH	Bachelor of Arts	Psychology and Sociology
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GRADUATE:

September 2003- August 2005	Kent State University Kent, OH	Master of Arts	Experimental Health Psychology
September 2005- August 2007	Kent State University Kent, OH	Doctorate	Experimental Health Psychology

POSTGRADUATE:

September 2007- August 2009	University of Pittsburgh Pittsburgh, PA	NHLBI Postdoctoral Fellowship in Cardiovascular Behavioral Medicine	Jacqueline Dunbar- Jacob, RN
September 2009- August 2010	University of Pittsburgh Pittsburgh, PA	NHLBI Postdoctoral Fellowship in Sleep Medicine HL082610	Patrick J. Strollo, M.D. Daniel J. Buysse, M.D.

APPOINTMENTS AND POSITIONS

September 2010-June 2016	University of Pittsburgh	Research Assistant Professor,
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	Pittsburgh, PA	School of Nursing, Department of Health and Community Systems
July 2016-present	University of Pittsburgh, School of Nursing, Department of Health and Community Systems Pittsburgh, PA	Assistant Professor Member of the Graduate Faculty, University of Pittsburgh, PA

HONORS

2015	National Institutes of Health Early Career Reviewer Program
2012	National Institutes of Health Summer Institute on Behavioral Randomized Clinical Trials
2006	University Research Council Research/Scholarly Support, Kent State University
2005	Summer Research Fellowship, Summa Health Systems, Akron, Ohio
2002	M. Wesley Roper Scholarship in Sociology, Muskingum College
2002	William Trumpeter Award in Psychology, Muskingum College, “the graduate judged most likely to contribute to the profession of Psychology”
2001	National Science Foundation Research Experience for Undergraduates, Kent State University

PEER-REVIEWED PUBLICATIONS

* = Data Based

1. ***Luyster, F.S.**, Strollo, P.J., Thunstrom, E., Peker, Y. (In press). Long-term use of continuous positive airway pressure therapy in coronary artery disease patients with nonsleepy obstructive sleep apnea. *Clinical Cardiology*.
2. ***Luyster, F.S.**, Dunn, R.E., Lauderdale, D.S., Carnethon, M.R., Tucker, A.W., Vogel, R.A., . . . Strollo, P.J. (2017). Sleep apnea risk and subclinical atherosclerosis in early-middle-aged retired national football league players. *Nature and Science of Sleep*, 9, 31-38.
3. ***Luyster, F.S.**, Strollo, P.J., Holguin, F., Castro, M., Dunican, E.M., Fahy, J., . . .Wenzel, S.E. (2016). Association between insomnia and asthma burden in the Severe Asthma Research Program (SARP) III. *CHEST*, 150(6), 1242-1250.
4. Chasens, E.R., & **Luyster, F.S.** (2016). Effect of sleep disturbances on quality of life, self-care behaviors, and patient-reported outcomes in adults with type 2 diabetes. *Diabetes Spectrum*, 29(1), 20-23.
5. ***Luyster, F.S.**, Dunbar-Jacob, J., Aloia, M.S., Martire, L.M., Buysse, D.J., & Strollo, P.J. (2016). Patient and partner experiences with obstructive sleep apnea and CPAP treatment: a qualitative analysis. *Behavioral Sleep Medicine*, 14(1), 67-84.
6. **Luyster, F.S.**, Choi, J., Yeh, C-H., Imes, C.C., Johannson, A., & Chasens, E.R. (2015) Screening and evaluation tools for sleep disorders in older adults. *Applied Nursing Research*, 28(4), 334-340.

7. *Firat, H., Ozdemir, C., Bilgin, E., **Luyster, F.S.**, Yuceege, M., Kizilgun, M., . . . Ardic, S. (2015) Is hepcidin a good marker of inflammation in obstructive sleep apnea syndrome (OSAS) patients? *Journal of Turkish Sleep Medicine*, 2(2), 33-37.
8. ***Luyster, F.S.**, Kip, K.E., Aiyer, A.N., Reis, S.E., & Strollo, P.J. (2014). Relation of obstructive sleep apnea to coronary artery calcium in non-obese versus obese men and women aged 45-75 years. *The American Journal of Cardiology*, 114(11), 1690-1694.
9. ***Luyster, F.S.**, Kip, K.E., Buysse, D.J., Aiyer, A.N., Reis, S.E., & Strollo, P.J. (2014). Traditional and nontraditional cardiovascular risk factors in comorbid insomnia and sleep apnea. *Sleep*, 37(3), 593-600.
10. *Dunbar-Jacob, J., Sereika, S.M., Houze, M., **Luyster, F.S.**, & Callan, J.A. (2012). Accuracy of measures of medication adherence in a cholesterol lowering regimen. *Western Journal of Nursing Research*, 34(5), 578-597.
11. ***Luyster, F.S.**, Strollo, P.J., Zee, P.C., & Walsh, J.K. (2012). Sleep: A health imperative. *Sleep*, 35(6), 727-734.
12. ***Luyster, F.S.**, Kip, K.E., Drumheller, O.J., Rice, T.B., Edmundowicz, D., Matthews, K., . . . Strollo, P.J. (2012). Sleep apnea is related to the atherogenic phenotype, lipoprotein subclass B. *Journal of Clinical Sleep Medicine*, 8(2), 155-161.
13. ***Luyster, F.S.**, Teodorescu, M., Bleecker, E., Busse, W., Calhoun, W., Castro, M., . . . Wenzel SE. (2012). Sleep quality and asthma control and quality of life in non-severe and severe asthma. *Sleep & Breath*, 16(4), 1129-1137.
14. ***Luyster, F.S.**, & Dunbar-Jacob, J. (2011). Sleep quality and quality of life in type 2 diabetes. *The Diabetes Educator*, 37(3), 347-355.
15. ***Luyster, F.S.**, Chasens, E.R., Wasko, M.C.M., & Dunbar-Jacob, J. (2011). Sleep quality and functional disability in patients with rheumatoid arthritis. *Journal of Clinical Sleep Medicine*, 7(1), 49-55.
16. *Stanek, K.M., Gunstad, J., Spitznagel, M.B., Waechter, D., Hughes, J.W., **Luyster, F.**, . . . Rosneck, J. (2011). Improvements in cognitive function following cardiac rehabilitation for older adults with cardiovascular disease. *The International Journal of Neuroscience*, 121(2), 86-93.
17. *Kakos, L., Szabo, A., Gunstad, J., Stanek, K., Waechter, D., Hughes, J., **Luyster, F.**, . . . Rosneck, J. (2010). Reduced executive functioning is associated with poorer outcome in cardiac rehabilitation. *Preventive Cardiology*, 13(3), 100-103.
18. **Luyster, F.S.**, Buysse, D.J., & Strollo, P.J. (2010). Comorbid insomnia and obstructive sleep apnea: Challenges for clinical research and practice. *Journal of Clinical Sleep Medicine*, 6(2), 196-204.
19. ***Luyster, F.S.**, Hughes, J.W., & Gunstad, J. (2009). Depression and anxiety symptoms are associated with reduced dietary adherence in heart failure patients treated with an implantable cardioverter defibrillator. *Journal of Cardiovascular Nursing*, 24(1), 10-17.
20. *Gunstad, J., Spitznagel, M.B., Paul, R.H., Cohen, R.A., Kohn, M., **Luyster, F.S.**, . . . Gordon, E. (2008). Body mass index and neuropsychological function in healthy children and adolescents. *Appetite*, 50(2-3), 246-251.
21. *Gunstad, J., Spitznagel, M.B., **Luyster, F.**, Cohen, R.A., & Paul, R.H. (2007). Handedness and cognition across the healthy lifespan. *The International Journal of Neuroscience*, 117(4), 477-485.

22. *Gunstad, J., **Luyster, F.**, Hughes, J., Waechter, D., Rosneck, J., & Joesphson, R. (2007). The effects of obesity on functional work capacity and quality of life in phase II cardiac rehabilitation. *Preventive Cardiology, 10*(2), 64-67.
23. *Updegraff, J., Sherman, D., **Luyster, F.**, & Mann, T. (2007). The effects of message quality and congruency on perceptions of tailored health communications. *Journal of Experimental Social Psychology, 43*(2), 249-257.
24. *Gunstad, J., Cohen, R.A., Paul, R.H., **Luyster, F.**, & Gordon, E. (2006). Age effects in time estimation: relationship to frontal brain morphometry. *Journal of Integrative Neuroscience, 5*(1), 75-87.
25. *Hughes, J.W., Casey, E., **Luyster, F.**, Doe, V.H., Waechter, D., Rosneck, J., & Joesphson, R. (2006). Depression symptoms predict heart rate recovery after treadmill stress testing. *American Heart Journal, 151*(5), 1122.e1-1122.e6.
26. ***Luyster, F.**, Hughes, J.W., Waechter, D., & Joesphson, R. (2006). Resource loss predicts depression and anxiety among patients treated with an implantable cardioverter defibrillator. *Psychosomatic Medicine, 68*(5), 794-800.

INVITED MANUSCRIPTS AND BOOK CHAPTERS

1. **Luyster, F.S.** (2017). Impact of obstructive sleep apnea and its treatments on partners: a literature review. *Journal of Clinical Sleep Medicine, 13*(3), 467-477.
2. **Luyster, F.S.** (2016). Sleep disturbance in rheumatic disease. In: Nicassio, P.M (Ed.), *Psychosocial Factors in Arthritis* (pp.151-164). Switzerland: Springer International Publishing.
3. **Luyster, F.S.** (2013). Sleep and health. In: Gellman, M., & Turner, J.R. (Eds.), *Encyclopedia of Behavioral Medicine* (pp. 1799-1802). New York, NY: Springer.
4. **Luyster, F.S.** (2013). Sleep apnea. In: Gellman, M., & Turner, J.R. (Eds.), *Encyclopedia of Behavioral Medicine* (pp. 1802-1803). New York, NY: Springer.
5. **Luyster, F.S.** Dunbar-Jacob, Jacqueline. In: Gellman, M., & Turner, J.R. (Eds.), *Encyclopedia of Behavioral Medicine* (pp. 633-634). New York, NY: Springer.
6. Dunbar-Jacob, J., Houze, M., Kramer, C., **Luyster, F.**, & McCall, M. (2010). Adherence to medical advice: Processes and measurement. In: Steptoe, A. (Ed.), *Handbook of Behavioral Medicine: Methods and Applications* (pp.83-95). New York, NY: Springer.
7. **Luyster, F.S.** (2008). Invited commentary on McGann, E.F., Sexton, D., & Chyun, D.A.'s "Denial and compliance in adults with asthma". *Clinical Nursing Research, 17*(3), 171-173.

PUBLISHED ABSTRACTS

1. **Luyster, F.S.**, Strollo, P.J., Soose, R., & Strohl, K.P. (2017) The impact of upper airway stimulation on the REM AHI [Abstract]. *Sleep, 40*(suppl), A210.
2. **Luyster, F.S.**, Strollo, P.J., Thunstrom, E., & Peker, Y. (2017). Predictors of long-term adherence to auto-titrating positive airway pressure therapy in coronary artery disease patients with non-sleepy and sleepy obstructive sleep apnea [Abstract]. *American Journal of Respiratory and Critical Care Medicine, 195*(suppl), A6543.

3. **Luyster, F.S.**, Strollo, P.J., Holguin, F., Bleecker, E., Castro, M., Fahy, J.V.,... Wenzel, S.E. (2016). Impact of comorbid insomnia on asthma control and asthma-related healthcare utilization [Abstract]. *American Journal of Respiratory and Critical Care Medicine*, 193(suppl), A6429.
4. **Luyster, F.S.**, Samuelsson, L.B., Kupfer, D.J., Frank, E., Krafty, R.T., & Hall, M.H. (2015). Psychosocial and sleep characteristics in comorbid insomnia and sleep apnea [Abstract]. *Sleep*, 38(suppl), A155.
5. **Luyster, F.S.**, Dunn, R.E., Lauderdale, D., Tucker, A.M., Vogel, R.A., Lincoln, A.E., & Strollo, P.J. (2015). Sleep apnea risk and subclinical atherosclerosis in former national football league players [Abstract]. *Sleep*, 38(suppl), A203.
6. **Luyster, F.S.**, Holms, K.E., & Aloia M.S. (2014). Both relationship status and relationship quality are prospectively associated with CPAP adherence [Abstract]. *Sleep*, 37(suppl), A123.
7. **Luyster, F.S.**, Mulukutla, S., Aiyer, A., Kip, K.E., Reis, S.E., & Strollo, P.J. (2013). Cardiovascular risk among sleep disordered breathing, insomnia, and comorbid sleep disordered breathing and insomnia [Abstract]. *Sleep*, 36(suppl), A161.
8. **Luyster, F.**, Firat, H., Yuceege, M., Sever, O., Demir, A., Ardic, S., . . . , Strollo, P.J. (2012). Performance characteristics of two questionnaires in determining high pre-test probability for obstructive sleep apnea [Abstract]. *Sleep*, 35(suppl), A144.
9. **Luyster, F.S.**, Strollo, P.J., & Wenzel, S. (2011). Sleep quality and asthma control in non-severe and severe asthma [Abstract]. *Sleep*, 34(suppl), A233.
10. **Luyster, F.S.**, Dunbar-Jacob, J., Chasens, E.R., & Sereika, S. (2010). Functional disability mediates the association between disease activity and sleep quality in rheumatoid arthritis [Abstract]. *Sleep*, 33(suppl), A296.
11. **Luyster, F.S.**, Dunbar-Jacob, J., Chasens, E.R., & Sereika, S. (2009). Sleep quality in women with rheumatoid arthritis [Abstract]. *Sleep*, 32(suppl), A328.
12. **Luyster, F.S.**, & Dunbar-Jacob, J. (2009). Self-reported sleep difficulties predicts medication adherence in adults with type II diabetes [Abstract]. *Annals of Behavioral Medicine*, 37(suppl), s88.
13. **Luyster, F.S.**, & Dunbar-Jacob, J. (2009). Sleep duration and body mass index in persons with type II diabetes [Abstract]. *Annals of Behavioral Medicine*, 37(suppl), s58.
14. Stanek, K.M., Gunstad, J., Reese, L.S., Rosneck, J., Waechter, D., Hughes, J., **Luyster, F.S.**, & Josephson, J. (2008). Multiple cardiovascular indices are related to attention and executive function in cardiac rehabilitation patients [Abstract]. *Archives of Clinical Neuropsychology*, 23(suppl), 687.
15. Reese, L.S., Gunstad, J., Stanek, K.M., Waechter, D., Hughes, J., **Luyster, F.S.**, . . . , Rosneck, J. (2008). Poorer executive function is associated with reduced benefit from cardiac rehabilitation [Abstract]. *Archives of Clinical Neuropsychology*, 23(suppl), 661.
16. **Luyster, F.S.**, Hughes, J.W., Gunstad, J., & Josephson, R. (2008). The effect of depression and anxiety on adherence in heart failure patients treated with an ICD [Abstract]. *Annals of Behavioral Medicine*, 35(suppl), s42.
17. Gunstad, J., **Luyster, F.S.**, Hughes, J.W., Waechter, D., Rosneck, J., & Josephson, R. (2006). The effects of obesity on functional work capacity and quality of life in

- phase II cardiac rehabilitation [Abstract]. *Journal of Cardiopulmonary Rehabilitation and Prevention*, 26(suppl), 264.
18. Hughes, J.W., Bartley, A., Casey, E., **Luyster, F.S.**, Rosneck, J., Waechter, D., & Josephson, R. (2006). Depression symptoms are not a major impediment to enrollment in phase II cardiac rehabilitation [Abstract]. *Journal of Cardiopulmonary Rehabilitation Prevention*, 26(suppl), 255.
19. Hughes, J.W., Casey, E., **Luyster, F.S.**, Doe, V., Waechter, D., Rosneck, J., & Josephson, R. (2005). Exercise capacity explains the relationship between depression and heart rate recovery after treadmill stress testing [Abstract]. *Journal of Cardiopulmonary Rehabilitation Prevention*, 25(suppl), 307.

UNPUBLISHED PRESENTATIONS

International

1. **Luyster, F.S.**, Kip, K.E., Aiyer, A.N., Reis, S.E., & Strollo, P.J. (2013, October). *Association of sleep apnea and coronary artery calcification in non-obese and obese middle-aged men and women*. Oral presentation at the 13th International Symposium on Sleep & Breathing, Montreal, Quebec, Canada.

National

1. **Luyster, F.S.** (2017, November). *Sleep basics and assessments of sleep*. Oral presentation given as part of the Sleep and Chronobiology in the Nursing Curriculum symposium at the annual conference of the Professional Nurse Educators Group, Pittsburgh, PA.
2. **Luyster, F.S.** (2016, June) *Patient reported outcomes among new PAP users and their partners*. Oral presentation given as part of the Rapid Fire Symposium (Patient Reported Outcomes: Benchmarks for High Quality Patient Care in Sleep Disorders) at the annual meeting of the Associated Professional Sleep Societies, LLC, Denver, CO.
3. Klinges, R., Dunbar-Jacob, J., & **Luyster, F.S.** (2014, April) *The association between sleep and medication adherence in patients with heart failure*. Poster presented at the National Conference on Undergraduate Research, University of Kentucky, Lexington, KY.
4. Gunstad, J., Spitznagel, M., Stanek, K., **Luyster, F.**, Rosneck, J., Waechter, D., & Josephson, R. (2008, August). *Hydration and cognitive function in older adults with cardiovascular disease*. Poster presented at the 114th American Psychological Association annual meeting, Boston, MA.
5. **Luyster, F.S.**, Bogart, J., Delahanty, D., & Figler, J. (2005, August). *Traumatic experiences influence sexual risk and adherence among HIV+ adults*. Poster presented at the 113th American Psychological Association annual meeting, Washington, D.C.
6. **Luyster, F.S.**, Bogart, L., Delahanty, D., & Figler, J. (2004, March). *The impact of traumatic events on sexual behavior and treatment adherence among people*

living with HIV/AIDS. Poster presented at the 25th Society of Behavioral Medicine annual meeting, Baltimore, MD.

7. **Luyster, F.S.**, & Meyer, D. (2003, May). *Sexual self-schema and definitions of sexual partners among female college students*. Poster presented at the Midwestern Psychological Association annual meeting, Chicago, IL.

Regional

1. **Luyster, F.S.** (2017, May). *Effect of obstructive sleep apnea and its treatments on partners*. Invited presentation at the annual Pennsylvania Sleep Society annual meeting, Harrisburg, PA.

Local

1. Baniak, L.M., **Luyster, F.S.**, Chasens, E.R., Strollo, P.J., & Peker, Y. (2017, November). *Effect of CPAP compliance on functional outcomes in coronary artery disease patients with obstructive sleep apnea*. Poster presented at the University of Pittsburgh Sleep and Circadian Science Center Research Day.
2. Pinto, G., & **Luyster, F.S.** (2017, March). *The association between quality of sleep, medication adherence, and health-related quality of life in patients with heart failure*. Poster presented at the University of Pittsburgh School of Nursing, Sigma Theta Tau Eta Chapter Scholars Night.
3. **Luyster, F.S.**, Strollo, P.J., Holguin, F., Bleecker, E., Castro, M., Fahy, J.V.,... Wenzel, S.E. (2016, November). *Impact of comorbid insomnia on asthma control and asthma-related healthcare utilization*. Poster presented at the University of Pittsburgh Sleep Medicine Institute Research Day.
4. Imes, C.C., Baniak, L.M., Choi, J., **Luyster, F.S.**, Morris, J.L., Park, M., & Chasens, E.R. (2016, November). *Body mass index is the best adiposity correlate of endothelial function in adults with untreated obstructive sleep apnea*. Poster presented at the University of Pittsburgh Sleep Medicine Institute Research Day.
5. **Luyster, F.S.** (2015, December). *Improving asthma control using internet-based cognitive-behavioral treatment for insomnia*. Presentation delivered at the University of Pittsburgh Multidisciplinary Sleep Conference.
6. **Luyster, F.S.**, Samuelsson, L.B., Kupfer, D.J., Frank, E., Krafty, R., & Hall, M.H. (2015, November). *Psychosocial and sleep characteristics in comorbid insomnia and sleep apnea*. Poster presented at the University of Pittsburgh Sleep Medicine Institute Research Day.
7. **Luyster, F.S.** (2014, January). *Improving CPAP adherence in obstructive sleep apnea: A couple-oriented approach*. Presentation delivered at the University of Pittsburgh Multidisciplinary Sleep Conference.
8. **Luyster, F.S.** (2011, January). *Sleep quality and asthma control in non-severe and severe asthma*. Presentation delivered at the University of Pittsburgh Multidisciplinary Sleep Conference.
9. **Luyster, F.S.** (2005, June). *Predictors of depression and anxiety in implantable Cardioverter defibrillator patients*. Paper presented at the 9th annual NEOUCOM Department of Psychiatry Research and Scholarly Activities Day, Akron, OH.

RESEARCH***Current Support:***

Grants Received	Grant Title	Role in Project	Years Inclusive	Source \$ Amount
R01 HL131587-01A1	Improving Asthma Control Using Internet-Based Cognitive-Behavioral Treatment for Insomnia	Principal Investigator	2017-2021	NHLBI \$1,957,302 (Total DC)
R03 HL135213	Feasibility and Acceptability of an Internet-Based Cognitive-Behavioral Treatment for Insomnia in Adults with Asthma	Principal Investigator	2016-2018	NHLBI \$100,000 (Total DC)

Prior Support:

Pilot study funded through P30NR03924	The Role of Daytime Sleepiness in Medication Adherence in Patients with Heart Failure	Principal Investigator	2008-2009	NINR \$35,940
K23 HL105887	Enhancing Motivation for CPAP Adherence in Obstructive Sleep Apnea	Principal Investigator	2011-2017	NHLBI \$587,359 (Total DC)

MEMBERSHIPS IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

2017-present	American Thoracic Society
2015-present	Pennsylvania Sleep Society
2011-present	American Academy of Sleep Medicine
2008-present	Sleep Research Society
2004-2011	Society of Behavioral Medicine
2004-2011	American Psychological Association, Division 38

TEACHING

Primary Teacher

Course Title: NUR 2000 – Research for Evidence Based Practice 1

Description: This course examines the interaction of theory, research, and clinical expertise in the development of evidence-based nursing practice. Students develop the skills needed to identify relevant research and to critically appraise published studies to evaluate their quality and applicability to clinical practice.

Term/Years: Spring term, 2011-2014, 2016, Fall 2017

Level: Graduate

Course Title: NURCNS 2354 – Individual Psychotherapy Theory

Description: This course will focus on the theory relevant to individual psychotherapy. The emphasis is on preparing the student to provide appropriate models of psychotherapy within the managed care and private practice environments.

Term/Years: Summer 2017

Level: Graduate

Course Title: NURCNS 2354D – Individual Psychotherapy Theory

Description: This distance education course will focus on the theory relevant to individual psychotherapy. The emphasis is on preparing the student to provide appropriate models of psychotherapy within the managed care and private practice environments.

Term/Years: Summer 2017

Level: Graduate

Course Title: NUR 2400 – Research for Evidence Based Practice 1

Description: This distance education course examines the interaction of theory, research, and clinical expertise in the development of evidence-based nursing practice. Students develop the skills needed to identify relevant research and to critically appraise published studies to evaluate their quality and applicability to clinical practice.

Term/Years: Spring term 2016

Level: Graduate

Lecturer / Guest Lecturer

Course Title: NUR 3291 – Responsibilities and Activities of Scientists 1

Topic of Lecture: Career Development Awards (K awards)

Term/Year: Fall 2017

Level: PhD

Course Title: NUR 2000 – Research for Evidence Based Practice 1

Topic of Lecture: Planning a Nursing Study and Sample Selection

Term/Year: Summer 2015

Level: Graduate

Course Title: NUR 2000 – Research for Evidence Based Practice 1

Topic of Lecture: Measurement and Instrumentation
Term/Year: Fall 2012
Level: Graduate

Course Title: NUR 0086 - Introduction to Basic Statistics for Evidence Based Practice
Topic of Lecture: Impact of Sleep on Health Outcomes and Treatment Management in Chronic Disorders
Term/Year: Fall 2011
Level: Undergraduate

Course Title: PSY 1057 – Topics in Biological, Clinical, and Health Psychology
Topic of Lecture: Impact of Sleep on Health Outcomes and Treatment Management in Chronic Disorders
Term/Year: Fall 2011
Level: Undergraduate

Course Title: Geriatric Medicine/ IP Macy Interprofessional Education Course - University of Pittsburgh School of Medicine
Topic of Lecture: My Patient Can't Sleep
Term/Year: Fall 2011
Level: Medical Students

MENTORING ACTIVITIES

Graduate Student PhD Dissertation Advisory Committees

Jonna Morris, Nursing

2017-present

Co-chair

2013-present

Sleep Scholarship Group

University of Pittsburgh, School of Nursing

- Participated in supportive working forum for students, postdocs, and faculty who are new to the area of sleep to share and gain input on abstracts, manuscripts, and grant submissions

Faculty Mentor

2011-present

Undergraduate Research Mentoring Program,

University of Pittsburgh, School of Nursing

- Oversaw and mentored students who assisted with study preparation and recruitment for my K23 project, thus providing them first-hand experience and knowledge about focus groups, study implementation, and recruitment of participants
- Students include: Mary Kathryn Flood, Taylor Giambrone, Aminata Kamara, Rachel Klinges, Miranda Kuzman, Madeline Lepore, Jennifer Mai, Grace Pinto, Yunfan Yu, Grace Pinto, Maria Menting de Alba, Chloe Minahan

Teaching Mentor

Spring 2013

NUR 2000: Research for Evidence Based Practice I

- Provided guidance for preparation and conduct of NUR 2000 for Dr. Judy Erlen
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SERVICE

International

- 2016 Grant Reviewer, Icelandic Research Fund
2012 Grant Reviewer, Postdoctoral Fellowship Program, Centre for Integrated Research and Understanding of Sleep, University of Sydney, Australia
2012 Grant Reviewer, Ireland Health Research Board

National

- 2017 Abstract Reviewer, Society of Behavioral Medicine
2015-present Board of Directors, Pennsylvania Sleep Society
2014-present Member, shift work and related sleep/fatigue issues subgroup of the Council for the Advancement of Nursing Science (CANS) "Idea Festival" for Nursing Science Education
2011-present Ad hoc reviewer, *Annals of the American Thoracic Society, Behavioral Sleep Medicine, Diabetes Care, Journal of Clinical Sleep Medicine, Journal of Psychosomatic Research, Journal of Sleep Research, Sleep*
2013 Grant Reviewer, VA Rehabilitation and Development SPiRE Program

University of Pittsburgh

- 2017 Chair, Promoting Good Sleep for a Healthier U speaker series, funded by University of Pittsburgh Provost's Year of Healthy U and School of Nursing
2017 Graduate Faculty, University of Pittsburgh
2016 Sleep Medicine Research Day, Abstract Reviewer
2014-present Research Committee Reviewer, University of Pittsburgh, Department of Psychiatry

School of Nursing

- 2017-present Faculty/Staff Welfare Committee Member, Co-chair
2012-present Internal Grant Reviewer
2012-2014 Continuing Education Committee Member
2011 Grant Reviewer, Ruth Perkins Kuehn Award