# **CURRICULUM VITAE**

# Cynthia A. Danford, PhD, CRNP, PPCNP-BC, CPNP-PC

**Assistant Professor** University of Pittsburgh School of Nursing Department of Health Promotion and Development 440 Victoria Building, 3500 Victoria Street Pittsburgh, PA 15261 (412) 624-3854 (office); (412) 624-8521 (fax) danfordc@pitt.edu

# **EDUCATION**

1975-1979	Saint Mary's College Notre Dame, Indiana	BS	Nursing	
1980-1984	Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, Ohio	MSN	Pediatric Nursing Nursing Education	
1997-2002	University of California, San Francisco San Francisco, California	PhD	Research Family Health Care Nursing	
2010-2012	University of Michigan, School of Nursing Ann Arbor, Michigan	Research Fellow	NIH/NINR-T32 Health Promotion/Risk Reduction	
RESEARCH PR	EPARATION/TRAINING (Family & Obesity)			
2014 June 9-12	18 <sup>th</sup> Annual Institute in Qualitative Research: Mixed-Methods Research. University of North Carolina at Chapel Hill School of Nursing.			
2013 Nov 12	Mobile Health (MHealth) Boot Camp for Pediatric Obesity: Tools, Techniques, Measurement and Transdisciplinary. Preconference Workshop. Obesity 2013. The Obesity Society 31st Annual Scientific Meeting. Atlanta, GA			
2012 July 16-19	17 <sup>th</sup> Annual Qualitative Research Institute, Writing Qualitative Research Proposals and Reports. University of North Carolina at Chapel Hill School of Nursing.			
2011 July 18-21	Family Research: Conceptual and Methodological Issues. University of North Carolina at Chapel Hill, School of Nursing.			
2011 Oct 1	Maximizing Study Design in Obesity Prevention Research. Preconference Course. Obesity 2011. The Obesity Society 29 <sup>th</sup> Annual Scientific Meeting, Orlando, Florida.			
2011 Oct 9	Bioethical Implications and Resolutions for Disparities in the Prevention, Management, and Treatment of Childhood Obesity. Pre-conference workshop. Tuskegee University, Tuskegee, Alabama. Global Fellow.			
Winter 2011	EHS 639 Pathophysiology of Obesity. The University of Michigan, School of Public Health. Ann Arbor, MI.			
Winter 2012	N568 Nursing Care of Families Across the Lifespan (Theory). The University of Michigan, School of Nursing. Ann Arbor, MI.			

# **APPOINTMENTS AND POSITIONS**

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8/12- Present	Assistant Professor	University of Pittsburgh School of Nursing Pittsburgh, PA	Department of Health Promotion and Development
8/11- 12/11	Lecturer	University of Michigan School of Nursing Ann Arbor, MI	Division of Health Promotion Risk Reduction
8/03- 5/10	Assistant Professor  Graduate Program  Director, Acute &  Primary Care PNP  programs (2005-10)	Wayne State University College of Nursing Family, Community, and Psych Mental Health Nursing Division Detroit, Michigan	Advanced Practice Nursing for Women, Neonates and Children Program – Pediatric Nurse Practitioner (PNP) Specialty; Undergraduate nursing, Second Career Degree (CD2)
			Coordinator PNP Programs (2005- 2008); Graduate Program Director, Primary and Acute Care PNP programs (2008 – 2010)
4/00-6/03	Clinical Assistant Professor 1/03 – 8/03 Clinical Instructor 4/00 – 1/03	The Ohio State University College of Nursing Columbus, Ohio	Undergraduate nursing, Graduate Entry & MSN – Pediatric Nurse Practitioner Program
6/98-9/00	Research Assistant	Young Children's Health Project Department of Family Health Care Nursing, School of Nursing University of California, San Francisco, San Francisco, California	TV Viewing & Risk-Taking Behavior in School-Age Children, Christine Kennedy (PI); Women's Health/Illness Symptoms & Impact on Child's Health, Diana Taylor (PI).
6/98- 3/00	Clinical Faculty	Department of Family Health Care Nursing, School of Nursing University of California, San Francisco, San Francisco, California	MEPN Program (Master's Entry Program in Nursing) Foundations & Pediatric Care
10/97-3/00	Research Assistant	Office of Research, School of Nursing University of California, San Francisco San Francisco, California	MEPN/MSN Program Evaluation, Rob Slaughterer (PI).
12/97-8/98	Research Assistant	Department of Family Health Care Nursing, School of Nursing University of California, San Francisco, San Francisco, California	Heart Rate Variability & Pain Intensity in Preterm & Cardiac Infants Post Surgery, Linda Franck (PI).

8/84-5/99	Assistant Professor Tenured	Saint Mary's College Department of Nursing Notre Dame, Indiana	Pediatric Nursing
10/93-8/94	Nurse Educator	World Vision International Russia Moscow, Russia	Nursing Education Reform Project (Sabbatical)
3/94-3/95	Consultant	World Vision International Belarus Gomel, Belarus	Maternal-Child Project
1/84-5/84	Clinical instructor	Frances Payne Bolton School of Nursing Case Western Reserve University Cleveland, Ohio	Nursing Doctorate (ND) program Pediatric nursing
Non-Academ	-		
2014- present	Pediatric Nurse Practitioner	Associates in Family Health Care Slickville, PA	Pediatrics
5/05 — 9/08	Pediatric Nurse Practitioner	Early On Collaborative Children's Hospital of Michigan Detroit, Michigan	Pediatrics
5/98 - 4/00	Home Care Nurse	Jenkins Nursing Service Addus Health Care San Anselmo, California	Pediatrics & Adults
Summer '96 - Winter '97	Pediatric Nurse Practitioner	Heart City Health Center Elkhart General Hospital Elkhart, Indiana	Pediatrics
Fall '84 - '93	Staff Nurse PRN status	Memorial Hospital of South Bend South Bend, Indiana	NICU, PICU, Pediatrics
8/79-9/84	Clinical Nurse	Rainbow Babies and Children's Hosp University Hospitals of Cleveland Cleveland, Ohio	pital NICU

# **CERTIFICATION AND LICENSURE**

1979- present	Registered Nurse Licensure	Ohio (1979), Indiana (1984), Michigan (1986), California (1997), Pennsylvania (2012)
1986-2001; 2004-2019	Pediatric Nurse Practitioner Certification	American Nurses Association Maternal-Child Health Division
2009-2019	Pediatric Nurse Practitioner Certification	Pediatric Nursing Certification Board

#### MEMBERSHIP IN PROFESSIONAL AND SCIENTIFIC SOCIETIES

International Family Nursing Association -International Research Collaboration Subcommittee	Member
American Nurses Association	Member
The Obesity Society	Member
National Association of Pediatric Nurse Practitioners (NAPNAP)  -Research Special Interest Group (2016-present) -Global Health Special Interest Group (2005-2015) -Childhood Obesity Special Interest Group (2010-present) -MI NAPNAP	Member Secretary (2011-2013)
Association of Faculties of Pediatric Nurse Practitioners (AFPNP)	Member Past President, 2017-2018 President, 2016-2017 President-elect, 2015-2016
Inaugural Nursing Honor Society of Moscow Moscow, Russia	Member
Sigma Theta Tau, International Honor Society for Nurses.	Alpha Mu Chapter, 1984-present; Alpha Eta Chapter, 1999-present. Lambda Chapter. Board of Directors, 2005-2007.
	-International Research Collaboration Subcommittee  American Nurses Association The Obesity Society  National Association of Pediatric Nurse Practitioners (NAPNAP)  -Research Special Interest Group (2016-present) -Global Health Special Interest Group (2005-2015) -Childhood Obesity Special Interest Group (2010-present) -MI NAPNAP  Association of Faculties of Pediatric Nurse Practitioners (AFPNP)  Inaugural Nursing Honor Society of Moscow Moscow, Russia

# **RESEARCH ACTIVITIES AND GRANTS (PI projects bolded)**

2016/2017	<b>Principal Investigator</b> . Self-Regulating Lifestyle Behaviors to Decrease Obesity Risk		
	with Parent-Preschool Child Dyads Using Event History Calendars (EHCs). NIH NICHD		
	R21 submitted June 2016. Scored 31. Resubmitted March 2017. Scored 22; 6 <sup>th</sup>		
	percentile. Pending.		

- 1/2014-5/2015 Principal Investigator. Giving Voice to Preschool Children: Development of an Age-Appropriate Instrument on Eating and Activity Behaviors. Center for Research and Evaluation (CRE) Pilot/Feasibility Study Program award, School of Nursing, University of Pittsburgh. C. Danford (PI). \$15,000
- 9/2013-8/2014 Principal Investigator. Developing an Eating and Activity Behaviors Data Collection Instrument for Preschool Children. American Nurses Foundation (ANF) award. C. Danford (PI). \$7,500.
- 2012-2013 <u>Co-Principal Investigator</u>. A Pilot Study of Self and Parent-Administered Reflexology for Adolescents with Recurrent Headaches. Ada Jacox Pain and Symptom Management award, Wayne State University. J. Fouladbakhsh (Co-PI), C. Danford (Co-PI) K. Kowalewski (Co-I). \$5,000.

2010-2011 Co-Principal Investigator. Gift of Health Through Exercise and Nutrition. Awarded to Danford, C. (Co-PI) and Wilson, F. (Co-PI), Funded by AETNA foundation, 1/1/2010-12/31/11. \$25,000.

> Co-investigator/Consultant. Translating Basic Behavioral and Social Science Discoveries into Interventions. Interventionist Procedures for Adherence to Weight Loss Recommendations in Black Adolescents. Awarded to: S. Naar-King, C. Jen (Co-Pls) and K. Brogan, D. Ellis, C. Danford, J. Martin, T. Templin, S. Martin, D. Ledgerwood, T. Albrecht, E. Barton, K. Campbell-Voytal, P. Cunningham (Co-Is). U01 Center grant submitted to NIH, Department of Health and Human Services, Public Health Services in response to #RFA HL-08-013. 9/2009-2014. \$5.7 million.

Co-Investigator, Reducing Health Disparities due to Overweight and Poor Nutrition: An Eco-social Intervention for Obesity Prevention in Early Childhood. Awarded to C. Jen (PI) and C. Danford, X. Li, H. Janisse, K. Schwartz, P. Khosa, B. Shen, T. Reinhard, (Co-Is). President's Research Enhancement Award. Wayne State University, Detroit, Michigan. 6/1/08-5/31/09. \$235,000.

2007-2010 Co-Investigator. Children with Complex Conditions: NP Outreach. Wayne State University, College of Nursing. (Development of Neonatal Nurse Practitioner, Acute Care Pediatric Nurse Practitioner, and Primary Care Pediatric Nurse Practitioner programs including outreach education sites throughout the state of Michigan - Marquette, Flint, Saginaw, Grand Rapids). Awarded to L. Lewandowski (PI), and C. Danford, D. Walker, L. Nantais-Smith (Co-Is). Advanced Education Nursing Grant, HRSA. (#D09HP07974-01-00), 07-01-2007 to 06-30-2010, \$995, 293, Competing Continuation; Enhancing Primary and Acute Care for Infants and Children with Complex Chronic Conditions: NP Education and Outreach. Wayne State University, College of Nursing, (L. Lewandowski, PI; C. Danford contributed as grant writer and editor). Advanced Education Nursing Grant. HRSA, (#D09HPO7974-04-00). 07-01/2010 to 06-30-2013. (40% effort) \$937,785.

#### **HONORS**

2009-2014

2008-2009

2014	Top 25 Pediatric Nursing Professors	Nurse Practitioner Schools; http://www.nursepractitionerschools.com
2012	Excellence in Nursing Research Award	Association of Faculties of Pediatric Nurse Practitioners (AFPNP).
1999-2000	Regents Fellowship.	University of California, San Francisco. \$10,000 stipend plus fees awarded for 1999 - 2000 academic year.
1998-99	Nurses Educational Fund, Inc. Scholarship Award.	Total \$4,500.00 representing the \$2900.00 Liesel M. Hiemenz Memorial Fund and \$1600.00 Lucy C. Perry Memorial Scholarship awards.
1997-99	Professional Nurse Traineeship.	University of California, San Francisco. San Francisco, California.
Spring, 1997	Worldwide Ministries Division, Presbyterian Church (USA)	Awarded \$4500.00 grant to continue nursing educational development project started in Russia in 1992.
2/90	Tenured faculty	Saint Mary's College. Notre Dame, Indiana
8/94	Honorary member	Association of Workers of Medical and Pharmaceutical Schools and Colleges of Russia.

5/91	Teaching grant	Saint Mary's College. Evaluation and redevelopment of nutrition courses for nursing and non-nursing majors.
5/88	Research grant	Saint Mary's College. Exploring spiritual development in children
1982-84	Professional Nurse Traineeship.	Frances Payne Bolton School of Nursing, Case Western Reserve University, Cleveland, Ohio

#### **PUBLICATIONS** (\*=data-based, §=senior author, italicized=student co-author)

- \* Caldwell, A., Skidmore, E., Raina, K., Rogers, J., Terhorst, L., Danford, C., & Bendixen, R. (In Press). A behavioral activation approach to parent-training: Feasibility of "promoting routines of exploration and play during mealtime (PREP)." American Journal of Occupational Therapy, 72(6).
- \* Yeh, Y, Hartlieb, K., Danford, C.A., & Jen, K-L. (2017). Effectiveness of nutrition intervention in a selected group of overweight and obese African American preschoolers. Journal of Racial and Ethnic Health Disparities. https://doi.org/10.1007/s40615-017-0399-0. PMID: 28699045
- \* Zheng, Y., Sereika, S. M., Danford, C. A., Imes, C. C., Goode, R. W., Mancino, J., & Burke, L. E. (2017). Trajectories of weight change and predictors over 18-month weight loss treatment, Journal of Nursing Scholarship, 49(2), 177-184, doi: 10.1111/inu.12283, PubMed PMID: 28152263
- § Schultz, C.M. & Danford, C.A. (2016). Children's knowledge of eating: An integrative review of the literature. Appetite, 107, 534-548. Advanced online publication. http://authors.elsevier.com/sd/article/S0195666316304445 doi: 10.1016/j.appet.2016.08.120
- \* Zheng, Y., Terry, M.A., Danford, C.A., Ewing, L.J., Sereika, S.M., Goode, R.W., Mori, A. & L.E. Burke. (2016). Experiences of daily weighing among successful weight loss individuals during a 12month Weight Loss Program. Western Journal of Nursing Research, 38(12). doi:10.1177/0193945916683399
- \* Zheng, Y., Sereika, S. M., Ewing, L. J., Danford, C. A., Terry, M. A., & Burke, L. E. (2016). Association between self-weighing and percent weight change: Mediation effects of adherence to energy intake and expenditure goals. Journal of the Academy of Nutrition and Dietetics, 116(4), 660-666. doi:10.1016/j.jand.2015.10.014 PMID: 26727241
- \* Zheng, Y., Burke, L. E., Danford, C. A., Ewing, L. J., Terry, M. A., & Sereika, S. M. (2016). Patterns of self-weighing behavior and weight change in a weight loss trial. Int J Obes (Lond), 40(9), 1392-1396. doi:10.1038/ijo.2016.68
- \* Thrane, S.E., Maurer, S.H., Ren, D., Danford, C.A., & Cohen, S.M. (2016). Reiki therapy for symptom management in children receiving palliative care: A pilot study. American Journal of Hospice & Palliative Medicine, 1-7. Advanced online publication. http://ajh.sagepub.com/content/early/2016/02/05/1049909116630973.full.pdf+html Advanced online publication. doi: 10.1177/1049909116630973
- \* Goode, R.W., Ye, L., Serieka, S.M., Zheng, Y., Mattos, M., Acharya, S.D., Ewing, L., Danford, C.A., Hu, L., Imes, C., Chasens, E., Osier, N., Mancino, J., & Burke, L.E. (2016). Baseline sociodemographic, anthropometric, and psychosocial predictors of attrition across behavioral weightloss trials. Eating Behaviors, 20(2016) 27-33. http://dx.doi.org/10.1016/j.eatbeh.2015.11.009 1471-0153/

- \* Zheng, Y., Sereika, S.M., Ewing, L.J., Danford, C.A., Terry, M.A. & Burke, L.E. (2015). Association between self-weighing and percent weight change: Mediation effects of adherence to energy intake and expenditure goals. Journal of the Academy of Nutrition and Dietetics. Advanced on line publication: http://www.sciencedirect.com/science/article/pii/S221226721501597X doi:10.1016/j.jand.2015.10.014 PMID: 26727241
- § Thrane, S.E., Wanless, S., Cohen, S.M., & Danford, C.A. (2015). The assessment and nonpharmacologic treatment of procedural pain from infancy to school age through a developmental lens: A synthesis of evidence with recommendations. Journal of Pediatric Nursing. Advanced online publication. doi:10.1016/j.pedn.2015.09.002
- \* Danford, C.A., Schultz, C.M., Rosenblum, K., Miller, A.L., & Lumeng, J.C. (2015). Perceptions of lowincome mothers about the causes and ways to prevent overweight in children. Child: Care, Health, and Development. Advanced online publication. doi:10.1111/cch.12256
- Danford, C.A., Schultz, C.M., & Marvicsin, D. (2015). Parental roles in the development of obesity in children: Challenges and opportunities. Research and Reports in Biology, 6, 39-53. http://dx.doi.org/10.2147/RRB.S75369. Invited.
- Zheng, Y., Klem, M.L., Sereika, S.M., Danford, C.A., Ewing, L., and Burke, L.E. (2014). Self-weighing in weight management: A systematic literature review. Obesity (Silver Spring). 23(2), 256-265. doi: 10.1002/oby.20946 PMID:25521523
- § Falvey, K., Marvicsin, D., & Danford, C.A. (2014). An integrative review of sleep interventions and clinical implications for obesity treatment in children. Journal of Pediatric Nursing, Advance online publication. doi: 10.1016/j.pedn.2014.09.003 (Role: Senior author; Corresponding author)
- \* Brogan, K., Danford, C., Yeh, Y., & Jen, K-L. (2014). Cardiovascular disease risk factors are elevated in urban minority children enrolled in Head Start. Childhood Obesity, 10(3), 207-213. doi: 10.1089/chi.2013.0146 (Selected as Feature Article).
- Danford, C.A. (2014). EASE into Summer. Ready, Set, Grow: Raising Healthy Kids. Summer 2014 edition. 80-83. Invited.
- \* Danford, C.A. & Martyn, K.K. (2013). Exploring eating and activity behaviors with parent-child dyads using event history calendars. Journal of Family Nursing, 19(3), 375-398. doi: 10.1177/1074840713491831
- \* § Marvicsin, D., & Danford, C.A. (2013). Parenting efficacy related to childhood obesity: Comparison of parent and child perceptions. Journal of Pediatric Nursing, 28(5), 422-429. doi: 10.1016/j.pedn.2012.11.004. (Role: PI).
- \* Shen, B., Lee, T., Janisse, H., Brogan, K., Danford, C., & Jen, C. (2012). African-American preschoolers' physical activity levels in Head Start. Research Quarterly for Exercise and Sport, 83(2), 1-7.
- Schim, S. M., Benkert, R., Bell, S.E., Walker, D. S., & Danford, C. A. (2007). Social justice: Added metaparadigm concept for urban health nursing. Public Health Nursing, 24(1), 73 - 80. doi:10.1111/j.1525-1446.2006.00610
- \* Kennedy, C. M., Strzempko, F., Danford, C., & Kools, S. (2002). Children's perceptions of TV and health behavior effects. Journal of Nursing Scholarship, 34(3), 289-294. doi:10.1111/j.1547-5069.2002.00289

- Danford, C. (2002). The great-and-not-so-great outdoors. Your Safebaby, A Baby Steps Publication. 22-23, 24,
- Danford, C. A. (1990). Writing in nursing education: Peer review of drafts. Nurse Educator, 5-6.

#### **Book Chapters and Books:**

- Danford, C. A. (2006). Newborns and infants. In N. Ryan-Wenger (Ed.). Core curriculum for primary care pediatric nurse practitioners (pp.235-256). St. Louis: Elsevier.
- Ministry of Health, Russian Federation, All-Russian Center of Continuous Medical and Pharmaceutical Education, NPO Medicine Education Economics, World Vision International [Danford, C.A. (Ed.)], Azusa Pacific University, Azusa, California [Fowler, M.D. (Ed.)]. (1993). Theory of nursing, Materials of the first practical conference on theory of nursing, Golitsino, Russia. July 26- August 13, 1993. (Translation of Russian Citation).

#### Videos:

Danford, C.A. (ed.) and International Family Nursing Association Research Collaboration Subcommittee (2015). Worldwide perspectives on family. Introduced at International Family Nursing Conference 2015, Odense, Denmark. Available in International Family Nursing Association (IFNA) website.

Version 1: 16 minutes 37 seconds

https://pitt.hosted.panopto.com/Panopto/Pages/Viewer.aspx?id=bae974e0-f8ec-4963be3e-9bba256b2720

Version 2: 7 minutes 57 seconds

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Version 3: 4minutes 57 seconds

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Version 4: 3 minutes 29 seconds

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#### **Published Abstracts and Other:**

- \* Caldwell, A., Bendixen, R., Terhorst, L., Danford, C., & Skidmore, E. (March 30- April 2, 2017). Examining the Effects of the Mealtime PREP Intervention for Toddlers with Sensory Food Aversions. Presented as part of a Scientific Research Panel at: American Occupational Therapy Annual Conference; Philadelphia, PA.
- \* Zheng, Y., Sereika, S.M. Ma, Q., Danford, C.A., Imes, C.C., Yu, Y., Sun, R., Goode, R., Mancino, J., & Burke, L.E. (2016). The Patterns of Total and Saturated Fat Consumption and their Associations with Weight Changes over a 12-month Weight Loss Study. Submitted to 2016 AHA Scientific Conference.
- \* Zheng, Y., Terry, M., Danford, C., Ewing, L., Sereika, S. M., Goode, R., Burke, L. E. (2016). Experiences of daily weighing during a 12-month weight loss program. Annals of Behavioral Medicine, 50(Suppl 1), S261. Poster presented at the 37th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, Washington, DC.
- \* Goode, R., Ma, Q., Sereika, S., Hu, L., J., M., Mattos, M. K., Mendez, D., Imes, C.C., Danford, C. A., Zheng, Y., Burke, L. E. (2016). Black-White differences in self-efficacy and weight change in a 12-month behavioral weight loss program. Ann Behav Med, 50(Suppl 1), s183, Paper session 127.

- \* Zheng, Y., Sereika, S. M., Ewing, L. J., Danford, C. A., Terry, M.A., Imes, C. C., Goode, R., Mendez, D. D., Mattos, M., Hu, L., Sun, R., & Burke, L. E. (2016). Is Self-Efficacy Associated with Patterns of Self-Weighing Behavior? Circulation, 133, AP245.
- \* Imes, C. C., Zheng, Y., Hu, L., Mendez, D. D., Goode, R., Mattos, M., Ma, Q., Sun, R., Yu, Y., Danford, C. A., Sereika, S. M., and Burke, L. E. (2016). Patterns of Change in Step Count During the First 12 Months of a Weight Loss Intervention: A Group-based Trajectory Analysis. Circulation. 2016, 133, AP130
- \* Mendez, D. D., Rathbun, S. L., Ma, Q., Goode, R. W., Zheng, Y., Mattos, M., Imes, C. C., Danford, C. A., Sereika, S. M., Sereika, S. M., Burke, L. E. (2016). Neighborhood Grocery Store Density is Associated with Daily Self-efficacy Among Individuals Enrolled in a Behavioral Weight Loss Intervention Study. Circulation, 133(Suppl), A40. Oral presentation at the meeting of American Heart Association's Epidemiology and Lifestyle and Cardiometabolic Health Councils, Phoenix, AZ. http://circ.ahajournals.org/content/133/Suppl 1/A40.abstract?sid=997da98f-3999-47d6-8a56-9cf45d88c0b6
- \* § Schultz, C. M., Marvicsin, D., Larson, J., Saint Arnault, D., Gelman, S., & Danford, C. A. (2015). Giving children a voice: Exploring preschool-age children's beliefs about eating. Journal of Pediatric Health Care, 29(4), 317.
- \* Burke, L.E., Ewing, L.J., Ye, L., Styn, M., Zheng, Y., Music, E., Loar, I., Mancino, J.M., Imes, C.C., Hu, L., Goode, R., Danford, C.A., & Sereika, S.M. (2015). The SELF trial: A self-efficacy based behavioral intervention trial for weight loss maintenance. Annals of Behavioral Medicine, 49(Suppl), s76, Paper session 08.
- \* Zheng, Y., Danford, C. A., Sereika, S. M., Ewing, L. J., Mancino, J. M., Imes, C. C., & Burke, L. E. (2015). Patterns of self-weighing behavior and weight changes in a weight loss trial. Annals of Behavioral Medicine, 49(Suppl.), s84, Paper session 15. Paper presented at the 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
- \* Imes, C. C., Ye, L., Zheng, Y., Mancino, J., Danford, C., Mattos, M., Music, E., Mendez, D. D., Lu, H., Ewing, L. J., Sereika, S. M., & Burke, L. E. (March, 2015). Mean daily pedometer step count is associated with weight loss. Circulation, 131(Suppl 1), AP110. Poster presented at the meeting of American Heart Association's Epidemiology and Lifestyle and Cardiometabolic Health Councils, Baltimore, MD. http://circ.ahajournals.org/content/131/Suppl 1/AP110.abstract
- \* Zheng, Y., Sereika, S. M., Ewing, L. J., Danford, C. A., Rockette-Wagner, B., Imes, C. C., Hu, L., Sun, R., & Burke, L. E. (2015). Changes in physical activity by self-weighing trajectory groups. Circulation, 131(Suppl 1), AP118. Poster session presented at the meeting of American Heart Association's Epidemiology and Lifestyle and Cardiometabolic Health Councils, Baltimore, MD. http://circ.ahajournals.org/content/131/Suppl 1/AP118.abstract
- \* Goode, R. W., Ye, L., Sereika, S. M., Zheng, Y., Mattos, M., Acharya, S. D., Ewing, L. J., Danford, C.A., Hu. L., Imes, C.C., Chasens, E. Osier, N., Mancino, J., & Burke, L.E. (2014). Baseline sociodemographic, anthropometric, and psychosocial predictors of attrition across behavioral weightloss trials. The Obesity Society, T-2082-P. Poster session presented at the meeting of The Obesity Society, Boston, MA. https://quidebook.com/quide/23140/poi/2325409/
- \* Zheng, Y., Sereika, S.M., Danford, C.A., Imes, C.C., Ye, L., Goode, R.W., Juliet, M., Ewing, L.J., & Burke, L.E. (2014). Dual trajectories of weight change and adherence to treatment regimen during a 24-month weight loss study. The Obesity Society, T-2147-P. Poster session presented at the meeting of The Obesity Society, Boston, MA. https://guidebook.com/guide/23140/poi/2325474/

- \* Burke, L.E. Ye, L., Zheng Y., Imes, C.C., Danford, C.A., Hu, L., Goode, R.W., Mattos, M., & Ewing, L.J. (2014). How does self-monitoring with a mobile device affect weight maintenance over the holidays? The Obesity Society, T-2145-P. . Poster session presented at the meeting of The Obesity Society, Boston, MA. https://quidebook.com/quide/23140/poi/2325472/?pcat=73014
- \* Imes, C.C., Mattos, M., Zheng, Y., Ye, L., Music, E., Danford, C.A., Sereika, S.M., Chasens, E., and Burke, L.E. (2014). Coronary heart disease risk factors and perceived risk among overweight and obese adults. Circulation, 129, P204. Poster presented at the American Heart Association Annual Meeting of the EPI/NPAM 2014 Scientific Sessions, San Francisco, CA, March 18-21, 2014. https://my.americanheart.org/idc/groups/ahamahpublic/@wcm/@sop/@scon/documents/downloadable/ucm 461663.pdf.
- \* Mattos, M., Ye, L., Sereika, S.M., Music, E., Zheng, Y., Imes, C.C., Danford, C.A. & Burke, L.E. (2014). Change in health literacy of adults in a weight loss treatment trial. Annals of Behavioral Medicine, 47(Suppl.), s23, A-081. Poster presentation for Annual Conference for Society of Behavioral Medicine; Philadelphia, PA, April 22-25, 2014.
- \* Zheng, Y., Sereika, S.M., Imes, C., Ye, L., Mattos, M., Mancino, J., Danford, C.A., and Burke, L.E. (2014). Trajectories of weight change and their association with barriers to healthy eating during 18-month weight loss treatment. Circulation, 129, A07. Paper presented at the American Heart Association Annual Meeting of the EPI/NPAM 2014 Scientific Sessions, San Francisco, CA, March 18-21, 2014. https://my.americanheart.org/idc/groups/ahamahpublic/@wcm/@sop/@scon/documents/downloadable/ucm 461663.pdf (Selected as one of the top 10% of accepted abstracts for re-presentation in the Best of AHA Specialty Conference Poster Sessions, November 2014).
- \* Zheng, Y. Sereika, S.M., Ye, L., Mattos, M., Imes, C.C., Danford, C.A. & Burke, L.E. (2014). Association between electronically recorded self-weighing and weight change in a weight loss trial. Annals of Behavioral Medicine, 47(Suppl.), s117, B-099. Poster presented at the 35th Annual Meeting of the Society of Behavioral Medicine, Philadelphia, PA, April 23-26, 2014
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2011). Event history calendars: An innovation in tracking eating and activity behaviors and barriers with parent-child dyads [Abstract]. Obesity, Abstract supplement, 19, S108. doi:10.1038/oby.2011.224.
- \* § Rinehart-Lee, T., Danford, C.A., Brogan, K., Jen, K.-L., & Shen, B. (2010). Caregiver evaluation of an exercise program conducted through Head Start schools in Metro Detroit [Abstract]. Medicine & Science in Sports & Exercise, 42 (5), 657.

# **MANUSCRIPT REVIEWS**

- 2017 The Journal of Cardiovascular Nursing (1 review)
- 2017 Journal of Pediatric Nursing (3 reviews)
- 2016 Journal of Pediatric Nursing (1 review)
- 2016 Western Journal of Nursing Research (1 review)
- Health Education and Behavior (1 review) 2016
- 2016 The Journal of Cardiovascular Nursing (3 reviews)
- 2015 International Journal of Nursing Studies (1 review)
- 2015 Childhood Obesity (1 review)
- 2015 The Journal of Cardiovascular Nursing (2 reviews)
- Nursing Research and Practice (1 review) 2013
- 2013 The Open Family Studies Journal (2 reviews)
- 2011 International Nursing Review (2 reviews)

### PROFESSIONAL PRESENTATIONS (2010 - present)

#### **International Presentations:**

- \* Danford, C.A., Ma, Y., Schultz, C.M., Sereika, S. (14-17 June 2017). The associations between caregiver-child dyad's perception of child weight and physical activity (PA) with child body mass index (BMI). Podium presentation at the 13th International Family Nursing Conference, The Art and Science of Family Nursing: Transforming Health for Families. Pamplona, Spain.
- \* Meiers, S., Smith, L., Danford, C., Ostergaard, B., Brodsgaard, Anderson, K.H., Edds-McAfee, C., Moriarty, H., Swallow, V., Honda, J., Feetham, S., Konardsen, H., & Feeley, C. (14-17 June 2017). Defining family nursing: An international perspective. Podium presentation at the 13th International Family Nursing Conference, The Art and Science of Family Nursing: Transforming Health for Families. Pamplona, Spain.
- \* Thrane, S.E., Danford, C.A., Maurer, S.H., Ren, D., & Cohen, S.M. (October, 2016). Feasibility and acceptability of a Reiki therapy intervention for children receiving palliative care. Poster accepted for presentation at the 21<sup>st</sup> International Congress on Palliative Care. Montreal, Canada.
- \* Thrane, S.E., Maurer, S.H., Ren, D., Danford, C.A., & Cohen, S.M. (October, 2016). Reiki therapy for symptom management in children receiving palliative care. Poster accepted for presentation at the 21st International Congress on Palliative Care. Montreal, Canada.
- \* Danford, C.A. (2015 August 21). Expanding the family profile on eating and activity behaviors: Giving voice to preschool children using an event history calendar. Paper presented at the 12th International Family Nursing Conference, "Improving Family Health Globally through Research, Education, and Practice." Odense, Denmark.
- Danford, C.A., Schultz, C.M., & Marvicsin, D.J. (2015, August 21). Parental roles in the development of obesity in children: Challenges and opportunities. Paper presented at the 12th International Family Nursing Conference, "Improving Family Health Globally through Research, Education, and Practice." Odense, Denmark.
- \* Meiers, S.J., **Danford, C.A.**, & International Family Nursing Association (IFNA) Research Committee, International Research Collaboration Subcommittee (IFNARC-IRCS). (2015 August 21). Strengthening families worldwide: Potential directions for an international collaboration in family nursing research. Paper presented at the 12th International Family Nursing Conference, "Improving Family Health Globally through Research, Education, and Practice." Odense, Denmark.
- \* Danford, C.A. & Martyn, K.K. (2015 August 20). Visualizing patient issues in context: Guiding comprehensive family-focused health care through use of event history calendars (EHCs). Paper for Special Session on Innovative Family Research Methods presented at the 12th International Family Nursing Conference, "Improving Family Health Globally through Research, Education, and Practice." Odense, Denmark. Invited.
- \* Danford, C.A., Schultz, C.M., Rosenblum, K., Miller, A., & Lumeng, J.C. (2013, June 19-22). Parent perceptions of causes of and solutions for overweight in young, low-income children. Paper presented at the 11th International Family Nursing Conference, "Honoring the Past, Celebrating the Future." Minneapolis, MN.
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2011, October 9-11). Event history calendars: An innovative method to track eating and activity patterns with parent-child dyads. Paper presented at Third International Food and Nutrition Conference (IFNC), College of Agricultural, Environmental, and Natural Sciences, Department of Food and Nutritional Sciences, Tuskegee University, Tuskegee, Alabama. Invited.

- \* Danford, C. A., Martyn, K. K., & Schultz, C. M. (2011, June 25-27). Event history calendars: An innovative method to track eating and activity patterns and barriers with children and families. Paper presented at the 10th International Family Nursing Conference, "Making Family Nursing Visible: From Knowledge Building to Knowledge Translation." Kyoto, Japan.
- \* § Marvicsin, D., Danford, C.A., & Schultz, C. M. (2011, June 25-27). Parenting efficacy related to childhood obesity: Comparison of parent and child perceptions. Paper presented at the 10th International Family Nursing Conference, "Making Family Nursing Visible: From Knowledge Building to Knowledge Translation." Kyoto, Japan.
- \* Danford, C.A., & Wilson, F.L. (2011, June 25-27). Gift of health through nutrition and exercise: A familyfocused intervention program to counteract childhood obesity. Poster presented at the 10th International Family Nursing Conference, "Making Family Nursing Visible: From Knowledge Building to Knowledge Translation." Kyoto, Japan.

#### **National Presentations:**

- Heuer, B., Danford, C.A., Hunter, J.M., Crawford, D., Diver-Spruit, J., Lofgren, M., Rankin, A., and Reyes, I. (20 March 2018). APRN Precepting: Providing the tools for successful clinical education experiences. Workshop (2.5 hours) accepted for podium presentation at 39th National Conference on Pediatric Health Care (NAPNAP).
- \* Danford, C.A. (31 October 2 November 2017). Preschool Children as Informants: Gathering Eating and Activity Data Using Event History Calendars. Poster presented at Obesity Week 2017, Annual meetings for The Obesity Society (TOS) and the American Society for Metabolic & Bariatric Surgery (ASMBS), Washington, D.C.
- \* Schultz, C.M. & Danford, C.A. (4-5 October 2017). Preschooler's mental representations and models of food. Poster presented at 2017 Advanced Methods: Pragmatic Trials Conference, Council for the Advancement of Nursing Science, Washington, D.C.
- \* Kreke, A.B., Novosel, L.M., & Danford, C.A. (20-25 June 2017). Increasing access to colorectal cancer screening with the FIT among uninsured adults in an urban free health clinic. Poster presented at NPs: Revolutionizing Health Care, 2017 National Conference American Association of Nurse Practitioners, Philadelphia, PA.
- \* Caldwell, A., Skidmore E., Terhorst L., Danford C., & Bendixen R. (2-3 June 2017). Feasibility and acceptability of the mealtime PREP intervention for young children with sensory food aversions. Paper presented at OT Summit of Scholars; Boston, MA.
- \* Ma, Y., Danford, C.A., Sereika, S.M. (September, 2016). The associations between weight and physical activity perceptions with child body mass index within caregiver-child dyads. Poster presented at the 2016 State of the Science Congress of Nursing Research.
- \* Thrane, S.E., Danford, C.A., Maurer, S.H., Ren, D., & Cohen, S.M. (September 2016). Feasibility and acceptability of a reiki therapy intervention for children receiving palliative care. Paper presented at the 2016 State of the Science Congress of Nursing Research.
- Peterson-Smith, A., Lee, A., Crawford, D., Rodriguez, J., & Danford, C.A. (6 June 2016) Building preceptor partnerships: What we know and what we should do. Webinar presented for Association of Faculties of Pediatric Nurse Practitioners (AFPNP) membership.
- \* Schultz, C.M., Marvicsin, D., Larson, J., Saint-Arnault, D., Gelman, S., & Danford, C.A. (11-14, March 2015). Giving children a voice: Exploring preschool-age children's beliefs about eating. Poster presented at National Association of Pediatric Nurse Practitioners (NAPNAP), 36th Annual

- Conference. Las Vegas, Nevada. (Role: Senior author). Awarded 2015 NAPNAP Research Award.
- \* Imes, C.C., Ye, L., Zheng, Y., Mancino, J., Danford, C.A., Mattos, M., Music, E., Mendez, D.D., Hu, L., Ewing, L.J., Sereika, S.M., & Burke, L.E. PhD (March 2015), Mean daily pedometer step count is associated with weight loss. Poster presented at the meeting of American Heart Association's Epidemiology and Lifestyle and Cardiometabolic Health Councils, Baltimore, MD.
- \* Zheng, Y., Sereika, S. M., Ewing, L. J., Danford, C. A., Rockette-Wagner, B., Imes, C. C., Hu, L., Sun, R., & Burke, L. E. (2015). Changes in physical activity by self-weighing trajectory groups. Poster presented at the meeting of American Heart Association's Epidemiology and Lifestyle and Cardiometabolic Health Councils, Baltimore, MD.
- \* Zheng, Y., Danford, C. A., Sereika, S. M., Ewing, L. J., Mancino, J. M., Imes, C. C., & Burke, L. E. (March 2015). Patterns of self-weighing behavior and weight changes in a weight loss trial. Paper presented at the 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
- \* Burke, L.E., Ewing, L.J., Ye, L., Styn, M., Zheng, Y., Music, E., Loar, I., Mancino, J.M., Imes, C.C., Hu, L., Goode, R., Danford, C.A., & Sereika, S.M. (2015). The SELF trial: A self-efficacy based behavioral intervention trial for weight loss maintenance. Poster presented at the 36th Annual Meeting & Scientific Sessions of the Society of Behavioral Medicine, San Antonio, TX.
- \* Goode, R.W., Ye, L., Serieka, S.M., Zheng, Y., Mattos, M., Acharya, S.D., Ewing, L., Danford, C.A., Hu, L., Imes, C.C., Mancino, J., & Burke, L.E. (4-7 Nov 2014). Baseline socio-demographic. anthropometric, and psychosocial predictors of attrition across behavioral weight-loss trials. Poster presented at Obesity Week 2014, The combined annual meeting of The Obesity Society (TOS) and the American Society for Metabolic & Bariatric Surgery (ASMBS). Boston, MA.
- \* Zheng, Y., Serieka, S.M., Danford, C.A., Imes, C.C., Ye,L., Goode, R.W., Mancino, J., Ewing, L., & Burke, L.E. (4-7 Nov 2014). Dual trajectories of weight change and adherence to treatment regimen during a 24-month weight loss study. Poster presented at Obesity Week 2014, The combined annual meeting of The Obesity Society (TOS) and the American Society for Metabolic & Bariatric Surgery (ASMBS). Boston, MA.
- \* Burke, L.E., Ye, L., Zheng, Y., Imes, C.C., Strollo, P., Loar, I., Danford, C.A., & Chasens, E. (4-7 Nov 2014). The prevalence of OSA among participants in a weight loss study. Poster presented at Obesity Week 2014, the combined annual meeting of The Obesity Society (TOS) and the American Society for Metabolic & Bariatric Surgery (ASMBS). Boston, MA.
- \* Burke, I.E., Zheng, Y., Imes, C.C., Danford, C.A., Hu, L., Goode, R.W., Mattos, M., & Ewing, L. (4-7 Nov 2014). How does self-monitoring with a mobile device affect weight maintenance over the holidays? Poster presented at Obesity Week 2014, The combined annual meeting of The Obesity Society (TOS) and the American Society for Metabolic & Bariatric Surgery (ASMBS). Boston, MA.
- \* Zheng, Y., Sereika, S.M., Danford, C.A., Ewing, L.J., ... & Burke, L.E. (18-20 Sept 2014). Mediating effects of adherence to energy intake and expenditure goals on the association between selfweighing and percent weight change in a behavioral weight loss trial. Paper presented at The Council for the Advancement of Nursing Science's 2014 State of the Science Congress on Nursing Research. Washington, D.C.
- \* Imes, C.C., Zheng, Y., Ye, L., Mattos, M., Music, E., Danford, C.A., Sereika, S.M., & Burke, L.E. (18-20) Sept 2014). Healthy eating and exercise self-efficacy among overweight and obese adults: Does a family history of coronary heart disease make a difference? Paper presented at The Council for the Advancement of Nursing Science's 2014 State of the Science Congress on Nursing Research. Washington, D.C.

- \* § Schultz, C.M., Danford, C.A., Rosenblum, K., Miller, A., & Lumeng, J.C. (2014 July 31 Aug 2).

  Causes and ways to prevent childhood overweight: What mothers have to say. Poster presented at Pediatric Nursing 30<sup>th</sup> Annual Conference, National Harbor, Maryland. Awarded 1<sup>st</sup> place for posters.
- Thrane, S., Wanless, S.B., Cohen, S., & **Danford, C.A.** (2014 May 1-4). Playing the pain away: Developmental considerations in assessment and non-pharmacologic management of procedural pain from infancy to school age: A narrative review. Poster presented at the Oncology Nursing Society 39<sup>th</sup> Annual Congress, Make a Difference in Oncology Nursing. Anaheim, CA.
- \* Mattos, M., Ye, L., Sereika, S. M., Music, E., Zheng, Y., Imes, C.C., **Danford, C.A.**, & Burke, L.E. (2014 April 25). Change in health literacy of adults in a weight loss trial. Poster presented at the 35<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. Philadelphia, PA.
- \* Zheng, Y., Sereika, S. M., Ye, L., Mattos, M., Imes, C., **Danford, C.A.**, & Burke, L. E. (2014 April 25). Association between electronically recorded self-weighing and weight change in a weight loss trial. Poster presented at the 35<sup>th</sup> Annual Meeting and Scientific Sessions of the Society of Behavioral Medicine. Philadelphia, PA.
- Zheng, Y., Klem, M.L., Sereika, S.M., Ewing, L., **Danford, C.A.**, & Burke, L.E. (2014 April 9-11). Self-weighing in weight management: A systematic literature review. Paper presented at Eastern Nursing Research Society 26<sup>th</sup> Annual Scientific Sessions. Philadelphia, PA.
- Thrane, S., Wanless, S.B., Cohen, S. & **Danford, C.A.** (2014 April 9-11). Playing the pain away: Developmental considerations in assessment and non-pharmacologic management of procedural pain from infancy to school age: A narrative review. Paper presented at Eastern Nursing Research Society 26<sup>th</sup> Annual Scientific Sessions. Philadelphia, Pennsylvania. (Role: Senior author). Received First Place Doctoral Podium Presentation Award.
- \* Imes, C. C., *Mattos, M., Zheng, Y., Ye, L.*, Music, E., **Danford, C.A.**, Sereika, S. M., Chasens, E. R., & Burke, L. E. (2014 March 19). *Coronary heart disease risk factors and perceived risk among overweight and obese adults*. Poster presented at the American Heart Association's Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism (EPI/NPAM) 2014 Scientific Sessions. San Francisco, CA.
- \* Zheng, Y., Sereika, S.M., Imes, C., Ye, L., Matos, M., Mancino, J., **Danford, C.A.**, & Burke, L. (2014 March 19). *Trajectories of weight change and their association with barriers to healthy eating during 18-month weight loss treatment*. Paper presented at the American Heart Association's Epidemiology and Prevention/Nutrition, Physical Activity and Metabolism (EPI/NPAM) 2014 Scientific Sessions. San Francisco, California.
- \* **Danford, C.A.,** *Schultz, C.S.,* Rosenblum, K., Miller, A., Lumeng, J.C. (2013, November 11-16). *Mother's perceptions of causes and ways to prevent overweight in young, low-income children.* Poster presented at the 31<sup>st</sup> Annual Scientific Meeting of The Obesity Society. Atlanta, Georgia.
- \* Danford, C.A., Wilson, F.L., & Nordstrom, C.K. (2012, September 20-24). *Gift of Health Through Nutrition and Exercise: Feasibility of a Community-based Intervention with Caregiver-Child Dyads*. Poster presented at 2012 Obesity Society Annual Scientific Meeting. San Antonio, Texas.
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2012, September 13-15). Event history calendars: An innovation in the exploration of eating and activity behaviors with parent-child dyads. Paper presented at Council for the Advancement of Nursing Science (CANS) 2012 State of the Science Congress on Nursing Research. Washington, D.C.

- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2012, April 14). Event history calendars: An innovation in tracking eating and activity behaviors with parent-child dyads. Paper presented at Midwest Nursing Research Society (MNRS) 36th Annual Research Conference. Dearborn, Michigan.
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2012, March 28). Event history calendars: Innovative assessment tool for tracking eating and activity behaviors and barriers with parent-child dyads. Poster presented at NAPNAP 2012, New Frontiers in Child Health. San Antonio, Texas.
- \* Marvicsin, D., Danford, C.A., & Schultz, C. (2012, March 28). Parenting efficacy related to childhood obesity: Comparison of parent and child perceptions. Paper presented at NAPNAP 2012, New Frontiers in Child Health. San Antonio, Texas.
- \* Wilson, F., & Danford, C.A. (2011, October 29 Nov2). Gift of health through nutrition and exercise. Poster presented at 139th APHA Annual Meeting. Washington, D.C.
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2011, October 2), Event History Calendars: An Innovation in Tracking Eating and Activity Behaviors and Barriers with Parent-Child Dyads. Poster presented at Obesity 2011: 29th Annual Scientific Meeting of The Obesity Society. Orlando, Florida.
- \* Danford, C.A., Rinehart-Lee, T.D., Brogan, K., Jen, C., & Shen, B. (2010, October 8-12). Caregiver perception of an exercise program in Metro-Detroit Head Start schools. Poster presented at Obesity 2010: 28th Annual Scientific Meeting of The Obesity Society. San Diego, CA.
- \* Brogan, K., Yeh, Y., Danford, C., & Jen, C. (2010, October 8-12). Evaluation of a Nutrition Intervention Enhancing USDA Head Start Curriculum. Poster presented at Obesity 2010: 28th Annual Scientific Meeting of The Obesity Society. San Diego, CA.
- \* Rinehart-Lee, T.D., Danford, C.A., Brogan, K. Jen, K.L.C., & Shen, B. (2010, June 2-5). Caregiver Evaluation of an Exercise Program Conducted Through Head Start Schools in Detroit. Poster presented at American College of Sports Medicine (ACSM) Annual Meeting and World Congress on Exercise is Medicine. Baltimore, MD.
- \* Yeh, Y., Brogan, K., Akil, N., Walker, J.J., Danford, C., & Jen, K.-L.C (2010, April 24-28). Preschool children's nutrition risks assessed from caregiver's reports of food intake in Detroit Head Start centers. Poster presented at Experimental Biology 2010 Today's Research, Tomorrow's Health, Anaheim, CA.
- \* Walker, J.J., Brogan, K., Yeh, Y., Akil, N., Danford, C., & Jen, K.-L.C (2010, April 24-28). Nutrition education with minority caregivers in an urban population: Identifying the barriers to attendance and strategies for improvement. Poster presented at Experimental Biology 2010 Today's Research, Tomorrow's Health, Anaheim, CA.

### Regional/Local Presentations:

- Danford, C.A. (1 March 2018). Grand Rounds: Dealing with Difficult Students. Podium presentation for UPMC APP Preceptor Academy. Pittsburgh, PA. Invited.
- \* § Schultz, C.M., Marvicsin, D., Larson, J., Saint-Arnault, D., Gelman, S., & Danford, C.A. (21-22 October 2016). Giving children a voice: Exploring preschool-age children's beliefs about eating. Poster presented at the Illinois Association of School Nurses 59th Annual Conference, Springfield Illinois.
- Danford, C.A. (2015, November 30). Childhood Obesity: Where we are now & what we can do. Westmoreland County School Nurses' Association. Greensburg, PA. Invited.

- \* Danford, C.A., Schultz, C.S., Rosenblum, K., Miller, A., & Lumeng, J.C. (25 October 2013). Mother's perceptions of causes and ways to prevent overweight in young, low-income children. Poster accepted for presentation at the Greater Pittsburgh 25th Annual Nursing Research Conference. Coraopolis, PA.
- \* Danford, C.A., Martyn, K., & Schultz, C. (11 October 2013). Event history calendars: A tool for tracking eating and activity behaviors with parent-child dyads. Poster presented at the 2013 Children's Hospital of Pittsburgh of UPMC Pediatric Nursing Conference. Pittsburgh, PA.
- \* Fouladbakhsh, J.M., Danford, C.A., & Kowalewski, K. (27 Sept 2013). Development and implementation of a reflexology program for adolescents with headaches. Poster presented at Excellence in Nursing Conference. Sponsored by Children's Hospital of Michigan & Detroit Medical Center, Grosse Point, MI.
- \* Fouladbakhsh, J.M., Danford, C.A., & Kowalewski, K. (3 April, 2013). Development and implementation of a reflexology program for adolescents with headaches. Poster presented at Wayne State University College of Nursing Research Day, Detroit, MI.
- \* Danford, C.A., Martyn, K.K., & Schultz, C.M. (2012, Sept 7), Event history calendars: Innovative assessment tool for tracking eating and activity behaviors and barriers with parent-child dyads. Poster presented at the Second Annual Scholarly Presentations Symposium, School of Nursing, University of Pittsburgh, Pittsburgh, PA.
- \* Danford, C., Rinehart-Lee, T.D., Brogan, K., Jen, C., & Shen, B. (2011, March 30). Caregiver perception of an exercise program in Metro-Detroit Head Start schools. Poster presented at Dean's Research Day, School of Nursing, University of Michigan, Ann Arbor, MI.
- \* Danford, C.A., Brogan, K., Yeh, Y., Akil, N., Walker, J., & Jen, K.-L.C. (2010, March). Caregiver perceptions of their child's weight associated with actual growth parameters. Poster presented at Wayne State University College of Nursing Research Day, Detroit, MI.

# **COMMUNITY SERVICE** (2005-present)

2010-present	Red Cross Blood Mobile	Volunteer, Blood Drive, Saint Mary's Church, Hudson, Ohio
2009-present	Blood Pressure Screening	Monthly Blood Pressure Screening, Saint Mary's Church, Hudson, Ohio
2006-2008	Judge, Research Posters	MSN Research class poster session, College of Nursing, Wayne State University.
1985 - 2005	CPR certification and recertification	Multiple classes (minimum two classes per year) taught for nursing students, nurses, nursing educators, and parents. Classes taught in Columbus, OH, San Francisco, CA, Moscow, Russia, and South Bend, IN.

#### **TEACHING/ACADEMIC RESPONSIBILITIES (2010- present)**

# 2012-present University of Pittsburgh, School of Nursing, Pittsburgh, PA

#### **Teaching Responsibilities**:

- NURNP 2521: Management: Advanced Pediatric Health Clinical (PNP, FNP, PMHNP students)
- NURNP 2549: Management: Advanced Pediatric Health Problems Theory
- NURNP 2550: Management: Advanced Pediatric Health Problems Clinical
- NURNP 2029: Role Seminar II
- NUR 2031: The Diagnostic Physical Examination Across the Life Span

### Other Academic Accomplishments:

- Equity, Inclusion, and Anti-Discrimination Advocacy Committee, Elected to University level committee, Fall 2014 2017; Co-chair 2016-2017. Re-elected Fall 2017-2020; Elected Chair, 2017-2018.
- Sustainability Committee & Sustainable Urban Future (SUF) Subcommittee. Invited to serve by Dean Dunbar-Jacob. Fall 2013-present.
- Fall Open House, School of Nursing, University of Pittsburgh, Oct 2012; Spring 2015.
- Reader: DNP/MSN Comprehensive Examinations, 2012-13; 2013-14; 2014-15; 2015-16. 2016-2017.
- Research Comprehensive Exam Remediation: 2014-15; 2015-16; 2016-2017.
- Reader: PhD Preliminary Examinations, 2013
- PhD Committee Member, Fall 2015- present
- Dissertation Committees
  - Yumi Ma, 2015-present, University of Pittsburgh, School of Nursing. Research mentor & Dissertation Chair.
  - Angela Caldwell, 2015-2016, University of Pittsburgh, School of Health and Rehabilitation Sciences. Examining Relationships Between Family Mealtime Routines and Feeding Outcomes in Young Children with Sensory Food Aversions. Oral Examination, 2015, Proposal Defense, 2015. Dissertation Defense, November, 2016.
  - Yaguang Zheng, 2013-2015, University of Pittsburgh, School of Nursing: Selfweighing in weight management. Comps & Overview, 2014; Dissertation Defense, 2015.
  - Susan Thrane, 2012-2015, University of Pittsburgh, School of Nursing: Effect of Reiki on Pain and Anxiety in Children (NRSA funded). Comps & Overview, 2014; Dissertation Defense, 2015.
    - April 2014. Received PhD Student podium presentation award for paper presented at ENRS 2014.
  - Celeste Schultz, 2012-2015, University of Michigan, School of Nursing:
     Describing Beliefs about Eating in Preschool Children Who are Obese and
     Those Whose Weight is Healthy. (NRSA submitted, Preliminary Exam, Spring
     2013; Proposal Defense, Fall 2013; Dissertation Defense, Fall 2015).
    - July 2014. Received 1<sup>st</sup> place poster award at Pediatric Nursing 30th Annual Conference.
- DNP Capstone Committee Member
  - Josephine Cole, 2016-present, Chair.
  - Audrey Vamin, 2016-2017.
  - Alexis Parente, 2015-2016; Chair.
  - Brittany Long, 2014 2015.
  - Angela Adams, 2014-2015.
- Undergraduate Research Mentorship Program (URMP) Student
  - Patricia Morel, March 2014 April 2015. Childhood obesity research assistant.

- Jessica Skowyra, Jan Dec., 2013. Childhood obesity research assistant.
- Claire Corbett, Sept 2015-2016. Childhood obesity research assistant.
- Madeline Reiche, Sept 2017-present.

#### 2010-2012 University of Michigan, School of Nursing, Ann Arbor, MI

## **Teaching Responsibilities:**

- N537 Health Promotion & Risk Reduction across the Lifespan (Theory), 20% Faculty role, with Tsui-Sui Annie Kao (lead), Kristy Martyn, Lee Roosevelt (GTA),
- Independent Study with D. Marvicsin: Katie Falvey, MSN PNP student, Winter 2012, Childhood Obesity and Sleep
- Independent Study: Amanda Geirson, Undergraduate nursing student, Fall 2010, Childhood Obesity and Sugar-sweetened Beverages.

# Other Academic Accomplishments:

- Pediatric Nurse Practitioner, Acute Care Development Committee.
- Childhood Obesity Research Group. Developed with Donna Marvicsin, Fall 2010present.

#### Doctoral Students:

- Schultz, C., PhD student/Research Assistant (2010-2012): Provided research experience and direction during Gift of Health Through Nutrition and Exercise AETNA funded research study, in the inaugural Childhood Obesity Research Group, and in development of research/dissertation work. NRSA Referee: First submission August 2011. Resubmission April 2012.
- Singhasi, L., Bangkok, Thailand, Visiting Scholar Program (2010-2012): Dissertation committee member with Cindy Darling-Fischer. Area of study: Childhood Obesity.
- Targos, M., DNP Student, Oakland University, College of Nursing, Rochester, MI. (2010-April 2012): Committee member for clinical inquiry research study, Breastfeeding and Childhood Obesity.
- Undergraduate Research Opportunity Program (UROP) Students
  - Molly Dobelle, Sophomore, 2011-2012. Unraveling the Mystery of Childhood Obesity research study. Gift of health through nutrition and exercise: A program for caregiver/child dyads. Poster presented at 24th Annual University of Michigan UROP Spring Research Symposium, 4/18/2012.
  - Carleanna Jordan, Michigan Community College Student Summer Fellowship Program (MCCSS), Summer 2011. Perception of physical activity and nutrition component presented to African American caregivers in the Healthy Kids Healthy Lives program in Detroit, MI. Poster presented at Summer Research Opportunity Program Reception. 8/12/2011.
  - Sarah Cech, Freshman, 2010-2011. The correlation between caregiver and child BMI before and after the Gift of Health Through Nutrition and Exercise intervention. Poster presented at the 14th Annual Michigan Research Community Spring Research Symposium, 4/13/2011.
  - Elena Belaya, Senior, 2010-2011. Russian culture and family life: Exploring issues which may influence health care. Poster presented at UROP Spring Research Forum, Research: Building Blocks of the Future, 4/6/2011.