Cocktails are fun, but what do you do when you don’t want alcohol?

Zero-Proof Cocktails!

Simple Swaps

CUDDLES ON THE BEACH
3 oz. cranberry juice
2 oz. grapefruit juice
2 oz. peach nectar
2 oz. lemon-lime soda/tonic/mineral water
Directions: Mix and enjoy!

HURRICANE
1 oz. orange juice
1 oz. grapefruit juice
6 oz. V-8 Tropical Blend
½ oz. amaretto syrup
Directions: Mix and enjoy!

MOCKMOSA
2 parts orange juice
3 parts dry sparkling white grape juice
Directions: Mix and enjoy!

NOJITO
12-14 small mint leaves or 6-8 large
1 oz. fresh lime juice
¼ tablespoon rum extract (non-alcoholic)
2 tablespoons brown sugar
4 oz. club soda or lemon-lime soda
Directions: Muddle the leaves with the lime juice and brown sugar in a tall glass. Fill with ice cubes, add the rum extract and soda. Stir and garnish with more mint leaves.

Zero-Proof Cocktails are a great way to celebrate without alcohol!

Try these ideas, check out the links for more recipes, or even better, try creating your own!
Cocktails vs. Zero-Proof Cocktails

Are You The Designated Driver?
Pregnant Or Trying To Be?
Trying To Cut Back On Your Alcohol Consumption?
Just Not That Into Drinking But Want Something Other Than Soda, Juice, Or Water?

TRY A ZERO-PROOF COCKTAIL!

Have fun without the risk!

FIND LOTS OF OTHER IDEAS AT mixthatdrink.com/28-mocktails-and-non-alcoholic-drinks-to-love/
AND www.townandcountrymag.com/leisure/drinks/how-to/g785/best-mocktail-recipes/

Give these recipes a try at your next party or get-together!

CHRIS TUCKER’S LORRAINE
3 mint leaves
3 basil leaves
1 strawberry
5 blueberries
1 oz. agave nectar
1 oz. pineapple juice
2 oz. orange juice
Directions: Muddle the mint, basil, strawberry, and blueberries. Add the nectar and juices. Shake and double strain over ice.

SAN DIEGO SUNSHINE MOCKTAIL
3 oz. orange juice
½ oz. fresh lemon juice
½ oz. ginger syrup
½ oz. rosemary agave syrup
Directions: Shake together and top with Sprite®. Garnish with a sprig of rosemary.

VIRGIN CUCUMBER GIMLET
1 oz. club soda
4-5 slices of muddled cucumber
1 oz. fresh lime juice
1 oz. simple syrup
Directions: Combine and shake with ice. Serve over crushed ice and garnish with a slice of cucumber.

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1www.townandcountrymag.com/leisure/drinks/how-to/g785/best-mocktail-recipes/?slide=28